# State of Hawaii Department of Health Child and Adolescent Mental Health Division Contract Management Section

## **Request for Proposals**

RFP NO. 460-18-05

# HOME-BASED AND OUTPATIENT MENTAL HEALTH SERVICES FOR CHILDREN AND YOUTH

Date Issued: January 19, 2018

**Note**: It is the Applicant's responsibility to check the public procurement notice website, the Request for Proposals ("RFP") website, or to contact the RFP Contact Person identified in the RFP for any addenda issued to this RFP. The State shall not be responsible for any incomplete proposal submitted as a result of missing addenda, attachments or other information regarding the RFP.

#### January 19, 2018

#### REQUEST FOR PROPOSALS RFP No. 460-18-05

# HOME-BASED AND OUTPATIENT MENTAL HEALTH SERVICES FOR CHILDREN AND YOUTH

The Department of Health ("DOH") Child and Adolescent Mental Health Division ("CAMHD"), is requesting proposals from qualified Applicants to provide the following home- and communitybased behavioral health services for children and youth: Intensive In-Home Therapy ("IIH"), Adaptive Behavioral Intervention fka Comprehensive Behavioral Intervention ("ABI"), Intensive Independent Living Skills ("IILS"), Functional Family Therapy ("FFT"), Crisis Mobile Outreach ("CMO"), and Intensive Outpatient Hospital Services fka Partial Hospitalization ("IOH"). CAMHD is also requesting proposals from qualified agencies or licensed individual practitioners to provide the following outpatient services for children and youth: Psychosexual Assessments, and Mental Health Evaluations (including Initial Mental Health Evaluation ("IMHE"), General Mental Health Evaluation ("GMHE"), and Summary Annual Evaluations ("SAE") and Psychological Testing), those proposing to provide Mental Health Evaluations may indicate their willingness to accept referrals for limited amounts of Individual, Family, and Group Therapy services, if desired. The contract term shall be effective upon the contract execution date (projected to be July 1, 2018) through June 30, 2019 and renewable annually for additional terms not to exceed a total of six (6) years. Providers may propose to provide one (1) or more types of service, and separate proposals must be submitted for each type of service. Multiple contracts shall be awarded under this RFP based on the proposal evaluations.

Mailed Proposals must be approved for mailing by the *DOH RFP Coordinator* and postmarked by the United States Postal Service ("USPS") on or before midnight February 28, 2018, and received no later than ten (10) days from the submittal deadline. Hand delivered proposals shall be received no later than 3:30 p.m., Hawaii Standard Time ("HST"), on February 28, 2018, at the drop-off sites designated on the Proposal Mail-in and Delivery Information Sheet. Proposals postmarked or hand delivered after the submittal deadline shall be considered late and rejected. There are no exceptions to this requirement.

The CAMHD will conduct an Orientation on Thursday January 25, 2018 from 1:00 p.m. to 3:00 p.m. HST, at 3627 Kilauea Avenue, Room 107, Honolulu, Hawaii 96816. All prospective Applicants are encouraged to attend the Orientation. Video and phone-in options will also be available. If interested in attending remotely, please contact: <a href="mailto:steven.osa@doh.hawaii.gov">steven.osa@doh.hawaii.gov</a>.

The deadline for submission of written questions is 3:30 p.m., HST, on February 5, 2018. All written questions will receive a written response from the State on or about February 9, 2018. Questions should be forwarded to Lesley Slavin, Ph.D., email: <a href="lesley.slavin@doh.hawaii.gov">lesley.slavin@doh.hawaii.gov</a> and <a href="steven.osa@doh.hawaii.gov">steven.osa@doh.hawaii.gov</a>.

Inquiries regarding this RFP should be directed to the RFP Contact Person, Steven Osa, Program Specialist, at 3627 Kilauea Avenue, Room 101, Honolulu, Hawaii 96816, telephone: (808) 733-8386, fax: (808) 733-8375, or e-mail: steven.osa@doh.hawaii.gov.

#### PROPOSAL MAIL-IN AND DELIVERY INFORMATION SHEET

NUMBER OF COPIES TO BE SUBMITTED: one (1) Original Proposal and six (6) Copies (hard copies) plus one (1) Electronic copy on Compact Disk or Flash Drive.

ALL MAIL-INS SHALL BE POSTMARKED BY THEUSPS NO LATER THAN February 28, 2018 AND SHOULD BE APPROVED BY THE RFP COORDINATOR and received by the State Purchasing Agency no later than ten (10) days from the submittal deadline.

#### **All Mail-ins**

# **DOH RFP COORDINATOR**

Department of Health Child & Adolescent Mental Health Division 3627 Kilauea Avenue, Room 101 Honolulu, Hawaii 96816 Steven Osa 808-733-8386 Fax 808-733-8375 steven.osa@doh.hawaii.gov

ALL HAND DELIVERIES SHALL BE ACCEPTED AT THE FOLLOWING SITE UNTIL 3:30 P.M., HST, February 28, 2018. Deliveries by private mail services such as FEDEX shall be considered hand deliveries. Hand deliveries shall not be accepted if received after 3:30 p.m., February 28, 2018.

#### **Drop-off Site**

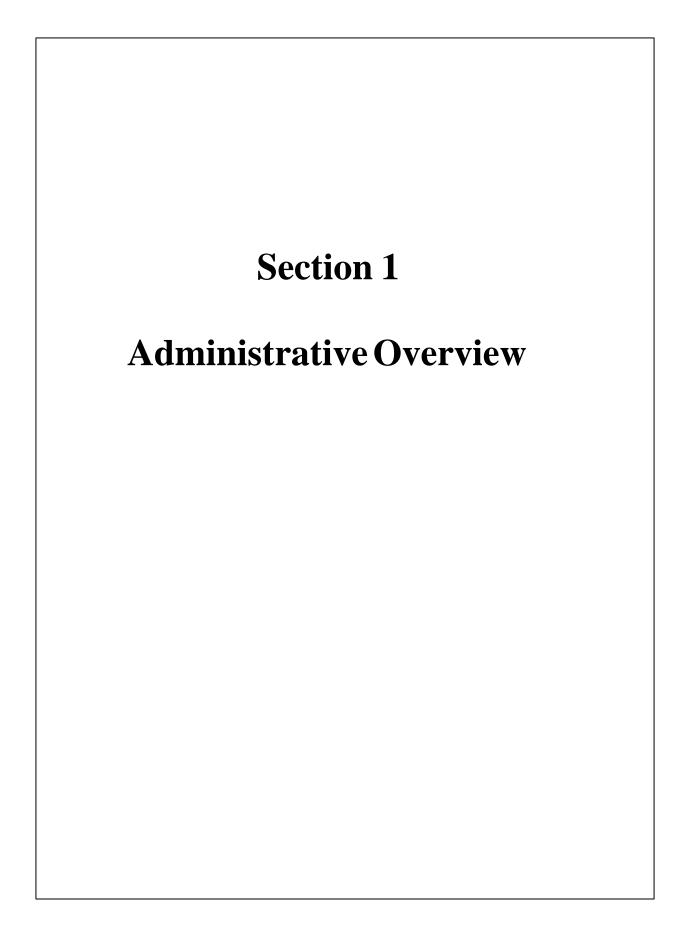
Department of Health Child and Adolescent Mental Health Division 3627 Kilauea Avenue, Room 101 Honolulu, Hawaii 96816

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### Section 1 Administrative Overview

Applicants are encouraged to read each section of the RFP thoroughly. While sections such as the administrative overview may appear similar among RFPs, State Purchasing Agencies may add additional information as applicable. It is the responsibility of the Applicant to understand the requirements of *each* RFP.

#### 1.1 Procurement Timetable

Note that the Procurement Timetable represents the State's best estimated schedule. If an activity on this schedule is delayed, the rest of the schedule will likely be shifted by the same number of days. Contract start dates may be subject to the issuance of a Notice to Proceed.

Scheduled Date
1/19/2018
1/19/2018
1/25/2018
2/5/2018
2/9/2018
2/9/2018 -
2/17/2018
2/28/2018
2/28/2018 -
3/5/2018
3/12/2018
2/28 - 3/29/2018
3/30/2018
4/02/2018
07/01/2018

#### 1.2 Website Reference

Item	Website
Procurement of Health and Human Services	http://spo.hawaii.gov/for-vendors/vendor-guide/method of-procurement/health-human-services/competitive-purchase-of-services-procurement-method/cost-principles-table-hrs-chapter-103f-2/
RFP website	http://hawaii.gov/spo2/health/rfp103f/
Hawaii Revised Statutes ("HRS") and Hawaii Administrative Rules ("HAR") for Purchases of Health and Human Services	http://spo.hawaii.gov Click on the "References" tab.
General Conditions, AG-103F13	http://hawaii.gov/forms/internal/department-of-the-attorney-general/ag-103f13-1/view
Forms	http://spo.hawaii.gov Click on the "Forms" tab.
Cost Principles	http://spo.hawaii.gov Search: Keywords "Cost Principles"
Protest Forms/Procedures	http://spo.hawaii.gov/for-vendors/vendor-guide/protests-for-health-and-human-services/
Hawaii Compliance Express ("HCE")	http://spo.hawaii.gov/hce/
HRS	http://capitol.hawaii.gov/hrscurrent
Department of Taxation ("DOT")	http://tax.hawaii.gov
Department of Labor and Industrial Relations ("DLIR")	http://labor.hawaii.gov
Department of Commerce and Consumer Affairs ("DCCA"), Business Registration ("BREG")	http://cca.hawaii.gov click "Business Registration"
Campaign Spending Commission	http://ags.hawaii.gov/campaign/
Internal Revenue Service ("IRS")	http://www.irs.gov/

(Please note: website addresses may change from time to time. If a State link is not active, try the State website at http://hawaii.gov)

#### 1.3 Authority

This RFP is issued under the provisions of the HRS Chapter 103F and its administrative rules. All prospective Applicants are charged with presumptive knowledge of all requirements of the cited authorities. Submission of a valid executed proposal by any prospective Applicant shall constitute admission of such knowledge on the part of such prospective Applicant.

#### 1.4 RFP Organization

This RFP is organized into five (5) sections:

Section 1, Administrative Overview: Provides Applicants with an overview of the procurement process.

**Section 2, Service Specifications**: Provides Applicants with a general description of the tasks to be performed, delineates provider responsibilities, and defines deliverables, as applicable.

Section 3, Proposal Application Instructions: Describes the required format and content for the proposal application.

**Section 4, Proposal Evaluation**: Describes how proposals will be evaluated by the State Purchasing Agency.

**Section 5, Attachments:** Provides Applicants with information and forms necessary to complete the application.

#### 1.5 Contracting Office

The Contracting Office is responsible for overseeing the contract(s) resulting from this RFP, including system operations, fiscal agent operations, and monitoring and assessing Provider performance. The Contracting Office is:

DOH, CAMHD, 3627 Kilauea Avenue, Room 101, Honolulu, HI 96816;

#### 1.6 RFP Contact Person

From the release date of this RFP until the selection of the successful Provider(s), any inquiries and requests shall be directed to the sole point-of-contact identified below. Attention to: **DOH RFP COORDINATOR** Steven Osa phone: 808-733-8386; fax: 808-733-8375; Email: <a href="mailto:steven.osa@doh.hawaii.gov">steven.osa@doh.hawaii.gov</a>.

#### 1.7 Orientation

An Orientation for Applicants in reference to the RFP will be held as follows:

Date:	<b>January 25, 2018</b>	_ Time:	1:00 to 3:00 PM
<b>Location:</b>	Diamond Head Health Center, Room 107,		
	3627 Kilauea Avenue, Honolulu, HI 96816		

Applicants are encouraged to submit written questions prior to the Orientation. Impromptu questions will be permitted at the Orientation and spontaneous answers provided at the State Purchasing Agency's discretion. However, answers provided at the

Orientation are only intended as general direction and may not represent the State Purchasing Agency's position. Formal official responses shall be provided in writing. To ensure a written response, any oral questions should be submitted in writing following the close of the Orientation, but no later than the submittal deadline for written questions indicated in the subsection 1.8, Submission of Questions.

#### 1.8 Submission of Questions

Applicants shall submit written questions to Lesley Slavin, Ph.D., email: <a href="mailto:lesley.slavin@doh.hawaii.gov">lesley.slavin@doh.hawaii.gov</a> and the RFP Contact Person identified in Section 1.6. Written questions should be received by the date and time specified in Section 1.1 Procurement Timetable. The State Purchasing Agency shall respond to written questions by way of an addendum to the RFP.

Date:	2/5/2018	Time:	3:30 PM	HST

State Purchasing Agency's responses to Applicant written questions will be provided by:

Date:	2/9/2018

Deadline for submission of written questions:

#### 1.9 Submission of Proposals

- **A. Forms/Formats.** Forms, with the exception of program specific requirements, may be found on the State Procurement Office ("SPO") website referred to in subsection 1.2, Website Reference. <u>See</u> Section 5, Attachment A, Proposal Application Checklist for the location of program specific forms.
  - 1. **Proposal Application Identification (Form SPOH-200)**. Provides Applicant proposal identification.
  - 2. **Proposal Application Checklist**. The checklist provides Applicants specific program requirements, references, and location of required RFP proposal forms, and the order in which all proposal components should be collated and submitted to the State Purchasing Agency. <u>See</u> Section 5, Attachment A, Proposal Application Checklist.
  - 3. **Table of Contents**. A sample Table of Contents for proposals is located in Section 5, Attachment B, Sample Proposal Table of Contents. This is a sample and meant as a guide. The Table of Contents may vary depending on the RFP.
  - 4. **Proposal Application (Form SPOH-200A)**. Applicant shall submit comprehensive narratives that address all proposal requirements specified in Section 3, Proposal Application Instructions, including a cost proposal/budget, if required.

- **B.** Program Specific Requirements. Program specific requirements are included in Sections 2 and 3, as applicable. Required Federal and/or State certifications are listed in Section 5, Attachment A, Proposal Application Checklist.
- **C. Multiple or Alternate Proposals**. Multiple or alternate proposals shall not be accepted unless specifically provided for in Section 2. In the event alternate proposals are not accepted and an Applicant submits alternate proposals, but clearly indicates a primary proposal, it shall be considered for award as though it were the only proposal submitted by the Applicant.
- **D. HCE**. All Providers shall comply with all laws governing entities doing business in the State. Providers may register with HCE for online compliance verification from the Hawaii State DOTAX, IRS, DLIR, and DCCA. There is a nominal annual registration fee (currently \$12.00) for the HCE service. The HCE's online Certificate of Vendor Compliance ("CVC") provides the registered Provider's current compliance status as of the issuance date, and is accepted for both contracting and final payment purposes. <u>See</u> subsection 1.2, Website Reference, for HCE's website address.
  - 1. Tax Clearance. Pursuant to HRS §103-53, as a prerequisite to entering into contracts of \$25,000.00 or more, Providers are required to have a tax clearance from DOTAX and the IRS. See subsection 1.2, Website Reference for DOTAX and IRS website address.
  - 2. Labor Law Compliance. Pursuant to HRS §103-55, Providers shall be in compliance with all applicable laws of the Federal and State governments relating to workers' compensation, unemployment compensation, payment of wages, and safety. See subsection 1.2, Website Reference for DLIR website address.
  - 3. DCCA BREG. Prior to contracting, owners of all forms of business doing business in the State except sole proprietorships, charitable organizations, unincorporated associations and foreign insurance companies shall be registered and in good standing with the DCCA BREG. Foreign insurance companies must register with DCCA, Insurance Division. More information is on the DCCA website. See subsection 1.2, Website Reference for DCCA website address.
- **E. Wages Law Compliance**. If applicable, by submitting a proposal, the Applicant certifies that the Applicant is in compliance with HRS §103-55, Wages, hours, and working conditions of employees of Contractors performing services. <u>See</u> Section 1.2, Website Reference for statutes and DLIR website address.
- **F.** Campaign Contributions by State and County Contractors. HRS §11-355 prohibits campaign contributions from certain State or county government Contractors during the term of the contract if the Contractors are paid with funds appropriated by a legislative body. See Section 1.2, Website Reference for statutes and Campaign Spending Commission website address.

**G.** Confidential Information. If an Applicant believes any portion of a proposal contains information that should be withheld as confidential, the Applicant shall request in writing nondisclosure of designated proprietary data to be confidential and provide justification to support confidentiality. Such data shall accompany the

proposal, be clearly marked, and shall be readily separable from the proposal to facilitate eventual public inspection of the non-confidential sections of the proposal.

Note that price is not considered confidential and shall not be withheld.

- H. Proposal Submittal. All mail-ins shall be postmarked by the USPS and received by the State Purchasing Agency no later than the submittal deadline indicated on the attached Proposal Mail-in and Delivery Information Sheet, or as amended. All mail-ins shall be approved in advance by the DOH RFP Coordinator. All hand deliveries shall be received by the State Purchasing Agency by the date and time designated on the Proposal Mail-In and Delivery Information Sheet, or as amended. Proposals shall be rejected when:
  - 1. Postmarked after the designated date; or
  - 2. Postmarked by the designated date but not received within ten (10) days from the submittal deadline; or
  - 3. If hand delivered, received after the designated date and time.

The number of copies required is located on the Proposal Mail-In and Delivery Information Sheet. Deliveries by private mail services such as FEDEX shall be considered hand deliveries and shall be rejected if received after the submittal deadline. Dated USPS shipping labels are not considered postmarks.

I. History of Performance. It should be clear to potential Applicants that in reviewing applications in any discretionary procurement process, the CAMHD may consider the past performance of the Applicant in carrying out a previous contract including compliance with the conditions of the contract or achieving the objectives of the contracted service. By submitting a proposal, the Applicant certifies that within the past eighteen (18) months there have been no significant legal or disciplinary actions resulting in legal penalties or actions or changes in contracts taken against the proposing agency by a law enforcement or government agency.

Faxed copies or electronic copies are not permitted. One (1) CD or flash drive copy is required with the Original Proposal.

#### 1.10 Discussions with Applicants

- **A. Prior to Submittal Deadline**. Discussions may be conducted with potential Applicants to promote understanding of the State Purchasing Agency's requirements.
- **B.** After Proposal Submittal Deadline. Discussions may be conducted with Applicants whose proposals are determined to be reasonably susceptible of being selected for award, but proposals may be accepted without discussions, in accordance with HAR §3-143-403.

#### 1.11 Opening of Proposals

Upon the State Purchasing Agency's receipt of a proposal at a designated location, proposals, modifications to proposals, and withdrawals of proposals shall be date-stamped, and when possible, time-stamped. All documents so received shall be held in a secure place by the State Purchasing Agency and not examined for evaluation purposes until the submittal deadline.

Procurement files shall be open to public inspection after a contract has been awarded and executed by all parties.

#### 1.12 Additional Materials and Documentation

Upon request from the State Purchasing Agency, each Applicant shall submit additional materials and documentation reasonably required by the State Purchasing Agency in its evaluation of the proposals.

#### 1.13 RFP Amendments

The State reserves the right to amend this RFP at any time prior to the closing date for final revised proposals.

#### 1.14 Final Revised Proposals

If requested, final revised proposals shall be submitted in the manner and by the date and time specified by the State Purchasing Agency. If a final revised proposal is not submitted, the previous submittal shall be construed as the Applicant's final revised proposal. The Applicant shall submit **only** the section(s) of the proposal that are amended, along with the Proposal Application Identification Form (SPOH-200). After final revised proposals are received, final evaluations will be conducted for an award.

#### 1.15 Cancellation of Request for Proposal

The RFP may be canceled and any or all proposals may be rejected in whole or in part, when it is determined to be in the best interest of the State.

#### 1.16 Costs for Proposal Preparation

Any costs incurred by Applicants in preparing or submitting a proposal are the Applicants' sole responsibility.

#### 1.17 Provider Participation in Planning

Provider(s), awarded a contract resulting from this RFP,
are required
are not required
to participate in the State Purchasing Agency's future development of a service delivery
plan pursuant to HRS §103F-203.

Provider participation in a State Purchasing Agency's efforts to plan for or to purchase health and human services prior to the release of a RFP, including the sharing of information on community needs, best practices, and Providers' resources, shall not disqualify providers from submitting proposals, if conducted in accordance with HAR §§3-142-202 and 3-142-203.

#### 1.18 Rejection of Proposals

The State reserves the right to consider as acceptable only those proposals submitted in accordance with all requirements set forth in this RFP and which demonstrate an understanding of the problems involved and comply with the service specifications. Any proposal offering any other set of terms and conditions contradictory to those included in this RFP may be rejected without further notice.

A proposal may be automatically rejected for any one (1) or more of the following reasons:

- A. Rejection for failure to cooperate or deal in good faith. (HAR §3-141-201)
- B. Rejection for inadequate accounting system. (HAR §3-141-202)
- C. Late proposals. (HAR §3-143-603)
- D. Inadequate response to request for proposals (HAR §3-143-609)
- E. Proposal not responsive (HAR §3-143-610(a)(1))
- F. Applicant not responsible (HAR §3-143-610(a)(2))

#### 1.19 Notice of Award

A Statement of Findings and Decision shall be provided to each responsive and responsible Applicant by mail upon completion of the evaluation of competitive purchase of service proposals.

Any agreement arising out of this solicitation is subject to the approval of the Department of the Attorney General as to form, and to all further approvals, including the approval of the Governor, required by statute, regulation, rule, order or other directives.

No work is to be undertaken by the Provider(s) awarded a contract prior to the contract commencement date. The State is not liable for any costs incurred prior to the official starting date.

#### 1.20 Protests

Pursuant to HRS §103F-501 and HAR Chapter 148, an Applicant aggrieved by an award of a contract may file a protest. The Notice of Protest form, SPOH-801, and related forms are available on the SPO website. See Section 1.2, Website Reference for website address. Only the following matters may be protested:

- A. A State Purchasing Agency's failure to follow procedures established by Chapter 103F HRS;
- B. A State Purchasing Agency's failure to follow any rule established by Chapter 103F HRS; and
- C. A State Purchasing Agency's failure to follow any procedure, requirement, or evaluation criterion in a request for proposals issued by the State Purchasing Agency.

The Notice of Protest shall be postmarked by USPS or hand delivered to 1) the Head of the State Purchasing Agency conducting the protested procurement and 2) the Procurement Officer who is conducting the procurement (as indicated below) within five (5) working days of the postmark of the Notice of Findings and Decision sent to the protestor. Delivery services other than USPS shall be considered hand deliveries and considered submitted on the date of actual receipt by the State Purchasing Agency.

Head of State Purchasing Agency	Procurement Officer
Name: M. Stanton Michels, M.D.	Name: Steven Osa
Title: Chief Administrator, CAMHD	Title: Program Specialist
Mailing Address: 3627 Kilauea Ave,	Mailing Address: 3627 Kilauea Ave, Room
Room 101, Honolulu, HI 96816	101, Honolulu, HI 96816
Business Address: 3627 Kilauea Ave,	Business Address: 3627 Kilauea Ave,
Room 101, Honolulu, HI 96816	Room 101, Honolulu, HI 96816

#### 1.21 Availability of Funds

The award of a contract and any allowed renewal or extension thereof, is subject to allotments made by the Director of Finance, State of Hawaii, pursuant to HRS Chapter 37, and subject to the availability of State and/or Federal funds.

#### 1.22 General and Special Conditions of Contract

The General Conditions that shall be imposed contractually are on the SPO website. (See subsection 1.2, Website Reference for website address.) Special Conditions may also be imposed contractually by the State Purchasing Agency, as deemed necessary.

#### 1.23 Cost Principles

To promote uniform purchasing practices among State Purchasing Agencies procuring health and human services under HRS Chapter 103F, State Purchasing Agencies shall utilize standard cost principles outlined in Form SPOH-201, which is available on the SPO website. See Section 1.2 Website Reference for website address. Nothing in this section shall be construed to create an exemption from any cost principle arising under Federal law.

# Section 2 Service Specifications

# Section 2 Service Specifications

#### 2.1 Introduction

The CAMHD provides services and supports through an integrated public-private partnership consisting of contracted community-based agencies, State managed, community-based Family Guidance Centers ("FGCs"), and a centralized State office to provide administrative, clinical, and performance oversight functions. With the CAMHD's mission of providing "timely and effective mental health services to children and youth with emotional and behavioral challenges and their families," the CAMHD System of Care has developed a comprehensive array of evidence-based services and supports for these children and youth and their families. CAMHD provides intensive mental health services that are "carved out" from the Hawaii QUEST Integration ("QI") managed care system, for youth with QI insurance who are eligible based on their clinical presentation. CAMHD also provides this array of intensive services to youth and their families in two (2) other categories: 1) youth who qualify for special educational services under the Individuals with Disabilities Educational Act ("IDEA") and whose Individual Educational Plan ("IEP") team requests CAMHD services, and 2) youth involved in the Juvenile Justice System who are referred to CAMHD by the Office of Youth Services ("OYS"). Small numbers of other youth may become eligible for CAMHD services based on their need for intensive services and their qualifying for a particular special program, usually grant-funded.

It should be noted that Hawaii QI managed care plans are responsible for funding both out-patient mental health services and acute hospital services for QUEST enrolled youth, and for providing an adequate Provider network. For this reason, CAMHD will be seeking to refer clients to their QI plan Providers for the majority of their outpatient assessment and therapy needs. However, CAMHD is seeking to award small outpatient contracts to help assure timely access to services for CAMHD youth and families, and to expedite procurement of specialized services, especially specialized psychological assessments. In addition, outpatient services will be provided regularly by CAMHD employed Mental Health Professionals ("MHP") in the FGCs.

#### CORE COMPONENTS OF CURRENT CAMHD SYSTEM

All Applicants interested in working with the CAMHD must have an understanding of the core values and components of the CAMHD system. As Applicants consider submitting proposals, they should consider how their agency would partner with and/or support CAMHD in strengthening or solidifying these areas.

Commitment to the Hawaii Child and Adolescent Service System Program ("CASSP") Principles. Based on input from youth, families and other stakeholders, CAMHD adopted the Hawaii CASSP Principles (See Section 5, Attachment E,

Appendix 1, CAMHPS). Under the CASSP principles, the CAMHD continues its commitment to services being locally available, community-based and least restrictive with the focus on assuring that services and supports are individualized, youth-guided and family-centered and include culturally relevant recreational and community activities.

Commitment to Interagency Collaboration and Coordination. CAMHD embraces the challenge of serving youth that are involved with more than one (1) State agency and/or health care Provider. Most of the children and youth served by CAMHD attend public schools, and they or their families may be involved with the child welfare system, Juvenile Justice System, or other DOH Divisions, including Alcohol & Drug Abuse Division ("ADAD"), Developmental Disabilities Division ("DDD"), Public Health Nursing ("PHN"), Adult Mental Health Division ("AMHD"), and Early Intervention Services ("EIS"). A large portion of the CAMHD population is enrolled in QI Health Plan services, which requires linkages to the youth's primary healthcare Providers. CAMHD strives to integrate services and programs across agencies in the best interest of youth and their families.

Agencies that are interested in proposing services are required to engage with the youth and their families in developing an individualized plan, partner with the youth and their families in the implementation of this plan, and collaborate with schools, other State agencies, the courts, and other healthcare Providers in the provision of integrated services.

Commitment to Clinical Excellence, Co-management of Care, and Evidence-Based Practice. Services provided within the CAMHD system are expected to be evidence-based and of a high clinical quality. Interventions with youth and their families are meant to incorporate elements of those treatments identified as most promising based on credible scientific data. The CAMHD array of services provides a medium through which evidence-based interventions can be applied at high levels of intensity and in a variety of settings, depending on the needs of the youth. The CAMHD works with Provider agencies to ensure that emerging strong evidence-based practices are available to youth and families via training opportunities for provider clinicians.

Each of the CAMHD FGCs has staff in the role of Clinical Lead which is usually a Child Psychiatrist or a Child Clinical Psychologist who provides clinical oversight of cases managed by that FGC. Each child in the CAMHD system is assigned to both a Care Coordinator and a Clinical Lead. These Clinical Leads provide clinical expertise to Care Coordinators and are available to Providers for clinical consultation. The Clinical Lead is responsible for ensuring that youth are referred for appropriate types of care, and for assisting the contracted agency with adapting program practices as necessary to provide any needed individualization to meet the needs of a specific CAMHD youth. Clinical Leads, working with Care Coordinators, examine all of the available information and data on youth progress to determine whether to continue authorizing a specific service. In addition, agencies are encouraged to gather and evaluate their own data on child outcomes and

functioning to further inform clinical decisions and the design of appropriate interventions.

Commitment to Performance Management. CAMHD is committed to ongoing evaluation of Provider performance and the use of data to manage and improve the CAMHD Systems of Care. CAMHD's performance management practices involve a comprehensive process for examining performance and using findings to make informed decisions about services and needed adjustments to program implementation.

Performance data in CAMHD are tracked and analyzed across all domains of service delivery and care. This information allows CAMHD to examine how well the CAMHD Systems of Care is performing for youth, and how well youth are progressing. Services are monitored through tracking of trends and patterns found in utilization, client satisfaction, and clinical outcome data, and examination of practice and quality of services. Providers are expected to engage in ongoing Quality Assurance ("QA") activities to improve their services and their integration with the CAMHD Systems of Care. Unannounced site visits are a required part of the program monitoring procedures, and Providers shall fully comply with CAMHD's monitoring efforts, including accommodating both scheduled and unannounced visits; arranging for CAMHD program monitoring staff to interview agency staff and clients, and sharing client records when requested.

Commitment to Information System Performance. CAMHD is committed to the development of Health Information Systems ("HIS") as tools to improve youth services. The HIS are developed in alignment with healthcare policies at the National level. Since these policies can change frequently, contracted Providers are expected to comply with new Federal and State required billing and documentation practices as they develop. CAMHD system developments are aimed at the longrange goal of a paperless care system, a centralized Electronic Health Record ("EHR"), efficient and immediate secure information sharing, availability of real time data for a variety of State array indicators (i.e., census, utilization, sentinel events, demographics, credentialing), and efficient billing of services in compliance with national requirements and standards. CAMHD expects to introduce many improvements to the HIS over the proposed contract period, and the Providers shall be expected to cooperate with the scheduled implementation of these improvements. Providers shall be expected to adjust the schedules, systems, and formats by which they send administrative, clinical, and billing documentation to CAMHD with these HIS changes. These HIS changes are to reach the goal of near-real time availability of information for decision-making by those providing services to specific youth, and managing the CAMHD Systems of Care as a whole.

<u>Commitment to Access & Continuity of Care</u>. The CAMHD assures youth and their families' timely access to necessary mental health services. The CAMHD will refer youth to contracted agencies in accordance with the specifications as written in this RFP and the 2018 Edition of the CAMHPS (<u>See</u> Section 5, Attachment C, CAMHPS General Standards). Interested Providers should expect that referred

youth may present programmatic challenges and exhibit behavioral issues. Providers shall be expected to provide all youth accepted into their program with continuity of care until the youth meets the criteria for appropriate discharge or transition to another type of care indicated in team decisions.

Providers shall not abruptly terminate services or eject a youth from services. Providers must demonstrate a commitment to accept all CAMHD youth that are referred in accordance with the CAMHPS process (this is referred to as a "no-reject requirement"). Providers must be committed to serving these youths and their families during challenging behavioral and programmatic circumstances (this is referred to as a "no-eject requirement"). In the situation where an extenuating circumstance comes into play, the proposed rejection of the referral (other than those due to full capacity) must be accompanied by a written summary from the Provider's Clinical Director explaining why the youth was rejected for services. This summary shall undergo a structured review process by CAMHD, and patterns of youth referral rejection or ejection may be grounds for contract nonperformance. Lack of a current tuberculosis test and/or physical exam is not an acceptable reason for rejection or delay of admission (See Section 5, Attachment C, CAMHPS General Standards). If a Provider seeks to terminate services or eject a youth once in the program, the Provider is required to comply with a full clinical review conducted by an independent Hawaii licensed psychiatrist or psychologist in accordance with the CAMHPS. The CAMHD reserves the right to take contractual action due to a Provider's inability to provide services in accordance with the terms and conditions of the contract.

#### A. Overview, purpose or need.

The DOH CAMHD, hereby solicits proposals from qualified Applicants with an interest in providing treatment services to children and youth, ages three to twenty (3-20) years with severe behavioral health needs. The purpose of this RFP is to procure specific integrated mental health and substance abuse services that are delivered to youth in their home environments or on an outpatient basis to meet the needs of the population.

The RFP describes these services in general, and more specific details are described in the attached 2018 edition of the CAMHPS Service Specific Standards (See Section 5, Attachment D, CAMHPS Service Specific Standards). The CAMHPS defines each mental health service, establishes the clinical and programmatic requirements of each service, and describes the service authorization guidelines. Applicants shall read all aspects of this RFP and the CAMHPS carefully and they must assure in the proposal that the agency is prepared to meet all standards and guidelines as written and as amended.

Specifically, the CAMHD is soliciting Provider agencies that are able to ensure the capacity to provide timely, consistent, responsive and effective services in the form of one (1) or more of the following mental health services described in Section 2.4, Scope of Work of this RFP:

- 1. IIH
- 2. IILS
- 3. ABI
- 4. FFT
- 5. CMO
- 6. IOH
- 7. Psychosexual Assessments
- 8. Outpatient Services: Mental Health Evaluations (including IMHE, GMHE, SAE, and Psychological Testing), Individual, Family and Group Therapy services.

#### B. Planning activities conducted in preparation for this RFP.

A Request for Information ("RFI") was posted on September 19, 2016 and on January 30, 2017 for interested parties to provide information and feedback to assist the CAMHD in developing this RFP. Please contact John MacDonald, CAMHD Program Specialist, at <a href="mailto:john.macdonald@doh.hawaii.gov">john.macdonald@doh.hawaii.gov</a> or 808-733-9338 for more information regarding the RFI.

#### C. Description of Service Goals.

The four (4) major goals that the CAMHD seeks to meet through this RFP include the following:

- Goal 1. Provide eligible youth and young adults with timely access to a comprehensive array of community-based and evidence-based mental health services provided by credentialed individuals that are knowledgeable and competent in delivering these treatments, and ensure that these treatments and interventions are provided within a system of care embodying the Hawaii CASSP principles.
- Goal 2. Promote the use of current knowledge regarding evidence-based services in the development of individualized plans and promote the mental health system in a manner that facilitates the application of these services.
- Goal 3. Demonstrate an accountable and efficient child and adolescent behavioral health system through dynamic evaluation of performance data and application of findings to guide management, programmatic, and service planning decisions.
- Goal 4. Demonstrate an effective and efficient publicly managed behavioral health system for children and youth with the most serious emotional and behavioral challenges and their families including those youth who qualify for QI Insurance, those youth with educational disabilities who require mental health services to benefit from their public education, and youth in the Juvenile Justice System who require intensive mental health services.

#### D. Description of the target population to be served.

The CAMHD is looking to procure intensive services for youth who meet CAMHD eligibility criteria and for whom an in-home or outpatient level of care is deemed to be medically necessary. All youth authorized for these services shall be enrolled in CAMHD, and all will have significant behavioral health needs. To be eligible, youth must:

- 1. Meet Criteria for a mental health diagnosis as determined by a Qualified Mental Health Professional ("QMHP").
  - a. The diagnosis must be listed in the Diagnostic Statistical Manual-5 ("DSM5").
  - b. Substance Use Disorders on their own do not qualify youth for CAMHD services, but they can co-occur with the qualifying psychiatric disorder.
  - c. Similarly, Developmental Disorders on their own do not qualify youth for CAMHD services, but they can co-occur with the qualifying psychiatric disorder.
  - d. Youth who have moderate to severe Developmental Disabilities and who qualify for services from the Hawaii State DDD are not eligible for CAMHD services.
- 2. Demonstrate significant functional impairment. This means the youth is showing significant difficulties functioning in several life domains (e.g., home, school, community, managing emotions, getting along with peers).

CAMHD uses the Child and Adolescent Functional Assessment Scale ("CAFAS") to determine whether youth meet this criteria. In general, youth referred for services will have moderate to high scores on the CAFAS with moderate to severe functional impairments in several life domains.

- 3. Be eligible for funding by one (1) of the following:
  - a. Their OI insurance or
  - b. OYS through a referral from their probation officer and the Director OYS or
  - c. Special Education/General Funds through a referral by their DOE IEP Team or
  - d. Qualifying for a special CAMHD grant project. Current projects offering free services for qualified youth include: Kealahou Services for girls on Oahu who have experienced significant trauma and the OnTrack Hawaii program for youth and young adults who have a psychotic disorder.

**Population Size.** Over the past decade, the number of youth served in the CAMHD system has been rising slightly every year. Recent demand for these services is the best predictor of future demand. During Fiscal Year 2016, a total of 2,209 youth received some kind of CAMHD service and 1,528 youth received procured services from a contracted CAMHD Provider. Eighty-one percent (81%) of these youth received some kind of Home-Based Service. Sixty-eight percent (68%) or 1,044 youth received IIH or IILS services; three point three percent (3.3 %) or 51 youth received FFT services; three point three percent (3.3 %) or 51 youth received Comprehensive Behavioral Intervention ("CBI") nka ABI; and twelve point two percent (12.2%) or 187 youth received Multisystemic Therapy (procured separately). The following table shows the breakdown of these services by FGC:

Fiscal Year 2016 Data			
Family Guidance	IIH/IILS	CBI	FFT
Center			
Central Oahu FGC <sup>1</sup>	197	6	5
Honolulu Oahu FGC	154	7	7
Leeward Oahu FGC	201	1	7
Hawaii Island FGC <sup>2</sup>	346	22	14
Kauai FGC	52	6	18
Maui FGC	91	9	N/A

<sup>1</sup>Includes Windward Oahu area; <sup>2</sup>Includes East and West Hawaii Island

Partial Hospitalization "PH") nka IOH was utilized by one percent (1%) or sixteen (16) youth, and Outpatient Assessment services were used by fifteen point four percent (15.4%) or two hundred thirty-six (236) youth in FY2016.

#### E. Geographic coverage of service.

The geographic coverage areas are identified below for each of the service categories described in this RFP. Consistent with our commitment to community based services and collaboration with community supports and resources, the CAMHD strongly encourages Provider agencies having offices directly within the communities they are serving. Applicants interested in providing the *same level of care in more than one* (1) *geographic area do not need to submit a separate proposal for each area*. However, Applicants should make sure their proposal is very clear about where they want to provide the service. Also, proposals should delineate any specifics about staffing, facilities, etc. that differ by geographic area. However, *separate proposals must be submitted for each unique level of care*.

**Telehealth technology** may be used to help deliver needed services by MHPs or QMHPS to remote areas when travel distances and costs make in-person delivery impractical. In general, telehealth services shall be used to serve families within a Provider agency's contracted geographic area. When necessary, coverage by the Provider agency's staff on another island may be provided via telehealth. The

family and youth must agree to the use of telehealth services, and necessary equipment and telecommunications services must be available to them. If the family and youth do not agree to the use of telehealth, services must be provided in-person only.

Telehealth service delivery must be clinically appropriate as evidenced by the CAMHD Clinical Lead's approval thru incorporation of telehealth on the youth's Clinical Management Plan ("CMP"). The Clinical Lead may modify the CMP for telehealth use based on service effectiveness or outcomes.

Direct services may include use of the telehealth modality for the majority or even all of the clinical contacts, however, the FGC Clinical Lead may set case-specific requirements for an increased proportion of onsite services to ensure good youth outcomes. The Provider therapist must detail the plan for telehealth use on the Mental Health Treatment Plant ("MHTP") and discuss it in treatment team meetings. The Provider agency's supervising QMHP is expected to oversee some portion of direct telehealth services via "sitting in" virtually on youth visits. The Provider agency's QMHP and MHP conducting telehealth services are required to have training in therapeutic service delivery via telehealth.

The CAMHD seeks the following services in each of the counties of Hawaii, Kauai, Maui, and the City and County ("C&C") of Honolulu.

#### EMERGENCY PUBLIC MENTAL HEALTH SERVICES

#### <u>CMO</u>

To ensure timely and responsive emergency mental health services to youth and families in crisis, CAMHD expects to contract with Provider agencies in all counties of the State including, Maui County, Kauai County, and the C&C of Honolulu (services for Hawaii County are being procured on a different time schedule). Providers shall be required to provide services to the entire geographical coverage area as identified and described.

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These contracts shall be on a cost reimbursement basis that shall assure availability twenty-four (24) hours per day and three hundred sixty-five (365) days per year. *CAMHD* anticipates a number of changes in its approach to this service, and plans to limit contract renewal to one (1) year under the current service description. CAMHD expects to award a single CMO contract for each of the following counties:

C & C of Honolulu Single contract
 Kauai County Single contract
 Maui County Single contract

#### HOME-BASED MENTAL HEALTH SERVICES

#### **IIH Therapy Services**

The CAMHD seeks to procure IIH services across the State, with emphasis on development of service availability within communities allowing youth to remain at home. Paraprofessional Support services shall be provided in coordination with IIH Therapy services. Providers shall be required to serve the entire geographical coverage area as identified and awarded. The use of technology such as video-conferencing to overcome geographic barriers will be allowed when the treatment team agrees that it is clinically appropriate and practical given the specific needs of the client and family. These contracts shall be on a unit cost basis, in accordance with the CAMHD Current Allowable Rates.

The CAMHD expects to award multiple contracts in each of the following coverage areas:

#### Hawaii County

- East Hawaii County Multiple Contracts
   (Inclusive of the districts of Laupahoehoe, North Hilo, South Hilo, Puna and Kau)
- 2. West Hawaii County Multiple Contracts
  (Inclusive of the districts of Hamakua, North Kohala, South Kohala, North Kona and South Kona)

#### Maui County

Maui County Multiple Contracts

Kauai County

Kauai County Multiple Contracts

#### C&C of Honolulu

- 1. Central Oahu District Multiple Contracts (Inclusive of the districts of Waialua, Waimanalo and Ko'olauloa)
- 2. Honolulu District Multiple Contracts
- 3. Leeward Oahu District Multiple Contracts (Inclusive of the district of Waianae)

#### **IILS Services**

The CAMHD seeks to procure IILS across the State, with emphasis on development of service availability within communities allowing youth/young

adults to gain the skills to live independently. IILS paraprofessional services shall be provided in coordination with IILS services. Providers shall provide services to the entire geographical coverage area identified and awarded. These contracts shall be on a unit cost basis, in accordance with the CAMHD Current Allowable Rates.

The CAMHD expects to award a single or multiple contracts in each of the following counties as follows:

1.	C&C of Honolulu	Multiple contracts
2.	Hawaii County	Multiple contracts
3.	Kauai County	Single contract
4.	Maui County	Single contract

#### **ABI Services**

The CAMHD seeks to procure ABI across the State, with emphasis on development of service availability within communities allowing youth with co-occurring intellectual or developmental disabilities and mental health challenges to gain the skills necessary for the youth to remain in the home. ABI therapists and paraprofessionals work as a team. Providers shall provide services to the entire geographical coverage area identified and awarded. These contracts shall be on a unit cost basis, in accordance with the CAMHD Current Allowable Rates.

The CAMHD expects to award a single or multiple contracts in each of the following counties as follows:

1.	C&C of Honolulu	Single or Multiple contracts
2.	Hawaii County	Single or Multiple contracts
3.	Kauai County	Single contract
4.	Maui County	Single contract

#### **FFT Services**

FFT services are sought on the islands of Hawaii, Kauai, Maui, and Oahu. These contracts shall be on a Cost Reimbursement basis and services must be provided with fidelity to the FFT model (See the FFT service description in the CAMHPS, Attachment E). Providers shall provide services to the entire geographical coverage area identified and awarded. Because CAMHD has not previously provided FFT on Maui, Applicants with experience providing FFT in other areas are especially encouraged to apply for that area. CAMHD encourages proposals that emphasize efficiency in expanding FFT services to Maui, including the use of a supervisor from another island team.

CAMHD expects to award a single contract in each of the following counties:

C&C of Honolulu Single contract
 Hawaii County Single contract
 Kauai County Single contract
 Maui County Single contract

#### **OUTPATIENT MENTAL HEALTH SERVICES**

#### **IOH Services**

These contracts shall be on a unit cost basis, in accordance with the CAMHD Current Allowable Rates.

The CAMHD expects to award a single or multiple contracts to a Provider agency in each of the following counties of Hawaii to provide IOH services:

C&C of Honolulu Single or Multiple contracts

#### **Psychosexual Assessments**

The CAMHD is interested in awarding a statewide contract and will fund interisland travel for youth to be evaluated when necessary. These contracts shall be on a unit cost basis, in accordance with the CAMHD Current Allowable Rates.

There is an estimated need for up to two (2) psychosexual assessments per quarter, or eight (8) annually.

Statewide Single contract

#### **Evaluations and Outpatient Services**

The CAMHD seeks to procure *evaluation and outpatient treatment services together as a group* that shall be provided to the entire geographical area as identified and awarded. Clients may be required to travel to the outpatient office for any therapy services. Please note, however, that CAMHD shall be referring clients to their health insurance plans most of the time when outpatient treatment is needed.

Providers who are able to furnish specialized assessments (e.g., evaluations for autism, and neuropsychological evaluations) shall be given preference in the selection process. CAMHD would prefer to contract with a Provider agency that employs professional staff who are on the provider panels for QI insurance plans. This can facilitate easier transitions to community/private services.

These contracts shall be on a unit cost basis, in accordance with the CAMHD Current Allowable Rates.

CAMHD expects to award a single contract to a Provider agency in each of the following counties of Hawaii:

1.	C&C of Honolulu	Single contract
2.	Hawaii County	Single contract
3.	Kauai County	Single contract
4.	Maui County	Single contract

#### **Evaluations include:**

These contracts shall be on a unit cost basis, in accordance with the CAMHD Current Allowable Rates.

- 1. IMHE
- 2. SAE
- 3. GMHE
- 4. Psychological Testing

#### **Outpatient Services include:**

These contracts shall be on a unit cost basis, in accordance with the CAMHD Current Allowable Rates.

- 1. Individual Therapy
- 2. Family Therapy
- 3. Group Therapy

#### F. Probable funding amounts, source, and period of availability.

The CAMHD receives funding through a biennial legislative process. Any Provider agency that elects or declines to submit a proposal understands that if increased funding becomes available, CAMHD may modify its contracts without re-procurement of the service. Contracts in the later years shall be dependent upon funding received. The contract period shall be from the execution date (projected to be July 1, 2018) through June 30, 2019, and renewable annually for additional terms not to exceed a total of six (6) years. *CMO contracts shall only be extended for one (1) additional year.* Funding is subject to appropriation, budget execution policies, and availability of funding. CAMHD reserves the right to increase reimbursement rates as it deems fit if and when additional funding becomes available. The current reimbursement rates are provided in the table below.

#### CAMHD Rates for Outpatient and Home-Based Services

Level of Care	Pricing Method	CAMHD Unit Rate
CMO	Cost	N/A
	Reimbursement	
IOH	Unit Cost	\$286.00/Day
IIH	Unit Cost	MHP or QMHP:
		\$23.00/15 minutes
		Paraprofessional:
		\$13.37/15 minutes
IILS	Unit Cost	MHP or QMHP:
		\$23.00/15 minutes
		Paraprofessional:
		\$13.37/15 minutes
ABI	Unit Cost	MHP or QMHP:
		\$23.00/15 minutes
		Paraprofessional:
		\$13.37/15 minutes
FFT	Cost	N/A
	Reimbursement	
Psychosexual	Unit Cost	\$43.13/15 minutes
Assessments		
Outpatient Services	Unit Cost	Assessment:
		\$31.20/15 minutes
		Individual and Family therapy:
		\$23.40/15 minutes
		Group therapy:
		\$9.10/15 minutes

#### 2.2 Contract Monitoring and Evaluation.

The criteria by which the performance of the contract shall be monitored and evaluated are:

- **A.** Performance/Outcome Measures
- **B.** Output Measures
- C. Quality of Care/Quality of Services
- D. Financial Management
- **E.** Administrative Requirements

#### 2.3 General Requirements

A. Specific qualifications or requirements, including, but not limited to, licensure or accreditation.

#### 1. Facility Licensure

For IOH facilities, the Provider must meet the licensure/certification requirements at all times.

#### 2. National Accreditation

Accreditation by the Joint Commission on Accreditation of Healthcare Organizations ("JCAHO"), the Council on Accreditation of Rehabilitation Facilities ("CARF"), or the Council on Accreditation ("COA") is required for the contracted agency at all times. The Applicant who has obtained JCAHO, CARF, or COA accreditation shall describe the type of accreditation, location, and type of program or facility, and effective date(s) of accreditation and submit evidence of accreditation with their proposal. Providers are required to immediately notify CAMHD Performance Management Section of changes in accreditation status at any time during the contract period.

#### 3. Federal and State Medicaid Regulations

The Provider is required to adhere to all applicable Federal and State Medicaid regulations and requirements for Home and Community Based Services ("HCBS") provided to CAMHD youth, as defined by the Center for Medicare and Medicaid Service ("CMS") and MedQUEST Division ("MQD"), for credentialing, quality assurance, and billing. Providers shall align documentation and billing practices with national best-practices, and Federal standards for healthcare services. The authorization of any services or treatment is not a guarantee of payment. The Provider and staff and/or subcontractors providing care must meet all the CAMHD, Federal and State requirements to ensure documentation produced substantiates the services provided. This shall include, but is not limited to, areas such as proper documentation in the form of: provider case plans, clinical notes, shift notes, facility census, level of care details, level of intensity, and actual time spent with CAMHD youth. Providers shall engage in comprehensive internal compliance programs of internal clinical documentation review, feedback, and auditing. Providers shall cooperate with ongoing CAMHD QA, compliance, and audit programs. These are required to ensure appropriate reviews of documentation for compliance and to foster cycles of continuing quality improvement.

#### 4. Insurance

The Provider shall obtain, maintain, and keep in force throughout the period of the contract the following types of insurance:

- a. Professional liability insurance issued by an insurance company in the amount of at least ONE MILLION AND NO/100 DOLLARS (\$1,000,000.00) for liability arising out of each occurrence and TWO MILLION AND NO/100 DOLLARS (\$2,000,000.00) aggregate.
- b. General liability insurance issued by an insurance company in the amount of at least ONE MILLION AND NO/100 DOLLARS (\$1,000,000.00) for bodily injury and property damage liability arising out of each occurrence and TWO MILLION AND NO/100 DOLLARS (\$2,000,000.00) aggregate.
- c. Automobile insurance issued by an insurance company in an amount of at least ONE MILLION AND NO/100 DOLLARS (\$1,000,000.00) per occurrence.

The insurance shall be obtained from a company authorized by the law to issue such insurance in the State (or meet §431: 8-301, HRS, if utilizing an insurance company not licensed by the State). For the Professional liability, general liability, and automobile liability insurance, the insurance coverage shall be primary and shall cover the insured for all work to be performed under the contract, including changes, and all work performed incidental thereto or directly or indirectly connected therewith. The Provider shall maintain in effect this liability insurance until the State certifies that the Provider's work under the contract has been completed satisfactorily.

Prior to or upon execution of the contract, the Provider shall obtain a Certificate of Insurance ("COI") verifying the existence of the necessary insurance coverage in the amounts stated above. The parties agree that the COI shall be attached to the contract as an Exhibit and be made a part of the contract.

Each insurance policy required by the contract shall contain the following clauses:

- a. The State of Hawaii and its officers and employees are additional insured with respect to operations performed for the State of Hawaii.
- b. It is agreed that any insurance maintained by the State of Hawaii will apply in excess of, and not contribute with, insurance provided by this policy.

The COI shall indicate these provisions are included in the policy.

The Provider shall immediately provide written notice to the contracting department or agency should any of the insurance policies evidenced on its COI forms be cancelled, limited in scope, or not renewed upon expiration.

If the scheduled expiration date of the insurance policy is earlier than the expiration date of the time of performance under the contract, the Provider, upon renewal of the policy, shall promptly cause to be provided to the State an updated COI.

#### **Cost Principle Compliance**

The Provider shall comply with the Chapter 103F, HRS Cost Principles for Purchases of Health and Human Services identified in SPO-H-201 (Effective 10-1-98), which can be found at <a href="http://hawaii.gov/spo/spoh/for-private-providers/forms-and-instructions-for-private-providers-Applicants">http://hawaii.gov/spo/spoh/for-private-providers-Applicants</a>

B.	Secondary purchaser participation (See HAR §3-143-608)			
	After-the-fact secondary purchases will be allowed.			
	<u>Planned secondary purchases</u>			
	None			
С.	Multiple or alternate proposals (See HAR §3-143-605)			
[	Allowed Unallowed			
D.	Single or multiple contracts to be awarded (See HAR §3-143-206)			
	Single Multiple Single & Multiple			
	Criteria for multiple awards:			
	Multiple awards, based on geographic area, target population and gender focused.			
E.	Single or multi-term contracts to be awarded (See HAR §3-149-302)			
	Single term (2 years or less) Multi-term (more than 2 years)			
	Contract terms:			
	Initial term of contract: 7/1/2018-6/30/2019			

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Maximum Length of each extension: <u>Twelve (12) months</u>

Number of possible extensions:  $\underline{\text{Five } (5)^1}$ Possible length of contract: Six (6) years

The initial period shall commence on the contract start date.

Conditions for extension: The contract may be extended annually for additional terms (not to exceed a total of six (6) years) provided that the contract price shall remain the same or is adjusted (increased or decreased) based on a negotiated price mutually agreed upon, subject to the availability of funding. Contract renewals shall be based on contracted agency's annual performance review, projections of service needs based on utilization review, and on CAMHD's determination of need for specific and/or all program components for contract renewal. The contract extension must be in writing.

#### 2.4 Scope of Work

The Provider shall provide all services in accordance with the requirements outlined in the general and individual level of care standards described in the 2018 Edition of the CAMHPS (See Section 5, Attachments C, D, and E, CAMHPS, General Standards, Service Specific Standards, Appendices, respectively), and any other applicable requirements referenced in any portion of this RFP. The CAMHPS provides in detail the Scope of Work required for each level of care. See Section 5, Attachment D, CAMHPS Service Specific Standards.

#### A. Service Activities

#### **CMO**

CMO provides mobile outreach assessment and stabilization services face-to-face for youth in an active state of psychiatric crisis. CMO services are provided twenty-four (24) hours per day, seven (7) days per week and can occur in a variety of settings including the youth's home, local emergency facilities, and other related settings. Immediate response is provided to conduct a thorough assessment of risk, mental status, immediate crisis resolution/stabilization and de-escalation, if necessary. See the specific care standards for CMO, Section 5, Attachment D, CAMHPS Service Specific Standards.

#### IOH

IOH is a non-residential day treatment program of a licensed JCAHO certified hospital or behavioral health facility. The environment provides a highly structured, intensive milieu treatment with a focus on medical/psychiatric

<sup>&</sup>lt;sup>1</sup> Please note: CAMHD intends to revise the standards for Crisis Mobile Outreach services and will reproduce this level of care within two years.

resources. IOH provides stabilization of youth with serious emotional disturbances, therapeutically supported diversion from inpatient care, and restoration to a level of functioning that enables a youth's return to the community. IOH also provides supportive transitional services to youth who are no longer acutely ill and require minimal supervision to avoid risk. The primary goal of the IOH is to keep youth connected with his/her family/community while providing short-term intensive treatment. See the specific care standards for IOH, Section 5, Attachment D, CAMHPS Service Specific Standards.

#### <u>IIH</u>

IIH is used to stabilize and preserve the family's capacity to improve the youth's functioning in the current living environment and to prevent the need for placement outside the home or a DHS resource family home. IIH also may be used to re-unify the family after the youth has been placed outside the home, or to support the transition to a new DHS resource family for youth with behavioral challenges. IIH is a time-limited focused approach that incorporates family-and youth-centered evidence-based interventions and adheres to CASSP principles. IIH may be delivered in the family's home or community. IIH also assists families in incorporating their own strengths and their informal support systems to help improve and maintain the youth's functioning. When a high level of support is needed in the home or community, a Paraprofessional 2 Support Worker ("P2SW") may be added to the MHP or QMHP therapist to create a team approach. See the specific care standards for IIH, Section 5, Attachment D, CAMHPS Service Specific Standards.

#### **IILS**

IILS is a comprehensive treatment service provided to youth and young adults who need to work intensively on developing a range of skills to prepare for independent living. The youth or young adults live in his/her home setting while participating in the service. IILS focuses on developing skills and resources related to life in the community and to increasing the youth or young adults ability to live as independently as possible. Service outcomes focus on maximizing the youth or young adults' ability to manage their illness and their lives with as little professional intervention as possible, and to participate in community opportunities related to functional, social, educational, and vocational opportunities. The amount of time any individual spends in these services will vary, depending on the individual needs. When a high level of support is needed, a P2SW may be added to the MHP or QMHP therapist to create a team approach. See the specific care standards for IILS, Section 5, Attachment D, CAMHPS Service Specific Standards.

#### **ABI**

ABI is a specialized intensive outpatient service which is used to provide treatment and support to youth who have co-occurring mental health needs and developmental disabilities ("MH-DD") and their families. It is designed to enhance the family's capacity to sustain the youth in their current living environment and to prevent the need for placement outside the home due to behavioral challenges. ABI also may be used to help re-unify the family after the youth has been placed outside the home or to support the transition to a new resource family for foster youth with both developmental disabilities and behavioral difficulties. ABI is family- and youth-centered. ABI utilizes evidence- based or evidence-informed interventions and adheres to CASSP principles. ABI may be delivered in the family's home or community. Youth with MH-DD frequently require support from several child-serving agencies, and this level of care incorporates some indirect case coordination activities along with standard behavioral and therapeutic interventions to help families manage their child's complex needs. ABI assists families in incorporating their own strengths and their informal support systems to help improve and maintain the youth's functioning. ABI generally shall be provided by a team that includes a therapist (MHP or QMHP) and at least one (1) P2SW. See the specific care standards for ABI, Section 5, Attachment D, CAMHPS Service Specific Standards.

#### FFT

FFT is an evidenced-base family treatment system provided in a home or clinic setting for youth experiencing one (1) of a wide range of externalizing behavior disorders (e.g., conduct, violence, and drug abuse) along with family problems (e.g., family conflict, and communication) and often with additional co-morbid internalizing behavioral or emotional problems (e.g., anxiety and depression).

#### The goals of FFT are:

- 1. Phase I: Engagement of all family members and motivation of the youth and family to develop a shared family focus to the presenting problems;
- 2. Phase II: Behavior change target and change specific risk behaviors of individuals and families; and
- 3. Phase III: Generalize or extend the application of these behavior changes to other areas of family relationships.

FFT services range from eight to twelve (8 - 12) one (1) hour sessions for mild challenges, up to thirty (30) hours of direct service (i.e., clinical sessions, telephone calls, and meetings involving community resources) for more difficult situations, and are usually spread over a three to six (3 - 6) month period. FFT can be conducted in a clinic setting, as a home-based model or as a combination of clinic and home visits. See the specific care standards for FFT, Section 5, Attachment D, CAMHPS Service Specific Standards.

#### **Psychosexual Assessment**

Psychosexual Assessment is a specialized diagnostic and evaluation service involving a strengths-based approach to identify youths' needs in the specific context of sexually abusive behaviors that have led to the youth being arrested, charged, or adjudicated for a sexual offense. Service components include conducting a comprehensive risk assessment and providing a written assessment report. Psychosexual Assessments are preceded by information gathering from existing sources and should not occur unless a GMHE, Emotional Behavioral Assessment, or Psychiatric Assessment has been completed within the last year. The Psychosexual Assessment is designed to build on the prior mental health assessments, using specialized psychometric instruments designed to assess sexual attitudes and interests. See the specific care standards for Psychosexual Assessments, Section 5, Attachment D, CAMHPS Service Specific Standards.

# **IMHE**

An IMHE provides information concerning a youth's functional impairment, mental health diagnoses and current mental health needs. The IMHE utilizes a digital template (See Section 5, Attachment E, CAMHPS Appendix 4) which assures collection of the information required to make a determination regarding eligibility for CAMHD services. This strengths-based evaluation process produces a document that is based on the CAMHD IMHE template. The template includes drop-downs and check boxes to make it easier for evaluators to complete it efficiently in order to expedite entry into CAMHD services. IMHE includes review of available records, interviews with the youth and caregiver(s), administration of the CAMHD version of the youth and parent Ohio Scales (See Section 5, Attachment E, CAMHPS Appendices 28 and 29), and production of a written report using the CAMHD IMHE template. Feedback about the results of the report may be provided to the youth and caregiver(s) during a meeting with the evaluator or in a CAMHD welcome meeting with the family and Care Coordinator. See the specific care standards for IMHE, Section 5, Attachment D, CAMHPS Service Specific Standards.

#### **GMHE**

GMHE standard provides guidelines for Mental Health Evaluations that can be performed for a range of purposes. The GMHE provides needed information concerning a youth's psychosocial functioning, mental health diagnoses and current mental health needs. The GMHE may be performed:

1. When an in-depth evaluation is needed to establish the correct diagnosis and determine treatment needs for a youth newly referred for CAMHD services.

- 2. When comprehensive clinical and historical information about a CAMHD youth is needed to assist with coordination of services and treatment planning at a later point in the treatment process.
- 3. When focused clinical information is needed to address specific issues being considered by the youth's treatment team. This may include diagnostic questions, questions about personality functioning, concerns about risk management and/or questions about the use of medication as part of the youth's treatment. Medication questions require that the evaluation be performed by a physician.

GMHE is a strengths-based evaluation which seeks to identify the needs of the youth in the context of his/her family, community, school and/or current treatment program. GMHE includes interviews, use of standardized assessment instruments, a written report, and feedback to the youth and the caregiver(s). When a MHP determines that psychological testing is needed to address the team's concerns, a separate authorization for the testing may be requested and the Mental Health Evaluation report shall incorporate any psychological testing data collected. See the specific care standards for GMHE, Section 5, Attachment D, CAMHPS Service Specific Standards.

### **SAE**

SAE is performed in order to describe the current status of the youth and his or her circumstances. It is performed yearly, when the Clinical Lead determines that there are no clinical concerns that would call for a more in-depth Mental Health Evaluation to be performed instead. SAE includes a brief evaluation and report, with feedback to the youth and his or her parent(s) or guardian(s). Contracted Providers that are currently providing services and that have known the youth for at least three (3) months shall provide the SAE when it is due or as defined in the specific service standard. See the specific care standards for SAE, Section 5, Attachment D, CAMHPS Service Specific Standards.

#### **Psychological Testing**

Psychological Testing is the use of one (1) or more standardized measurements, instruments or procedures to observe or record human behavior, and requires the application of appropriate normative data for interpretation or classification. Psychological Testing may be used to guide differential diagnosis in the treatment of mental health disorders and disabilities. Testing may also be used to provide an assessment of cognitive and intellectual abilities, personality and emotional characteristics, and Neuropsychological functioning. Psychological Testing is performed as a component of a GMHE (See the specific care standards for the GMHE Section 5, Attachment D, CAMHPS Service Specific Standards), and it is not authorized as a stand-alone service. Psychological Testing results must be integrated into the written GMHE report, and must be utilized to answer the referral question(s). See the specific care standards for

Psychological Testing, Section 5, Attachment D, CAMHPS Service Specific Standards.

#### **Individual Therapy**

Individual Therapy consists of regularly scheduled face-to-face therapeutic services with a youth focused on improving his or her individual functioning. Individual Therapy includes interventions such as attachment focused playbased interventions, cognitive-behavioral strategies, motivational interviewing, psycho-education of the youth, skills training, safety and crisis planning, and facilitating access to other community services and supports. Data are gathered regularly through self-monitoring, parent monitoring, or frequent administration of brief standardized measures in order to track progress toward meeting treatment goals. The Individual Therapy services are designed to promote healthy independent functioning and are intended to be focused and timelimited, with interventions reduced and discontinued as the youth and family are able to function more effectively. The usual course of treatment is six to twentyfour (6 - 24) sessions or six (6) months. Individual Therapy should be provided in conjunction with at least occasional Family Therapy sessions, and may include a brief "check-in" with the parent or guardian as part of the Individual Therapy session. See the specific care standards for Individual Therapy, Section 5, Attachment D, CAMHPS Service Specific Standards.

# Family Therapy

Family Therapy consists of regularly scheduled face-to-face interventions with a youth and his or her family members, designed to improve family functioning and treat the youth's emotional and behavioral challenges. Family Therapy helps the youth and family improve the quality of their connection by increasing the use of effective coping strategies, healthy communication, constructive problemsolving skills, and positive engagement. Data are gathered regularly through self-monitoring, parent monitoring, client and parent ratings or frequent administration of brief standardized measures in order to track progress toward meeting treatment goals. Family Therapy sessions may be held in the course of on-going Individual Therapy with the youth in order to provide opportunities for the therapist to consult with the parent(s) or guardian(s) and review progress toward goals either conjointly with the youth present or separately without the youth present. Family Therapy services are designed to be time-limited with interventions reduced and then discontinued as the youth and family are able to function more effectively. See the specific care standards for Family Therapy, Section 5, Attachment D, CAMHPS Service Specific Standards.

# **Group Therapy:**

Group Therapy consists of regularly scheduled, face-to-face therapeutic service for groups of three (3) or more youth for the purpose of addressing symptoms or problems that prevent the development of healthy functioning in the home,

school or community. Group Therapy is designed to teach specific skills for addressing the symptoms or challenges associated with defined disorders and to support for the use of these skills while providing psychoeducation about mental health issues. Group Therapy services are focused and time-limited. Group Therapy can include groups that address youths' needs utilizing a "multi-family group" format, in which the parent(s) or guardian(s) attend the group along with the youth. See the specific care standards for Group Therapy, Section 5, Attachment D, CAMHPS Service Specific Standards.

All services shall be provided in accordance with the CAMHPS requirements outlined in the general standards and the service specific standards established for the relevant level of care (See Section 5, Attachments C and D, CAMHPS General Standards and Service Specific Standards, respectively), and any other applicable requirement referenced in any portion of this RFP.

#### B. Management Requirements (Minimum and/or Mandatory Requirements)

#### 1. Personnel

Providers may choose to hire direct employees, establish a network of subcontracted professional Providers, or use a combination of both. If the Provider utilizes a network of independent Providers, each subcontracted Provider must meet the State requirements to provide mental health services as an independent practitioner.

Provider must agree to assume all responsibility for the quality of work provided by employees and subcontracted Providers.

All subcontracts require the CAMHD's prior written approval and must include an agreement to comply with all aspects of this RFP including licensing and credentialing requirements and the Health Insurance Portability and Accountability Act ("HIPAA") Business Associate Agreement ("BAA"), if applicable. Upon request, the Provider must provide CAMHD with a copy of each subcontract including applicable licenses and credentials and BAA, if applicable.

The Provider is required to provide all necessary administrative and managerial infrastructures and clinical expertise to support the provision of services, in accordance with the requirements outlined in this RFP and the CAMHPS. The Provider must have clinical support twenty-four (24) hours a day, seven (7) days a week available to the program on-site within forty -five (45) minutes of a call when crises arise, with coverage assured for any absences. When the Provider's overseeing QMHP is expected to be unavailable to be physically present at the program for two (2) weeks or more, the Provider should contact the CAMHD Clinical Services Office at

<u>deanne.fukumoto@doh.hawaii.gov</u> with the name and contact information of the covering QMHP.

The Provider must maintain a confidential personnel file for each employee and/or subcontracted Provider. Personnel files must include training records, credentialing information, and supervision documentation. The personnel file for employees and/or subcontractors must also contain documents, including, but not limited to, State and Federal Department of Labor required employment documents, HAR and HRS requirements, and any other requirements outlined by CAMHD.

#### 2. Administrative

Required Agency Policies and Procedures ("P&P") The Applicant is required to develop and implement agency specific P&Ps. These P&Ps must be reviewed and updated at least every two (2) years. Example CAMHD P&Ps are included in the Appendices of the CAMHPS (See Section 5, Attachment E, CAMHD Appendices). The following agency P&Ps must be submitted with the proposal and maintained throughout the contract period:

HIPAA The HIPAA P&P must describe the Provider's role and responsibilities with regard to maintaining the privacy of youth served. The HIPAA P&P must include a set of plans defining how the Provider shall maintain the privacy, security, integrity, and availability of information on youth served, including, but not limited to, a security risk assessment, actions to be taken should a breach occurs, and how corrective actions shall be handled after a breach.

Credentialing The Credentialing P&P must ensure that all employees and/or subcontractors providing services to youth are qualified and appropriately credentialed to provide services in the specific role(s) assigned by the Provider. The Provider has primary responsibility for the credentialing process, and CAMHD's Credentialing Office formally provides only assistance with QA on the completeness and validity of credentialing by the Provider. The Provider must maintain a centralized file of supporting documentation for credentialing each employee and/or subcontractor in separate files on Provider's premises. The CAMHD anticipates information technology systems changes to improve the Credentialing verification process and decrease paper document retention requirements. Providers shall collaborate with CAMHD staff and scheduling for use of these information-retention services once available. The Credentialing P&P must identify the Applicant agency's process for primary source verification.

**Family Engagement** The Family Engagement P&P shall provide a statement of agency commitment to ensuring that family members are engaged in their child's direct treatment plan development and evaluation. The Family Engagement P&P shall include a commitment to integrate the natural family in the youth's emotional life, wherever possible, even if the youth may never actually reside with that family. The Family Engagement P&P should also delineate the procedures to be followed when a family is unresponsive to the Provider's engagement efforts.

<u>Cultural Competency</u> The Cultural Competency P&P (including gender identity and sexual orientation) should ensure that all employees and/or subcontractors are trained and supervised in providing services in a culturally and linguistically appropriate manner to all youth, including those with limited English proficiency and diverse cultural and ethnic backgrounds, disabilities, and regardless of gender, sexual orientation or gender identity. The Cultural Competency P&P should also address requirements for cultural assessment and cultural and linguistic considerations in treatment planning and service delivery.

Trauma Informed Care The Trauma Informed Care P&P shall clearly state the Provider's commitment to the ongoing development of a Trauma Informed Care program, expressing an understanding of the programmatic effects upon youth who have experienced trauma and the staff that serve them. Such a statement shall include a self-assessment effort, modifications or elimination of a level system, elopement responses, limits on the use of restraints (See Seclusion and Restraint section below), environmental modifications, policy on body searches and any other area affected by traumatic experiences.

**Workforce Development** The Workforce Development P&P identifies how staff are recruited, oriented, trained, supervised, and provided ongoing learning opportunities. The Workforce Development P&P must identify agency strategies to retain personnel that meet performance expectations. The Workforce Development P&P must include quality assurance tracking to monitor whether each employee is receiving the applicable number of required training and supervision hours. The Workforce Development P&P must state the agency's commitment to meet all mandatory training requirements established in this RFP and the CAMHPS.

Crisis Prevention and Response

The Crisis Prevention and Response

P&P addressing youth and family crises including, but not limited to, training, programmatic supports, and therapeutic approaches, and details actions the agency implements in case of youth crisis. The Crisis Prevention and Response P&P should identify agency commitment that the contact of emergency response (i.e., police) is

limited to only those situations when imminent harm is present to self or others.

All Hazards Emergency Response Plan The All Hazards Emergency Response Plan must include a detailed operational plan for how the agency shall respond to natural and manmade disasters. The All Hazards Emergency Response Plan must detail how youth and staff shall be safely evacuated should that be warranted, how communication with CAMHD and the family shall be managed, and how consistent staffing shall be maintained during this time. Providers are required to collaborate with State and local agencies in the management of the emergency response.

**Resident Fund Management** The Provider must develop a Resident Fund Management P&P with detailed protocols for any monetary transfers between resident and agency.

**Resident Searches** If the Provider searches youth for contraband, it must maintain a Resident Search P&P that prohibits invasive search procedures and seeks to make searches as respectful and trauma-informed as possible.

Coordination of Care The Coordination of Care P&P must ensure the Coordination of Care services with other involved agencies or partners including other involved CAMHD Provider agencies, schools, child welfare agencies, juvenile justice personnel and agencies, QI health plans, community service Providers and organizations, and primary care Providers.

Fraud and Abuse Prevention. The Fraud and Abuse Prevention P&P must ensure that claims for payment are properly supported through appropriate documentation prior to submission to CAMHD. The Provider shall maintain policies, procedures, and compliance programs that assure clinical staff are trained on and review required documentation and billing practices. These programs must ensure that all clinical staff and/or subcontractors are supervised and routinely audited on these compliance practices by managers or other resources. The CAMHD shall employ national best-practice protocols for the identification of potential fraud or abuse in claims' submission through reviews of clinical billing practices. These prevention initiatives include thresholds in the electronic billing system that shall reject questionable or inappropriate claims, as well as reviews of reports that identify outliers to other established thresholds. The Provider shall cooperate fully in the analysis of such reports and to take appropriate action based upon the outcomes. Providers shall engage in similar internal compliance programs, are required to immediately report all potential issues to CAMHD, and to engage in initiatives to prevent fraud, waste, and abuse. <u>Client Rights and Grievances Process</u> The Client Rights and Grievances Process P&P shall protect client rights in accordance with CASSP principles and CAMHD Service Principles and Consumer Rights and Responsibilities (<u>See</u> Section 5, Attachment E, CAMHPS Appendix 26).

Incidents and Sentinel Events The Incidents and Sentinel Events P&P shall ensure the timely reporting of incidents and sentinel events occurring within the program. The Incidents and Sentinel Events P&P must be in accordance with the CAMHD Sentinel Event and Reportable Incidents Policy & Procedure (See Section 5, Attachment E, CAMHPS Appendix 20).

**Seclusion and Restraint** The Seclusion and Restraint P&P must be in accordance with the CAMHD's Seclusion and Restraint Policy and Procedure. (See Section 5, Attachment E, CAMHPS Appendix 24).

# 3. Quality Assurance and Evaluation Specifications.

The Provider must create and maintain internal Quality Assurance ("QA") systems for the delivery of services, and a plan for program assessment and continuous improvement. The agency QA program must be reviewed and revised at least annually, and must be supported by agency P&Ps. This QA policy is expected to align with CAMHD's principles and initiatives, to create a continuous quality improvement culture based on data.

**Quality Management Program**. The Applicant must describe in detail its internal Quality Management Program that assures compliance with all CAMHD standards including Medicaid requirements. The QA procedures must include a detailed work plan, identifying the designated person(s) responsible for maintaining QA processes. At a minimum, this plan must include:

- a. A description of the organization's vision, mission, values, goals and objectives.
- b. A description of how QA documentation shall be maintained and available for inspection and review.
- c. A description of how the organizational structure supports and supervises its QA processes and the internal mechanisms involved in internal quality monitoring, including:
  - 1) Scope of the Quality Management Program.
  - 2) Specific activities to be undertaken.

- 3) Description of quality indicators that are measured and tracking mechanisms.
- 4) Systematic process of quality assessment and improvement.
- 5) Evaluation of the continuity and effectiveness of the Quality Management Program.
- 6) Resources needed for QA activities.
- d. A description of the roles and responsibilities of organizational staff, youth, families, and direct Providers in maintaining quality.
- e. A description of how QA activities findings, conclusions, recommendations, and actions taken shall be documented and reported.
- f. Demonstration of an active QA committee(s).
- g. A description of how agency-level utilization review and management shall occur, including ongoing monitoring of census, community needs, and contractual obligations and referral rejections and ejections.
- h. A description of the following:
  - 1) Plan for ongoing credentialing and re-credentialing compliance.
  - 2) Plan for managing communication of youth's rights and responsibilities.
  - 3) Plan for service accessibility and availability.
  - 4) Plan for how records shall be maintained, including how confidentiality shall be ensured in compliance with all relevant State and Federal laws and regulations.
  - 5) Complete yearly evaluations of employees to assess knowledge of and compliance with intervention strategies.
- i. The Quality Management Program shall assure that the Provider shall notify CAMHD, parent(s) and/or legal guardian(s) of all sentinel events and reportable incidents as described in the CAMHD Sentinel Events and Reportable Incidents P&P 80.805 (See Section 5, Attachment E, CAMHPS Appendix 20). Any use of seclusion and restraint must be documented and tracked following the use of the most recent and current CMS accreditation requirements and CAMHD P&P 80.602 (See Section 5, Attachment E, CAMHPS Appendix 24).
- j. The Quality Management Program shall ensure there is a commitment to submit quarterly summary analyses of patterns and trends of quality improvement findings to CAMHD.

The Provider is required to ensure the provision of quality services, whether provided by Provider's employees and/or subcontractors.

All Providers are required to engage in and adhere to CAMHD's monitoring of administrative, fiscal, programmatic functions, and case-specific aspects of youth care.

CAMHD performance monitoring is based on indicators of youth and program safety and service quality including, but not limited to:

- 1) Sentinel Events and Reportable Incidents.
- 2) Stakeholder reports of performance including surveys, complaints, and grievances.
- 3) Compliance with CAMHPS.
- 4) Performance on practice standards set forth in the Case-Based Review Protocols.
- 5) Review of agency-reported performance data (as tracked through QAIP monitoring), outcome data tracked through Service Provider Monthly Treatment and Progress Summary ("MTPS") and CAMHD generated data, complaints, and sentinel event/incident reports).
- 6) All administrative and fiscal requirements of the contract.

The CAMHD may conduct scheduled and/or unannounced site visits and/or reviews of service. Unannounced site visits may be conducted during or outside regular business hours. The Provider and all direct care subcontractors are required to make all documentation available upon request by the CAMHD or its authorized agents, including, but not limited to, the MQD of the Department of Human Services ("DHS") or its authorized agents.

Contracted agencies providing treatment services are required to submit the required CAMHD documentation for billing, including the service Provider MTPS. Providers shall be responsible for the electronic submission of the MTPS into CAMHD's systems a minimum of five (5) working days prior to submitting billing claims. (Note: requirements for submitting billing claims are described in the Fiscal Billing Section of this RFP). The Provider must data enter the current MTPS before payment will be made for services. The current system access to submit this information is provided via secure logins distributed to specific Provider staff, with the current URL for the website is <a href="https://survey2.doh.hawaii.gov/mtps/login.asp">https://survey2.doh.hawaii.gov/mtps/login.asp</a>.

As discussed in the introductory section of this RFP, CAMHD has a commitment to improving our information system performance, and Providers must anticipate that some requirements and mechanisms for electronic submission of required billing and clinical note data such

as that on the MTPS shall be changing over the next several years as our information systems develop, in keeping with national standards. The system access and mechanisms for submitting this information are anticipated to change in future contract years, based on scheduled systems changes to be identified in future CAMHPS revisions.

# 4. Output and performance/outcome measurements.

Contracted agencies are required to collect, analyze, and report the following information on a *quarterly* basis. All Providers must submit quarterly reports of quality monitoring including analyses of performance trends through the Provider's OAIP. Quarterly reports shall include data with trend analysis in the quarterly reporting format provided by CAMHD. Quarterly reports shall be focused on a summary of findings and activities over the quarter including analyses of performance trends and patterns, discussion of significant findings, opportunities for improvement, and actions taken to impact performance in the following areas: sentinel events and incidents, clinical supervision, clinical documentation, supervision and training, as well as, QA committee agenda, minutes of QA meetings, highlights of QA findings and updates on any current improvement plans. Additionally, this quarterly report should include discharges, planned and unplanned (e.g., elopement), and to what type of care. The quarterly report must be sent directly to the CAMHD Performance Management Section, attention to the Performance Manager, within forty-five (45) days after the end of each quarter.

First Quarter: July, August, September
Second Quarter: October, November, December
Third Quarter: January, February, March

Fourth Quarter: April, May, June

# 5. Experience

Applicants with verifiable expertise and experience in serving a relevant population will be given some preference in the evaluation process.

To demonstrate expertise, an agency must provide evidence of training programs, supervisory logs, and other documents showing clinical and/or managerial expertise.

To demonstrate experience, prior agency performance in providing similar services shall be considered in the evaluation process. Applicants are strongly encouraged to identify all previous experience providing the services being proposed and to describe the performance of the agency in providing these services in detail, to include contract payer, results of contract monitoring reports, accreditation results, complaints,

grievances, and outcomes. The documents provided by the Applicant shall be used in the evaluation process, with particular attention given to the QA activities implemented based upon feedback or internal findings.

#### 6. Coordination of services

Providers are required to coordinate services with CAMHD's agency partners and with other CAMHD contracted service Providers to ensure optimal transitional supports for the youth and family being served.

Some types of care require specific formal coordination arrangements: Applicants for the CMO services contracts shall agree to execute a Memorandum of Understanding with whatever agency wins the contract for TCH services in their geographic area (solicited in a recent RFP) prior to the start of the contract. CMO workers must be able to arrange admission to a TCH bed for youth who meet admission criteria.

# 7. Reporting requirements for program and fiscal data

#### a. **Credentialing**

The Applicant is required to submit with the proposal, and maintain throughout the contract period, Credentialing P&Ps. The Credentialing P&Ps must also clearly identify scope over all subcontractors of the contracting agency.

The Provider is required to establish an e-mail address account specifically for its delegated Credentialing Specialist for direct communication with CAMHD's Credentialing Specialist in the Healthcare Systems Management Office ("HSMO").

All direct care personnel including subcontractors must be credentialed prior to providing direct services to any CAMHD youth, as defined in the CAMHD Credentialing and Recredentialing P&Ps. (See Section 5, Attachment E, CAMHPS Appendices 17, 18, and 19).

All Providers shall electronically submit a monthly credentialing status log to the CAMHD Credentialing Specialist by the 15th day of each month in Excel format as specified by CAMHD's Credentialing Specialist.

Providers must submit, in a format and schedule specified by CAMHD, individual staff and/or subcontractor credentialing files for CAMHD review, detailing the credentialing process and primary source verifications documents for all its direct care employees and/or subcontractors.

Providers shall furnish all of the above required credentialing data, reports, and corrective action plans, and any additional reports as requested, in writing, by CAMHD.

#### b. **Billing**

Providers with cost reimbursement programs (i.e., CMO or FFT) must submit to CAMHD Fiscal Section an annual budget in the format specified by CAMHD. Providers must submit to CAMHD HMSO and Fiscal Sections any corrective action plan and reports, as requested by CAMHD, on all billing audit and fiscal monitoring findings.

All cost reimbursement services shall require monthly expenditure reports, and detailed electronic encounter data (utilization) shall be submitted to the CAMHD HSMO and Fiscal Sections in the format specified by the CAMHD (based on the cost reimbursement method of pricing).

All Providers shall adhere to the CAMHD billing reporting requirements. Provider's submission must comply with the HIPAA and CAMHD, applicable Federal Medicaid, and Hawaii MQD's P&Ps for healthcare services billing.

Providers are responsible for planning, implementing, and maintaining their own information systems. Providers must also provide to CAMHD a functional e-mail address that can receive documents as well as notices and communications. CAMHD does not provide technical support for Provider information systems or e-mail.

Providers are required to have computer hardware that supports internet connectivity, internet services, and email, and maintain compliance with standards for employees and Providers with access to Electronic Protected Health Information ("ePHI"). Providers are responsible for maintaining all documentation and systems in compliance with the HIPAA and associated security standards. Please reference <a href="https://www.hhs.gov/hipaa/for-professionals/security/laws-regulations/index.html">https://www.hhs.gov/hipaa/for-professionals/security/laws-regulations/index.html</a> for further information. Providers are required to maintain a current and updated Security Risk Assessment ("SRA") for their information technology assets, and a System Security Plan ("SSP") for their EHR or Case Management System, in alignment with national best-practices for privacy and information risk mitigation. Please reference: <a href="https://www.healthit.gov/providers-professionals/security-risk-assessment-tool">https://www.healthit.gov/providers-professionals/security-risk-assessment-tool</a> for additional information. Further, under

DOH policy, all Providers are required to provide appropriately redacted copies of their SRA to the State for evaluation and assurance.

Those Providers billing electronically shall be required to meet all standards and requirements referenced in the CAMHPS version that is active at the time services are provided. CAMHD electronic billing systems and interfaces are anticipated to change over the course of the next few years, with the associated details posted and training provided in advance. Providers shall utilize electronic billing as the standard mechanism and paper billing requests may be granted on a limited case-by-case basis.

All Providers shall be required to provide detailed clinical and service- encounter-based case visit documentation to the CAMHD on demand, per services timeline expectations, and for further billing or quality reviews. This is to substantiate the appropriate documentation for proof of services, and to ensure quality of the care provided. Example documents may include, but are not limited to: MHTP, MTPS, Therapy Progress Notes, Treatment Team Meeting Notes, Mental Health Assessments, Summary Annual Assessments, Residential Treatment Center Shift Notes, Billing Invoices, and Daily/Weekly Census Reports. Once CAMHD electronic systems are modernized and notice given, Providers shall be required to submit these documents electronically via either: an electronic interface or Secure File Transfer Protocols ("SFTP") from the Provider systems, and/or via a login to a Stateoffered Provider Portal into the CAMHD system. Once this capability is made available and training provided, Providers shall be expected to supply CAMHD with this full set of case-specific documents electronically, to ensure State staff have the appropriate information to improve youth outcomes, case progress, and program compliance. Provisioned access to State systems requires compliance with, and audit of, the State defined Information Technology Acceptable Use Policy. CAMHD technical staff may provide additional training on request, and Providers shall ensure their staff are available on a regular, no less than annual, schedule to ensure appropriate system and billing procedures are followed.

Original monthly claims must be submitted within thirty (30) calendar days after the last day of each calendar month. All submissions and corrections must be properly received by CAMHD (electronic system or limited paper billing under written exception terms) ninety (90) days after the last day of the billing month. No claims shall be accepted by CAMHD standard after the ninety (90) day billing period.

Should a Provider have an issue and require billing for services beyond the ninety (90) day standard period, documented contact in the form of a written appeal for billing extension must be made to CAMHD (sent to Provider Relations for HSMO Billing Section approval) before the end of the ninety (90) day period or no extension shall be granted. The written billing extension appeals may be granted by CAMHD for an additional period up to one hundred eighty (180) days after the services date. No claims for services shall be accepted and paid by CAMHD after one hundred eighty (180) days, for any circumstances other than State errors.

#### c. Fiscal Data

The Provider shall submit an organization-wide fiscal audit in accordance with the following standards:

- 1) Generally Accepted Auditing Standards issued by the American Institute of Certified Public Accountants;
- 2) Government Auditing Standards issued by the Comptroller General of the United States;
- 3) Office of Management and Budget ("OMB") Circular A- 133 for State and local governmental agencies, if applicable; and
- 4) OMB Circular A- 128 for State and local governmental agencies, if applicable.

The fiscal audit must be conducted on an annual basis and submitted to the CAMHD Contracts Management Section within six (6) months after the close of the fiscal year.

All Providers must submit to CAMHD Fiscal Section any corrective action plan and reports, as requested by CAMHD, on all audit and fiscal monitoring findings.

All Providers are required to bill electronically and fully adhere to the CAMHD billing reporting requirements. Provider's submission must comply with the HIPAA and CAMHD P&Ps. Current Providers must contact Management Information Systems ("MIS") for submission instructions at (808) 733-9309, further information shall be made available electronically to the Providers.

# C. Facilities

Providers are expected to furnish their staff with the proper facilities and equipment needed to deliver the contracted services. In the case of IOH, space and facilities for the program shall be provided in a licensed and accredited hospital facility. Please see more detailed expectations in the relevant Service

Specific Standards in the 2018 proposed CAMHPS (<u>See</u> Section 5, Attachment D, CAMHPS Service Specific Standards)

#### **Telehealth Facilities**

Contracted agencies that wish to provide services via telehealth must meet a number of technical and clinical requirements. These are discussed in some detail in the CAMHPS General Standards (See Section 5, Attachment C, CAMHPS General Standards). Each agency is required to use one (1) single technical platform for all telehealth services delivered by the agency (e.g., Zoom, VSee, and Lync) The technical platform must allow full-screen bidirectional video and audio communication, sufficient for therapeutic use. The agency must ensure youth-serving staff training and support in the equipment and platform used.

Billing for this telehealth service must include clinical notation of the services as via telehealth and billing should include a telehealth modifier (e.g., -GT). Telehealth equipment must allow for audio and video transmission and receipt without noticeable issues of lagging audio and/or video. Provider agencies may choose to supply their technical equipment or communication services, to youth or families for telehealth service provision. The CAMHD Clinical Leads and/or the Clinical Services Office may require stricter terms for telehealth video size or video and/or audio quality, based on the particular needs of the youth.

A HIPAA compliant secure platform is required (with minimum 128-bit encryption), under a signed BAA with the telehealth technology service Provider. Copies of the BAA agreement and technical service details shall be supplied to CAMHD on request.

# 2.5 COMPENSATION AND METHOD OF PAYMENT

# 1. Pricing Methodology: Unit Cost

The method of pricing for some of the services requested in this RFP shall be on a unit cost basis, in accordance with the CAMHD Current Allowable Rates. The levels of care that are priced on a unit cost basis are listed in the table below. For the purpose of this proposal, the Applicant shall adhere to these allowable rates.

Level of Care	Unit Cost
IOH	\$286.00/Day
IIH, IILS, or ABI	MHP or QMHP:
	\$23.00/15 minutes
	Para:
	\$13.37/15 minutes

Psychosexual Assessments	\$43.13/15 minutes
Outpatient Services	Assessment: \$31.20/15 minutes Individual and Family therapy: \$23.40/15 minutes Group therapy: \$9.10/15 minutes

The unit rate is inclusive of all cost items whether they are direct or indirect when providing a service. For all services, there is no payment for wait time, no-shows, and/or cancellations.

Rates may be evaluated on an annual basis. The CAMHD anticipates an additional performance reimbursement factor may be applied on a quarterly or monthly basis in future years, subject to definition in the anticipated next iteration of the CAMHPS. This multifactor performance-driven reimbursement factor, based on predefined metrics of both high and low performance against standards, outcomes, quality, and operational measures, may be expected to apply as a performance bonus or penalty to any payments in potential future contract years.

# 2. Pricing Methodology: Cost Reimbursement

Unless otherwise specified, services described as "negotiated" are cost reimbursement. This includes the following two (2) services that are included in the current RFP:

- a. CMO
- b. FFT

The cost reimbursement pricing structure reflects a purchase arrangement in which the State pays the Provider for budgeted costs that are actually incurred in delivering the services specified in the contract, up to a stated maximum obligation. The proposal budget shall be prepared in accordance with Chapter 103F, HRS, Cost Principles, which can be found at: <a href="http://hawaii.gov/spo/spoh/for-private-providers/forms-and-instructions-for-private-providers-Applicants">http://hawaii.gov/spo/spoh/for-private-providers/forms-and-instructions-for-private-providers-Applicants</a>.

Budget line items are subject to review, approval, and acceptance by the State Purchasing Agency. After the first term of the contract or thereafter and based upon cost, utilization, and performance reviews, the CAMHD may change the cost structure to performance-based (unit cost) to ensure that the required performance quality levels are achieved and that total payment is related to the degree that services performed meet contract standards. Rates shall be negotiated based upon budget agreements, past expenditures, and the Provider's performance. The CAMHD anticipates a performance

reimbursement factor may be applied on a quarterly or monthly basis in future years, subject to definition in the anticipated next iteration of the CAMHPS. This multifactor performance-driven reimbursement factor, based on predefined metrics of both high and low performance against standards, outcomes, quality, and operational measures, may be expected to apply as a performance bonus or penalty to any payments in potential future contract years.

The cost reimbursement Applicant must submit a separate budget with accompanying justification budget forms for each service proposed. The following budget form(s) shall be submitted with the Proposal Application:

- a. SPO-H-205 Budget
- b. SPO-H-205A Organization-wide Budget by Source of Funds
- c. SPO-H-205B Organization-wide Budget by Programs
- d. SPO-H-206A Personnel Salaries and Wages
- e. SPO-H-206B Personnel Payroll Taxes, Assessments & Fringe
- f. SPO-H-206C Travel Inter-Island
- g. SPO-H-206D Travel-Out of State
- h. SPO-H-206E Contractual Services Admin
- i. SPO-H-206F Contractual Services Subcontractors
- j. SPO-H-206G Depreciation
- k. SPO-H-206G Depreciation
- 1. SPO-H-206H Program Activities
- m. SPO-H-206I-Equipment Purchases
- n. SPO-H-206J-Motor Vehicle

# Section 3

**Proposal Application Instructions** 

# Section 3 **Proposal Application Instructions**

# **General Instructions for Completing Applications:**

- Proposal Applications shall be submitted to the State Purchasing Agency using the prescribed format outlined in this section.
- The numerical outline for the application, the titles/subtitles, and the Applicant organization and RFP identification information on the top right hand corner of each page should be retained. The instructions for each section however may be omitted.
- Page numbering of the Proposal Application should be consecutive, beginning with page one and continuing through for each section.
- *Proposals shall be submitted in a three (3) ring binder.*
- *Tabbing of sections (Recommended).*
- Applicants must also include a Table of Contents with the Proposal Application. A sample format is reflected in Section 5, Attachment B, Sample Proposal Table of Contents.
- A written response is required for **each** item unless indicated otherwise. Failure to answer any of the items shall impact upon an Applicant's score.
- Applicants are **strongly** encouraged to review evaluation criteria in Section 4, Proposal Evaluation when completing the proposal.
- This form (SPOH-200A) is available on the SPO website (<u>See</u> 1.2 Website Reference). However, the form will not include items specific to each RFP. If using the website form, the Applicant must include all items listed in this section.

# The Proposal Application is comprised of the following sections:

- Proposal Application Identification Form
- Table of Contents
- Program Overview
- *Experience and Capability*
- Project Organization and Staffing
- Service Delivery
- Financial
- Other

# 3.1 Program Overview

Applicant shall give a brief overview to orient evaluators as to the program/services being offered.

# 3.2 Experience and Capability

#### A. Necessary Skills

The Applicant shall demonstrate that it has the necessary skills, abilities, and knowledge relating to the delivery of the proposed services.

# B. Experience

The Applicant shall provide a description of projects and/or contracts pertinent to the proposed services, including evidence of any particularly relevant expertise and training among staff and outcomes of past performance reviews.

The Applicant shall include points of contact, addresses, e-mail, and phone numbers for individuals with knowledge of the agency's relevant experience and performance quality. The State reserves the right to contact references to verify experience.

The Applicant shall show culturally competent expertise and experience working with, supporting and representing local families of children with emotional and/or behavioral challenges and/or developmental disabilities.

Evidence of expertise and experience shall be used in the evaluation process, with particular attention given to the QA activities implemented based upon feedback or internal findings.

#### C. Quality Assurance and Evaluation

The Applicant shall describe its own plans for QA and evaluation for the proposed services, including methodology. The Applicant's Quality Management Plan should include the information outlined above in Section 2.4, Scope of Work.

At a minimum, this plan must address and include:

- 1. A description of the organization's vision, mission, values, goals, and objectives.
- 2. A description of how QA documentation shall be maintained and available for inspection and review.

- 3. A description of how the organizational structure supports and supervises its QA processes, and the internal mechanisms involved in internal quality monitoring.
- 4. A description of the roles and responsibilities of organizational staff, youth, families, and direct providers in maintaining quality.
- 5. A description of how QA activities findings, conclusions, recommendations, and actions taken shall be documented and reported.
- 6. Demonstration of an active QA committee(s).
- 7. A description of plans for:
  - a. Ongoing credentialing and re-credentialing compliance;
  - b. Communication of youth's rights and responsibilities;
  - c. Service accessibility and availability;
  - d. How records shall be maintained; and
  - e. How yearly evaluations of employees shall be completed.

#### **D.** Coordination of Services

The Applicant shall demonstrate the capability to coordinate services with other agencies and resources in the community, including documentation showing evidence of the internal operational guidelines detailing the mechanisms that will be instituted to coordinate provision of services with schools, all child serving agencies, Primary Care physicians, and other CAMHD contracted Providers that may be working with the same child/family.

Applicants for the CMO programs shall agree to execute a Memorandum of Understanding with the TCH Provider in their geographic area which allows for the efficient admission of youth determined to be in need of crisis placement.

#### E. Facilities

The Applicant shall provide a description of its facilities and demonstrate its adequacy in relation to the proposed services. If facilities are not presently available, describe plans to secure facilities. Also describe how the facilities meet Americans with Disabilities Act ("ADA") requirements, as applicable, and the special equipment that may be required for the services.

The Applicant shall submit evidence of JCAHO, CARF, COA, or other comparable accreditation indicating Applicant is accredited. Evidence shall be submitted of applicable licenses as described in Section 2, Service Specifications. The Applicant shall have the applicable license in place prior to the submission of a proposal response to this RFP.

# 3.3 Project Organization and Staffing

# A. Staffing

# 1. Proposed Staffing

The Applicant shall describe the proposed staffing pattern as applicable including the client/direct line staff ratio, client/therapist ratio, supervisor/therapist ratio, and proposed program capacity appropriate for the viability of the services. (Refer to the personnel requirements in the Service Specifications in the 2018 CAMHPS, as applicable, <u>See</u> Section 5, Attachment D, CAMHPS Service Specific Standards).

#### 2. Staff Qualifications

The Applicant shall provide the minimum qualifications (including experience) for staff assigned to the program. (Refer to the qualifications in the Service Specifications in the 2018 CAMHPS, as applicable, See Section 5, Attachment D, CAMHPS Service Specific Standards). Specific information about the qualifications and experience of the QMHP overseeing the program shall be included in detail. The Applicant shall describe how the agency shall provide the required staffing in all areas of the geographic region proposed.

The Applicant must describe the capacity and protocols to provide oversight and management of service delivery. The Applicant must detail how they shall provide the necessary administrative, clinical and managerial infrastructure to support the provision of services, in accordance with this RFP and the CAMHPS.

The Applicant shall describe their workforce development strategy including an assessment of numbers of sufficiently trained personnel to provide the services, any barriers to the implementation of supervision and training, and strategies to support staff around issues of vicarious trauma and burnout. Applicant should also describe how tracking of training and supervision shall be maintained in each employee's personnel file, and that such documentation shall provided to CAMHD when requested.

Please note that the General Standards section of the 2018 edition of the CAMHPS (See Section 5, Attachment C, CAMHPS General Standards) describes some significant changes to the standards for credentialing of paraprofessional staff in Intensive Home-Based programs.

# **B.** Project Organization

# 1. Supervision and Training

The Applicant shall describe its ability to supervise, train, and provide administrative and clinical direction relative to the delivery of the proposed services. The Applicant shall designate an individual(s) responsible to provide training and supervision to personnel and/or subcontracted Providers in the evidence-based, trauma informed service components and other required training as specified by CAMHD in the CAMHPS and this RFP.

The Applicant must provide a specific supervision plan detailing how personnel shall be evaluated and supervised to ensure adherence to evidence-based services for populations as addressed in the proposal and as identified in the supervision requirements of the individual levels of care described in the CAMHPS. For licensed professionals, the Applicant must detail how these individuals shall be engaged and supported (with documentation maintained) for the peer supervision process.

The Applicant must describe the procedures for the maintenance and tracking of information for credentialing and re-credentialing of all employed and/or subcontracted staff.

# 2. Organizational Chart

The Applicant shall reflect the position of each staff and line of responsibility/supervision. (Include position title, name, and full-time equivalency). Both the "Organization-wide" and "Program" organization charts shall be attached to the Proposal Application.

# 3.4 Service Delivery

Applicant shall include a detailed discussion of the Applicant's approach to applicable service activities and management requirements from Section 2.4, Scope of Work, including (if indicated) a work plan of all service activities and tasks to be completed, related work assignments and/or responsibilities, and timelines and/or schedules.

The Applicant must identify the services that shall be provided. For each service, the Applicant must identify the services, the capacity for each service, and the geographic location to be served.

For each service, the Applicant must provide a description of the treatment model and how this is supported by evidence-based literature and best practice guidelines as outlined in the CAMHPS and by the CAMHD Evidence-Based Services Committee.

The Applicant must describe how they shall provide the proposed services in a timely and consistent manner, in compliance with the relevant standards, as specified in the CAMHPS. The Applicant must submit details of how the organization shall maintain sufficient capacity to ensure the provision of services proposed. The Applicant must detail how coverage shall be maintained during times of personal leave or turnover.

For each service, the Applicant must describe the expected outcome the proposed treatment shall produce. The Applicant must be sure to formulate those outcomes in clear and *measurable* terms. The Applicant must address how the proposed plan and services would support keeping youth within the least restrictive environment and within the home community.

The Applicant must provide performance indicators and a performance evaluation plan. In addition, the Applicant must provide empirical or other evidence that supports the Applicant's proposed positive behavioral interventions or strategies to produce the desired outcomes.

Applicants must describe how their internal QA practices are in alignment with the CAMHD performance management system and QA practices, including how service quality is internally monitored through tracking and analyses of trends and patterns. Applicants must describe how they shall partner and develop roles for youth and families in the monitoring and management of the agency, and how they shall actively partner in performance management activities with the broader service system.

The Applicant shall provide copies of required P&Ps and discuss how they are to be implemented including:

- A. HIPAA
- B. Credentialing
- C. Youth Engagement
- D. Family Engagement
- E. Cultural Competency
- F. Workforce Development
- G. Crisis Prevention and Response
- H. All Hazards Emergency Response Plan
- I. Resident Fund Management
- J. Resident Searches
- K. Fraud and Abuse Prevention
- L. Client Rights and Grievances Process
- M. Incidents and Sentinel Events
- N. Seclusion and Restraint

#### 3.5 Financial

#### **Other Financial Related Materials**

Applicants shall submit an annual organization-wide fiscal audit completed by an independent certified public accountant in accordance with Generally Accepted Government Auditing Standards as stated in the State cost principles. A copy of the audit, including a management letter issued by the auditor, shall be conducted on an annual basis and submitted to the State within six (6) months after the close of the organization's fiscal year to the CAMHD Contracts Management Section.

# A. Accounting System

To determine the adequacy of the Applicant's accounting system as described under the administrative rules, the following documents are requested as part of the Proposal Application (may be attached):

- 1. Most recent financial audit with management letter in order to make a determination as to the adequacy of an Applicant's accounting system.
- 2. The Applicant must describe its fiscal operating procedures for accurate tracking of the cost of related services provided for each youth served.
- 3. The Applicant must submit a P&P to ensure that claims and utilization data are properly supported through appropriate documentation prior to submission to CAMHD.

# B. Information System

The Applicant shall describe the organization's information system, inclusive of type of hardware, type of software, any plans for major changes, how recently current system was installed, and the capability of your staff to use the system. Describe the following:

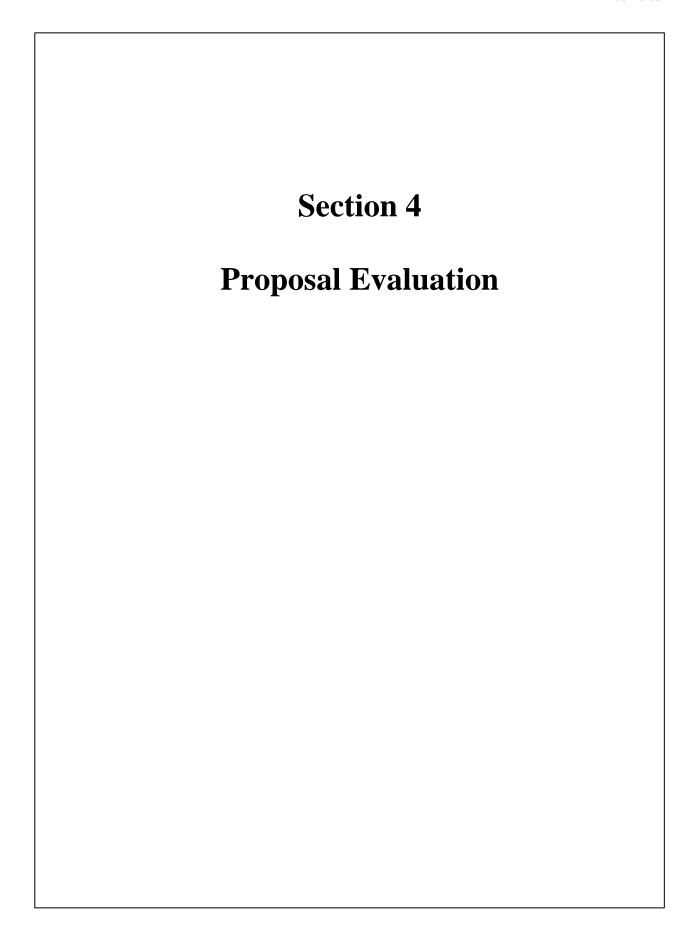
The process for resolving any differences that may occur between Child and Adolescent Mental Health Management Information System ("CAMHMIS") and the Applicant's computer system, such as;

- 1. Applicant's computer hardware. Is it Windows compatible? If it is not, provide the latest date by which compatible software shall be available;
- 2. How a youth is registered in the system, and
- 3. How the services provided by the organization are accounted for within the system.

# **3.6** Other

# Litigation

The Applicant shall disclose and explain any pending litigation to which they are a party, including the disclosure of any outstanding judgment.



# Section 4 **Proposal Evaluation**

# 4.1 Introduction

The evaluation of proposals received in response to the RFP will be conducted comprehensively, fairly, and impartially. Structural, quantitative scoring techniques will be utilized to maximize the objectivity of the evaluation.

#### 4.2 Evaluation Process

The Procurement Officer or an Evaluation Committee of designated reviewers selected by the Head of the State Purchasing Agency or Procurement Officer shall review and evaluate proposals. When an Evaluation Committee is utilized, the Evaluation Committee will be comprised of individuals with experience in, knowledge of, and program responsibility for program service and financing.

The evaluation will be conducted in three (3) phases as follows:

Phase 1 - Evaluation of Proposal Requirements

Phase 2 - Evaluation of Proposal Application

Phase 3 - Recommendation for Award

# **Evaluation Categories and Thresholds**

# **Evaluation Categories** Possible Points

# Administrative Requirements

Proposal Application	100 Points

* **	
Program Overview	0 points
Experience and Capability	35 points
Project Organization and Staffing	20 points
Service Delivery	36 points
Financial	9 points

#### TOTAL POSSIBLE POINTS 100 Points

# 4.3 Evaluation Criteria

#### A. Phase 1 - Evaluation of Proposal Requirements

# 1. Administrative Requirements

a. Proposal Application Checklist

- b. HCE Certificate
- c. Federal Certifications

# 2. Proposal Application Requirements

- a. Proposal Application Identification Form (Form SPOH-200)
- b. Table of Contents
- c. Program Overview
- d. Experience and Capability
- e. Project Organization and Staffing
- f. Service Delivery
- g. Financial (All required forms and documents)
- h. Program Specific Requirements (as applicable)

# **B.** Phase 2 - Evaluation of Proposal Application (100 Points)

**Program Overview:** No points are assigned to Program Overview. The intent is to give the Applicant an opportunity orient evaluators as to the service(s) being offered.

# 1. Experience and Capability (35 Points)

The State shall evaluate the Applicant's experience and capability relevant to the proposal contract, which shall include:

#### a. Necessary Skills

- 1) Demonstrated skills, abilities, and knowledge relating to the delivery of the proposed services. *[1 point]*
- 2) Thoroughly describes the history and relevant background of the agency and its professionals and staff, illustrating a strong commitment to CASSP principles, particularly youth guided and family centered care, community-based care, and culturally competency. [1 point]
- 3) Thoroughly describes the agency's vision, mission, and goals showing a commitment to serving and supporting the population in a manner consistent with CAMHD core values and commitments. [1 point]
- 4) Demonstrates a thorough understanding of the goals of the CAMHD through a specific description of how the agency and the proposed services shall assist the CAMHD in achieving the CAMHD's goals within the contract term. [1 point]

# b. Experience

- 1) Demonstrates that the agency's key clinical leadership personnel possess the knowledge, skills, and abilities to train, supervise, and monitor the delivery of the proposed services in accordance with the current evidence-based practice research. [5 points]
- 2) Thoroughly describes the history and relevant background of the agency and its professionals and staff, illustrating a strong knowledge and experience base with the evidence-based services for the proposed population. [1 point]
- 3) Demonstrates the agency's ability to provide and manage the proposed services in accordance with contractual obligations. Evaluation of this provision will include a specific review of the agency's performance monitoring results within the past three (3) years, as related to any services previously provided to the target population while under contract to the State. (Agencies are strongly encouraged to provide monitoring reports). [4 points]

# c. Quality Assurance and Evaluation

- 1) Demonstrates agency's operational plans to govern implementation critical components of the QAIP. [4 points]
- 2) Sufficiency of QAIP, including all required key elements as defined in the RFP. [5 points]
- 3) Demonstrates the agency's specific operational work plan to assure how the agency's QA shall be integrated throughout the program and with CAMHD's QAIP. *[5 points]*

#### d. Coordination of Services

Demonstrates the agency's commitment and capability to coordinate services with schools, other child serving agencies, primary care Provider and informal community programs and resources in the community. [4 points]

#### e. Facilities

Adequacy of facilities relative to the proposed services. Demonstrates the adequacy and viability of program space and facilities that allow for timely review of referrals, and delivery of proposed services. Residential treatment facilities have applicable licenses. [3 points]

# 2. Project Organization and Staffing (20 Points)

The State shall evaluate the Applicant's overall staffing approach to the service that shall include:

# a. Project Organization

- 1) Supervision and Training. Demonstrated ability to supervise, train, and provide administrative direction to staff relative to the delivery of the proposed services. [2 points]
- 2) Organization Chart. Approach and rationale for the structure, functions, and staffing of the proposed organization for the overall service activity and tasks. [3 points]

# b. Staffing

- 1) Proposed Staffing. That the proposed staffing pattern, client/staff ratio, and proposed caseload capacity is reasonable to insure viability of the services. *[3 points]*
- 2) Staff Qualifications. Demonstrates credentialing policy, internal protocols, and oversight that ensures minimum qualifications (including experience) of staff/clinicians/MHPs as guided by the CAMHPS requirements. [2 points]
- 3) Demonstrates a workforce development program that assures timely and effective recruitment, orientation, training, and supervision of MHPs, staff, and/or subcontracted Providers, relative to the delivery of the proposed services in accordance with the CAMHPS, and all aspects of the contract. [3 points]
- 4) Demonstrates a workforce development program that details how staff and subcontracted Providers shall be specifically trained and supervised regarding clinical practice in relation to evidence-based services, CASSP centered approaches, and evaluation of clinical outcomes. [2 points]
- 5) Degree to which the agency's Youth Engagement P&P details how youth and young adults shall be given roles across the agency to include voice in their specific care, monitoring and QA, management decisions, and various employment opportunities. [3 points]
- 6) Degree to which the agency's Family Engagement P&P details how family members shall be given roles across the agency to include voice in their specific care, monitoring and quality

assurance, management decisions, and various employment opportunities. [2 points]

#### 3. Service Delivery (33 Points)

# a. Need Assessment and Program Planning

Described how the proposed services are directly aligned with the core commitments and goals of CAMHD including evidence-based services; how youth/families shall enter the agency; how youth/families receive evidence-based services, services, and support; and discharge protocols. *[5 points]* 

# b. Service Description and Implementation

- 1) How the proposed services shall be evidence-based and shall build on the youth's and family's unique strengths, including mechanisms to assure that the youth and family are informed about evidence-based service options, guide their individualized service plan development and participate in the evaluation of treatment progress. [5 points]
- 2) Describe how Provider shall provide the proposed services in a timely and consistent manner, in compliance with the relevant standards, as specified in the CAMHPS. [4 points]
- 3) Demonstrates the agency's understanding of cultural and linguistic needs of the population and community to be served, including unique factors and supports within the proposed geographic region(s). How the proposed services shall build on the unique cultural values and linguistic needs of each youth and family within the proposed communities, including mechanisms to assure that the cultural and linguistic needs are addressed in each treatment plan.

[3 points]

4) How the proposed services shall support youth by considering the developmental stage of the proposed population, and general life skills strategies to support their growth and development.

[4 points]

- 5) Demonstrates the agency's commitment to least restrictive interventions and best practices including strategies to include youth in community based normalized social and recreational activities. [3 points]
- 6) Describes the agency's P&Ps for identifying, addressing and managing transitions, showing understanding of the complexity

of the needs and the need for collaboration and coordination. [3 points]

# c. Emergency/Crisis Capacity

Describes the agency's P&Ps for developing and evaluating individualized crisis plans. [3 points]

#### d. Referrals and Coordination

Evidence of support for this proposal from other child serving agencies, schools, Community Children's Councils, and community organizations from the community involved in the proposal. [3 points]

# 4. Financial (12 Points)

The State shall evaluate the Applicant's cost proposal(s) and description of the Applicant's overall fiscal operations that shall include:

- a. <u>Pricing structure based on fixed unit of service rate</u>

  Applicant's proposal budget is reasonable, given program resources and operational capacity. *[3 points]*
- **b.** Demonstration of the adequacy of accounting system and infrastructure to support electronic/manual billing requirements including a demonstration of the agency's ability to accurately track cost of related services by youth served. [3 points]
- c. Demonstration of the agency's financial solvency with submission of current (within twelve (12) months of application) financial audit and management letter. [3 points]
- **d.** Degree of competitiveness and reasonableness of cost budget. [3 points]

# **Methodology for Calculating Scores**

As a group, the Evaluation Committee will rate proposals solely against the criterion using the 0-5 point Likert scale (see Figure 1.) and in whole number (i.e. 1 or 2 and etc.). Each criterion has a weighted point (bracketed and in italic), and the sum of points for criteria in each evaluation category equals the total possible points or threshold for that category. The evaluation categories and thresholds are experience and capability (35 points), project organization and staffing (20 points), service delivery (30 points), and financial (15 points). There are no points assigned for program overview.

Figure 1. Likert Rating Scale

Not responsive	Unsatisfactor y	Less than satisfactory			Very satisfactory
0	1	2	3	4	5

Score will be mathematically calculated for each criterion by dividing the Evaluation Committee rating for the criterion on the 0-5 point scale by 5 (i.e. the highest possible score) and then multiplying by the weighted value of that criterion. For example, if the Evaluation Committee scored the first criterion at 5 points and the criterion had a weighted value of 3 points, the resulting score is 3 ((5/5)\*3=3). If the Evaluation Committee had instead scored the first criterion at 2, the resulting score is 1.2 ((2/5)\*3=1.2). The scores for each criteria will then be added to obtain a total score for each proposal. If all criteria received a perfect score of 5, then the total score for the proposal will be 100.

The total final score for each proposal shall then be ranked across Applicants in order of responsiveness to the RFP from the most advantageous to least advantageous, based on the evaluation of each proposal.

#### C. Phase 3 - Recommendation for Award

Each Notice of Award shall contain a Statement of Findings and Decision for the award or non-award of the contract to each Applicant.

# **Section 5**

# **Attachments**

Attachment A	Proposal Application Checklist
Attachment B	Sample Proposal Table of Contents
Attachment C	Draft 2018 Child and Adolescent Mental Health Performance Standards Part 1: General Standards
Attachment D	Draft 2018 Child and Adolescent Mental Health Performance Standards Part 2: Service Specific Standards
Attachment E	Draft 2018 Child and Adolescent Mental Health Performance Standards Part 3: Appendices

### **ATTACHMENT A**

### **Proposal Application Checklist**

Applicant:			RFP No.:	

The Applicant's proposal must contain the following components in the <u>order</u> shown below. Return this checklist to the State Purchasing Agency as part of the Proposal Application. SPOH forms are on the SPO website.

Item	Reference in	Format/Instructions Provided	Required by Purchasing Agency	Applicant to place "X" for items included in Proposal
General:		-	8 .	
Proposal Application Identification				
Form (SPOH-200)	Section 1, RFP	SPO Website*	X	
Proposal Application Checklist	Section 1, RFP	Attachment A	X	
Table of Contents	Section 5, RFP	Section 5, RFP	X	
Proposal Application		SPO Website*		
(SPOH-200A)	Section 3, RFP		X	
Hawaii Compliance Express Verification Certificate	Section 1, RFP	Hawaii Compliance Express SPO Website*	X	
Cost Proposal (Budget) As				
Required			X	
SPO-H-205	Section 3, RFP	SPO Website*	X	
SPO-H-205A	Section 3, RFP	SPO Website* Special Instructions are in Section 5	X	
SPO-H-205B	Section 3, RFP,	SPO Website* Special Instructions are in Section 5	X	
SPO-H-206A	Section 3, RFP	SPO Website*	X	
SPO-H-206B	Section 3, RFP	SPO Website*	X	
SPO-H-206C	Section 3, RFP	SPO Website*	X	
SPO-H-206D	Section 3, RFP	SPO Website*	X	
SPO-H-206E	Section 3, RFP	SPO Website*	X	
SPO-H-206F	Section 3, RFP	SPO Website*	X	
SPO-H-206G	Section 3, RFP	SPO Website*	X	
SPO-H-206H	Section 3, RFP	SPO Website*	X	_
SPO-H-206I	Section 3, RFP	SPO Website*	X	
SPO-H-206J	Section 3, RFP	SPO Website*	X	
<b>Certifications:</b>				
Federal Certifications		Section 5, RFP		
Debarment & Suspension		Section 5, RFP		
Drug Free Workplace		Section 5, RFP		
Lobbying		Section 5, RFP		
Program Fraud Civil Remedies Act		Section 5, RFP		
Environmental Tobacco Smoke		Section 5, RFP		
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<sup>\*</sup>Refer to subsection 1.2, Website Reference for website address.

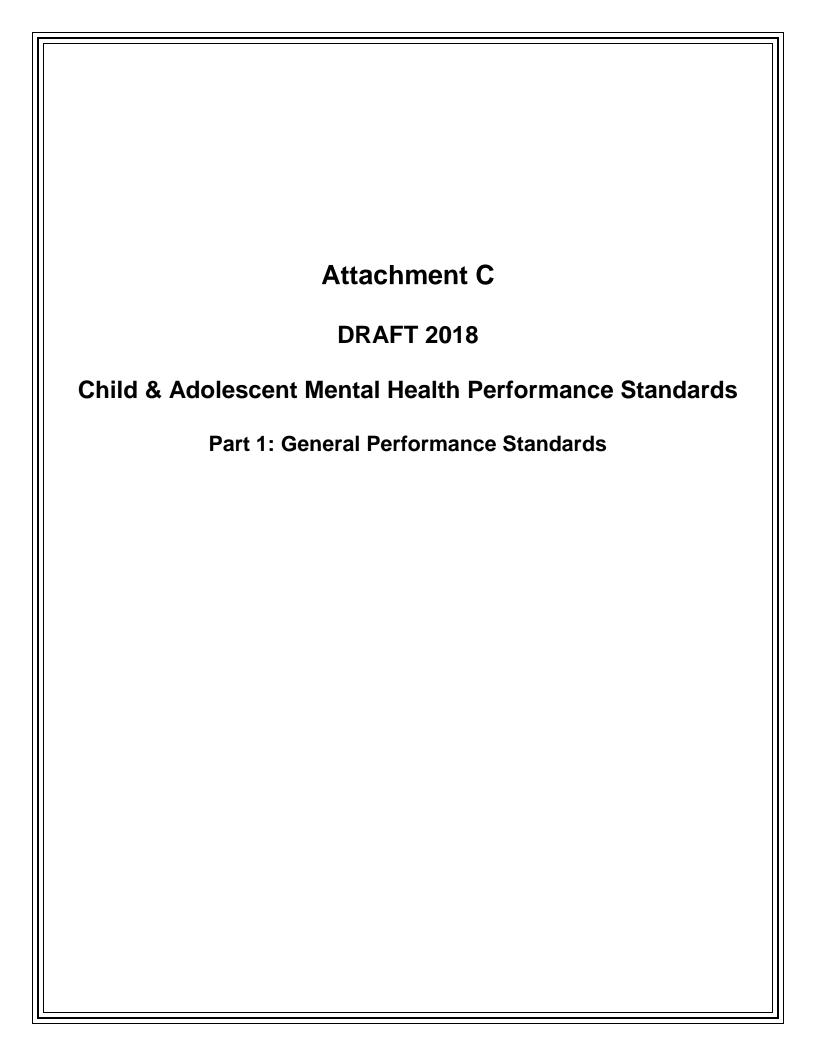


Organization:	
RFP No:	

### **ATTACHMENT B**

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### **SECTION I: GENERAL PERFORMANCE STANDARDS**

#### OVERVIEW

The General Performance Standards are requirements for all Child and Adolescent Mental Health Division (CAMHD) services, and apply to each of the specific services. They are set forth to guide effective practices in the delivery of behavioral health supports and services for eligible youth in the State of Hawai'i.

CAMHD reserves the right to amend this book in the future by adding new services or revising existing services as necessary to meet the needs of the youth of Hawai'i. Any changes that may occur in the future will be posted on the CAMHD website: http://health.hawaii.gov/camhd/. Additionally, CAMHD will periodically revise its policies and procedures to comply with department policies, changing laws, regulation and rules as required. All contractors will be notified of any policy and procedure change that may affect their operations.

#### A. CORE COMPONENTS OF CURRENT CAMHD SYSTEM

These core components underlie the values CAMHD strives to operationalize in its practices. The CAMHD expects the same commitment from contractors to support these components in their respective practices.

### 1. Commitment to the Hawaii CASSP Principles and the Provision of Inclusive Services

Nationally, the CASSP principles (Stroul, B.A. and Friedman, R.M., 1986) were developed in accordance with the original work of Jane Knitzer in an effort to provide a framework of principles for newly created systems of care. Early in the 1990s, Hawaii communities and stakeholders made minor language revisions to these CASSP principles to effectively address the relevant cultural issues as they presented in Hawaii. CAMHD is committed to the CASSP Principles (See Appendix 1) and expects the same commitment from contracted providers.

### 2. Commitment to Interagency Collaboration & Coordination

Most of the youth served by CAMHD attend public schools, and may be involved with the child welfare system, juvenile justice system, or other DOH Divisions, including Alcohol & Drug Abuse ("ADAD"), and Early Intervention Services ("EIS"). A large percentage of the CAMHD population is enrolled in one of the QUEST Integration Health plans and may receive special healthcare services. The CAMHD Care Coordinators (CCs) work with all other child-serving agencies to integrate services and programs across agencies in the best interest of youth and their families.

CAMHD works closely with our other state agencies through the Hawaii Interagency State Youth Network of Care (HISYNC) group. HISYNC meets monthly and brings together leaders from all the state child-serving agencies including: ADAD, EIS, the Department of Education's (DOE) School Based Behavioral Health (SBBH) and Community Children's Council (CCC), Child Welfare Services (CWS), Office of Youth Services (OYS), Med QUEST Division, Family Court/Juvenile probation, and Ohana Services, the Parent Partner service provider for CAMHD. HISYNC meetings provide opportunities for these groups to share and compare data about service system outcomes, and to discuss policy changes that could improve the system. There are several active HILYNC (Hawaii Interagency Local Youth Network of Care) groups that bring the same agencies together on a local/regional level. Providers who experience difficulties collaborating with one of these state child-serving agencies are encouraged to raise their

concerns with CAMHD leaders for discussion at HISYNC, and to attend their local HILYNC meetings.

### 3. Commitment to Evidence-based Practices

Mental health services provided within the CAMHD system are expected to be evidence-based. Interventions with youth or are meant to incorporate elements of those treatments identified as most promising based on credible scientific data. The proposed array of services provides a medium through which evidence-based interventions can be applied at high levels of intensity and in a variety of settings, depending on the needs of the youth. The CAMHD regularly reviews, summarizes, and disseminates relevant research data to support agencies in their selection and implementation of services. All treatment planning for psychosocial and pharmacological interventions should stem from careful consideration of the most current research. The following resources offer up to date summaries of the youth mental health treatment literature: (a) the evidence-based child and adolescent psychosocial intervention matrix from the American Academy of Pediatrics:(click on "The Blue Menu" link here: <a href="http://helpyourkeiki.com/how-can-i-learn-more-about-mental-health-concerns/">http://helpyourkeiki.com/how-can-i-learn-more-about-mental-health-concerns/</a>) and (b) the practices derived from the evidence base, organized by problem area (scroll to the "See What Works" sections within the specific links for the "Common Problems" page: <a href="http://helpyourkeiki.com/common-problems/">http://helpyourkeiki.com/common-problems/</a>)

In addition, agencies are encouraged to make data-based decisions throughout the entire treatment process. This might include gathering and evaluating CAMHD or agency-collected data on client outcomes and functioning to further inform clinical decisions and the design of appropriate interventions.

#### a. Definition of Evidence-Based Practice

CAMHD has required contractors to use evidence-based treatment approaches for many years, but there is still a lot of confusion about what this really means. In brief, evidence-based practices include all those treatment strategies and interventions for which observable, objective data exist demonstrating positive effects. Using evidence-based treatment means using interventions that have been shown to work. CAMHD contracted providers are expected to utilize data about an individual youth's progress along with the best available information about "what works" in planning and revising treatment. The data (or evidence-bases) showing the positive effects of mental health treatment practices can take one of four major forms, listed below in order of their relative strength. Information about the evidence base for various practices should be utilized throughout the course of treatment to make clinical decisions. Higher priority should be given to more reliable or stronger forms of evidence in making treatment decisions.

### i. General Services Research

General service research is data typically found in peer-reviewed scientific journals (e.g., in the form of randomized clinical trial outcomes), and summarized in reports such as the evidence-based child and adolescent psychosocial intervention matrix from the American Academy of Pediatrics:(click on "The Blue Menu" link here) <a href="http://helpyourkeiki.com/how-can-i-learn-more-about-mental-health-concerns/">http://helpyourkeiki.com/how-can-i-learn-more-about-mental-health-concerns/</a> and Practice Element Profiles in the latest CAMHD Biennial Report: <a href="http://helpyourkeiki.com/wp-content/uploads/2013/08/2009-Biennial-Report.pdf">http://helpyourkeiki.com/wp-content/uploads/2013/08/2009-Biennial-Report.pdf</a>. Defined this way, evidence-based practice can include large brand-named packaged protocols (e.g., Multisystemic Therapy), broad-based therapeutic approaches (e.g., Cognitive-Behavioral Therapy) and discrete clinical techniques or practice elements (e.g., Caregiver Psychoeducation). When there is limited or weak published research

evidence about a particular approach, but it appears promising, the strategy is often referred to as a "best practice."

### ii. Case-Specific Historical Information

Case-specific historical information is case-specific data from repeated clinical interactions in the form of standardized (e.g., Ohio Scales, CAFAS, BASC, ASEBA) or idiographic (individualized) assessment strategies (e.g., Treatment Progress Summary progress ratings, mood or SUDS ratings, etc.). The usefulness of such data increases as the number of routine assessment points increases over time, and the data can be displayed graphically to help demonstrate strategies that are helpful to an individual youth on a case-by-case basis. Examples of this evidence-base include data on the client-level dashboard that will be provided within the client's electronic health record via a CAMHD portal when it becomes available

### iii. Local Aggregate Evidence

Local aggregate evidence is case-specific data aggregated across numerous youth into meaningful composite units, such as treatment facilities. Such evidence includes not only positive clinical outcomes (e.g., a specialty facility may have high rates of success with youth with severe substance abuse concerns), but also critical incidents (e.g., a certain facility may have higher than average elopement rates, and care should be taken before youth at risk for elopement are placed there). These types of data are sometimes referred to as practice-based evidence. Examples of this evidence-base include data found on the provider-level dashboard that will be provided within the client's electronic health record via a CAMHD portal when it becomes available.

#### iv. Causal Mechanism Evidence

Memory, judgment, and the professional knowledge of team members regarding the various causal mechanisms associated with the developmental psychopathology and treatment trajectory associated with a youth can be used to guide treatment. Many times, such expertise is sought to help construct interventions for youth who have received empirically supported treatments but have not yet met treatment goals. Say for example, that a team has an agreed-upon case conceptualization that a youth's treatment for her trauma is not progressing adequately because the youth has an overall poor sense of control over her environment. Therefore, in addition to exposure-based strategies, the team recommends that extra care should be taken for cognitive restructuring and parenting strategies that help the youth exert personal control over her environment. Given potential information-processing biases and other concerns associated with human memory and judgment, care should be taken when relying on this evidence-base and the other forms of data above should first be strongly considered.

As outlined above, the term "evidence-based practice" extends well beyond brand-name packaged programs such as Multisystemic Therapy and Functional Family Therapy. The term "evidence" can and should take on many forms and exists within a broader culture of data-based decision making. CAMHD is committed to developing resources to support families in becoming informed consumers of mental health services. As a result, CAMHD encourages providers to direct clients and families to the Help you Keiki website (<a href="http://helpyourkeiki.com/">http://helpyourkeiki.com/</a>) to learn more about evidence-based practices.

### 4. Commitment to Ethical Service Delivery

The CAMHD is committed to providing services in an ethically upstanding manner, consistent with the ethics codes of the American Psychological Association, National Association of Social Workers, American Psychiatric Association, and those of other national organizations relating to

the provision of mental health services. The CAMHD employees and contractors are expected to provide services in a non-discriminatory manner, consistently maintain appropriate professional boundaries, regularly seek informed consent, and respect the youths' and families' rights, prioritizing the benefits to the client of any therapeutic intervention over personal or professional gain.

The CAMHD maintains commitment to serving all eligible youth, regardless of race, ethnicity, national origin, religion, culture, sex, sexual orientation, gender identity and expression, and disability. The CAMHD and its contractors continually strive to provide eligible youth and families with services sensitive to and nurturing of each individual and youth's and family's identity, language and culture. Services are to be provided in a youth and family centered culturally appropriate manner, and inclusive of the youth's preferred name and pronoun (See Appendix 2 – Non-discrimination policy)

### 5. Commitment to Quality Improvement

The CAMHD is committed to ongoing evaluation of performance, compliant billing practices, and the use of data to improve provider and CAMHD system development. Its quality improvement practices involve an extensive system for examining performance and using findings to make informed decisions about services and needed adjustments to program implementation. The CAMHD tracks and analyzes performance data across all aspects of service delivery and care. CAMHD uses this information to determine how well the system is performing for youth, how well contracted providers are serving the youth and how well youth are progressing. It is sensitive enough to determine if the system is performing better or worse for certain populations, and comprehensive enough to detect what aspects of care, and in what settings, problems may be occurring. Services are monitored through tracking of trends and patterns found in utilization, outcome and satisfaction data, and examinations of practice and quality of services.

Additionally, CAMHD is committed to the development of a health information systems in alignment with healthcare policies at the National level. Since these policies can change frequently, contracted providers at the expected to comply with new billing and documentation practices as they develop. Developments are aimed at the long-range goal of a centralized electronic health record, efficient and immediate information sharing, real time data for a variety of state array indicators (i.e. census, utilization, sentinel events, demographics, credentialing, etc.) and efficient billing of services that is compliant with national requirements. CAMHD expects to introduce many improvements to its information system over the proposed contract period, and contractors will be expected to cooperate with the implementation of these improvements.

### 6. Commitment to Information System Performance

CAMHD is committed to the development of health information systems as tools to improve youth services. These systems are developed in alignment with healthcare policies at the National level. Since these policies can change frequently, contracted providers are expected to comply with new federal and state-required billing and documentation practices as they develop. CAMHD system developments are aimed at the long-range goal of a paperless care system, a centralized electronic health record, efficient and immediate secure information sharing, availability of real time data for a variety of state array indicators (i.e. census, utilization, sentinel events, demographics, credentialing etc.), and efficient billing of services in compliance with national requirements and standards. CAMHD expects to introduce many improvements to information systems over the proposed contract period, and contractors will be expected to cooperate with the scheduled implementation of these improvements. Providers will be expected to adjust the schedules, systems, and formats by which they send administrative,

clinical, and billing documentation to CAMHD with these system changes. These systems changes are to reach the goal of near-real time availability of information for decision-making by those providing services to specific youth, and managing the CAMHD systems of care a a whole.

### 7. Commitment to Continuity of Care

The CAMHD has the belief that every child/youth is capable of recovery and resiliency. CAMHD seeks to promote individualized care which empowers youth and their families to achieve their goals, and maximizes their opportunities to live full lives in their own communities. The CAMHD is committed to the philosophy of providing treatment at the most appropriate and least restrictive level of care necessary for effective and efficient treatment to meet the youth's biopsychosocial needs. We see the continuum of care as a fluid treatment pathway, where youth may enter treatment at any level and be transitioned to more or less intensive levels of care as their changing clinical needs dictate. At any level of care, such treatment type of care should be individualized and should take into consideration the youth's stage of readiness to change and participate in treatment.

Medical Necessity criteria will dictate the admission, continuing stay and discharge criteria for each service CAMHD provides. While these criteria are designed to assign the most effective and least restrictive level of care in nearly all instances, an infrequent number of cases may fall beyond their definition and scope. Thorough and careful review of each case, including consultation with CAMHD Center Clinical Lead, will identify these exceptions. As in the review of other cases, clinical judgment consistent with the standards of good medical practice will be used in making medical necessity determinations.

Medical necessity decisions about each youth are based on the clinical information provided by the treating practitioner or facility, the application of the medical necessity criteria and available treatment resources. We recognize that a full array of services is not available everywhere. When a medically necessary level of care does not exist or is not available, we will authorize a higher than otherwise necessary level of care so that services are available that will meet the youth's essential needs for effective treatment.

CAMHD is committed to treating youth in the least restrictive environment. This includes utilizing out-of-home locations that are near their families if they can't be appropriately treated in their family home. Nonetheless, there are a few specialized situations that warrant sending youth to specialized treatment facilities out of state. These situations are utilized only when CAMHD cannot provide for the youth's needs in Hawaii, and only with careful consideration by the treatment team and approval by the CAMHD Medical Director. Out of state treatment is utilized only until the youth can be safely returned to Hawaii to continue their treatment at home near or within their family home. CAMHD does not place young adults (those over 18 years old) in out-of-state residential programs.

### 8. Commitment to Providing Medically Necessary Services

CAMHD as a Medicaid Provider may only authorize treatment that is Medically Necessary and will use this definition of Medical Necessity to guide its service delivery:

- a. The medical goods or services provided or ordered must:
  - i. Be necessary to protect life, to prevent significant illness or significant disability;
  - ii. Be individualized, specific, and consistent with symptoms or confirmed diagnosis of the illness under treatment, and not in excess of the enrollee's needs;
  - iii. Be consistent with generally accepted professional medical standards as determined by the Medicaid program, and not experimental or investigational;

- iv. Be reflective of level of service that can be safely furnished, and for which no equally effective and more conservative or less costly treatment is available statewide, **and**
- v. Be furnished in a manner not primarily intended for the convenience of the enrollee, the enrollee's caretaker, or the provider.
- b. "Medically necessary" or "medical necessity" for hospital services require that those services furnished on an inpatient basis could not, consistent with the provisions of appropriate medical care, be effectively furnished on an outpatient basis.
- c. The fact that a provider has prescribed, recommended, or approved medical or allied goods, or services does not, in and of itself, make such care, goods or services medically necessary or a medical necessity.

### 9. Commitment to Clinical Excellence and Co-management of Care

To ensure clinically appropriate, effective and efficient treatment is provided, CAMHD maintains clinical oversight of each youth served. Upon enrollment at a Center, each youth is assigned a "team" of mental health professionals which consists of a Care Coordinator (CC) and a Clinical Lead (CL), moving forward referred to as the Center Team. The Center Team works together with families, providers and other stakeholders to promote wellness and assure the highest quality care for the youth they serve.

#### a. Clinical Lead

Within each Center, either a Clinical Psychologist or a Child Psychiatrist serves as the Clinical Lead (CL) on a youth's Center Team. CL's are responsible for providing clinical case formulation, treatment direction and service authorization via collaboration and consultation with the youth's assigned Care Coordinator and contracted service provider over the course of a youth's care.

Clinical Leads begin a youth's care by determining their eligibility into CAMHD. Frequently, CL's will perform a youth's Initial Mental Health Evaluation (IMHE) and use those findings to make their eligibility determination. Other times, a CL will review an evaluation written by a non-CAMHD clinician and perform a functional assessment to determine eligibility.

The Clinical Lead documents the broad direction of treatment for each assigned youth using a Clinical Management Plan (CMP). The CMP is initially based on the Initial Mental Health Evaluation (IMHE) and is updated it to reflect changes in the direction of treatment over time. The CMP outlines the major areas of focus for the proposed treatment and serves as the clinical insert to the youth's Coordinated Service Plan (CSP). Service providers are expected to utilize ideas from the CMP in developing their Mental Health Treatment Plans (MHTP).

The Clinical Lead's co-management of a youth's care is ongoing throughout treatment with CAMHD. Co-management includes direct communication between the CL and service provider and/or their supervisor to obtain information about the status of the youth in treatment as well as consult and collaborate to develop individualized and clinically indicated treatment and crisis plans. In addition, CL's and CC's work together to understand all the systems and issues impacting a youth's therapeutic progress to facilitate proactive and effective treatment planning for the youth they serve. To accomplish this, on a regular basis, the CL reviews each youth's case with the CC at a minimum, once a month. This case review process helps to assure that the services are appropriate to address the youth's identified needs and that they meet "medical necessity" criteria.

### b. Care Coordinator

The Care Coordinator (CC) is the case manager on the youth's Center Team who promotes family and youth engagement in treatment, facilitates access to services and provides interagency collaboration and coordination to ensure timely, appropriate and integrated service delivery.

Upon enrollment, a youth's CC serves as the main point of contact for family members and other stakeholders in a youth's life such as school officials, probation officers, and service providers. CC's establish rapport with families via psychoeducation, system navigation assistance as well as modeling and guidance to empower parents to advocate for their child's best interests in a variety of interagency settings.

Care coordinators work collaboratively with other child serving agencies to develop a Coordinated Service Plan (CSP) that outlines all pertinent parties involved with the youth and family, each entity's goals, strategies and plans. The initial CSP, however, is developed in the Welcome Meeting with the CL, CC and family present with the purpose of determining treatment direction and the appropriate service for the family. The CC is responsible for making the referral to the provider agency in a timely manner to ensure service delivery within thirty (30) days of eligibility determination, or immediately if the youth has immediate needs. Within thirty (30) days of the Welcome Meeting, the CC is responsible for convening a full CSP meeting with all stakeholders at the table. Contractors are expected to participate in the CSP development and meetings when they are involved with the youth.

The CC maintains contact with the family and providers monthly to facilitate the integration, coordination, and monitoring of behavioral health services. Quarterly CSP meetings are arranged by the CC to ensure that all parties involved are working together congruently and in the best interest of the child. The CC is responsible to bring CSP team updates and other pertinent information related to the youth and family to the attention of the CL via the case review process so adjustments can be made as needed and medical necessity can be assessed.

#### c. Co-management

CAMHD youth and their families receive most of their direct clinical services from contracted provider agencies, based on the performance standards included in this manual. The services provided should reflect the best clinical thinking of both the direct service providers and the CAMHD-assigned Center Team of the Clinical Lead (CL) and the Care Coordinator (CC). The provider and CAMHD should work together to develop a clear formulation of the youth and family difficulties, and to pursue optimal outcomes.

Although the Center Team maintains authority over decisions about authorizing treatment including the type of care, number of hours, etc., the youth's treating therapist and his/her supervisor maintain authority over the clinical choices made in the work day to day with the youth and family. The Center Team gathers ongoing information from the provider about the youth's clinical presentation, strengths, problematic events, and response to treatment interventions to help inform decisions about treatment authorization. The Clinical Lead's consultation may help the team consider different treatment options and suggest ways to improve the ongoing therapeutic approach.

Providers are responsible for coordination of services provided within their agency and for maintaining regular communication with the CL and CC. Coordination and communication are particularly important in settings where there are multiple staff providing services for a youth. Contractors are also expected to coordinate efforts with the youth's school and

community settings. Ongoing engagement, communication and coordination with families are a necessary practice as families are an integral part of the therapeutic process..

### d. Threshold

The CAMHD analyzed its own local data to determine appropriate length of stay guidelines for each service in its array. By using local aggregate outcome data as entered by CAMHD and its providers, CAMHD has determined the point in treatment at which youth, on average, stop showing significant improvements in their clinical progress. Information about these time frames for each type of care are stated in the service re-authorization section for each service specific standard.

CAMHD analyzed the Child and Adolescent Functional Assessment Scale (CAFAS) and Monthly Treatment and Progress Summary (MTPS) data from the past five years to determine the time frame in which the majority of youth showed maximum improvement based on these measures. This time frame is provided to guide service authorization decisions, based on available data, but are not meant to be an absolute end point in any treatment service. Treatment must have ongoing review by the CL to ensure the youth will continue to benefit from further treatment. As CAMHD continues to use data to improve its practices and inform clinical decision making, the use of a secondary review may be necessary if supported by data and will be implemented to ensure effective and efficient service delivery.

### **B. ELIGIBILITY**

CAMHD is committed to providing timely services, individualized planning and access to an array of services. CAMHD services, whether they are delivered by employees or contracted providers, are expected to be initiated and provided in a timely and consistent manner, as guided by the standards and practice guidelines defined in this manual.

### 1. Eligibility Criteria

CAMHD serves Hawaii youth with "high need" for mental health treatment services, sometime referred to as youth who have Severe Emotional and Behavioral Disturbances (SEBD). To be eligible, youth must:

- a. Meet criteria for a mental health diagnosis as determined by a Qualified Mental Health Professional (QMHP).
  - i. The diagnosis must be listed in the Diagnostic and Statistical Manual of Mental Health Disorder, 5<sup>th</sup> Edition (DSM5)
    - 1. Substance Use Disorders on their own do not qualify youth for CAMHD services, but they can co-occur with a psychiatric disorder.
    - 2. Youth who have moderate to severe Developmental Disabilities are not eligible for CAMHD services, but those with mild Developmental Disorders that co-occur with a psychiatric disorder may qualify.
- b. Demonstrate significant functional impairment. This means the youth is showing significant difficulties functioning in several life domains.
  - i. CAMHD uses the Child and Adolescent Functional Assessment Scale (CAFAS) to determine whether youth meet this criterion.
- c. Be funded by one of the following:
  - i. Their QUEST-Integration insurance or

- ii. Office of Youth Services (OYS) through a referral from their probation officer or and Director of OYS staff or
- iii. Special Education/General Funds through a referral by their DOE Individual Educational Program (IEP) Team or
- iv. By qualifying for a special CAMHD grant project. Current projects offering free services for qualified youth include:
  - 1. Kealahou Services for girls on Oahu who have experienced significant trauma or
  - 2. On Track Hawaii program for youth and young adults who have a psychotic disorder

More information about these grant funded programs and their admission criteria can be obtained by calling the CAMHD Clinical Services Office (808-733-9856).

### 2. Eligibility and Co-occurring Disorders

Many youth receiving services from CAMHD have mental health disorders that co-occur with substance abuse, mild intellectual impairments, secondary diagnoses of developmental disorders, or medical impairments (e.g. blindness, deafness, diabetes, etc.) The presence of co-occurring disorders is assessed with all youth at the point of initial assessment, as well as routinely during the course of ongoing treatment. CAMHD does not provide services that are appropriate for youth with moderate or severe intellectual disabilities or severe autism spectrum disorders. Youth with mild intellectual disabilities and pervasive developmental disorders that are co-occur with a diagnosed mental health disorder may be eligible for CAMHD in-home supports and treatment services.

It is required that all contractors will provide integrated treatment for co-occurring substance abuse disorders and mental health treatment with appropriate accommodations for youth with medical impairments.

### 3. Application

Application forms for CAMHD Services are available on the CAMHD website <a href="http://health.hawaii.gov/camhd/family-guidance-center-forms/">http://health.hawaii.gov/camhd/family-guidance-center-forms/</a> and from every Family Guidance Center (FGC). There is a special version of the application form for use by the Department of Education (DOE) to refer Special Education students who may be eligible for CAMHD because of their IEP. All DOE referrals for non-QUEST youth must include an Emotional-Behavioral Assessment or other diagnostic evaluation.

A parent or legal guardian must sign a consent form agreeing to have their child evaluated to determine their eligibility for CAMHD services. The form is included as part of the application along with a form to allow inter-agency release of information if needed. Any family interested in applying for CAMHD services can get help completing the form through their local FGC. Applications should include an existing Mental Health Evaluation that is less than twelve (12) months old when one is available to help expedite the process.

### 4. Enrollment

The intake process for new applications are coordinated by the Mental Health Supervisor(s) (MHS1s) in the local FGC. The MHS1 will conduct a brief phone or in-person interview with the parent/guardian requesting services in order to gather basic information about the youth and the help being sought. When appropriate, the MHS1 will schedule a Mental Health Evaluation, with one of the Center's Clinical Leads or with an outside provider to determine an initial working diagnosis and to assess functional impairment. Referrals from IEP Team must be accompanied by an evaluation with a mental health diagnosis within the past twelve (12) months. Once an

adequate Mental Health Evaluation is available, the Clinical Lead uses the information to assess functional impairment of the youth to make an eligibility determination, and completes the enrollment process. Those youth who are eligible are assigned to a Care Coordinator and a Clinical Lead, and parents/guardians are contacted to begin CAMHD services with a Welcome Meeting. For youth who are not found eligible, parents are contacted and informed of the decision. They are provided information both about the CAMHD appeals process in the Denial of Services, Appeals & Med Quest Hearing Process P&P 80.604 (See Appendix 3) and about alternative ways to get help for their child.

### 5. Use of Telehealth to improve Access in Remote Areas

Telehealth technology may be used to help deliver needed services by MHPs or QMHPS to remote areas when travel distances and costs make in-person delivery impractical. All services provided by telehealth shall be consistent with Hawaii Revised Statute 226 (2016), CMS regulations, and MedQUEST guidelines. In general, telehealth services shall be used to serve families within an agency's contracted geographic area. When necessary, coverage by the contracted agency's staff on another island may be provided via telehealth. The family/youth must agree to the use of telehealth services, and necessary equipment and telecommunications services must be available to them. If the family/youth do not agree to the use of telehealth, services must be provided in-person only.

Telehealth service delivery must be clinically appropriate as evidenced by the CAMHD Clinical Lead's approval thru incorporation of telehealth on the youth's Clinical Management Plan (CMP). The Clinical Lead may modify the plan for telehealth use based on service effectiveness or outcomes. Some aspects of the treatment plan may be better suited to the use of telehealth than others. For example, parenting skills work with a parent may work well whereas play therapy with a young child probably will not.

In most cases, there should be an initial in-person meeting with the youth and family to plan future services and discuss use of telehealth. This may also be the "pre-admission meeting" and include the Care Coordinator and/or the Clinical Lead. Following this, direct services may include use of the telehealth modality for the majority or even all of the clinical contacts. However, the FGC Clinical Lead may set case-specific requirements for an increased proportion of onsite services to ensure good youth outcomes. The provider therapist must detail the plan for telehealth use on the MHTP and discuss it in treatment team meetings. The provider agency's supervising QMHP is expected to oversee some portion of direct telehealth services via "sitting in" virtually on youth visits. The provider agency QMHP and MHP conducting telehealth services are required to have training in therapeutic service delivery via telehealth.

<u>Telehealth facilities.</u> Contracted agencies that wish to provide services via telehealth must meet a number of technical requirements. Each Agency is required to use one single technical platform for all telehealth services delivered by the agency (examples: Zoom, VSee, Lync, etc.) The technical platform must allow full-screen bi-directional video and audio communication, sufficient for therapeutic use. The agency must ensure youth-serving staff training and support in the equipment and platform used.

Billing for this service must include clinical notation of the services as via telehealth, and billing should include a telehealth modifier (e.g. -GT). Telehealth equipment must allow for audio and video transmission and receipt without noticeable issues of lagging audio/video. Provider agencies may choose to supply their technical equipment or communication services, to youth or families for telehealth service provision. The CAMHD Clinical Leads and/or the Clinical

Services Office may require stricter terms for telehealth video size or video/audio quality and inperson provision, based on the particular needs of the youth.

A HIPAA-compliant secure platform is required (with minimum 128-bit encryption), under a signed Business Associate Agreement (BAA) with the telehealth technology service provider. Copies of this agreement and technical service details shall be supplied to CAMHD on request.

#### C. EVALUATIONS

Clinical Evaluations of youth are vital to the development and implementation of effective treatment plans for youth with complex needs. At the same time, overly lengthy or complex assessment procedures can interfere with the timely provision of services and undermine the treatment process. Within CAMHD's system, there has been an attempt to strike a balance between thoroughness and timeliness of mental health evaluations. Individualized decisions about the need for in-depth testing and data collection guides the process. Evaluation reports provide integrated clinical formulations of the youth's strengths and difficulties that can provide guidance for treatment planning. Recommendations describe and address the strengths and needs of the youth and detail treatment targets and intervention strategies without specifying a particular service, service provider or program.

### 1. Initial Mental Health Evaluations

When families first apply for CAMHD services for a youth, they may be referred to a CAMHD Clinical Lead or contracted service provider for an Initial Mental Health Evaluation (IMHE) if no diagnostic evaluation is available from previous mental health providers. These evaluations are specifically designed to provide a picture of a youth's presenting symptoms, diagnosis, strengths, needs, and environment, so that decisions can be made regarding the most effective treatment interventions, including decisions about the youth's eligibility for CAMHD services. Evaluations are part of the set of information that is used in planning strategies for treatment interventions, and are necessary prior to initiation of any treatment. IMHE reports are completed using the IMHE template (See Appendix 4) and provide information about the youth's developmental course, family history, trauma history, school functioning, social roles, substance use, psychiatric and medical history, current diagnoses, and recommendations for treatment within the context of an integrated clinical formulation. The Child and Adolescent Functional Assessment Scale (CAFAS) or Preschool and Early Childhood Functional Assessment Scale (PECFAS), and the Youth and Parent report versions of the Ohio Scales are to be included in the evaluation to inform treatment recommendations. CAFAS ratings are integrated into the IMHE template.

The IMHE is designed to be completed in a relatively brief period of time, based on around two hours of interview time with the youth and caregiver(s). The IMHE template utilizes checkboxes and drop-down menus in lieu of paragraphs of complex text in order to expedite the production of the written report. Some youth who enter CAMHD based on this somewhat cursory evaluation will need additional mental health evaluations to guide treatment. In this case, the treatment team may refer for additional evaluations such as a General Mental Health Evaluation.

### 2. General Mental Health Evaluation

At any point in a youth's treatment when the Clinical Lead and/or the treatment team has additional questions about a youth's diagnosis, clinical formulation, treatment needs, etc., a General Mental Health Evaluation (GMHE) may be authorized and conducted. As part of the GMHE, more extensive Psychological Testing may be performed when there is a clear need for

additional data to answer referral questions or clarify diagnoses. Psychological Testing is only performed as part of a GMHE and is described in the evaluation report. A separate authorization for psychological testing is required.

CAMHD may also conduct or contract for a GMHE when there is a specific clinical question to be addressed or when treatment has been unsuccessful and a clearer formulation of the youth's difficulties is needed. All recommendations incorporate youth/family strengths, are evidence-based, and are based on the identified needs of the youth

### 3. Summary Annual Evaluation

To remain eligible for CAMHD services, youth must have an annual evaluation to establish that they still have a qualifying diagnosis and to determine his/her ongoing need for intensive mental health services. All contracted service providers must perform a Summary Annual Evaluation (SAE) as specified in the specific level of care standard for CAMHD youth in their care at the time the annual evaluation is due. The contractor is obligated to perform this evaluation for CAMHD youth who have received at least three (3) months of services from the contractor. The SAE addresses significant changes, current status, confirms diagnosis and consequent recommendations. Contractors utilize the SAE template CAMHD has developed for this evaluation (See Appendix 5).

### 4. Psychosexual Assessment

CAMHD contracts with specialists in juvenile sexual offending to provide Psychosexual Assessments. These assessments shall be provided, as needed, for any registered CAMHD youth who is arrested, charged or adjudicated for a sexual offense. This assessment is a specialized evaluation that identifies the youth's needs in the specific context of sexually deviant behaviors. The assessment is designed to build on the prior mental health assessment, using specialized psychometric instruments to assess sexual attitudes and interests as well as providing a risk assessment.

#### D. SERVICE/TREATMENT PLANNING

Each youth's treatment will be directed by a set of inter-related plans that supports the use of medically necessary evidence-based interventions in the least restrictive environment. CAMHD service planning is an individualized and ongoing process that is youth guided and family centered.

### 1. Clinical Management Plan (CMP)

The CMP provides an overview of CAMHD's planned clinical approach to a youth's care. It includes recommended focus areas for treatment and specifies appropriate treatment targets that are consistent with these focus areas and the youth's diagnostic picture. It provides recommendations about the level of care most suitable to address the youth's needs, the probable length of this care and alternative treatments that the family may consider. This plan also looks further into the future and provides recommendations about likely types of care to follow the current services (See Appendix 6 - CMP Template).

The Initial CMP is developed by the Clinical Lead assigned to the youth, based on the Initial Mental Health Evaluation and/or any past reports available when the youth enters CAMHD. A draft CMP is prepared for discussion with the youth and family during the Welcome Meeting and is revised based on the youth's and family's input. The CMP is included in the referral packet that is sent to prospective contracted service providers and serves as a description of what the FGC is requesting from the provider. As the youth progresses in treatment, the CMP is updated regularly to reflect changes in the team's understanding of the clinical situation and changes in the overall clinical management plan.

### 2. Coordinated Service Plan (CSP)

The CSP provides a summary of all the services being provided to a youth and family by the larger child-serving system, including services provided by Dept. of Education, Child Welfare, Family Court, Office of Youth Services, etc. It includes contact information for all the workers involved with the youth, and the plans developed by sister agencies are included as attachments to the CSP. The Coordinated Service Planning process builds upon the strengths of the youth and family and requires the full engagement and involvement of youth, family/guardian, and key individuals involved in the youth's life including existing or potential service providers. The CSP notes resources available through the service system and shall include some naturally occurring resources in the youth's family and community. The purpose of the CSP process is to coordinate efforts across public agencies and other supports and services. The workers involved with the youth from all of these agencies are members of the CSP Team, along with the youth, his/her parent(s) or guardian(s), the treating therapist(s), and the CC/CL team assigned to the youth (See Appendix 7 - CSP template).

The initial CSP is developed by the CC assigned to the youth. The CC develops a draft CSP based on intake information to share with the youth and family in the Welcome meeting and edits the plan based on their input. A CSP meeting with all the team members shall be convened within the first quarter of active CAMHD services. The CC convenes monthly treatment team meetings that include, minimally, participation by the treating therapist(s) and the CC with the parent/guardian always invited to participate and the CL included as needed. CSP meetings that include the larger team shall be convened quarterly, and the CSP meeting may substitute for that month's treatment team meeting. Treatment team and CSP meetings may be held via telephone or video-conferencing when necessary.

The CSP includes safety/crisis prevention planning and transition planning (see Appendix 7-CSP template). Planning for a youth's transition to adulthood should begin early (ages 15-17) and shall be documented in the youth's CSP for all youth seventeen (17) years and older.

### 3. Mental Health Treatment Plan (MHTP)

The contractor is responsible for the development, implementation, review, revision and adjustments to the MHTP at least quarterly (See Appendix 8 – MHTP template). The MHTP should be individualized for each youth and should be developed through a collaborative process driven by the family/guardian and youth that includes the service provider, family and the CC. The major areas of focus for the treatment plan are derived from the CMP. Within these areas, the provider is expected to work with the family and youth to articulate measurable goals that are meaningful to them. In out-of-home care, the MHTP goals should identify realistic, measurable outcomes that are directly related to the youth's ability to move into a more normalized, less restrictive setting. The MHTP will identify evidence-based treatment interventions that are the most promising options for meeting a youth's individual goals and objectives. Progress on plans shall be tracked continuously and treatment revised as necessary with youth, family/guardian and CC collaboration. The treatment planning process begins with the pre-admission meeting and culminates in a document that includes expected intensity of treatment and treatment timelines, crisis and discharge plans. Initial plan should be developed and submitted to the CC within ten (10) calendar days of intake (except where otherwise specified in the Service-Specific standards) or prior to admission.

Specific treatment strategies and services delivered by contractors are clearly described in the MHTP. It is the role of the contractor to regularly monitor and adjust treatment plans, with input from the youth, family/guardian, CC and other members of the youth's team. Treatment strategies shall be reviewed at least monthly with the CC, and the entire CSP team shall review them at least guarterly (except where otherwise specified in the service-specific standards).

### a. Crisis Prevention and Intervention Planning

The crisis plan documents the individual's problematic behaviors, setting events, triggers, the youth's preferred methods of calming and regaining control, and the steps caregivers will take in the event that behaviors begin to escalate out of control. The crisis plan is an expected component of the MHTP that builds on available information about the youth and the youth's personal safety plan. A personal Safety Plan is contained in the CSP (See Appendix 7- CSP template) should be developed in collaboration with the youth when possible and should detail his/her preferences for handling potential crises. The safety plan form can be attached to the crisis plan. Crisis plan component must focus on early intervention for any problematic behavior to reduce the need to take reactive steps. The use of police or crisis hotline services shall be utilized only after all preventive strategies and program policies have been followed.

### b. Discharge Planning

Discharge planning begins at the time of the pre-admission meeting to ensure that any potential obstacles to discharge are recognized and addressed before the anticipated discharge date. Contractors, CC, youth/family/guardian and other involved parties are expected to work together in this process. The discharge component of the MHTP should spell out specific, realistic, measurable discharge criteria that are consistent with the behaviors or other symptoms that resulted in the admission, describe a projected timeline for meeting them, and identify any aftercare resources needed. As treatment progresses, all involved parties are expected regularly to review discharge plans, discharge dates, step-down components, new admission dates, etc., to avoid unnecessary delays.

### c. Discharge Summary

The contractor must complete the written discharge summary component of the MHTP and submit to the appropriate Center within ten (10) days of service termination. A preliminary discharge summary may be necessary in emergency situations if imminent services are needed. Informal discussions between discharging providers and admitting providers about the youth's needs, successful strategies, etc. are also encouraged with proper consents. The discharge summary shall include at least the following components:

- i. The duration of service provided by the contractor and the level(s) of care;
- ii. The reason(s) for discharge;
- iii. History of medication use in the contractor's program and discharge medications;
- iv. Information about the status of the youth in relation to the prescribed mental health treatment plan. This should include information about the youth's adjustment to the program/service, significant problems and concerns that arose during the treatment episode and significant youth and family accomplishments in the course of the treatment. This section should highlight interventions and/or coping strategies that were especially effective and areas of strength upon which future providers can build;
- v. Description of the transition process, including any work done with the planned new treatment providers and/or caregivers to facilitate the transition; and
- vi. Recommended aftercare services and specific recommendations regarding treatment targets and useful interventions.

### E. REFERRAL PROCESS FOR CONTRACTED SERVICES

CAMHD provides an array of mental health services through its Centers and contracted service providers. The CC is a vital link in the referral process and makes referrals to contracted provider

agencies. The referral must be made within three (3) business days after the determination of strengths and needs through the youth's CMP and CSP with written consent from the youth/family to release information. The CC will ensure that services are initiated in a timely manner. Routine services must be initiated within thirty (30) days of need identification.

All contracted services require prior authorization from CAMHD before services can be provided, except for Emergency Services that must be provided immediately. Without service authorizations contractors cannot bill for services rendered. The CC will initiate authorization of services that have been approved by the Clinical Lead.

It is expected that all youth will have access to needed services. The role of the CC is to make referrals to agencies based on a full review of the youth's current strengths and needs and to ensure that services are initiated in a timely manner. If CAMHD youth from one (1) island is referred to and accepted by an out of home provider on another island, CAMHD will pay for the travel costs for admission, discharge and for CAMHD Center approved therapeutic passes.

#### 1. Referrals Process

The contractor is expected to accept all appropriate service referrals in accordance with contractual requirements. All referrals will include recommended focus areas for treatment and appropriate treatment targets that are consistent with these focus areas and the youth's diagnostic picture and anticipated duration of treatment. Within three (3) working days of need identification, the CC will submit complete referral packets as follows:

- a. In-Home Referrals: referral packets to outpatient providers (except for MST) will contain:
  - i. In-Home Services Referral Application
  - ii. Referral-Acceptance form (See Appendix 10)
  - iii. Current CSP with CMP
  - iv. Current CAFAS
  - v. IEP (as applicable)
  - vi. Current mental health/emotional behavioral assessment (within twelve (12) months);
  - vii. Current FBA (if applicable)
  - viii. Any recent admission/discharge summaries (if applicable)
- **b.** Out of Home Referrals: referral packets to appropriate out of home providers will include the following:
  - i. Out of Home Services Referral Application
  - ii. Referral-Acceptance form (See Appendix 10)
  - iii, Current CSP with CMP
  - iv. Current CAFAS
  - v. IEP (as applicable)
  - vi. Current mental health/emotional behavioral assessment (within twelve (12) months);
  - vii. Current FBA (if applicable)
  - viii. Any recent admission/discharge summaries and mental health evaluations from previous out-of-home services, (if applicable).
  - ix. Additional requirements on the day of admission:
    - 1. Tuberculosis (TB) test results within 12 months. A positive TB must be accompanied by written medical clearance from the treating physician indicating the youth is safe to participate in OOH treatment.
    - 2. Physical Examination within the last 12 months.

### 2. Contractor Referral Acceptance Protocol

The referral acceptance process for out-of-home referrals is described in CAMHD Policy and Procedure (P&P) 80.614 "Referral Acceptance Protocol" (See Appendix 9). The contractor for out-of-home services will be expected to follow the referral acceptance process as outlined in P&P 80.614. This process includes the following:

- a. Within two (2) working days of receipt of the referral packet from the CC, the contractor shall complete and return to CAMHD the Referral Acceptance Form (See Appendix 10) found in the referral packet to confirm a date for initiation of services.
- b. If there are no beds available, the contractor shall indicate an anticipated admission date that must be no later than the earliest projected discharge date of youth currently being served by the agency. The contractor will put all youth accepted for an out-of-home program but not yet receiving services due to the lack of contracted bed capacity on the Weekly Census Report on Client Status and Waitlisted Youth Form (See Appendices 12 & 11).
- c. If beds are available, the admission date shall be as soon as possible. Otherwise, CAMHD will view the youth as being rejected by the contractor.
- d. If, for any reason, a contractor Clinical Director believes a youth is not appropriate for their level of care, the contractor must contact the Center Clinical Lead, verbally or in writing, as to why they believe the youth is not appropriate for that level of care. Within three (3) days, the Center Clinical Lead will review and discuss the concerns with the contractor's Clinical Director in an attempt to resolve the issues. If the contractor's Clinical Director and Center Clinical Lead come to an agreement that the level of care is appropriate, the contractor will give the CC an anticipated date for the initiation of services.
- e. If the concerns cannot be resolved in this manner, the contractor or CAMHD has the option to request an independent evaluation. The evaluation needs to be completed within fourteen (14) days at the contractor's expense. The independent evaluator must be an American Board of Medical Specialties board certified Child and Adolescent Psychiatrist who has no association with either the contractor or CAMHD and must be approved, in advance, by the CAMHD's Medical Director. The contractor must complete the "CAMHD Independent Psychiatrist Consultation From" (See Appendix 13) and submit it to the Clinical Services Office (CSO). The CSO will fax the Medical Director's approval or disapproval to the contractor within three business days of receipt of the form.
- f. If the independent evaluation determines that the level of care is not appropriate, the Center and its Clinical Lead will accept and review the independent psychiatrist's recommendations. The CSP team will determine the appropriate level of care and send out referral packets to other appropriate providers. CAMHD will reimburse providers the cost of an independent evaluation if the level of care is determined to be inappropriate and CAMHD procedures have been followed for the procurement of the independent evaluation.
- g. If the independent evaluation determines that the level of care is appropriate, the contractor will accept the youth as soon as possible and will be responsible for the cost of the independent evaluation.
- h. For In-home Service contractors, services are expected to begin as soon as possible at least within fourteen (14) days of acceptance.
- i. CAMHD reserves the right to execute contractual action if the contractor is unable or unwilling to meet the needs of CAMHD youth.

### 3. Service Denials, Termination, and Appeals

If a service is going to be denied, terminated or reduced, CAMHD provides at least a ten (10) day notice to the youth/family and contractor (if applicable). This notice includes appeal rights and appeal process information in the Denial of Services, Appeals & Med-Quest Process P&P 80.604 (See Appendix 3).

### F. COMMITMENT TO SERVE ALL YOUTH

Contractors will be expected to provide all youth accepted for contracted services with continuity of care until the youth meets the criteria for appropriate discharge or transition to another level of care indicated in team decisions.

For Out-of-Home services, the contractor may not abruptly terminate services or eject a youth from out-of-home services. As outlined above and in the CAMHD P&P 80.614 "Referral Acceptance Protocol" (See Appendix 9), if a contractor seeks to terminate services for a youth already in out of home program:

- 1. The contractor is required to complete a full internal review that includes a review documented by the contractor's psychiatrist.
- 2. The contractor is required to report the results of this review to CAMHD and the MHTP team prior to any further action being taken.
- 3. If a Center receives notification that a contractor wants to eject a youth, the Center Clinical Lead will contact the contractor's Clinical Director to review and discuss the issue. If the contractor's Clinical Director and the Center Clinical Lead come to an agreement that the level of care continues to be appropriate, the contractor is expected to maintain the youth in its program.
- 4. If the Center Clinical Lead and the contractor's Clinical Director are not in agreement, the contractor's Clinical Director has the option to request an independent assessment, at the contractor's cost, from a Hawai'i licensed, American Board of Medicine Specialties board certified Child and Adolescent Psychiatrist, who is independent of the contractor and CAMHD. The contractor must complete the "CAMHD Independent Psychiatric Consultation Form" (See Appendix 13) for the CAMHD Medical Director's approval of the independent consultant. The contractor is expected to keep the youth until the result of the independent evaluation.
- 5. If the independent evaluation determines that the current level of care is no longer appropriate, the Center will accept the determination and initiate appropriate and timely transition services for the youth. The contractor will be requested to maintain the youth for at least ten (10) days per requirements of the consumer appeal process and to allow for transition preparation.
- 6. CAMHD will reimburse providers the cost of an independent evaluation if the level of care is determined to be inappropriate and CAMHD procedures have been followed for the procurement of the independent evaluation.
- 7. If the independent evaluation determines that the level of care continues to be appropriate, the contractor is expected to maintain the youth in its program.

CAMHD reserves the right to execute contractual action if the contractor is unable or unwilling to meet the needs of CAMHD youth.

### G. TRAINING

To ensure quality of services provided, all contracted providers must adhere to their respective professional standards as set forth in professional practice guidelines and standards, ethical principles, and codes of conduct in addition to the following requirements.

### 1. Orientation and Training Requirements for contractors:

- a. Contractors are responsible for providing appropriate training for their staff/contracted consultants on the use of evidence-based treatments and services for the CAMHD youth populations they serve.
- b. Periodically, CAMHD will offer training on select evidence-based treatments and services for provider agency staff/contracted consultants with an emphasis on training for provider staff who can train others within their agencies.
- c. Contractors must designate a staff person responsible for staff and/or sub-contracted provider training in all aspects of the delivery of services. The contractor's trainer(s) is/are responsible for providing and/or arranging for the provision of training and documentation of all staff training, to include an outline of the following discussion points:
  - i. The topic, name and credentials of trainer;
  - ii. Names and titles of trainees that attended the training;
  - iii. The date, time, place and duration of the training; and
  - iv. An evaluation of the quality and effectiveness of the training.
- d. The contractor must have a specific training plan detailing how and when staff will be trained.
- e. At least thirty (30) hours of training are required every year for all full time direct service staff. Those working fifteen (15) hours or less may reduce to fifteen (15) hours annually.
- f. At a minimum, each contractor shall provide all new employees, or sub-contracted personnel, twenty-four (24) hours of orientation to the organization within their first thirty (30) days of employment and/or contract. The orientation process must be completed prior to serving youth. These twenty-four (24) hours can be applied towards the thirty (30) hours of ongoing professional development required for the year. The orientation must include:
  - i. An understanding of the agency's mission and goals;
  - ii. A review of agency policies and procedures;
  - iii. Orientation to the population served by the program and the model of care of the program
  - iv. An understanding of all laws and regulations regarding confidentiality including Health Insurance Portability and Accountability Act (HIPAA) requirements;
  - v. An introduction to psychiatric medications used with youth.
  - vi. A review of agency structure, lines of accountability, and authority;
  - vii. An understanding of the employee's job description:
  - viii. A review of State laws regarding child abuse and neglect reporting, reporting criminal behavior, and threats regarding suicide and homicide;
  - ix. Non-coercive behavior management approaches including positive behavioral support techniques;
  - x. Evidence-based treatment approaches
  - xi. Crisis intervention procedures, including suicide precautions;
  - xii. An overview of IDEA;
  - xiii. A review of Hawai'i CASSP principles;
  - xiv. Clinical Record Documentation requirements;
  - xv. CAMHD reporting requirements:
  - xvi. CAMHD policies and procedures that are included in the Request for Proposal and the
  - xvii. CAMHD Performance Standards

xviii.Client's rights and responsibilities;

- xix. CAMHD sentinel events documentation and reporting requirements; and
- xx. Safety of clients and staff
- xxi. Overview of CAMHD Performance Monitoring;
- g. All staff providing direct services to youth must annually attend, successfully complete, and document in their personnel file at least thirty (30) hours of training, in service, and/or approved continuing education professional development seminars and/or conferences with curricula tailored to the mental health treatment focus of children / adolescents and/or their families. First Aid and Cardiac Pulmonary Resuscitation (CPR) training/recertification also qualify. Annual training must include HIPAA refresher training.
  - i. The documentation for in-service training must include:
    - 1. Name, date, place, and duration of the training;
    - 2. The topic of the training and an outline of the discussion points;
    - Name/credentials of the instructor and of the organization sponsoring the training; and
    - 4. Names and titles of trainees who attended the training.
  - ii. The documentation for outside training attended must include:
    - 1. The name, date, place, and duration of the training;
    - 2. A brochure, conference agenda, or webinar announcement;
    - 3. Information about the professional organization that approved the training for continuing education;
    - 4. Name(s) and title(s) of the staff member(s) who attended the training; and
    - 5. Certificates of continuing education credits or certificates of attendance when available.
- h. Treatment team meetings and individual supervision, although expected, do not apply towards the required (thirty) hours. Training may be provided as part of regular staff meetings or during group supervision sessions.
- i. These training requirements apply to all personnel providing direct services to youth including sub-contractors and consulting staff (e.g. psychiatrists, psychologists, etc.)
- j. Qualified Mental Health Professionals (QMHP) whose licensure requires continuing education for license renewal may submit evidence of license renewal for documentation of ongoing professional development.

### H. SUPERVISION

CAMHD is committed to quality service through regular, ongoing, competency-based, skill building supervision of all staff that provide direct services to youth. CAMHD and each contractor shall have clear lines of accountability and a clearly described supervision structure for all employees and independent contractors.

Contractors must have policies and procedures and the mechanism to ensure supervision of all clinical services and staff. The contractor is responsible for maintaining and tracking supervision records. Supervision shall include review of clinically relevant case details, present and planned treatment targets, interventions employed, assessment of youth progress, assessment of effectiveness of interventions, and follow-up on previous recommendations. Supervision documentation must include the supervisee's actions, supervisor's recommendations and follow-up between sessions.

Supervision shall also include professional development of appropriate boundaries, power differential and appropriate use of authority, as well as transference and countertransference issues. Supervision includes utilizing a combination of methods such as case reviews, direct observation, coaching, and role modeling/training to improve the skills and enhance job performance.

Contractors shall have a process for evaluation of staff performance that includes a review of qualifications (i.e., an assessment of the employee's capabilities, experience, and satisfactory performance), reports of complaints received including resolutions, corrective actions taken, and supports provided to improve practice and to continue to monitor the staff evaluation process.

All personnel (employees or subcontractors) must have an individualized supervision plan based on a needs assessment completed annually, at minimum unless stated otherwise, by their respective supervisor. Documentation of individual supervision session must include date, duration, name and credentials of supervisor, along with the goals, interventions, and summary of the sessions. Documentation must be included in the individual's supervision file and must include documentation of follow-up and consistency from previous supervision sessions.

### 1. Qualified Mental Health Professional (QMHP) Requirements:

A QMHP shall participate in at least two (2) hours group supervision per month with other QMHPs or MHPs within the agency as evidenced by documentation in their supervision file. QMHPs working half-time or less may adjust the supervision requirements to one (1) group supervision per month. QMHP's may credit regular participation in CAMHD's Evidence-Based Services Committee (EBS), HBR Rounds or CBR/HBR Clinical Lead meetings towards the QMHP supervision requirements. Documentation of attendance shall be maintained by the QMHP and submitted to contractor for inclusion in the supervision file. A QMHP may supervise the equivalent of no more than ten (10) full-time MHP's or Paraprofessionals.

### 2. Mental Health Professional (MHP) Requirements:

A MHP shall receive at least three (3) hours of supervision a month from a QMHP. At least one (1) hour must be individual, clinical, youth-specific supervision. MHPs working half-time or less may adjust the supervision schedule with one (1) hour individual and one (1) hour group. A MHP may supervise the equivalent of no more than ten (10) full-time Paraprofessionals. A Supervising MHP Exception Request may be granted to allow certain MHPs to supervise other MHPs and/or Paraprofessionals up to the ten (10) full-time equivalent limit if approved (See Appendix 14).

### 3. In-Home Paraprofessional (IH Para) Requirements:

In-Home Paraprofessional services can only be provided by those Paraprofessionals credentialed at level 2. The In-Home Paraprofessionals must receive at least four (4) hours of supervision a month from a QMHP or an MHP. At least one (1) hour must be individual, clinical, youth-specific supervision and three (3) hours may be group supervision that may be conducted in conjunction with MHPs. In-Home Paraprofessionals working fifteen (15) hours or less a week may adjust the supervision schedule to one (1) hour individual and one (1) hour group. An IIH Para shall not supervise other paraprofessionals.

The contractor shall develop an individualized supervision plan based on a needs assessment of the In-Home Para skills. The skills and knowledge of In-Home Paras shall be assessed by a MHP or QMHP at the beginning of their employment and at least annually thereafter. Assessments shall focus on skills in effectively providing therapeutic behavior management techniques. Contractors are expected to develop an assessment instrument that meets the

needs of their program. Competency Assessment for Paraprofessionals in Residential Programs (See Appendix 15) is an example which may be adapted as necessary, if desired.

### 4. Out-of-Home Paraprofessional (OOH Para) Requirements:

Paraprofessional workers in residential programs work on a team with colleagues, and seldom need to function completely independently. Problematic attitudes toward youth or faulty behavior management efforts are observed by others for the most part. As a result, the supervision needs of these workers are different from those of other paraprofessionals in the CAMHD system, such as those who work independently with families and youth in their homes or in the community. CAMHD has developed the following supervision standards specifically for paraprofessional workers in residential programs.

Out-of-Home Paraprofessional services may be provided by Paraprofessionals credentialed at Level 1 or 2. The Out-of-Home Paraprofessionals must receive at least once a week clinical group supervision focused on treatment goals and interventions including de-escalation techniques for youth within the milieu by an MHP or QMHP and can be part of a shift-change meeting. At least a half hour once a month individual professional development supervision that is based on an assessment of the OOH Para skills and attitudes shall be conducted by a MHP, QMHP or Paraprofessional in the role of shift leader or charge nurse. Paraprofessionals working fifteen (15) hours a week or less may adjust the supervision schedule to a half hour individual and one (1) clinical group per month. OOH Paras shall not supervise other paraprofessionals unless the OOH Para is a shift leader or charge nurse.

The skills and knowledge of OOH Paras shall be assessed by a MHP or QMHP at the beginning of their employment and every six (6) months thereafter for their first two (2) years and continued annually thereafter. Assessments shall focus on skills in effectively providing therapeutic behavior management techniques. Contractors are expected to develop an assessment instrument that meets the needs of their program. Competency Assessment for Paraprofessionals in Residential Programs (See Appendix 15) is an example which may be adapted as necessary, if desired.

These assessments shall be based on direct observations from the paraprofessional's supervisor(s) working in the milieu, as well as an analysis of relevant program data such as youth grievances about staff and staff involvement in restraints and other sentinel events and incidents that may be decreased by effective behavior management techniques. Assessment results shall be used to develop a supervision plan for the OOH Para, which may include a higher frequency of supervision meetings or other specific training procedures when skills are found to be lacking as well as additional assessments of skills. These assessments shall be documented and kept with the supervisee's clinical supervision documentation.

### 5. Supervision Summary Table

Supervision Requirements Summary			
Credential Level	Individual Supervision	Group Supervision	
QMHP		2 hours per month	
QMHP < .5 FTE		1 hour per month	
MHP	1 hour per month	2 hours per month	
MHP < .5 FTE	1 hour per month	1 hour per month	
IH Para 2	1 hour per month	3 hours per month	
IH Para 2 <15 hrs. wk.	1x month	1x month	
OOH Para 1 or 2	½ hour per month	4x a month	
OOH Para 1 or 2 <15 hrs. wk.	1/2 hour per month	1x a month	

#### I. CREDENTIALING

CAMHD is committed to ensuring that staff is competent and qualified to provide the intervention/services to youth as evidenced by meeting the following credentialing requirements. Contractors are advised to provide their prospective employees/sub-contractors the CAMHD credentialing packet at time of application or hiring to ensure adequate time for processing of CAMHD credentialing. Employment will be contingent on meeting CAMHD credentialing requirements. No employee/sub-contractor shall have direct access to CAMHD youth until he/she has been credentialed.

### 1. Comprehensive Background Screening

CAMHD requires a comprehensive background check on every individual that has direct contact with children and youth receiving contracted services. This includes a state and federal criminal history check using the individual's name and fingerprint, a Child Abuse and Neglect screening, adult protective services screening, Prison Rape Elimination Act (PREA) and National Sex Offender registry check in accordance with CAMHD P&P 80.406 "Child Abuse and Neglect Check (See Appendix 16) and CAMHD P&P 80.308.3 Delegation of Credential Primary Source Verification (See Appendix 17). This is documented in the employee's personnel file. The Contracting agency is responsible for reviewing the documentation, taking actions as needed, and promptly notifying CAMHD of any changes that may affect the individual's credentialing status.

### 2. Credentialing requirements:

Credentialing requirements apply to all individuals providing direct services including subcontractors of a contractor. All contractors shall have written policies and procedures that reflect their responsibility to credential and re-credential their direct care staff, sub-contracted individuals, trainees, volunteers, and clinical supervisory staff prior to provision of services. Contractors shall be guided by CAMHD's credentialing policies and procedures in developing their policies and procedures (See Appendix 18 & 19

- a. All professionals contracted or employed by contractors to provide direct services to youth and families must be at least 18 years of age and fully credentialed prior to provision of services to youths. They must have completely met initial credentialing requirements through submittal of required documents and satisfactory verification of primary sources.
- b. Re-credentialing shall occur at least every two (2) years to ensure continued compliance with credentialing requirements including but not limited to internal provider and CAMHD reporting on performance, grievances, and involvement in sentinel events, licensing requirements, malpractice coverage and claims history, as well as child abuse and neglect clearances.
- c. Contractors shall ensure prompt and accurate reporting of current staff and contractors as well as terminations. Evidence of contractors' accountability is exhibited through CAMHD Credentialing Reporting. Contracted agencies' compliance with this requirement is used in the yearly delegation of credentialing agency oversight evaluation.
- d. Individual credentialing files for each direct care and supervisory employee and subcontractors shall be established separately from general personnel files.
- e. Licensed individuals shall meet continuing education requirements as outlined by the Hawaii State Professional and Vocational Licensing Division and will not be individually monitored by CAMHD. The renewal of the licensure by the respective licensure board shall constitute completion of all required continuing education requirements.

### 3. Individual Practitioner Credentialing Information

### a. Qualified Mental Health Professional (QMHP):

 A current Hawai'i-licensed psychiatrist; board certified by the American Board of Psychiatry and Neurology (ABPN); or board eligible in Child/Adolescent Psychiatry. QMHP Psychiatrists in hospital-based settings must be ABPN board certified in Child/Adolescent Psychiatry.

#### OR

ii. A Clinical or Educational Psychologist with a current Hawai'i license/certification in Psychology.

### **OR**

iii. A licensed Advanced Practice Registered Nurse (APRN) certified as a Psychiatric Clinical Nurse Specialist with a current Hawai'i license/certification.

#### OR

iv. A Hawai'i licensed Clinical Social Worker (LCSW).

#### OR

v. A Hawai'i licensed Marriage and Family Therapist (LMFT).

#### OR

vi. A Hawai'i licensed Mental Health Counselor (LMHC).

### b. Mental Health Professional (MHP):

- i. Must meet one of the following:
  - A physician in training in an ACGME (Accreditation Council on Graduate Medical Education) accredited residency program in Child and Adolescent Psychiatry under program faculty supervision,

#### OR

2. A Ph.D. or Psy.D. in Clinical, Counseling or School Psychology from a nationally accredited university who is not currently licensed in the State of Hawaii,

#### OR

3. A Hawai'i licensed Social Worker (LSW),

#### OR

4. Must have a Master's degree from a nationally accredited university as a national board-certified behavioral analyst, marriage and family therapist, mental health counselor, psychologist, social worker, school psychologist, or psychiatric nurse,

#### And

Must have at least one (1) year of full-time, clinically supervised progressive work experience inclusive of residency, internship, or practicum in the care or treatment of youth in a mental health or behavioral health setting [experience may be substituted with certificates in a specialty such as Certified Substance Abuse Counselors (CSAC)].

#### OR

5. A Ph.D. or Psy.D. student in clinical psychology studying in an accredited program under program faculty supervision,

#### OR

Must have at least one (1) year of full-time, clinically supervised progressive work experience inclusive of residency, internship, or practicum in the treatment of youth

in a mental health or behavioral health setting [(experience may be substituted with certificates in a specialty such as Certified Substance Abuse Counselors (CSAC)].

#### AND

ii. Must be supervised by a QMHP or Supervising MHP.

### c. Paraprofessional level 2:

- i. Must meet one of the following:
  - 1. Personnel with a Bachelor's degree from a nationally accredited university in Psychology, Social Work, Nursing, Mental Health or Behavioral Health Counseling.

#### OR

2. Personnel with an Associate's degree or equivalent from a nationally accredited university in either Psychology, Social Work, Nursing, Counseling, with at least two (2) years of full-time, clinically supervised work experience in the treatment of children or adolescents in a mental health or behavioral health setting.

#### OR

3. Personnel with a high school diploma must have at least four (4) years of full-time, clinically supervised work experience in the treatment of children and adolescents in a mental health or behavioral health setting.

#### AND

ii. Must be supervised by a QMHP or MHP.

#### d. Paraprofessional Level 1

- i. Must meet one of the following:
  - 1. Licensed in related service areas to include (but not limited to) Speech language Pathologist or Occupational Therapists

#### OR

2. A college degree from an accredited university in a field of study other than Psychology, Social Work, Nursing, Mental Health or Behavioral Health Counseling.

#### AND

At least one (1) year experience providing direct care to children and adolescents.

#### OR

Completion of thirty (30) hours of orientation and documented shadowing of at least three shifts before being allowed to work independently. This training shall be completed within three (3) months from the initial credentialing date.

#### OR

3. A High School diploma or equivalent and at least one (1) year experience providing direct care to children and adolescents

#### AND

At least one (1) year experience providing direct care to children and adolescents.

#### OR

Completion of thirty (30) hours of orientation and documented shadowing of at least three shifts before being allowed to work independently. This training shall be completed within three (3) months from the initial credentialing date.

ii. Must be supervised by a QMHP, MHP, or Supervising Paraprofessional.

#### J. BILLING

Contractors are anticipated to align documentation and billing practices with national best-practices, and federal standards for healthcare services. The authorization of any services or treatment is not a guarantee of payment. The contractor and staff or subcontractors providing care must meet all the CAMHD, Federal and State requirements to ensure documentation produced substantiates services provided. Contractors are expected to engage in comprehensive internal compliance programs of internal clinical documentation review, feedback, and auditing. Contractors are equally expected to cooperate with ongoing CAMHD quality assurance, compliance, and audit programs. Contractors shall allow CAMHD, MedQUEST, or their audit contractors to conduct unannounced on-site inspection of any and all provider locations. These are required to ensure appropriate reviews of documentation for compliance, and to foster cycles of continuing quality improvement.

Contracted agencies shall submit the required CAMHD documentation for billing, the Service Provider Monthly Treatment and Progress Summary (MTPS). Contractors will be responsible for the electronic submission of the MTPS into CAMHD's systems a minimum of five (5) working days prior to submitting billing claims. Contractor must data enter the current MTPS before payment will be made for services. The current system access to submit this information is provided via secure logins distributed to specific contractor staff, with the URL for the website <a href="https://72.235.234.182/mtps/login.asp">https://72.235.234.182/mtps/login.asp</a>. As discussed in the Core Components of the Current CAMHD System section of this book, CAMHD has a Commitment to improving our information system performance, and contractors must anticipate that methods and schedule requirements for electronic submission of data such as the MTPS are expected to change over the next several years as our information system develops, in keeping with national standards. The system access and mechanisms for submitting this information are anticipated to change in future contract years, based on scheduled systems changes to be identified in future CAMHPS revisions.

All contractors are required to adhere to the CAMHD billing and reporting requirements. Contractor's submission must comply with the Health Insurance Portability and Accountability Act of 1996 (HIPAA) and CAMHD, applicable federal Medicaid, and Hawaii MedQUEST policies and procedures for healthcare services billing. Contractors are also responsible for planning, implementing, and maintaining their own information systems. Contractors must also provide to CAMHD a functional e-mail address that can receive documents as well as notices. CAMHD does not provide technical support for provider information systems or e-mail.

Contractors are required to have computer hardware that supports Internet connectivity, Internet services, email, and maintain compliance with standards for employees and contractors with access to Electronic Protected Health Information (ePHI). Contractors are responsible for maintaining all documentation and systems in compliance with the HIPAA and associated security standards. Please reference <a href="https://www.hhs.gov/hipaa/for-professionals/security/laws-regulations/index.html">https://www.hhs.gov/hipaa/for-professionals/security/laws-regulations/index.html</a> for further information. Contractors are required to maintain a current and updated Security Risk Assessment (SRA) for their information technology assets, and a System Security Plan (SSP) for their Electronic Health Record or Case Management System, in alignment with national best-practices for privacy and information risk mitigation. Please reference <a href="https://www.healthit.gov/providers-professionals/security-risk-assessment-tool">https://www.healthit.gov/providers-professionals/security-risk-assessment-tool</a> for additional information. Further, under DOH policy, all contractors are required to provide appropriately redacted copies of their SRA to the State for evaluation and assurance.

CAMHD electronic billing systems and interfaces are anticipated to change over the course of the next few years, with the associated details posted and training provided in advance. Contractors

shall utilize electronic billing as the standard mechanism, and paper billing requests may be granted on a limited case-by-case basis.

All contractors shall be required to provide detailed clinical and encounter-based case encounter documentation to the CAMHD on demand, per services timeline expectations, and for further billing or quality reviews. This is to substantiate the appropriate documentation for proof of services, and to ensure quality of the care provided. Example documents may include, but are not limited to: Mental Health Treatment Plans, Monthly Treatment Progress Summaries, Therapy Progress Notes, Treatment Team Meeting Notes, Mental Health Assessments, Summary Annual Assessments, Residential Treatment Center Shift Notes, and Daily/Weekly Census Reports. Once CAMHD electronic systems are modernized and notice given, providers shall be required to submit these documents electronically via either: an electronic interface or secure file transfer (SFTP) from the contractor systems, and/or via a login to a State-offered Provider Portal into the CAMHD system. Once this capability is made available and training provided, contractors shall be expected to supply CAMHD with this full set of case-specific documents, to ensure State staff have the appropriate information to improve youth outcomes, case progress, and program compliance. Contractors are required to ensure all staff provisioned access to State systems requires compliance with and audit of the State-defined IT Acceptable Use Policies, set by the State Enterprise Technology Services Offices (ETS) and DOH. CAMHD technical staff may provide additional training on request, and contractors shall ensure their staff are available on a regular, no less than annual, schedule to ensure appropriate system and billing procedures are followed.

Original monthly claims must be submitted within thirty (30) calendar days after the last day of each calendar month. All submissions and corrections must be properly received by CAMHD (electronic system or limited paper billing under written exception terms) ninety (90) days after the last day of the billing month. No claims will be accepted by CAMHD standard after the 90-day billing period.

Should a provider have an issue and require billing for services beyond the 90-day standard period, documented contact in the form of a written appeal for billing extension must be made to CAMHD (sent to Provider Relations for HSMO Billing Section approval) before the end of the 90-day period or no extension will be granted. The written billing extension appeals may be granted by CAMHD for an additional period up to 180 days after the services date. No claims for services shall be accepted and paid by CAMHD after 180 days, for any circumstances other than State errors.

### K. MAINTENANCE OF SERVICE RECORDS

CAMHD personnel, contracted agencies, and contracted individual professionals shall have and implement written policies and procedures to guide the content and protocol of youths' records for adherence to Federal law, State statutes, including HIPAA statutes, national accreditation and Medicaid standards. Service records must be current, well-organized, legible, comprehensive and consisting of all relevant documentation for the optimum treatment of youth served.

The youth's full name and CAMHD youth registration number (CR#), must be on each page of the youth's record. Any adverse drug reactions and/or medication or other allergies or absence of allergies must be posted in a prominent area on the youth's file. Each youth's file contains easily identifiable past and current medical history including serious accidents, surgeries and illnesses. Diagnostic information, medication information, and substance use information are also included. Consultations and special referrals require documentation including resultant reports. Records also contain emergency care rendered with physician follow-up as well as hospital discharge summaries.

Contractors and professionals must maintain master youth files, including those on youth served by subcontracted providers, in a central, secure location in locked storage to which access is limited to designated persons in accordance with HIPAA regulations. Files in authorized use must be maintained securely.

### 1. Progress Notes

- a. Progress notes are written for each activity/event by the staff/professional providing the service. Every physician contact including medication prescription, administration and monitoring must also be documented. Every therapy session must be documented. Progress notes shall be entered in the youth's file within three (3) days of the service. Daily progress notes are required for all youth receiving out-of-home services.
- b. All progress notes must contain the following minimal documentation requirements and must be contained together in a single, continuous note:
  - i. Youth name and CR#
  - ii. Complete date of service (including month, day and year)
  - iii. Start and end time of service or start time and duration of service (for non-day rate services);
  - iv. Place of service;
  - v. Type of service (Individual Therapy, Family therapy, Group Therapy);
  - vi. CAMHD Does not pay for travel time. When meeting with a client in a different location than the one before, there must be at minimum, a fifteen (15) minute break between encounters. If the travel time takes more than fifteen (15) minutes, then the actual time must be accounted for.
  - vii. DAP note (Data, Assessment, Plan format including:
    - 1. Plan of treatment to including goals/objectives being addressed;
    - 2. Diagnostic tests conducted;
    - 3. Treatment interventions implemented and other prescribed regimens;
    - **4.** Interpretation of the effectiveness of the intervention(s);
    - **5.** Follow up notes, including results of referrals and subsequent plan of action;
    - **6.** Specific time interval for next "visit" or session;
    - 7. Unresolved concerns from previous visit addressed in subsequent visits; and
    - 8. Other health care visits.
  - viii. Full name, title, signature and signature date of service provider; and
  - ix. Full name, title, signature and signature date of supervisor (if applicable).
  - x. Contractor shall audit home and community based therapist and paraprofessional support notes to ensure compliance with CAMHD standards.
- c. Electronic medical records are permitted, and must meet the following criteria:
  - i. Electronic records must be backed-up in full via offsite disaster recovery capacity as required under HIPAA, and it is NOT necessary to maintain a printed copy of the full record in a paper file for each youth:
  - ii. The electronic record must meet all Medicaid documentation standards;
  - iii. Must contain two (2) youth identifiers including the CAMHD-assigned Medical Record Number:
  - iv. Each note must include an electronic signature;
  - v. Each note must have the date, time and duration of services;
  - vi. Each note must have a clear description of the services provided;

- vii. An exported or printed record must have agency and/or CAMHD Center letterhead or headings on each page; and
- viii. The agency must maintain the systems in compliance with HIPAA, including regularly updated Security Risk Assessment (SRA) that is to be submitted to the CAMHD.
- d. The focus in the content of notes shall clearly evidence the relationship of the intervention(s) to the youth's MHTP/CSP plan. Progress notes need to reference the goals and objectives stated in the youth's treatment plan and include data summaries, the interventions provided and the measurable outcomes resulting from them. Additionally, progress notes need to address what may not be working and what will be done differently for better results.
- e. Progress notes also describe collateral communications pertinent to the treatment of the youth (e.g. treatment-related telephone conversations, treatment team meetings, consultations with ancillary service providers).

### 2. Monthly Treatment and Progress Summary (MTPS)

Contracted service providers must electronically submit Monthly Treatment and Progress Summary (MTPS) reports to CAMHD by the 5<sup>th</sup> business day of each month describing the provided services and progress of the youth and family during the preceding month. The report must specify youth served, service format, service setting, service dates, treatment targets, progress ratings, intervention strategies, medications and dosage. Additional outcome measures may also be reported.

The report should be completed by the clinician(s) most familiar with the youth and family's treatment and progress and must be verified for accuracy, signed and dated by a qualified provider. If multiple clinicians within an agency have worked with the youth and family during the month, the clinician completing the TPS should gather relevant information from others to comprehensively complete the form. The form that must be used for this purpose is the "Service Provider Monthly Treatment and Progress Summary" (See website <a href="https://health.hawaii.gov/camhd/files/2017/11/MTPS-form.pdf">https://health.hawaii.gov/camhd/files/2017/11/MTPS-form.pdf</a>) and the "Instructions and Codebook for Provider Monthly Treatment Summaries" (See website <a href="https://health.hawaii.gov/camhd/files/2017/11/MTPS-codebook.pdf">https://health.hawaii.gov/camhd/files/2017/11/MTPS-codebook.pdf</a>). Contractors are responsible for ongoing training of their clinicians and supervisors in accurate completion of the MTPS.

### L. SERVICE QUALITY

CAMHD is committed to ensuring appropriate and effective services for eligible youth and their families. Services are designed to, promote healthy functioning, increase independence, and to build upon the natural strengths of the youth, family/guardian and community. Families/guardians must be active participants in the behavioral support process, given the overwhelming evidence that constructive family participation enhances their youth's progress. Interventions are to be evidence-based and tailored to address the identified needs of the youth/family. Interventions/plans and progress/outcomes are to be regularly reviewed and modified, as needed, to effectively achieve goals.

Contractors/employees shall participate with the integration of services across domains as needed. Contractors/employees shall assist with transition planning (as it relates to greater and lesser levels of support and services) in collaboration with the youth, family/guardian and other team members. CAMHD encourages individuals with specific concerns regarding service quality to bring them to the attention of the contracted provider agency, CAMHD Center, and/or CAMHD Central Administrative Office, as appropriate.

Contractors shall assume responsibility for the quality of services provided by employees or subcontracted providers. All contractors shall implement a Quality Assurance and Improvement Program and demonstrate commitment to ongoing quality improvement activities. The quality program must meet Medicaid standards. Contractors must submit quarterly reports of quality monitoring to CAMHD.

CAMHD personnel, including CCs, Clinical Leads, Facilities Certification Specialists, Grievance Specialists, Provider Relations Specialist and Program Performance Reviewers shall have full access to youth and youth records while in a CAMHD contracted program.

CAMHD operates a co-planning and co-management model (active involvement and shared decision-making between the CAMHD Center and contractors) for any youth that is receiving intensive services, and conducts regular reviews of child status, treatment practices, and contractor's performance as part of its accountability and oversight functions.

#### M. PREFORMANCE MANAGEMENT

The CAMHD Performance Management Unit conducts continuous monitoring of performance data for all contracted provider agencies. Performance data in CAMHD are tracked and analyzed across all domains of service delivery and care. Services are monitored through tracking of trends, patterns, and quality of services. Contractors are expected to engage in ongoing quality assurance activities to improve their services and integration with the system. Site visits are an integral part of the program monitoring process; providers are expected to cooperate with CAMHD's monitoring efforts, including accommodating both scheduled and unannounced visits.

### 1. Program Monitoring

The Program Monitoring Section provides on-going oversight and technical support to contracted provider agencies. Program Monitors work closely with contracted providers to continually evaluate program performance, provide feedback and recommendations, monitor implementation of strategies for improvement and provide technical assistance or referrals for assistance. Standard monitoring activities include:

### a. Administrative Reviews

Administrative Reviews are conducted to evaluate the adequacy of quality assurance and performance improvement processes within agencies, the quality of supervision and training practices, policies and procedures, the ability to implement necessary corrective actions, and the effectiveness of internal response to consumer concerns. Administrative Review results, reported in the Annual Program Review, will include program strengths, opportunities for improvement, and activities to sustain program success. Agencies with demonstrated patterns of administrative compliance will not be monitored as intensely or as frequently as agencies needing more intensive oversight.

#### b. Case-based Reviews

Case-based Reviews provide an in-depth look into the status of youth served, and how well programs and local service systems are performing for them. Reviewers examine child status and program performance for a chosen sample of youth through interviews with multiple respondents and review of case records. Determinations with the support of a structured protocol are made regarding how well youth are doing along dimensions of child well-being, and how well basic program functions (e.g. understanding of the youth's situation, treatment planning and implementation, producing effective results, etc.) are being carried out. Aggregate data is analyzed to glean patterns of performance across program

functions, and to provide a context for the overall determination of performance for the agency.

### c. Investigations

When necessary, investigations will be conducted in response to clinical and/or programmatic concerns as identified by sentinel event reports or complaints.

### d. Quarterly Quality Assurance Reports

Contractors must submit Quarterly Quality Assurance Reports that are based upon the agency's quality assurance and improvement program that define measurable indicators for identified clinical and non-clinical process and outcome objectives. These reports state the findings and analyses conducted as well as actions that have been or will be taken by the agency following its quarterly review.

Contractors must report the following components, to the CAMHD Program Monitoring Section every quarter, no later than forty-five (45) calendar days following the end of each quarter. The Quarterly Quality Assurance Report is to include the following information:

- i. Sentinel Events / Reportable Incidents
- ii. Clinical Supervision & Training Activities
- iii. Clinical Documentation

### 2. Sentinel Event and Reportable Incident System

The CAMHD Sentinel Event and Reportable Incident reporting system is designed to track and document the occurrence of sentinel events and reportable incidents as reported by contracted provider agencies. All contractors must have internal policies and procedures regarding sentinel events and reportable incidents in accordance with CAMHD's Sentinel Events and Reportable Incidents Policy and Procedure 80.805 (See Appendix 20).

### a. Sentinel Events

CAMHD contracted providers shall notify the youth's parent/legal guardian, CC and the Sentinel Events reporting line of all sentinel events, within twenty-four (24) hours of occurrence. CAMHD contracted providers must also submit a written hard copy report on the CAMHD Sentinel Event Report Form (See Appendix 21) to CAMHD Clinical Services Office and the CAMHD Center within three (3) business days of the event.

#### b. Reportable Incidents

CAMHD contracted providers must notify youth's parent/legal guardian and CC of Reportable Incidents within twenty-four (24) hours of occurrence. CAMHD contracted providers must also submit a written hard copy report on the CAMHD Reportable Incident form (See Appendix 22) to the CAMHD Clinical Services Office and the CAMHD Center within five (5) business days of the event.

### 3. Grievance and Complaints

The CAMHD respects the right of any youth or family to disagree with aspects of planning or service delivery and will make every effort to resolve these disagreements directly among the Family Guidance Center, contracted provider (if applicable), and the family. If resolution is not possible in direct exchange, families and providers have additional recourse through the CAMHD Grievances and Complaints Process (See Appendix 23). Youth and/or families are informed of these processes upon registration at a CAMHD Center.

If a CAMHD service is going to be denied, terminated or reduced, CAMHD provides at least ten (10) days' notice to the youth/family and contractor (if applicable). This notice includes appeal rights and appeal process information as described in the Denial of Services, Appeals & Med Quest Hearing Process P&P 80.604 (See Appendix 3).

### N. RISK MANAGEMENT

All contractors must have policies and procedures that address critical risk management activities that include the following:

# 1. Safety

CAMHD requires contractors to have procedures to ensure the safety and well-being of youth at all times. Safety is relative to known risks, and no procedure can provide an absolute protection from all possible risks.

Contractors shall manage, control, or alter potentially harmful conditions, situations, or operations including those leading to abuse, neglect and sexual exploitation, or induced by youth's high-risk behaviors to prevent or reduce the probability of physical or psychological injuries to youth. Safety from harm extends to freedom from unreasonable intimidation and fears that may be induced by other children, line staff, treatment professionals, or others. Safety procedures shall apply to settings in the natural community as well as to any special care or treatment setting.

### 2. Restraints and Seclusion

The State of Hawai'i is committed to fostering violence-free and coercion-free treatment environments for children and adolescents. As part of this commitment, CAMHD advocates that contractors seek to minimize the use of restraint and seclusion, and work to increase the effective use of positive behavioral support strategies. Restraint and seclusion are emergency interventions that are used only to assure safety in situations where there is imminent risk of physical harm. Each youth has a right to be free from restraint or seclusion in any form that is used as a means of coercion, discipline, convenience, or retaliation.

Historically, seclusion and restraint have been seen as a necessary and even therapeutic part of treatment for those with emotional and behavioral difficulties. Over the past several decades, however, there has been an increasing recognition nationally that: 1) restraint and seclusion can lead to youth injury and even death, 2) youth usually experience significant psychological trauma in the course of seclusion or restraint interventions, and 3) treatment environments that minimize use of these methods are safer for both youth and staff members.

Because incidents of restraint and seclusion represent a significant risk to youth and staff members, CAMHD and all contractors shall have internal policies and procedures regarding restraints and seclusion. The policies and procedures must include, but are not limited to, the following:

- a. The training that staff must receive prior to using restraint or seclusion with an emphasis on the serious potential for restraint or seclusion to cause injury or death;
- b. Reviewing and updating restraint and seclusion policies and procedures regularly, based on clinical outcomes;
- Agency-wide priority to use restraint or seclusion only when there is no safe alternative to
  prevent harm to self or others, safely and in accordance the agency's restraint and seclusion
  policies and procedures;
- d. Adequate allocation of resources to prevent the frequent use of restraint or seclusion; and

e. Appropriate decision-making guidelines for when the use of restraint or seclusion is necessary.

The current Centers for Medicare and Medicaid Services accreditation standards set the minimal requirements with regards to the use of restraints and seclusion, but CAMHD goes beyond these minimum requirements in keeping with its commitment to violence-free and coercion-free treatment environments that ensures the safe treatment of youth. CAMHD requirements are outlined in its Seclusion and Restraint Policy and Procedures 80.602 (See appendix 24). CAMHD reserves the right to revise its policies and procedures periodically or as new requirements are established by the Center for Medicare and Medicaid Services.

### 3. Police

Requests for police assistance should be limited to situations where the youth's behavior is deemed to be critically out of control and can no longer be safely contained by staff. CAMHD's out of home providers are to follow their internal crisis management procedures including consultation with their QMHP prior to during or after requesting police assistance. The QMHP must follow-up to ensure the crisis has stabilized, debrief the incident and provide triage for youth needing more intensive interventions and document their efforts in the youth's chart.

## O. ADDITIONAL REPORTING REQUIREMENTS

CAMHD requires submittal of the following reports as determined by the respective department outlined below.

# 1. Weekly Census Report on Client Status

All out-of-home levels of care including Transitional Family Homes, Therapeutic Respite Home, Community-Based Residential Programs, and Hospital-Based Residential treatment services are required to submit a Weekly Census Report on Client Status Form and Waitlisted Youth form (See Appendices 12 & 11) in standard format to CAMHD's Clinical Services Office, Utilization Management section no later than Tuesday noon of each week either by fax or electronically.

### 2. Attendance and Encounter Records:

Attendance records and encounter records must be maintained at each facility for prescribed program activities. Residential facilities must maintain a log of whole day and/or night absences from both program and residence whether authorized or not. Such records are filed in the youth's file and made available to CAMHD upon request.

# 3. Title IV-E Administrative reports:

In accordance with CAMHD's efforts to maximize federal reimbursement, quarterly submission of Title IV-E Contracted Agency Quarterly Training Report (See Appendix 25) and Room and Board Report will be submitted by applicable contractors to the CAMHD Fiscal as required.

# 4. Accreditation:

Current Joint Commission on Accreditation of Healthcare Organizations (JCAHO), Council on Accreditation of Rehabilitation Facilities (CARF), or Council on Accreditation (COA) is required. All contractors shall submit evidence of current accreditation to CAMHD Performance Management Section.

# 5. Facilities Information Requirements:

Applicable contractors are required to meet all facilities certification requirements as requested by the CAMHD's Facility Certification Specialist including:

a. Staff schedules

- b. List of key facility personnel/consultants with location/phone numbers
- c. Copy of written information regarding residents/client rights
- d. Abuse Prohibition Review
- e. Medication pass time
- f. List of CAMHD clients' admissions during the past three (3) months
- g. Copy of facility's physical layout
- h. Tracking system for incidents/accidents/sentinel events
- i. List of new employees for the past six (6) months
- j. List of paraprofessionals; date of hire, list of paraprofessionals hired in the last six (6) months
- k. Credential of licensed/registered/certified personnel
- I. Contract for arrangement of services not provided by facility
- m. Policy and Procedure Manuals
- n. Program/Plans and Committee minutes for the past year
- o. Prevention Maintenance Records
- p. Pre-employment and annual health evaluation/TB clearance of employees
- q. In-service education records
- r. Other documents as requested

# 6. Summary of Licensing Corrective Actions and Any Required Deliverables:

Applicable contractors must provide a summary of corrective actions and required deliverables that result from desk or site reviews conducted by CAMHD's Facilities Certification Specialist to Department of Health CAMHD and Office of Health Care Assurance (OHCA).

# 7. Other specified reports/documents periodically requested by the CAMHD.

CAMHD may periodically request specific information or documents to address specific issues or system needs. In making these requests CAMHD will be sensitive to the anticipated resources required of contractors to respond to such requests. Nevertheless, contractors are expected to provide such information upon request by CAMHD.

### P. YOUTH RIGHTS AND CONFIDENTIALITY

CAMHD recognizes the rights of all youth and families accessing behavioral health services.

### **Consumer Rights**

All contractors and their employees or subcontracted professionals are required to recognize CAMHD Consumer Rights and Responsibilities that states:

- You have the right to be treated with respect. You also have the right to your privacy.
- You have the right to treatment no matter what your situation is. You have this right regardless of your age, race, sex, sexual orientation, gender identity, religion, culture, ability to communicate, or disability.
- You have the right to know about the CAMHD services you can receive and who will provide
  the services. You also have the right to know what your treatment and service choices are.
- You have the right to know all your rights and responsibilities.
- You have the right to get help from CAMHD in understanding your services.
- You are free to use your rights. Your services will not be changed or you will not be treated differently if you use your rights.
- You have the right to receive information and services in a timely way.

- You have the right to be a part of all choices about your treatment. You have the right to have your treatment plan in writing.
- You have the right to disagree with your treatment or to ask for changes in your treatment plan.
- You also have the right to ask for a different provider. If you want a different provider, we will work with you to find another provider in our network.
- You have the right to refuse treatment.
- You have the right to get services in a way that respects your culture and what you believe
  in.
- You have the right to look at your records and add your opinion when you disagree. You
  can ask for and get a copy of your records. You have the right to expect that your
  information will be kept private within the law.
- You have the right to complain about your services and to expect that no one will try to get back at you. If you complain, your services will not stop unless you want them to.
- You have the right to be free from being restrained or secluded unless an allowed doctor or
  psychologist approves, and then only to protect you or others from harm. Seclusions and
  restraints can never be used to punish you or to keep you quiet. They can never be used to
  make you do something you don't want to do. They can never be used to get back at you
  for something you have done.

All CAMHD employees and contractors must adhere to these rights in the provision of behavioral health services to eligible youth. Each contractor is to identify a Behavioral Health Rights Advisor within their organization who will ensure that all youth and families are made aware of their rights, and that the provider respects and upholds these rights.

Each contractor shall have in place, its own administrative process through which youth and their families can have their concerns and/or complaints addressed in a thorough and efficient manner. The CC is required to review the Service Principles and Consumer Rights & Responsibilities (See Appendix 26) with parents and youth (as appropriate) as well as the Notice of Privacy Practices.

### Q. CAMHD BED HOLDS AND THERAPEUTIC PASSES

### 1. Bed Holds

Bed holds are used by CAMHD to hold a bed space for a youth not currently in an out-of-home program when the billing day begins at 12:00 am. The bed holds may be authorized only when the contracted program is at their bed capacity. A maximum of three (3) bed holds may be authorized per episode of care, reimbursed at one hundred percent (100%) of the unit rate. Bed holds are utilized for youth who:

- a. elope from a program or
- b. require an acute admission, or
- c. require short-term detainment in the Detention Home or Hawaii Youth Correctional Facility

The contractor must accept the youth back into the program at anytime during the authorized bed hold period, unless it has been determined, at the cost of the contractor, through an evaluation by a CAMHD approved independent psychiatrist that an alternate service is necessary. Results of this evaluation must be provided to CAMHD in writing prior to any action being taken. If the youth returns after the 3-day bed hold has been utilized, the contractor is obligated to accept the return of the youth if there are vacant beds. The youth shall be given a priority and expedited readmission if the admission is being sought within a thirty (30) day period from discharge date. No new referral packet shall be required for this youth. If there is no

vacant bed, the contractor is obligated to put the youth on the waitlisted youth list with an anticipated admission date. CAMHD reserves the right to execute contractual action if the contractor is unable or unwilling to meet the needs of the youth. The program prioritizes the "Waitlisted Youth" list by date of referral. If there is a clinical or administrative need, CSO will prioritize the youth with the program.

### 2. Therapeutic Passes

Therapeutic passes are used by CAMHD to hold a bed space for a youth in an out-of-home program who is temporarily out of the program to visit family/caregiver. Therapeutic passes will be authorized whenever a youth will not be present at the program when the billing day begin at 12:00am. Therapeutic passes are reimbursed at one hundred percent (100%) of the unit rate for the number of days specified in the service-specific standard. Any authorization of therapeutic pass beyond the threshold requires Clinical Lead review and approval for authorization.

A therapeutic pass is defined as a pass to assist the youth in achieving their MHTP goals. Therapeutic passes are used to assist youth in maintaining/improving family relationships, generalizing skills to the home/community and transitioning to home/community living. The therapeutic pass must be a planned therapeutically structured pass to the youth's home or post-treatment environment and requires prior authorization by the Clinical Lead. Each therapeutic pass must be scheduled and planned with the youth and parent/guardian prior to the pass. The out-of-home program must have contact with the youth and parent/guardian during the pass to ensure compliance with the plan for the therapeutic pass and must debrief each therapeutic pass with the youth and parent/guardian either direct after the therapeutic pass or during the next scheduled family therapy session.

### R. PROVIDER RELATIONS LIAISON

The CAMHD recognizes that our contracted provider agencies and their staff play an important and vital role in the provision of quality services to our consumers. This role calls for a strong partnership between CAMHD and it contracted network of providers.

The CAMHD *Provider Relations Liaison* serves as CAMHD's continuous communication linkage with the providers to promote positive relationships and satisfaction with the CAMHD staff, including its Centers. The broad goal of *Provider Relations Liaison* is to strengthen the relationship between CAMHD and its network of contracted providers.

If a provider agency or one of its staff has an issue or concern regarding their contracted provision of services, the agency or staff may submit the issues by phone 808-733-9857, U.S. Postal Service (to the Provider Relations Liaison at 3627 Kilauea Avenue, Honolulu, Hawaii 96816). The fax is: 808-733-9357.

Issues or concerns must contain at minimum:

- Providers Name
- Providers Contact Information
- Clear Explanation of the Issue/Concern
- Providers Position on Such Issue/Concern

The Provider Liaison will acknowledgment receipt of the issue/concern and will respond back to you, if the issue or concern has been referred to a specific department, specializing in your area of concern/need, the Provider Liaison will follow-up to insure the issue/concern has been resolved.

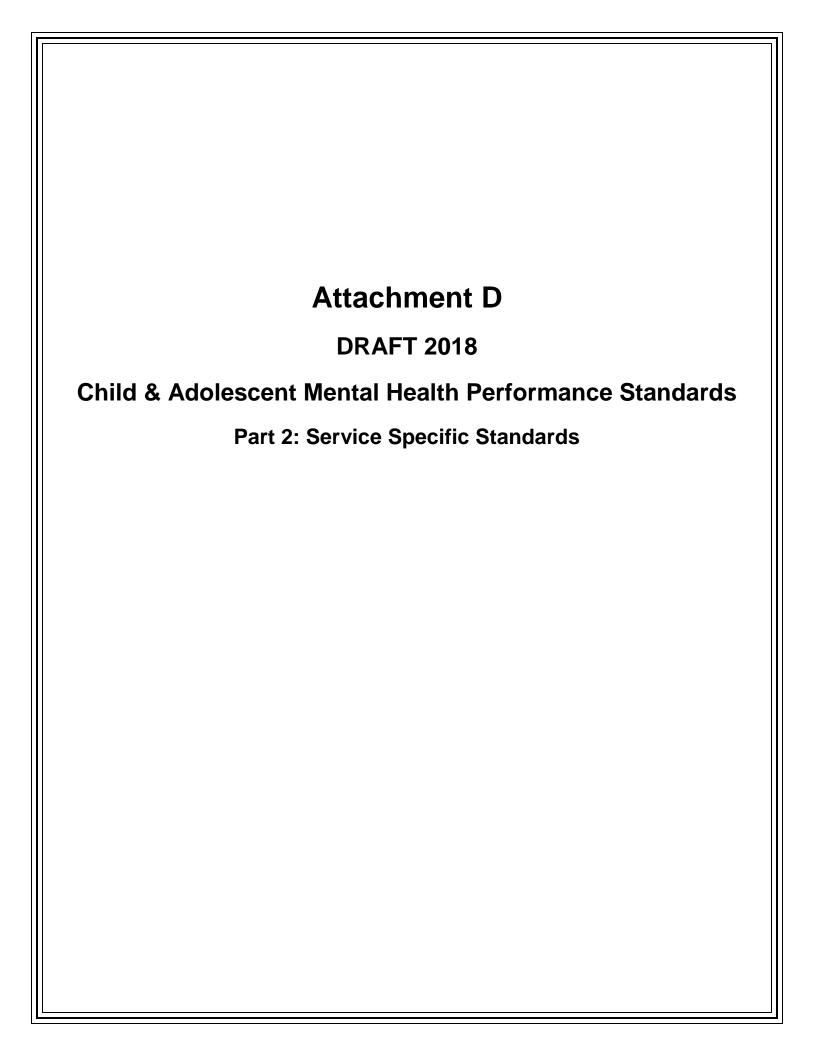
Below is a description of the activities and services of the Provider Relations Liaison:

• Resolve Provider Related Issues:

- Review issues considering patterns/trends for improvement opportunities and from the
  perspectives of both CAMHD and the providers and bring them to the attention of the various
  CAMHD Sections and Leadership;
- Assist and support providers to effectively and efficiently work through the labyrinth of CAMHD processes and systems;
- Respond to Provider inquiries and concerns regarding CAMHD policies and procedures.
   To communicate CAMHD activities that impact the providers through coordinating the annual Provider Satisfaction Survey and the twice-yearly Data Party, as well as, through routinely scheduled provider meetings.

### S. ACCOUNTABILITY/SERVICE STANDARDS

All contractors will remain obligated to (a) aspects of the contract as agreed upon by CAMHD, and the provider; (b) to general professional practice and ethical standards as dictated by the various State professional and vocational licensing standards; (d) and to service standards as delineated in this manual.



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# A. Crisis Mobile Outreach (CMO)

Definition (C	This service provides telephone stabilization and mobile outreach assessment and stabilization services face-to-face for youth in an active state of psychiatric crisis. Services are provided twenty-four (24) hours per day, seven (7) days per week and can occur in a variety of settings including the youth's home, local emergency facilities, and other related settings. Immediate response is provided to conduct a thorough assessment of risk, mental status, immediate crisis resolution/stabilization and de-escalation if necessary.
Goals	<ol> <li>Prompt assessment and evaluation in the community</li> <li>Stabilization in the least restrictive environment</li> <li>Crisis resolution</li> <li>Linkage to appropriate services</li> <li>Reduction of inpatient and law enforcement interventions</li> </ol>
Services Offered	<ol> <li>Initial screening &amp; triage over the phone to determine the nature of the crisis, completed within fifteen (15) minutes of notification from the Crisis Line of Hawaii.</li> <li>Support, consultation and referral services are provided based on the initial assessment.</li> <li>If the situation cannot be resolved to the caller's satisfaction over the phone, the immediate response is required, with a maximum arrival time within forty-five (45) minuets of notification.</li> <li>Provide crisis intervention and counseling.</li> <li>Arrangement of and assist with transportation to a Therapeutic Crisis Home if needed.</li> <li>Crisis Case Management, including obtaining information regarding any providers/agencies involved with youth and notifying the involved parties about the crisis the next business day.</li> <li>Crisis Case Management also includes arranging appropriate referrals to community resources or at a minimum providing family with community resource cards for youth not currently receiving behavioral health services.</li> </ol>
Admission Criteria	<ol> <li>At least one (1) of the following criteria is met:</li> <li>All request for Crisis Mobile Outreach Services must originate from the Crisis Line of Hawaii.</li> <li>The youth demonstrates suicidal/assaultive/destructive ideas, threats, plans or attempts which represent a risk to self or others as evidenced by the degree of intent, lethality of plan, means, hopelessness or impulsivity;</li> <li>The youth may be displaying acute psychotic symptoms such as delusions, hallucinations, and thought disorganization that are unmanageable; or</li> </ol>

	4. The youth evidences lack of judgment, impulse control, or cognitive/perceptual abilities.
Discharge Criteria	At least one (1) of the following criteria is met:  1. Appropriate community or natural resources are planned and/or engaged to reduce stress factors and to stabilize the current living environment and the youth's symptoms/behaviors abated to a level no longer requiring outreach services;  2. The youth is admitted to Therapeutic Crisis Home service because the situation could not be stabilized in the home; or  3. The youth is escorted to a hospital-based emergency unit for medical disposition.
Service Exclusions	Not to be utilized by Hospital-Based Residential and/or Community-Based Residential programs.

# **Staffing Requirements:**

In addition to the staffing requirement listed in the general standards, these staff requirements must be followed. If the standards referenced here differ from those in the general standards, these staffing requirements will supersede the general standards.

- 1. The program must be under the supervision of a QMHP. This QMHP must be available for service and treatment consultation, direction, facilitation or field visits as necessary.
- 2. The program must have a licensed psychiatrist on staff or contracted consultant. The psychiatrist must be available twenty-four (24) hours/seven (7) days a week for psychiatric consultation.
- 3. At a minimum, crisis mobile outreach staff must be:
  - a. A Paraprofessional level 2 with a Bachelor's degree either in Social Work, Psychology, Counseling, Nursing, or another related area of study, with two (2) years specialized crisis response experience.

OR

b. A MHP with one (1) year supervised clinical experience in providing direct crisis response for youth.

### **AND**

- c. The crisis mobile outreach staff must meet the educational requirements as noted above, but a training plan may substitute for experience.
- 4. All staff must be CAMHD credentialed.
- 5. The program must have the capacity to adjust staffing whenever necessary to ensure an adequate number of CMO staff are available to simultaneously manage multiple calls / service requests within required response times.
- 6. There are no specific face-to-face ratios; however, pairs of staff may be needed where the safety of workers is of concern or where more than one staff is needed to successfully defuse the situation.

# **Clinical Operations**

In addition to the clinical operation requirements listed in the general standards, these requirements must also be followed. If the standards referenced here differ from those in the general standards, these clinical operation requirements will supersede the general standards.

- 1. Services are available twenty-four (24) hours a day, seven (7) days a week.
- 2. Staff respond and are on site within forty-five (45) minutes of the initial phone call.
- 3. For more remote or small geographic locations such as Hana or Ka'u, face-to-face assessments by the staff shall occur within the usual transport time to reach that destination if staff is not stationed at the remote site. However, the program must make, with the approval of their QMHP, alternative interim arrangements sufficient to ensure the safety of the youth until the mobile outreach worker arrives. The use of Telehealth or video conferencing may be utilized for assessment and crisis intervention in remote locations.
- 4. Assessment and therapeutic stabilization/resolution and/or disposition of the youth in crisis are timely, appropriate, and effective. Families/caregiver(s) and other involved providers/agencies, if not already involved, are sought and informed by the next business day.
- 5. If the youth is registered with a Center, the crisis worker contacts the CC at the time of the crisis or leaves a telephone message for the CC with a full report of the occurrences, including any requirements for CC follow-up. Information exchanges guides the collaboration process toward stabilization/resolution and disposition and follow through of services.
- 6. The youth and family are provided information about, and as necessary, linked to appropriate medical, social, mental health or other community resources or at minimum provided with a community resources card with contact information for accessing the resources.
- 7. The Contractor has policies procedures regarding staff transporting youth to crisis bed or emergency rooms.
- 8. Prior to arranging for emergency room assessments the staff shall seek consultation of the agency's on-call psychiatrist. The agency's psychiatrist will direct the staff regarding additional actions or preparations to take.
- 9. Staff are expected to remain with the youth at any emergency unit until the youth is transported to a Therapeutic Crisis Home (TCH), released to his/her home or the decision is made to admit the youth to acute.
- 10. If the crisis worker believes Therapeutic Crisis Home is needed, then the worker will contact the program's on-call psychiatrist for consultation.
- 11. The Crisis Mobile Outreach Contractor and the Therapeutic Crisis Homes Contractor will have a memorandum of understanding which allows for the efficient admission of youth determined to be in need of crisis placement.
- 12. The Contractor will have policies and procedures that delineate the admission process into Therapeutic Crisis Homes.
- 13. The Contractor will work closely with local Emergency Departments and Police Departments to provide services for youth experiencing a behavioral health crisis but do not meet criteria for acute psychiatric admission.
- 14. The agency must make a follow-up call to the family within twenty-four (24) hours of the mobile crisis intervention to ensure that the crisis has stabilized and referral sources (if needed) were contacted and document the results.
- 15. Staff must have at least twenty-four (24) hours of orientation training including: crisis field assessment and intervention, self-harm and suicide assessment, clinical protocols, documentation, knowledge of community resources as well as the court processes and legal documents relative to emergency procedures, and specific legal issues governing informed consents that must be completed prior to performing crisis outreach services. Training should promote evidenced-based services and best practice procedures for urgent and emergent situations.

16. The program must have documented ongoing training on a quarterly scheduled basis, to expand the knowledge base and skills relative to crisis intervention and treatment protocols as guided by the agency's training curriculum, and youth-specific situations experienced by emergency workers.

# **Documentation**

In addition to the documentation requirements listed in the general standards, these requirements must also be followed. If the standards referenced here differ from those in the general standards, these documentation requirements will supersede the general standards.

- 1. Clinical documentation must be recorded and include all significant written information available, including, but not limited to: the nature and status of the crisis; demographic information; signed parental consents to transport youth; or ex-parte applications and authorizations. All such documentation must be prepared and arranged in advance of the youth's arrival at any emergency unit.
- 2. An outreach service note must be documented for each youth. The note must include all of the following:
  - a. Identifying information: youth name, date of birth (DOB), address, phone number, legal guardian, school/home-school, and grade;
  - b. The place, date and actual time (start and end time) and duration of services rendered;
  - c. The outreach service worker rendering the service;
  - d. Description of the nature of the crisis;
  - e. Description of the nature of interventions made, including natural community resources utilized in diminishing the crisis and ensuring the safety of the youth;
  - f. The involvement of additional staff in the provision of service, particularly the on-call QMHP;
  - g. The youth's status, referrals for continued services and disposition at closure of the outreach services;
  - h. Specific follow-through recommendations, including the need for additional services; and
  - i. Documentation of follow-up phone call to the family twenty-four (24)-hours later with date and time of call and follow-up results;
- 3. A brief written summary accompanies the youth to the Therapeutic Crisis Home placement and consists of information that facilitates assessment, communication, continued stabilization and disposition of the youth.
- 4. A copy of this note is sent to the Center by closure of the next business day if the youth is registered with CAMHD.
- 5. A copy of the note documenting the results of the agency follow-up call to the family is sent to the Center by the closure of the next business day after the follow-up call, if the youth is registered with CAMHD.

# B. INITIAL MENTAL HEALTH EVALUATION (IMHE)

# Definition

An Initial Mental Health Evaluation (IMHE) provides information concerning a youth's functional impairment, mental health diagnoses and current mental health needs. The IMHE utilizes a digital template (See Appendix 4) which assures collection of the information required to make a determination regarding eligibility for CAMHD services.

This strengths-based evaluation process produces a document that is based on the CAMHD IMHE template. The template includes drop-downs and check boxes to make it easier for evaluators to complete it efficiently in order to expedite entry into CAMHD services. This service includes review of available records, interviews with the youth and caregiver(s), administration of the CAMHD version of the youth and parent Ohio Scales (Appendix 28 & 29), and production of a written report using the CAMHD IMHE template. Feedback about the results of the report may be provided to the youth and caregiver(s) during a meeting with the evaluator or in a CAMHD welcome meeting with the family and Care Coordinator.

# **Services Components**

Collect data needed to complete the IMHE template within three weeks (21 days) of the referral and authorization:

- 1. Review any available records about the youth and incorporate their findings.
- Interview the caregiver(s) about their presenting concerns, their family situation, youth's history, and youth's current functioning in the domains specified by the Child and Adolescent Functional Assessment Scale (CAFAS).
- 3. Interview the youth individually and perform a mental status exam, documenting findings in the IMHE template.
- 4. Be attentive to information that may suggest an imminent risk of some kind (e.g. suicidal thoughts, self-harming behavior) and intervene as clinically appropriate. Develop a safety plan with the youth and family if indicated.
- Administer the CAMHD version of the Youth and Parent Ohio Scales questionnaire (Appendix 28 & 29) to the youth and caregiver(s).
- Summarize and synthesize the available information in a clinical formulation and provide current DSM5/ICD10 diagnoses;
- Offer treatment recommendations, including suggestions regarding the need for additional assessment, treatment modality, priority problems to be targeted, ways to utilize strengths, etc.
- 8. Recommendations should describe the youth's needs to be addressed, the intensity of the interventions and restrictiveness of the treatment setting, but MAY NOT name specific levels of care, programs, or organizations. (e.g. you may specify that a youth is at high risk of elopement, needs 24/7 line of sight supervision in a self-contained highly structured setting, etc., but do not specify "a locked residential program" or "the

	Benchmark program");
	Recommendations shall include treatment interventions that are provided in the least restrictive manner that will address the
	needs of the youth and family;  10. Submit the signed typed IMHE template report to the FGC
	within fourteen (14) days from the date of referral. If more time
	is needed, the evaluator shall contact the Intake Coordinator with his/her reasons for the time extension requested;
	11. When the IMHE is completed by a contracted provider:  a. The QMHP who writes or supervises the evaluation retains full responsibility for the content, decisions about diagnoses, etc. Reports must comply with CAMHD standards and shall be reviewed by the Clinical Lead (CL) before results or recommendations are shared with the youth/caregivers or other team members. If there are concerns about adherence to the standards, the report will be returned to the evaluator for amendment; and
	b. Upon CL's acceptance of the report, a feedback session will be authorized and must be conducted with the youth
	and family/guardian within two (2) weeks. If, after
	extensive efforts are made (i.e. three attempts), the provider is not able to schedule a face-to-face feedback session, a phone feedback session is permissible.
Admission Criteria	The youth is enrolled with a CAMHD Center and is in the process of eligibility determination for CAMHD services;
Initial Authorizations	Unit = fifteen (15) minutes Credential: CPT code = Modifier:
	Clinical Lead may authorize may be up to twelve (12) units [three (3) hours] for evaluation activities.
	Billing limits:
	Procurement units reflect the time required for completing the review of data and the evaluation interviews. The units do not include report-writing time, as it is incorporated in the unit cost. There is no payment for travel time, wait time, no shows, or cancellations.
Reauthorizations	If the evaluator requests additional units with a clear justification for why this is needed, the Clinical Lead may determine that the more comprehensive General Mental Health Evaluation (GMHE see Standard p II-11) is needed and change the initial authorization to reflect this more intensified need for the GMHE.
	Feedback session:
	Once the Clinical Lead confirms that the IMHE report adheres to these standards, an additional four (4) units [one (1) hour] may be authorized for a feedback session with the youth/family.
Discharge Criteria	One (1) of the following criteria is met:

	<ol> <li>The evaluation sessions are completed, the typed report, using the IMHE template, has been submitted to the intake coordinator, the report has been accepted by the Clinical Lead, and the feedback session has been held; or</li> <li>The youth/family no longer wants to participate in this service and stops attending assessment meetings or revokes consent in writing prior to the completion of the report¹.</li> </ol>
Service Exclusions	The IMHE generally should NOT be conducted on youth who have already been found eligible for CAMHD services. When more assessment information is needed regarding CAMHD youth, a General Mental Health Evaluation should be conducted. The Annual Summary Evaluation should be conducted to update the IMHE.
	<ul> <li>An Initial Mental Health Evaluation is not considered medically necessary and will not be authorized under the following circumstances:</li> <li>1. No evaluation that is primarily for educational/vocational purposes;</li> <li>2. No evaluation will be performed on youth whose results may be invalid due to the active influence of a substance, substance abuse withdrawal, or similar cause; or</li> <li>3. No evaluation that is primarily for legal purposes unrelated to the youth's mental health treatment including custody evaluations, parenting evaluations, or other court ordered testing.</li> </ul>
Clinical Exclusions	Youth in need of immediate crisis stabilization because of active suicidal, homicidal, or psychotic behavior are excluded. Once stable, a youth who otherwise meets the eligibility criteria may be referred into this service;

### **Staffing Requirements**

- 1. The provider of a Mental Health Evaluation shall meet one of the following requirements:
  - a. Credentialed by CAMHD as a Qualified Mental Health Professional (QMHP);

### OR

b. Credentialed by CAMHD as a Mental Health Professional (MHP);

#### AND

- c. Working under the supervision of a QMHP. The supervisor is expected to review all data on which the current report is based, and participate in the interpretation of data and the development of the diagnoses and recommendations. The supervisor is to co-sign the report acknowledging supervisory responsibility for the evaluation.
- 2. Evaluators are to follow all applicable professional practice standards and ethical guidelines.

<sup>1</sup> The youth/family may revoke consent to be evaluated any time during the evaluation process, but once the assessment is complete, they may only revoke consent for further release of the report beyond CAMHD. CAMHD as the owner of the report will keep a copy on file.

# **Clinical Operations**

- 1. Direct service providers must coordinate with family/significant others and with other system of care partners such as education, juvenile justice, child welfare as needed to provide service.
- 2. Direct service providers must obtain consents to be evaluated and consent to release information to CAMHD. In keeping with informed consent, providers are required to inform the parent/guardian (or the youth if over age 18) that they may revoke the consent to be evaluated any time during the evaluation process, but once the report is completed they can only revoke the consent to further release beyond CAMHD. CAMHD as owner of the report will still maintain a copy in the file but will not release it further. However, this may impact service delivery.

### **Documentation**

- 1. Progress notes document all evaluation activities.
- 2. The complete IMHE template is submitted to the Intake Coordinator within fourteen (14) days from date of referral and authorization. Requests for an extension of this timeline should be directed to the Clinical Lead and should include an explanation for why the extension is needed.
- 3. The completed IMHE template is typed and includes:
  - a. Identifying information: youth name, date of birth (DOB), legal guardian, home school, grade level, IDEA status;
  - b. Reason for referral, including any specific referral question(s);
  - c. Diagnostic impression and justification for the diagnosis (DSM5/ICD10)
  - d. Recommendations that speak to the youth's treatment needs and do not specify particular types of care or treatment programs.
  - e. The report is signed by the evaluator (and his/her supervisor when applicable) acknowledging responsibility for the evaluation);
- 4. Professionally recognized standards of ethical practices are followed in all evaluations.

### C.

# **GENERAL MENTAL HEALTH EVALUATION** This service standard provides guidelines for the General Mental Definition Health Evaluations that can be performed for a range of purposes. The GMHE provides needed information concerning a youth's psychosocial functioning, mental health diagnoses and current mental health needs. This general-purpose evaluation may be performed: When an in-depth evaluation is needed to establish the correct diagnosis and determine treatment needs for a youth newly referred for CAMHD services. When comprehensive clinical and historical information about a CAMHD youth is needed to assist with coordination of services and treatment planning at a later point in the treatment process; and/or When focused clinical information is needed to address specific issues being considered by the youth's treatment team. This may include diagnostic questions, questions about personality functioning, concerns about risk management and/or questions about the use of medication as part of the youth's treatment. Medication questions require that the evaluation be performed by a physician. This strengths-based evaluation seeks to identify the needs of the youth in the context of his/her family, community, school and/or current treatment program. This service includes interviews, use of standardized assessment instruments, a written report, and feedback to the youth and the caregiver(s). When a mental health professional determines that psychological testing is needed to address the team's concerns, a separate authorization for the testing may be requested and the General Mental Health Evaluation report shall incorporate any psychological testing data collected (see Psychological Testing Standard). **Services Components** 1. Complete the collection of data and write the evaluation report within 30 days of the referral and authorization. 2. Document the reason for referral, referral source, and presenting concerns based on information provided by the person who initiated the referral and/or the guardian. 3. Review past mental health records, educational records and evaluations and synthesize the findings. 4. Interview the youth and perform a mental status exam. If desired, the Youth Mental Status Checklist (Appendix 30) may be included in the report. 5. Interview the parent(s), guardian, or other caregiver. 6. Be attentive to information that may suggest an imminent risk of some kind (e.g. suicidal thoughts, self-harming behavior) and intervene as clinically appropriate. Develop a safety plan

with the youth and family if indicated (Appendix 31). 7. Administer guestionnaires to the youth and caregiver(s),

- utilizing instruments appropriate to the referral questions; initial evaluations should utilize the CAMHD version of the Youth and Parent Ohio Scales questionnaire (Appendix 28 & 29).
- 8. When the evaluator is a physician and the evaluation question(s) include the use of medication, take vital signs or perform other lab tests and physical examinations, as needed (see also the Psychiatric Evaluation and Medication Management Standard,).
- 9. Incorporate the results of any Psychological Testing if completed as part of this evaluation (see Psychological Testing standard, p. II-24).
- Summarize and synthesize the available information in a clinical formulation and provide current DSM5/ICD10 diagnoses.
- 11. Offer treatment recommendations, including suggestions regarding treatment modality, priority problems to be targeted, ways to utilize strengths, etc.
- 12. Recommendations should describe the youth's needs to be addressed, the intensity of the interventions and restrictiveness of the treatment setting, but MAY NOT name specific types of care, programs, or organizations. (e.g. you may specify that a youth is at high risk of elopement, needs 24/7 line of sight supervision in a self-contained highly structured setting, etc., but do not specify "a locked residential program" or "the Benchmark program").
- 13. Recommendations should include treatment interventions that are provided in the least restrictive manner that will address the needs of the youth and family.
- 14. Submit the signed typed report to the CC within thirty (30) days from the date of referral. If more time is needed, the provider must contact the CC with his/her reasons for the time extension requested.
- 15. The QMHP who writes or supervises the evaluation retains full responsibility for the content, decisions about diagnoses, etc. Reports must comply with CAMHD standards for format and shall be reviewed by the Clinical Lead before results or recommendations are shared with the youth/caregivers or other team members. If there are concerns about adherence to the standards, the report will be returned to the evaluator for amendment.
- 16. Upon CL's acceptance of the report, a feedback session will be authorized and must be conducted with the youth and family/guardian within two (2) weeks. If, after extensive efforts are made (i.e. three attempts), the provider is not able to schedule a face-to-face feedback session, a phone feedback session is permissible.
- 17. When performing an initial evaluation, ensure that the following information is included in the report:
  - a. Information regarding psychosocial history, trauma and adverse events, family psychiatric and medical histories, including prenatal and developmental history, and

	descriptions of the individual's educational, legal and substance abuse status, based on the guardian interview and from other available sources;  b. Information regarding previous mental health and related services received including medications if any, and their impact. Note previous diagnoses given, and if possible, include dates of these services and diagnoses;  c. Ratings on the Child and Adolescent Functional Assessment Scale (CAFAS) must be completed, based on the data collected. The CAFAS is integrated into the CAMHD Initial Mental Health Evaluation Template
	(Appendix 4).
Admission Criteria	<ol> <li>One of the following criteria must be met:</li> <li>The youth is enrolled with a CAMHD Center and is in the process of eligibility determination for CAMHD services; or</li> <li>The youth is registered with a CAMHD Center and the Clinical Lead, in consultation with the treatment team determines there is a need for additional clinical information on the youth to inform treatment planning, and/or to address specific clinical questions.</li> </ol>
Initial Authorizations	Unit = fifteen (15) minutes Credential: CPT Code: Modifier:  Clinical Lead may authorize may be up to twenty-four (24) units [six (6) hours] for evaluation activities.  Concurrent authorization:  GMHE may be authorized at the same time as Psychological Testing (see p. II-24 when a comprehensive evaluation is needed.  Billing limits:  Procurement units reflect the time required for completing the review of data and the evaluation process. The units do not include report-writing time, as it is incorporated in the unit cost. There is no payment for travel time, wait time, no shows, or cancellations.
Reauthorizations	Evaluator may request additional units with a clear justification for why this is needed. The Clinical Lead may authorize up to sixteen (16) units [four (4) hours] if the need for additional hours are justified.  Feedback session:  Once the Clinical Lead confirms that the evaluation report adheres to these standards, an additional four (4) units [one hour] may be authorized for a feedback session with the youth/family.
Discharge Criteria	One (1) of the following criteria is met:  1. The evaluation sessions are completed, the typed report has been submitted to the CC, the report has been accepted by the Clinical Lead, and the feedback session has been held; or

	2. The youth/family no longer wants to participate in this service and stops attending assessment meetings or revokes consent in writing prior to the completion of the report <sup>2</sup> .
Service Exclusions	<ul> <li>General Mental Health Evaluation is not considered medically necessary and will not be authorized under the following circumstances:</li> <li>1. No evaluation that is primarily for educational/vocational purposes.</li> <li>2. No evaluation will be performed on youth whose results may be invalid due to the active influence of a substance, substance abuse withdrawal, or similar cause.</li> <li>3. No evaluation that is primarily for legal purposes unrelated to the youth's mental health treatment including custody evaluations, parenting evaluations, or other court ordered testing.</li> <li>4. No evaluation for youth who have had a Mental Health Evaluation within the past 12 months and no new clinical questions have been raised.</li> </ul>
Clinical Exclusions	Youth in need of immediate crisis stabilization because of active suicidal, homicidal, or psychotic behavior. Once stable, a youth who otherwise meets the eligibility criteria may be referred into this service;

# **Staffing Requirements**

- 1. The provider of a General Mental Health Evaluation shall meet one of the following requirements:
  - a. Credentialed by CAMHD as a Qualified Mental Health Professional (QMHP);

### OR

b. Credentialed by CAMHD as a Mental Health Professional (MHP);

#### **AND**

- c. Working under the supervision of a QMHP. The supervisor is expected to review all data on which the current report is based, and participate in the interpretation of data and the development of the diagnoses and recommendations. The supervisor is to co-sign the report acknowledging supervisory responsibility for the evaluation.
- 2. Evaluators are to follow all applicable professional practice standards and ethical guidelines.

### **Clinical Operations**

Direct service provider

- 1. Direct service providers must coordinate with family/significant others and with other systems of care partners such as education, juvenile justice, child welfare as needed to provide service.
- 2. Direct service providers must obtain consents to be evaluated and consent to release information to CAMHD. In keeping with informed consent, providers are required to inform the parent/guardian (or the youth if over age 18) that they may revoke the consent to be evaluated any time during the evaluation process, but once the report is complete they can only revoke the consent to further

<sup>&</sup>lt;sup>2</sup> The youth/family may revoke consent to be evaluated any time during the evaluation process, but once the assessment is complete they may only revoke consent for further release of the report beyond CAMHD. CAMHD as the owner of the report will keep a copy on file.

release beyond CAMHD. CAMHD as owner of the report will still maintain a copy in the file but will not release it further. However, this may impact service delivery.

### **Documentation**

- 1. Progress notes document all evaluation activities.
- 2. The complete written report is submitted to the CC within thirty (30) days from date of referral and authorization. Requests for an extension of this timeline should be directed to the Clinical Lead and should include an explanation for why the extension is needed.
- 3. The typed written report includes:
  - a. Date(s) of evaluation sessions and date of report;
  - b. Identifying information: youth name, date of birth (DOB), legal guardian, home school, grade level, IDEA status;
  - c. Reason for referral, including any specific referral question(s);
  - d. Sources of information: including review of records, interviews, and assessment tools.
  - e. Results of psychological testing if a separate authorization for testing has been issued.
  - f. Diagnostic impression and justification for the diagnosis (DSM5/ICD10)
  - g. Recommendations that speak to the youth's treatment needs and do not specify particular types of care or treatment programs.
  - h. The report is signed by the evaluator (and his/her supervisor when applicable) acknowledging responsibility for the evaluation; and
  - i. The written report includes all of the clinical information outlined in the standard, above.
- 4. Professionally recognized standards of ethical practices are followed in all evaluations.

# D. SUMMARY ANNUAL EVALUATION (SAE)

SUMMARY ANNUAL EVAL	
Definition	This evaluation is performed in order to describe the current status of the youth and his or her circumstances. It is performed yearly, when the Clinical Lead determines that there are no clinical concerns that would call for a more in-depth Mental Health Evaluation to be performed instead. The service includes a brief evaluation and report, with feedback to the youth and his/her parent(s) or guardian(s). Contracted providers that are currently providing services and that have known the youth for at least three (3) months shall provide the SAE when it is due or as defined in the specific service standard.
Services Components	<ol> <li>Obtain written informed consent before conducting evaluation.</li> <li>Evaluation activities may include a record review and brief interviews with the youth, family members or other collaterals as needed to complete the summary.</li> <li>The SAE utilizes a digital template (See Appendix 5); download at: http://health.hawaii.gov/camhd/ which assures collection of the information CAMHD requires.</li> <li>The CAFAS/PECFAS¹ information from the CC shall be included in the report.</li> <li>The Ohio Scales (See Appendix28 &amp; 29), ASEBA checklist or other global measure of psychiatric symptoms (e.g. the BASC, Strengths and Difficulties Questionnaire) including Parent and youth self-report versions² obtained from CC shall be included in report.</li> <li>Summarize and synthesize the available information in a clinical formulation and provide current diagnostic impression following the evaluation template.</li> <li>Offer treatment recommendations, including suggestions regarding treatment modality, priority problems to be targeted, ways to utilize strengths, etc.</li> <li>Assure that the following information is included in the report:         <ul> <li>Significant changes and/or new information regarding developmental, medical, family, social, educational, legal, substance abuse, medical and psychiatric status, exposure to trauma and use of and reasons for psychotropic medications;</li> <li>Summary of treatment and progress over the past year; and</li> <li>Behavioral observations and mental status exam (a mental status checklist is incorporated into the report template);</li> </ul> </li> <li>Strength-based recommendations for any needed changes in the service plan should be included, with suggested goals and measurable objectives. Recommendations will conform to the following:</li> </ol>

<sup>&</sup>lt;sup>1</sup> The PECFAS is the appropriate instrument for children under the age of 6 years.

<sup>&</sup>lt;sup>2</sup> There are times when the youth will refuse to complete the symptom checklist, or the parent is unavailable to complete their comparable versions or does not return the data within the timeline. This should be noted and discussed in the written evaluation report.

	a Describe and address the chief complaint of the youth and
	<ul> <li>a. Describe and address the chief complaint of the youth and family and build upon strengths;</li> <li>b. Avoid specifying a particular service, program or eligibility status. For example, it should not be specified that youth needs "residential treatment." Instead, recommendations should focus on youth's particular needs, e.g. "the youth is in need of close supervision due to"; and</li> <li>c. Include treatment interventions that are provided in the least restrictive manner that will address the needs of the young adult or youth and family. These may include therapeutic interventions or behavior support strategies;</li> <li>10. Complete the collection of data using the Summary Annual Evaluation template. Submit the signed report to the CC for review by the Clinical Lead within thirty (30) days of authorization or verbal request if request is being made to a service already being provided and required to conduct SAE as part of service delivery.</li> <li>11. The report's compliance with these standards must be approved by the Clinical Lead before results/recommendations are shared with the parents or other team members. If the report does not meet these standards, it will be returned to the evaluator for amendment.</li> <li>12. Upon approval of the report, a treatment team meeting will be scheduled with the youth and family/guardian within two (2) weeks to present evaluation results and just MHTP if needed. If, after extensive efforts are made (i.e. three attempts), the provider is not able to attend a treatment team meeting, a phone meeting is the alternative. Inability to contact the family within the specified time must be documented in the progress notes.</li> </ul>
Admission Criteria	All the following criteria are met:
	Youth needs a SAE as part of the comprehensive delivery of services.
Initial Authorizations	Unit = fifteen (15) minutes Credential: CPT code: Modifier: 90791
	Clinical Lead may authorize up to eight (8) units [two (2) hours] for evaluation activities, <b>only if the evaluation is NOT required as part of the services already being provided.</b> If the evaluation is required as part of the scope of service already being procured, then the evaluation is provided under that service authorization.  Billing limits:
	Procurement units reflect the time required for completing the
	review of data and evaluation process. The units do not include report-writing time, as it is incorporated in the unit cost. There is no payment for travel time, wait time, no shows, or cancellations.
Reauthorization	Once the Clinical Lead confirms that the SAE adheres to these standards, an additional four (4) units [one (1) hour] may be

	authorized for a presentation of findings at a treatment team.
Discharge Criteria	One (1) of the following criteria is met:
	<ol> <li>The evaluation sessions are complete, the typed report has been submitted to the CC, the report has been approved by the Clinical Lead and discussed in a treatment team meeting;</li> <li>The youth/family no longer wants to participate in this service and revokes consent in writing prior to the completion of the report<sup>3</sup>.</li> </ol>
Service Exclusions	SAE will not be considered medically necessary and will not be authorized under the following conditions:
	No evaluation that is primarily for educational/vocational purposes.
	No evaluations on youth whose results may be invalid due to the active influence of a substance, substance abuse
	withdrawal, or similar cause.
	<ol> <li>No evaluation that is primarily for legal purposes including custody evaluations, parenting assessments, or other court ordered testing.</li> </ol>
	No evaluation for youth who have a Mental Health Evaluation current within one (1) year or those being referred for a more in-depth Mental Health Evaluation.
	The service currently being provided is required to conduct the evaluation as part of the services offered.
Clinical Exclusions	Youth in need of immediate crisis stabilization because of active suicidal, homicidal, or psychotic behavior. Once stable, a youth who otherwise meets the eligibility criteria may be referred into this service.

## **Staffing Requirements:**

In addition to the staffing requirements listed in the general standards, these staffing requirements must also be followed. If the standards referenced here differ from those in the general standards, these staffing requirements will supersede the general standards.

- 1. The provider of a Summary Annual Evaluation shall meet one (1) of the following requirements:
  - a. Credentialed by CAMHD as a Qualified Mental Health Professional (QMHP);

### OR

b. Credentialed by CAMHD as a Mental Health Professional (MHP);4

### **AND**

Working under the supervision of a QMHP. The supervisor is expected to review all data on which the current report is based, and participate in the interpretation of data and the development of the diagnoses and recommendations. The supervisor is to co-sign the report acknowledging supervisory responsibility for the evaluation.

<sup>&</sup>lt;sup>3</sup> The youth/family may revoke consent to be evaluated anytime during the evaluation process, but once the assessment is completed they may only revoke consent for further release of the report beyond CAMHD. CAMHD as the owner of the report will keep a copy on file.

<sup>&</sup>lt;sup>4</sup>MST therapists who are credentialed as paraprofessionals may complete summary annual evaluations under supervision of their MST supervisor.

2. Evaluators are to follow all applicable professional practice standards and ethical guidelines.

# **Clinical Operations**

In addition to the clinical operation requirements listed in the general standards, these requirements must also be followed. If the standards referenced here differ from those in the general standards, these clinical operations requirements will supersede the general standards.

- 1. Direct service providers shall collaborate with family/significant others and with other systems of care partners such as education, juvenile justice, child welfare as needed to provide coordinated services.
- 2. Direct service providers must obtain consents to conduct the evaluation and consent to release information to CAMHD. In keeping with informed consent, providers are required to inform the parent/guardian (or the youth if over age 18) that they may revoke the consent to be evaluated anytime during the evaluation process, but once the report is completed they can only revoke the consent to further release beyond CAMHD. CAMHD as owner of the report will still maintain a copy in the file but will not release further. However, this may impact service delivery.

#### **Documentation**

In addition to the documentation requirements listed in the general standards, these requirements must also be followed. If the standards referenced here differ from those in the general standards, these documentation requirements will supersede the general standards.

- 1. Progress notes document all assessment activities.
- 2. The complete SAE template is submitted to the CC within thirty (30) days from date of authorization or verbal request if request is being made to a service already being provided and required to conduct SAE as part of service delivery.
- 3. The completed SAE template is type written and includes:
  - a. Date(s) of evaluation and date of report;
  - b. Identifying information: young adult or youth name, date of birth (DOB), legal guardian, home school, grade level, IDEA status;
  - c. Reason for referral, including specific referral question(s);
  - d. Sources of information: including review of records, interviews, and evaluation tools;
  - e. The report is signed by the evaluator (and his/her supervisor when applicable) acknowledging responsibility for the evaluation); and
  - f. The type written report includes all of the clinical information outlined in the standard, above.
- 4. Professionally recognized standards of ethical practices are followed in all evaluations.

# E.

Definition	Specialized diagnostic and evaluation services involving a
	strengths-based approach to identify youths' needs in the specific
	context of sexually abusive behaviors that have led to the youth
	being arrested, charged, or adjudicated for a sexual offense.
	Service components include conducting a comprehensive risk
	assessment and providing a written assessment report.
	Psychosexual assessments are preceded by information gatherin
	from existing sources and should not occur unless a General
	Mental Health Evaluation, Emotional Behavioral assessment, or
	Psychiatric Assessment has been completed within the last year.
	The psychosexual assessment is designed to build on the prior
	mental health assessments, using specialized psychometric
	instruments designed to assess sexual attitudes and interests.
Samilana Official	
Services Offered	Make appointment with the youth and family within one (1) week of referral and authorization.
	2. Review and incorporate any relevant data including
	developmental, psychosocial, medical, educational, clinical,
	behavioral, psychiatric and legal histories as provided by the
	CC or Juvenile Probation Officer.
	3. Conduct face-to-face or phone interviews with individuals when the second translation and the phone interviews with individuals when the second translation and the phone interviews with individuals when the second translation and the phone interviews with individuals when the second translation is a second translation.
	have first hand knowledge of the behavior, functioning and
	alleged offense of the youth. This must include obtaining the
	victim's statement about the offense and reports from the
	victim's mental health service provider whenever possible.
	4. Interview family/significant others and the youth face-to-face.
	5. Administer developmentally and clinically appropriate
	psychometric instruments that are evidence-based or are
	considered best practice among sexual offense treatment
	specialists to assess sexual attitudes and behaviors (e.g., Multiphasic Sex Inventory, Child Sexual Behavior Inventory,
	Adolescent Cognition Scale).
	6. Summarize and synthesize the available information in a
	clinical formulation and describe the youth's risk to the
	community.
	7. Provide current DSM5/ICD-10 diagnostic impression.
	8. Offer treatment recommendations, including suggestions
	regarding treatment modality, priority problems to be targeted
	ways to utilize strengths, etc. Recommendations need to
	specify clinical interventions and techniques that should be
	used to target the needs of the youth based on the clinical
	formulation.
	Recommendations should describe the intensity of the
	interventions and restrictiveness of the treatment setting, but
	MAY NOT name specific levels of care, programs or
	organizations. (e.g. you may specify that a youth needs 24/7
	line of sight supervision in a secure self-contained setting, etc
	but do not specify "a locked residential program").
	10. Assessors are to provide recommendations on how the youth
	progress in treatment should be measured over time.

	<ol> <li>Assessors are to provide recommendations on how the family will be included in the treatment to ensure family involvement and maximum treatment benefit.</li> <li>Recommendations shall include treatment interventions that are provided in the least restrictive manner that will address the needs of the youth and family.</li> <li>Submit the signed typed report to the CC within thirty (30) days from the date of referral. If more time is needed, the provider must contact the CC with his/her reason for time extension requested.</li> <li>The report must be approved by the Clinical Lead before results/recommendations are shared with the parents or other team members. If the report does not meet these standards, it will be returned to the evaluator for amendment.</li> <li>Upon approval of the report, a feedback session will be authorized and must be conducted with the youth and family/guardian. If, after extensive efforts are made (i.e. three attempts), the provider is not able to schedule a face-to-face feedback session, a phone feedback session is the alternative. Inability to contact the family within the specified time must be documented in the progress notes.</li> </ol>
Admission Criteria	All of the following criteria must be met:
	<ol> <li>The youth has been arrested, charged, or adjudicated for a sexual offense<sup>6</sup>; and</li> <li>The CMP/CSP has determined that the youth is in need of a specialized psychosexual evaluation because of a need to understand the youth's sexual behavior or attitudes in order to provide appropriate treatment for the youth's emotional or behavioral problems.</li> </ol>
Initial Authorizations	Unit = fifteen (15) minutes Credential: CPT Code: Modifier:
	Clinical Lead may authorize up to twenty-four (24) units [six (6) hours] for evaluation activities.  Concurrent authorization:
	If there is no Mental Health Assessment current within one year,
	the Clinical Lead may also authorize the provider to complete a General Mental Health Evaluation along with the Psychosexual Assessment.
	Billing limits:
	Procurement units reflect the time required for completing the review of data and assessment process. The units do not include report-writing time, as it is incorporated in the unit cost. There is no

<sup>&</sup>lt;sup>6</sup> When there are treatment-related concerns about the sexual behavior or attitudes of a youth, and the youth has NOT been arrested or charged with a sexual offense, the youth may be referred for a Mental Health Evaluation and Psychological Testing to address the specific clinical questions.

	payment for travel time, wait time, no shows, or cancellations.
Reauthorization	Once the Clinical Lead confirms that the evaluation report adheres to these standards, an additional four (4) units [one hour] may be authorized for a feedback session with the youth/family.
Discharge Criteria	At least one (1) of the following criteria are met:
	<ol> <li>The assessment sessions are completed, the written report has been approved by the Clinical Lead, and the feedback session has been held; or</li> <li>The youth/family no longer wants to participate in this service and revokes consent in writing prior to the completion of the report<sup>7</sup>.</li> </ol>
Clinical Exclusions	<ol> <li>Psychosexual Assessment will not be authorized under the following conditions:         <ol> <li>Youth in need of immediate crisis stabilization because of active suicidal, homicidal, or psychotic behavior. Once stable, youth who otherwise meet the eligibility criteria may be referred.</li> <li>Youth eleven (11) years or younger.</li> <li>Youth who have not been arrested, or charged with a sexual offense. When there are treatment-related concerns about the sexual behavior or attitudes and the youth has NOT been arrested or charged with a sexual offense, youth may be referred for a General Mental Health Evaluation (p. II-11) and Psychological Testing (p. II-24) to address the specific clinical questions.</li> </ol> </li> </ol>

# **Staffing Requirements**

- 1. The following practitioners may provide Psychosexual Assessment Services:
  - a. Credentialed QMHP with a minimum of three (3) years experience conducting psychosexual assessments. Specifically, providers must have special training and demonstration of competency in specific testing measures for offenders and documentation of training in child abuse laws and procedures for evaluating and investigating psychosexual disorders. Providers must comply with any state certification or license requirements for performing specific assessments for offenders;

### OR

b. QMHPs who do not meet these requirements for relevant experience and demonstrated competency or MHPs may perform Psychosexual Assessments under the direct supervision of a QMHP who is qualified under these standards. The supervising QMHP must co-sign the report acknowledging supervisory responsibility for the assessment.

<sup>&</sup>lt;sup>7</sup> The youth/family may revoke consent to be evaluated anytime during the evaluation process, but once the assessment is complete they may only revoke consent for further release of the report beyond CAMHD. CAMHD as the owner of the report will keep a copy on file.

# **Clinical Operations**

- 1. Direct service provider must coordinate with family/significant others and with other systems of care partners such as education, juvenile justice system, child welfare as needed to complete the assessment.
- 2. Direct service provider must obtain consent to be evaluated and consent to release information to CAMHD. In keeping with informed consent, providers are required to inform the guardian (or the youth if over age 18) that they may revoke the consent to be evaluated anytime during the evaluation process, but once the report is completed they can only revoke the consent to further release beyond CAMHD. CAMHD as the owner of the report will still maintain a copy in the file but will not release further. However, this may impact service delivery.

### **Documentation**

- 1. Progress notes are written to document all assessment activities.
- 2. Complete typed Psychosexual Assessment report is due within thirty (30) days from date of referral and authorization. Written report includes all of the following:
  - a. Date(s) of assessment and date of report;
  - b. Identifying information: youth name, Date of Birth, legal guardian, home school, grade level, IDEA status:
  - c. Reason for referral, including specific referral question(s);
  - d. Sources of information: including review of records, interviews, and assessment tools;
  - e. The youth's offense history, including information from the youth's Juvenile Justice records;
  - f. Description and history of presenting problems and concerns about behavior of a sexual nature;
  - g. Assessment results and interpretation; must include specific scores from psychometric instruments, plotted profiles when appropriate, and clear interpretations;
  - h. The report is signed by the assessor (and his/her supervisor when applicable) acknowledging responsibility for the assessment); and
  - i. The written report includes all of the clinical information outlined in the aforementioned standard.
- 3. Professionally recognized standards of ethical practices are followed in all assessments.

# F. PSYCHOLOGICAL TESTING

PSYCHOLOGICAL TESTIN	
Definition	Psychological testing is performed as one component of a General Mental Health Evaluation (see page II-11), and it is not authorized as a stand-alone service. Psychological testing results must be integrated into the written General Mental Health Evaluation report, and must be utilized to answer the referral question(s).  Psychological testing is the use of one or more standardized measurements, instruments or procedures to observe or record human behavior, and requires the application of appropriate normative data for interpretation or classification. Psychological testing may be used to guide differential diagnosis in the treatment of mental health disorders and disabilities. Testing may also be used to provide an assessment of cognitive and intellectual abilities, personality and emotional characteristics, and Neuropsychological functioning.
Services Components	<ol> <li>Obtain the parent/legal guardian's informed consent to the testing.</li> <li>Review any available past testing reports.</li> <li>Conduct psychological testing with instruments appropriate to the referral questions and the age, functioning level and cultural background of the youth.</li> <li>Score and interpret the test results.</li> <li>Incorporate the test results into the General Mental Health Evaluation report.</li> </ol>
Admission Criteria	<ul> <li>One of the following criteria are met:</li> <li>1. The clinical team has determined that a mental health evaluation is needed to answer specific clinical questions or guide treatment planning; or</li> <li>2. A mental health professional has determined that psychological testing is needed to supplement interview information in order to address the referral question(s).</li> </ul>
Initial Authorizations	Unit = fifteen (15) minutes Credential: CPT code: Modifier:  Clinical Lead may authorize up to sixteen (16) units [four (4) hours] for testing.  Concurrent authorization:  General Mental health evaluation must be authorized along with psychological testing.  Billing limits:  Procurement units reflect the time required for completing the review of data and assessment process. The units do not include report-writing time, as it is incorporated in the unit cost. There is no payment for travel time, wait time, no shows, or cancellations.

Reauthorization	If under exceptional circumstances additional units are needed for testing activities, the provider must submit justification to the Clinical Lead. The justification must include an explanation of why the standard authorization was insufficient as well as the details of the specific psychological tests to be utilized.  The Clinical Lead may authorize up to eight (8) units [two (2) hours]. No more than 24 units of psychological testing may be authorized per 12-month period.
Discharge Criteria	<ul> <li>One (1) of the following criteria is met:</li> <li>1. The psychological testing procedures have been completed and the results have been incorporated into the General Mental Health Evaluation report; or</li> <li>2. The youth/family no longer wants to participate in this service and revokes consent in writing prior to the completion of the report¹.</li> </ul>
Service Exclusions	<ul> <li>Psychological testing is not considered medically necessary and will not be authorized under the following circumstances:</li> <li>1. No authorization of testing that is primarily for educational/vocational purposes.</li> <li>2. No authorization of extensive test battery given to all new clients regardless of individual need.</li> <li>3. No authorization of testing if results may be invalid due to the active influence of a substance, substance abuse withdrawal, or similar cause.</li> <li>4. No authorization of testing that is primarily for legal purposes including custody evaluations, parenting assessments, or other court ordered testing.</li> <li>5. No authorization if requested tests are Experimental or Investigative, antiquated, or not validated.</li> <li>6. No authorization of testing as a standalone service. Psychological Testing is authorized only when needed as part of a General Mental Health Evaluation.</li> </ul>
Clinical Exclusions	Youth in need of immediate crisis stabilization because of active suicidal, homicidal, or psychotic behavior. Once stable, youth who otherwise meet the eligibility criteria may be referred into this service.

# **Staffing Requirements**

- 1. The provider of Psychological Testing must be a CAMHD credentialed QMHP meeting one (1) of the following requirements:
  - a. Credentialed by CAMHD as a Qualified Mental Health Professional (QMHP);

<sup>1</sup> The youth/family may revoke consent to be evaluated anytime during the evaluation process, but once the

assessment is complete they may only revoke consent for further release of the report beyond CAMHD. CAMHD as the owner of the report will keep a copy on file.

### OR

- b. Credentialed by CAMHD as a Mental Health Professional (MHP) and working under the supervision of a QMHP. The supervisor is expected to review all data on which the current report is based, and participate in the interpretation of data and the development of the diagnosis and recommendations. The supervisor is to co-sign the report acknowledging supervisory responsibility for the assessment.
- 2. Assessors are to follow all applicable professional practice standards and ethical guidelines.
- 3. Assessors are expected to provide only those services and utilize only those assessment instruments for which they have received adequate training. Most psychological testing must be performed only by a licensed psychologist or by a psychologist-in-training under the supervision of a licensed psychologist.

# **Clinical Operations**

- 1. Direct service providers must coordinate with family/significant others and with other systems of care partners such as education, juvenile justice system, child welfare as needed to provide service.
- 2. Direct service providers must obtain consents to be evaluated and consent to release information to CAMHD. In keeping with informed consent, providers are required to inform the parent/guardian (or the youth if over age 18) that they may revoke the consent to be evaluated anytime during the evaluation process, but once the report is completed they can only revoke the consent to further release beyond CAMHD. CAMHD as owner of the report will still maintain a copy in the file but will not release further. However, this may impact service delivery.

#### **Documentation**

- 1. Progress notes document all assessment activities and describe the tests administered.
- 2. The complete typed General Mental Health Evaluation including the incorporation of testing information is submitted to the CC within thirty (30) days from date of referral and authorization.

## G. INDIVIDUAL THERAPY

# Definition Regularly scheduled face-to-face therapeutic services with a youth focused on improving his/her individual functioning. Individual therapy includes interventions such as attachment focused playbased interventions, cognitive-behavioral strategies, motivational interviewing, psycho-education of the youth, skills training, safety and crisis planning, and facilitating access to other community services and supports. Data are gathered regularly through selfmonitoring, parent monitoring, or frequent administration of brief standardized measures in order to track progress toward meeting treatment goals. These therapy services are designed to promote healthy independent functioning and are intended to be focused and time-limited, with interventions reduced and discontinued as the youth and family are able to function more effectively. The usual course of treatment is six (6) to twenty-four (24) sessions or six (6) months. This service should be provided in conjunction with at least occasional family therapy sessions, and may include a brief "check-in" with the parent or guardian as part of the individual session. **Services Components** The provider must initiate services within two (2) weeks of referral and authorization unless otherwise indicated by the CC. Individual therapy includes all of the following: 1. Access and review all historical and assessment data available in the youth's clinical record. 2. Meet with the youth and relevant family member(s) in order to engage them in the treatment process, review confidentiality and consent<sup>9</sup> and assess and identify relevant issues, needs, and goals for treatment planning. 3. Develop a written MHTP in collaboration with the youth and family. 4. Involve other relevant parties in treatment planning (such as schools, psychiatric providers, extended family members) as indicated and with the permission of the parent/guardian. Regular consultation sessions with the parent(s) or quardian(s) will be conducted as appropriate. 5. Conduct regular sessions to work with the youth to facilitate his/her ability to cope and function in a healthy manner through positive engagement, encouragement, support, evidencedbased interventions, psycho-education, skills training, and linkages to appropriate community services and resources. 6. Review interventions, needs, goals and progress with the youth and family monthly utilizing data regarding the major treatment targets. These data should be collected regularly via selfmonitoring, parent monitoring, client/parent ratings, or brief standardized measures. 7. Adjust the treatment plan as needed based on the youth's

<sup>9</sup> Review specific issues regarding confidentiality and consent for services for adolescents.

8. Assist with discharge planning in collaboration with CC. This

	may include participation in transitional therapy sessions if the youth is transferred to a new level of care or new provider(s).
Admission Criteria	<ul> <li>All of the following criteria are met:</li> <li>The CMP/CSP includes this service and with identified treatment targets and objectives for this service prior to admission;</li> <li>The youth must be identified as needing extra support to increase developmentally appropriate peer and adult interactions, coping skills and/or manage psychiatric illness;</li> <li>There is reasonable expectation that the youth will benefit from this service, i.e., that therapy will remediate symptoms and/or improve functioning;</li> <li>The youth is willing to participate in the service and the parent or guardian provides consent; and</li> <li>If the youth is diagnosed with a disruptive behavior disorder and is age 12 or older, the use of one of the evidenced-based treatments (MST or FFT) has been documented before seeking Individual Therapy, unless there is clear and compelling documented clinical evidence that the youth is inappropriate for an evidenced-based treatment at this time.</li> </ul>
Initial Authorizations	Unit = fifteen (15) minutes Credential: CPT code: Modifier  Clinical Lead may authorize up to sixteen (16) units [four (4) hours] per thirty (30) days for up to ninety (90) days.  Service limits:  The total time in individual therapy sessions is not expected to exceed three (3) hours per week. If more intensive services are needed past a temporary crisis, the youth/family should be referred to another more intensive service (i.e. MST, FFT or Intensive In-Home Therapy)  If additional units are needed due to a temporary crisis, the Clinical Lead will review and approve the request for additional units.  Billing limits:  Telephone contacts and logistical planning/preparation are included in the unit cost. There is no payment for phone calls, travel time, wait time, no-shows, or cancellations.
Reauthorization	The Clinical Lead may reauthorize up to sixteen (16) units [four (4) hours] per thirty (30) days for up to ninety (90) days.
Continuing Stay Criteria	All of the following criteria must be met as determined by clinical review:  1 Youth and family are actively involved in treatment;  2 There are regular and timely progress reviews and documentation of youth's response to interventions. Timely and appropriate modifications to the MHTP are made that are

consistent with the youth's status;  3 An appropriate evidenced-based approach is being utilized and it is being provided with adequate fidelity to the model;  4 At least one (1) of the following criteria must be met:  a. Youth is demonstrating progress, but goals have not yet been met, there is reason to believe that goals can be met with ongoing therapy services;  b. Minimal progress toward treatment goals has been demonstrated, there is reason to believe that goals can be met with ongoing therapy services;  c. Symptoms or behaviors persist at a level of severity that was documented upon admission, and the projected time frame for attainment of treatment goals has not been reached. However, a less restrictive service would not adequately meet the youth's needs, and other more intensive services are not considered appropriate at this time. The treatment plan has been adjusted and there is reason to anticipate improved response to the planned approaches; or  d. New symptoms have developed, and the behaviors and the behavior can be safely and effectively addressed through individual therapy services with an updated treatment plan.  Poscharge Criteria  Touth is no longer in need of or eligible for this service due to one (1) of the following:  1 Targeted symptoms and/or maladaptive behaviors have lessened to a level of severity which no longer requires this level of care as documented by substantial attainment of goals in the treatment plan;  2 Youth has demonstrated minimal or no progress toward treatment goals for a three (3) month period and appropriate modifications of plans have been made and implemented with no significant success, suggesting the youth is not benefiting from individual therapy services at this time:  3 Youth exhibits new symptoms and/or maladaptive behaviors which cannot be safely and effectively addressed through individual therapy services;  4 Youth or family is not willing to continue to participate in the services and revoke consent with no imminent danger to self or others; or  5 The y		The state of the s
(1) of the following:  1 Targeted symptoms and/or maladaptive behaviors have lessened to a level of severity which no longer requires this level of care as documented by substantial attainment of goals in the treatment plan;  2 Youth has demonstrated minimal or no progress toward treatment goals for a three (3) month period and appropriate modifications of plans have been made and implemented with no significant success, suggesting the youth is not benefiting from individual therapy services at this time;  3 Youth exhibits new symptoms and/or maladaptive behaviors which cannot be safely and effectively addressed through individual therapy services;  4 Youth or family is not willing to continue to participate in the services and revoke consent with no imminent danger to self or others; or  5 The youth is no longer eligible for CAMHD services. As part of discharge, the CC will help coordinate transfer to appropriate treatment services in the least disruptive manner possible;  Service Exclusions  Not offered at the same time as any Out-of-Home service, IIH, IILS, ABI, Multisystemic Therapy, or FFT unless the Individual Therapy is specialized and designed to address a specific and targeted problem area (e.g. sexual offending behavior) and is		<ul> <li>it is being provided with adequate fidelity to the model;</li> <li>4 At least one (1) of the following criteria must be met: <ul> <li>a. Youth is demonstrating progress, but goals have not yet been met, there is reason to believe that goals can be met with ongoing therapy services;</li> <li>b. Minimal progress toward treatment goals has been demonstrated, there is reason to believe that goals can be met with ongoing therapy services;</li> <li>c. Symptoms or behaviors persist at a level of severity that was documented upon admission, and the projected time frame for attainment of treatment goals has not been reached. However, a less restrictive service would not adequately meet the youth's needs, and other more intensive services are not considered appropriate at this time. The treatment plan has been adjusted and there is reason to anticipate improved response to the planned approaches; or</li> <li>d. New symptoms have developed, and the behaviors and the behavior can be safely and effectively addressed through</li> </ul> </li> </ul>
(1) of the following:  1 Targeted symptoms and/or maladaptive behaviors have lessened to a level of severity which no longer requires this level of care as documented by substantial attainment of goals in the treatment plan;  2 Youth has demonstrated minimal or no progress toward treatment goals for a three (3) month period and appropriate modifications of plans have been made and implemented with no significant success, suggesting the youth is not benefiting from individual therapy services at this time;  3 Youth exhibits new symptoms and/or maladaptive behaviors which cannot be safely and effectively addressed through individual therapy services;  4 Youth or family is not willing to continue to participate in the services and revoke consent with no imminent danger to self or others; or  5 The youth is no longer eligible for CAMHD services. As part of discharge, the CC will help coordinate transfer to appropriate treatment services in the least disruptive manner possible;  Service Exclusions  Not offered at the same time as any Out-of-Home service, IIH, IILS, ABI, Multisystemic Therapy, or FFT unless the Individual Therapy is specialized and designed to address a specific and targeted problem area (e.g. sexual offending behavior) and is	Discharge Criteria	
IILS, ABI, Multisystemic Therapy, or FFT unless the Individual Therapy is specialized and designed to address a specific and targeted problem area (e.g. sexual offending behavior) and is		<ol> <li>(1) of the following:</li> <li>Targeted symptoms and/or maladaptive behaviors have lessened to a level of severity which no longer requires this level of care as documented by substantial attainment of goals in the treatment plan;</li> <li>Youth has demonstrated minimal or no progress toward treatment goals for a three (3) month period and appropriate modifications of plans have been made and implemented with no significant success, suggesting the youth is not benefiting from individual therapy services at this time;</li> <li>Youth exhibits new symptoms and/or maladaptive behaviors which cannot be safely and effectively addressed through individual therapy services;</li> <li>Youth or family is not willing to continue to participate in the services and revoke consent with no imminent danger to self or others; or</li> <li>The youth is no longer eligible for CAMHD services. As part of discharge, the CC will help coordinate transfer to appropriate treatment services in the least disruptive manner possible;</li> </ol>
	Service Exclusions	IILS, ABI, Multisystemic Therapy, or FFT unless the Individual Therapy is specialized and designed to address a specific and targeted problem area (e.g. sexual offending behavior) and is
Clinical Exclusions  Youth in need of immediate crisis stabilization because of active suicidal, homicidal, or psychotic behavior. Once stable, youth who	Clinical Exclusions	

otherwise meet the eligibility criteria may be referred to this service.

# **Staffing Requirements**

In addition to the staffing requirement listed in the general standards, these staff requirements must also be followed. If the standards referenced here differ from those in the general standards, these staffing requirements will supersede the general standards.

- 1. Individual Therapy services must be provided by personnel that meet <u>one</u> (1) of the following requirements:
  - a. Credentialed by CAMHD as a Qualified Mental Health Professional (QMHP);

### OR

b. Credentialed by CAMHD as a Mental Health Professional (MHP);

### AND

- c. Working under the supervision of a QMHP. The supervisor is expected to review all of the supervisees work in detail.
- 2. Providers are to follow all applicable professional practice standards and ethical guidelines.

# **Clinical Operations**

In addition to the clinical operation requirements listed in the general standards, these requirements must also be followed. If the standards referenced here differ from those in the general standards, these clinical operation requirements will supersede the general standards.

- 1. Direct service providers shall coordinate with family/significant others and with other systems of care partners such as education, juvenile justice system, child welfare as needed to provide service.
- 2. Please see Section I General Standards for additional clinical operation requirements:
  - A. Core Components of Current CAMHD System
    - Commitment to Clinical Excellence & Co-management of Care
  - E. Referral Process for Contracted Services:
  - F. Commitment to Serve All Youth;
  - G. Training;
  - H. Supervision;
  - I. Credentialing;
  - L. Service Quality:
  - N. Risk Management:
  - O. Additional Reporting Requirements
    - Weekly Census Report of Client Status
  - P. Youth Rights and Confidentiality

#### Documentation

In addition to the documentation requirements listed in the general standards, these requirements must also be followed. If the standards referenced here differ from those in the general standards, these documentation requirements will supersede the general standards.

- 1. A written MHTP and current safety plan identifying targets of treatment with realistic goals, objectives and discharge criteria linked to the admission behavior/symptoms will be submitted to the CAMHD Center with ten (10) calendar days of admission. This documentation is required for any reauthorization of Individual Therapy.
- 2. Progress notes must document the course of treatment including a description of the interventions implemented, youth's response, and interpretation of the effectiveness of the intervention in

addressing treatment plan goals/objectives. The note must include the date of service, the length of session, type of therapy provided, and specific treatment goals addressed. The notes shall be fully dated and signed by the writer and supervisor if needed. The original note must be maintained in the agency's master youth file within seventy-two (72) hours of service.

- 3. Please see Section I General Standards for additional documentation requirements:
  - D. Service/Treatment Planning:
    - Mental Health Treatment Plan including crisis and discharge components. If any major changes occur in the course of treatment, the all components of the MHTP should be updated;
    - Discharge Summary;
  - J. Billing
  - N. Maintenance of Service Records:
    - Progress Notes;
    - Monthly Treatment and Progress Summary

# H. FAMILY THERAPY

FAMILY THERAPY					
Definition	Regularly scheduled face-to-face interventions with a youth and his/her family, designed to improve family functioning and treat the youth's emotional and behavioral challenges. The family therapist helps the youth and family improve the quality of their connection by increasing the use of effective coping strategies, healthy communication, constructive problem-solving skills, and positive engagement. Data are gathered regularly through self-monitoring, parent monitoring, client/parent ratings or frequent administration of brief standardized measures in order to track progress toward meeting treatment goals. Family Therapy sessions may be held in the course of on-going Individual Therapy with the youth in order to provide opportunities for the therapist to consult with the parent(s) or guardian(s) and review progress toward goals either conjointly with the youth present or separately without the youth present. Family Therapy services are designed to be time-limited with interventions reduced and then discontinued as the youth and family are able to function more effectively.				
Services Components	<ol> <li>The youth is almost always present for family therapy sessions. There are occasions where it is clinically indicated that the youth not be present, the reasons are documented in progress notes and monthly progress summaries. Specific interventions may include:         <ol> <li>Assist the family with developing and maintaining appropriate structure within the home;</li> <li>Assist the family to develop effective parenting skills, and child behavior management techniques;</li> <li>Assist the family to develop increased understanding of the youth's symptoms and problematic behaviors, to develop effective strategies to address these issues, and to build upon strengths;</li> <li>Facilitate positive engagement, effective communication and problem solving between family members;</li> <li>Facilitate effective communication between family members and other community agencies; and</li> <li>Facilitate linkages to community supports and resources.</li> </ol> </li> <li>Interventions are evidence-based and tailored to address identified youth and family needs. Services are designed to promote healthy functioning and build upon the natural strengths of youth, family, and community.</li> <li>The provider must begin service within two (2) weeks of referral and authorization unless otherwise indicated by the CC. Specific services the therapist will provide include:</li></ol>				

Admission Criteria	<ul> <li>and family monthly utilizing data regarding the major treatment targets. These data should be collected regularly via self-monitoring (e.g. monitoring urges to self-harm), parent monitoring (e.g. monitoring incidents of disobedience), client/parent ratings (e.g. parent's rating of behavior over the past week), or brief standardized measures.</li> <li>5. Adjust the treatment plan as needed based on the youth's progress.</li> <li>6. Assist with discharge planning in collaboration with the mental health treatment team, including participation in transitional therapy sessions if the family moves on to new providers.</li> <li>All of the following criteria are met:</li> </ul>
Admission Onteria	<ol> <li>The CMP/CSP includes this service and with identified treatment targets and objectives for this service prior to admission;</li> <li>There is reasonable expectation that the youth and family will benefit from this service, i.e., that family therapy will remediate symptoms and/or improve functioning in the home and community;</li> <li>Youth and family agree to active participation in treatment; and</li> <li>If the youth is diagnosed with a disruptive behavior disorder and is age 12 or older, the use of one of the evidenced-based treatments (MST or FFT) has been documented before seeking Family Therapy, unless there is clear and compelling documented clinical evidence that the youth is inappropriate for an evidence-based treatment at this time.</li> </ol>
Initial Authorizations	Unit = fifteen (15) minutes Credential: CPT code: Modifier:  Clinical Lead may authorize up to sixteen (16) units [four (4) hours] per thirty (30) days for up to ninety (90) days.  Service limits: The total time in Family Therapy sessions is not expected to exceed three (3) hours per week. If more intensive services are needed past a temporary crisis, the youth/family should be referred to another more intensive service (i.e. MST, FFT or Intensive In-Home Therapy)  If additional units are needed due to a temporary crisis, the Clinical Lead will review and approve the request for additional units.  Billing limits: Telephone contacts and logistical planning/preparation are included in the unit cost. There is no payment for phone calls, travel time, wait time, no-shows, or cancellations.
Reauthorization	The Clinical Lead may reauthorize up to sixteen (16) units [four (4) hours] per thirty (30) days for up to ninety (90) days.
Continuing Stay Criteria	All of the following criteria must be met as determined by clinical review:

	<ol> <li>Youth and family are actively involved in treatment;</li> <li>There are regular and timely assessments and documentation of the youth/family's response to interventions, utilizing the data collected by the therapist. Timely and appropriate modifications to the treatment plan are made that are consistent with the youth/family's status; and</li> <li>At least one (1) of the following criteria must be met:         <ol> <li>Youth is demonstrating progress, but goals have not yet been met, and there is reason to believe that goals can be met with ongoing therapy services;</li> <li>Minimal progress toward treatment goals has been demonstrated and there is reason to believe that goals can be met with ongoing therapy services;</li> <li>Symptoms or behaviors persist at a level of severity that was documented upon admission, and the projected time frame for attainment of treatment goals as documented in the treatment plan has not been reached. However, a less restrictive level of care would not adequately meet the youth's needs, and other more intensive services are not considered appropriate at this time. The treatment plan has been adjusted and there is reason to anticipate improved response to the planned approaches; or</li> <li>New symptoms have developed, and the behaviors can be addressed safely and effectively through outpatient therapy services with an updated treatment plan.</li> </ol> </li> </ol>
Discharge Criteria	<ul> <li>Youth and family are no longer in need of or eligible for this level of service due to one (1) of the following:</li> <li>1 Targeted symptoms have improved to a point where the youth no longer requires this level of care as documented by substantial attainment of goals in the treatment plan;</li> <li>2 Youth and family have demonstrated minimal or no progress toward treatment goals for a three (3) month period and appropriate modification of plans have been made and implemented with no significant success, suggesting the youth and family is not benefiting from family therapy services at this time;</li> <li>3 Youth exhibits new symptoms and/or behaviors which cannot be addressed safely and effectively through Family Therapy services;</li> <li>4 Youth and family are not willing to continue with the service and/or have revoked consent with no imminent danger to self or others; or</li> <li>5 The youth is no longer eligible for CAMHD services. As part of discharge, the CC will help coordinate transfer to appropriate treatment services in the least disruptive manner possible.</li> </ul>
Service Exclusions	Not offered at the same time as any Out-of-Home service, IIH, IILS, ABI, Multisystemic Therapy, or FFT unless the Family Therapy is specialized and designed to address a specific and targeted problem area (e.g. sexual offending behavior) and is needed to augment other services.

Clinical Exclusions	Youth in need of immediate crisis stabilization because of active suicidal, homicidal, or psychotic behavior. Once stable, youth who otherwise meet the eligibility criteria may be referred into this service.
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# **Staffing Requirements**

In addition to the staffing requirements listed in the general standards, these staff requirements must also be followed. If the standards referenced here differ from those in the general standards, these staffing requirements will supersede the general standards.

- 1. Family Therapy services must be provided by personnel that meet <u>one</u> (1) of the following requirements:
  - a. Credentialed by CAMHD as a Qualified Mental Health Professional (QMHP);

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b. Credentialed by CAMHD as a Mental Health Professional (MHP);

- c. Working under the supervision of a QMHP. The supervisor is expected to review all of the supervisees work in detail.
- 2. Providers are to follow all applicable professional practice standards and ethical guidelines.

# **Clinical Operations**

In addition to the clinical operation requirements listed in the general standards, these requirements must also be followed. If the standards referenced here differ from those in the general standards, these clinical operation requirements will supersede the general standards.

- 1. Direct service providers shall coordinate with family/significant others and with other systems of care such as education, juvenile justice system, child welfare as needed to provide service.
- 2. Please see Section I General Standards for additional clinical operation requirements:
  - A. Core Components of Current CAMHD System
    - Commitment to Clinical Excellence & Co-management of Care
  - E. Referral Process for Contracted Services:
  - F. Commitment to Serve All Youth:
  - G. Training;
  - H. Supervision;
  - I. Credentialing;
  - L. Service Quality;
  - N. Risk Management:
  - O. Additional Reporting Requirements
    - Weekly Census Report of Client Status
  - P. Youth Rights and Confidentiality

#### **Documentation**

In addition to the documentation requirements listed in the general standards, these requirements must also be followed. If the standards referenced here differ from those in the general standards, these documentation requirements will supersede the general standards.

1. A written MHTP and current safety plan identifying targets of treatment with realistic goals, objectives and discharge criteria linked to the admission behavior/symptoms will be submitted to the CAMHD Center with ten (10) calendar days of admission. This documentation is required for any reauthorization of Family Therapy.

- 2. Progress notes must document the course of treatment including a description of the interventions implemented, youth's response, and interpretation of the effectiveness of the intervention in addressing treatment plan goals/objectives. The note must include the date of service, the length of session, type of therapy provided, and specific treatment goals addressed. The notes shall be fully dated and signed by the writer and supervisor if needed. The original note must be maintained in the agency's master youth file within seventy-two (72) hours of service.
- 3. Please see Section I General Standards for additional documentation requirements:
  - D. Service/Treatment Planning:
    - Mental Health Treatment Plan including crisis and discharge components. If any major changes occur in the course of treatment, the all components of the MHTP should be updated;
    - Discharge Summary;
  - J. Billing
  - N. Maintenance of Service Records:
    - Progress Notes;
    - Monthly Treatment and Progress Summary

# I. GROUP THERAPY

<b>GROUP THERAPY</b>					
Definition	Regularly scheduled, face-to-face therapeutic services for groups of three or more youth for the purpose of addressing symptoms/problems that prevent the development of healthy functioning in the home, school or community. These therapy services are designed to teach specific skills for addressing the symptoms associated with defined disorders or challenges, to provide support for the use of these skills and to provide psychoeducation about mental health issues. Group Therapy services are focused and time-limited. This service can include groups that address youths' needs utilizing a "multi-family group" format, in which the parents or guardian attend the group along with the youth.				
Services Components	<ol> <li>Group therapy services include regularly scheduled face-to-face interventions with three (3) or more youth that are designed to improve home and community functioning in the most natural and appropriate setting. A co-therapist is required for groups of six (6) or more. Groups are focused and time-limited, youth may be discharged from the group as targeted goals are reached depending on the structure of the group.</li> <li>Evidence-based treatments are utilized to structure groups. Group therapies may involve verbal instruction and education, modeling, coaching, role-playing, behavioral practice and other group-oriented experiential modalities.</li> <li>Specific goals may include: symptom reduction; increased behavioral control; or improved communication, social, coping, anger management, emotion-regulation, problem solving, or other daily living skills. Interventions should be tailored to address identified youth needs. Services are designed to promote healthy independent functioning and to build upon the natural strengths of the youth and community.</li> <li>Because of the research evidence that group therapy may have risks for disruptive behavior, delinquency, willful misconduct, substance abuse, and some types of eating disorders, particular care is to be used to assure that only appropriately structured, evidence-based treatments are used with these youth and that inappropriate youth are not included in groups.</li> <li>The provider must begin contacting the youth/family within one (1) week of referral and initiate service within four (4) weeks of authorization, unless otherwise indicated by the CC.</li> <li>Specific services include <u>all</u> of the following:         <ul> <li>Accessing and reviewing all historical and assessment data available in the youth's clinical record;</li> <li>Meeting with the youth and family to identify relevant issues, needs, and related goals to aid in treatment planning and determine whether a planned group will meet the nee</li></ul></li></ol>				

Advisaios Oritoria	community) as needed; d. Implementing, monitoring, and adjusting interventions as needed to address needs and accomplish objectives and goals of the group; and e. Conducting regular group sessions to work with the youth to address identified needs and goals per the treatment plan.				
Admission Criteria	<ol> <li>All of the following criteria are met:</li> <li>The youth must be age seven (7) through twenty (20) years;</li> <li>The CMP/CSP include this service and identifies targets and objectives for this service prior to admission;</li> <li>There is a reasonable expectation that the youth will benefit from this service, i.e., that group therapy will remediate symptoms and/or improve functioning that relate to improved ability to function in the most natural environment; and</li> <li>Group therapy should not be used as a substitute for normalized community youth activities such as organized sports, scouting, paddling, etc. If the goals of the group potentially could be met through such activities, (for example: developing social skills and friendships, increasing self-esteem, gaining mastery), Group Therapy may be used only if there is documented evidence that the youth has not been able to be successful in this kind of normalized activity.</li> </ol>				
Initial Authorizations	Unit = fifteen (15) minutes Credential: CPT code: Modifier:  Clinical Lead may authorize four (4) group sessions per thirty (30) may be authorized for up to ninety (90) days.  If sessions are one (1) hour, sixteen (16) units [four (4) hours] per thirty (30) days can be authorized. If sessions are two (2) hours, thirty-two (32) units [eight (8) hours] per thirty can be authorized.  Billing limits:  Billable time is limited to time spent in face-to-face therapy with the youth. Telephone contacts and logistical planning/ preparation are included in the unit cost. There is no payment for travel time, wait time, no-shows, or cancellations.  In the case of multi-family groups, providers can bill for the youth only.				
Reauthorization	Clinical Lead may reauthorize up to a ninety (90) days. The units authorized will depend on the planned length of each group session.				
Continuing Stay Criteria	<ul> <li>All of the following criteria must be met:</li> <li>1. The evidence-based group therapy program has not been completed;</li> <li>2. Youth actively involved in treatment;</li> <li>3. There are regular and timely assessments and documentation of the youth's response to the treatment; and</li> </ul>				

	<ul> <li>4. At least one (1) of the following criteria must be met: <ul> <li>a. Youth is demonstrating progress, but goals have not yet been met, and there is reason to believe that goals can be met with ongoing therapy services;</li> <li>b. Minimal progress toward treatment goals has been demonstrated, and there is reason to believe that goals can be met with ongoing therapy services;</li> <li>c. Symptoms or behaviors persist at a level of severity that was documented upon admission, and the projected time frame for attainment of treatment goals has not been reached. However, a less restrictive service would not adequately meet the youth's needs, and other more intensive services are not considered appropriate at this time. The treatment plan has been adjusted and there is reason to anticipate improved response to the planned approaches; or</li> <li>d. New symptoms have developed, and the behaviors can be safely and effectively addressed through therapy services with an updated treatment plan.</li> </ul> </li> </ul>					
Discharge Criteria	Youth is no longer in need of or eligible for this level of service due to one (1) of the following:  1. The evidenced based group therapy program has been					
	The evidenced based, group therapy program has been completed;					
	<ul><li>2. Targeted symptoms and/or maladaptive behaviors have abated to a level of severity which no longer requires this level of care</li></ul>					
	as documented by substantial attainment of goals;					
	3. Youth has demonstrated minimal or no progress toward treatment goals for a three (3) month period, suggesting the					
	youth is not benefiting from group therapy services at this time; 4. Youth exhibits new symptoms which cannot be safely and					
	effectively addressed through group therapy services;					
	<ul><li>5. Youth is no longer willing to participate in this service; or</li><li>6. The youth is no longer eligible for CAMHD. As part of</li></ul>					
	discharge, the CC will help coordinate transfer to appropriate					
	treatment services in the least disruptive manner possible.					
Service Exclusions	Not offered at the same time as any Out-of-Home service, IIH, IILS, ABI, Multisystemic Therapy, or FFT unless the Group					
	Therapy is specialized and designed to address a specific and					
	targeted problem area (e.g. sexual offending behavior) and is needed to augment other services					
Clinical Exclusions	Youth in need of immediate crisis stabilization because of active suicidal, homicidal or psychotic behavior. Once stable,					
	youth who otherwise meet the eligibility criteria may be referred					
	<ul><li>into this service;</li><li>2. Because group interventions pose risks for youth with</li></ul>					
	disruptive behavior, delinquency, willful misconduct, substance					
	abuse, and some types of eating disorders, youth with these diagnoses should be offered only well-structured, evidence-					
	based group interventions and only when the potential benefits					
	are judged to outweigh the potential risks (e.g. a highly					

structured coping skills group for youth who engages in self- harm behavior when upset and who also shows conduct problems).
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# **Staffing Requirements**

In addition to the staffing requirements listed in the general standards, these staff requirements must also be followed. If the standards referenced here differ from those in the general standards, these staffing requirements will supersede the general standards.

- 1. Family Therapy services must be provided by personnel that meet <u>one</u> (1) of the following requirements:
  - c. Credentialed by CAMHD as a Qualified Mental Health Professional (QMHP);

#### OR

d. Credentialed by CAMHD as a Mental Health Professional (MHP);

#### AND

- c. Working under the supervision of a QMHP. The supervisor is expected to review all of the supervisees work in detail.
- 2. A co-therapist is required for groups of six (6) or more.
- 3. Providers are to follow all applicable professional practice standards and ethical guidelines.

# **Clinical Operations**

In addition to the clinical operation requirements listed in the general standards, these requirements must also be followed. If the standards referenced here differ from those in the general standards, these clinical operation requirements will supersede the general standards.

- Direct service providers shall coordinate with family/significant others and with other systems of care partners such as education, juvenile justice system, child welfare as needed to provide service.
- 2. Please see Section I General Standards for additional clinical operation requirements:
  - A. Core Components of Current CAMHD System
    - Commitment to Clinical Excellence & Co-management of Care
  - E. Referral Process for Contracted Services:
  - F. Commitment to Serve All Youth;
  - G. Training;
  - H. Supervision;
  - I. Credentialing;
  - L. Service Quality;
  - N. Risk Management:
  - O. Additional Reporting Requirements
    - Weekly Census Report of Client Status
  - P. Youth Rights and Confidentiality

#### **Documentation**

In addition to the documentation requirements listed in the general standards, these requirements must be followed. If the standards referenced here differ from those in the general standards, these documentation requirements will supersede the general standards.

 A written MHTP and current safety plan identifying targets of treatment with realistic goals, objectives and discharge criteria linked to the admission behavior/symptoms will be submitted to the CAMHD Center with ten (10) calendar days of admission. This documentation is required for any reauthorization of Family Therapy.

- 2. Progress notes must document the course of treatment including a description of the interventions implemented, youth's response, and interpretation of the effectiveness of the intervention in addressing treatment plan goals/objectives. The note must include the date of service, the length of session, type of therapy provided, and specific treatment goals addressed. The notes shall be fully dated and signed by the writer and supervisor if needed. The original note must be maintained in the agency's master youth file within seventy-two (72) hours of service.
- 3. Please see Section I General Standards for additional documentation requirements:
  - D. Service/Treatment Planning:
    - Mental Health Treatment Plan including crisis and discharge components. If any major changes occur in the course of treatment, the all components of the MHTP should be updated;
    - Discharge Summary;
  - J. Billing
  - N. Maintenance of Service Records:
    - Progress Notes;
    - Monthly Treatment and Progress Summary

# J. FUNCTIONAL FAMILY THERAPY (FFT)

FUNCTIONAL FAMILY THERAPY (FFT)						
Definition	This is an evidenced-base family treatment system provided in a home or clinic setting for youth experiencing one of a wide range of externalizing behavior disorders (e.g., conduct, violence, drug abuse) along with family problems (e.g., family conflict, communication) and often with additional co-morbid internalizing behavioral or emotional problems (e.g., anxiety, depression).					
	The goals of FFT are:					
	<ol> <li>Phase I: Engagement of all family members and motivation of the youth and family to develop a shared family focus to the presenting problems;</li> <li>Phase II: Behavior change – target and change specific risk behaviors of individuals and families; and</li> <li>Phase III: Generalize or extend the application of these behavior changes to other areas of family relationships.</li> </ol>					
	FFT services range from twelve to fourteen (12 to 14) one-hour sessions for mild challenges, up to 30 hours of direct service (i.e., clinical sessions, telephone calls, and meetings involving community resources) for more difficult situations, and are usually spread over a three to six (3 to 6) month period. FFT can be conducted in a clinic setting, as a home-based model or as a combination of clinic and home visits.					
Services Offered	<ol> <li>One (1)-to-two (2) hour therapy sessions with the clinician and the youth/family scheduled one (1) or two (2) times per week.</li> <li>Phase Task Analysis – a systemic and multiphasic intervention map used to identify treatment strategies.</li> <li>Ongoing assessment of family functioning to understand the ways in which behavioral problems function within the family.</li> <li>The use of formal and clinical tools for model, adherence, and outcome assessment.</li> <li>Clinical Services System (CSS) – an implementation tool that allows therapists to track the activities such as process goals, essential to successful outcomes.</li> <li>FFT therapist maintains collateral contacts with the CC.</li> <li>FFT therapist develops a MHTP in collaboration with the youth and family that includes a crisis plan and a discharge plan.</li> <li>Active, on-going treatment is based on measurable goals and objectives that are part of the youth's CMP/ CSP and MHTP.</li> </ol>					
Admission Criteria	All of the following criteria are met:					
	<ol> <li>Youth is age eleven (11) to through seventeen (17).</li> <li>There must be a reasonable expectation that the youth and family can benefit from FFT services within three to six (3 to 6) months;</li> <li>The youth must have an adult/parental figure able to assume the long-term parenting role and to actively participate with FFT service providers for the duration of treatment; and</li> </ol>					

	The CMP/CSP include this service and identifies targets and objectives for this service prior to admission.				
Initial Authorizations	Unit = fifteen (15) minutes	Credential:	HCPCS:	Modifier:	
		QMHP	T1024	1117	
		MHP	T1024	HK	
		PARA	T1024	HA	
	Clinical Lead may authorize thirty (30) days up to ninety		six (96) units	s per day for	
	Billing limits:				
	No billing for no shows, car				
Reauthorization	Clinical Lead may reauthorize up to ninety-six (96) units per day for thirty (30) days up to ninety (90) days.				
	Threshold:				
	Average length of FFT treatment is three (3) months with most youth reaching a point of diminishing progress by the fourth (4) month.				
Continuing Stay Criteria	All of the following criteria are met as determined by clinical review:				
Diaghayna Critaria	<ol> <li>All admission criteria continue to be met;</li> <li>Progress in relation to specific targeted symptoms or impairments is clearly evident and can be described in objective terms, but goals of treatment have not yet been achieved;</li> <li>The documented treatment plan is individualized and appropriate to the individual's changing condition with realistic, measurable and achievable goals, objectives and discharge criteria directed toward stabilization to allow treatment to continue in a less restrictive environment;</li> <li>There is documented evidence of active family involvement in treatment as required by the treatment plan or there are active documented efforts being made to involve them unless it is documented as contraindicated; and</li> <li>There is reasonable expectation that continued treatment will remediate the symptoms and/or improve behaviors or there is reasonable evidence that the youth will decompensate or experience relapse if services are discontinued.</li> </ol>				
Discharge Criteria	<ul> <li>Youth is no longer in need of or eligible for services due to one (1) of the following:</li> <li>1. The youth no longer eligible for CAMHD services. As part of discharge, the CC will help coordinate transfer to appropriate treatment services in the least disruptive manner possible;</li> <li>2. The youth's documented treatment plan goals and objectives have been substantially met and can be transitioned to a less intensive level of treatment;</li> </ul>				

	<ol> <li>The youth/family no longer wants to participate in this service and revokes consent with no danger to self or others;</li> <li>The youth or parent/guardian is not participating in treatment or in following program rules and regulations. The non-participation is of such a degree that treatment at this level of care is rendered ineffective, despite multiple (at least 3) documented attempts to address non-participation issues.</li> <li>Youth has demonstrated minimal or no progress toward treatment goals for a two (2) month period and appropriate modifications of the MHTP have been made and implemented with no significant success, suggesting the youth in not benefiting from Functional Family Therapy at this time.; or</li> <li>Youth exhibits new symptoms and/or maladaptive behaviors which cannot be safely and effectively addressed through this service.</li> </ol>
Service Exclusions	<ul> <li>Functional Family Therapy is not considered medically necessary and will not be authorized under the following circumstances:</li> <li>1. Not offered at the same time as any out-of-home service, except in cases where the youth has a planned discharge from out-of-home care within thirty (30) days. FFT can work with the youth and family for up to thirty (30) days when the transition plan calls for FFT to aid in family reunification following out-of-home care.</li> <li>2. Not provided at the same time as any Intensive Outpatient services (IIH, IILS, MST, ABI).</li> <li>3. No acceptance of youth for whom a primary long-term caregiver cannot be identified despite extensive efforts to locate all extended family, adult friends, and other potential surrogate caregivers.</li> </ul>
Clinical Exclusions	Youth in need of immediate crisis stabilization because of active suicidal, homicidal, or psychotic behavior. Once stable, youth who otherwise meet the eligibility criteria may be referred for FFT services.

# **Staffing Requirements**

In addition to the staffing requirement listed in the general standards, these staff requirements must also be followed. If the standards referenced here differ from those in the general standards, these staffing requirements will supersede the general standards.

- 1. Contractor must have a QMHP that oversees all program staff is and responsible for all clinical decisions made.
- 2. FFT services must be provided by therapists who are MHPs.
- 3. Staff must complete the required FFT training program from a licensed trainer of FFT services prior to assignment of families/clients. In addition, staff must attend quarterly booster training sessions.
- 4. Therapists must be supervised by an FFT team supervisor. Supervisors must have training and experience in providing FFT.
- 5. Staff shall receive at a minimum one (1) hour of group supervision and one (1) hour of FFT services telephone consultation per week.

# **Clinical Operations**

In addition to the clinical operation requirements listed in the general standards, these requirements must also be followed. If the standards referenced here differ from those in the general standards, these clinical operation requirements will supersede the general standards,

- 1. Service delivery must be preceded by a thorough assessment of the youth and their family so that an appropriate and effective treatment plan can be developed.
- 2. Contractors must have the ability to deliver services in a home setting; they may deliver some of the services for each youth and family in a clinic setting.
- 3. The Contractor has policies that govern the provision of services in natural settings and documents the Contractor respects the youths' and families' right to privacy and confidentiality when services are provided in these settings.
- 4. The Contractor has established written policies and procedures in place for managing crises effectively and efficiently through the direct interventions of its professional clinical and medical staff. Included in these procedures is the handling of emergency and crisis situations that describe methods for triaging youth who require more intensive interventions. Request for police/crisis hotline assistance are limited to situations of imminent risk or harm to self or others.
- 5. Upon receipt of the referral packet from the CC the Contractor will assign a therapist who must make face-to-face contact with the youth/family within seventy-two (72) hours or notify CC of reasons why contact could not be made.
- 6. Each Contractor has policies and procedures governing the provision of outreach services, including methods for protecting the safety of staff who engage in outreach activities.
- 7. These outreach activities include consultation with the youth, parents or other caregivers regarding behavior management skills, dealing with treatment responses of the individual and other caregivers and family members, and coordinating with other treatment providers.
- 8. Services are individually designed for each family, in full partnership with the family, to minimize intrusion and maximize independence. Services are normally more intensive at the beginning of treatment and decrease over time as the individual and/or family's strengths and coping skills develop.
- 9. FFT services must be flexible with the capacity to address concrete therapeutic and environmental issues in order to stabilize a crisis situation as soon as possible. Services are evidence-based, family-focused, active and rehabilitative, and delivered primarily in the individual's home or in a clinic. Services are initiated when there is a reasonable likelihood that such services will lead to specific, observable improvements in the youth and family's functioning.
- 10. The majority of services, sixty percent (60%) or more, are provided face-to-face with the youth and their families and eighty percent (80%) of all face-to-face services are delivered in non-clinic settings over the authorization period. The use of Telehealth technology to deliver treatment when appropriate is considered face-to-face.
- 11. The Contractor must have an FFT organizational plan that addresses the following:
  - Description of the particular family preservation, coordination, crisis intervention and wraparound services models utilized, types of intervention practiced, and typical daily schedule for staff;
  - Description of the staffing pattern and how staff are deployed to ensure that the required staff-to-youth ratios are maintained, including how unplanned staff absences, illnesses, etc. are accommodated;
  - c. Description of the hours of operation, the staff assigned, and types of services provided to youth, families, parents, and/or guardians; and
  - d. Description as to how the plan for services is modified or adjusted to meet the needs specified in each youth's individual plan.

- 12. The Contractor must perform a Summary Annual Evaluation (SAE) for youth in their care at the time the annual evaluation is due for youth who have received at least three (3) months of services from the Contractor. See Summary Annual Evaluation performance standard in Section II, Part C.
- 13. Please see Section I General Standards for additional clinical operation requirements:
  - A. Core Components of Current CAMHD System
    - Commitment to Clinical Excellence & Co-management of Care
  - E. Referral Process for Contracted Services:
  - F. Commitment to Serve All Youth;
  - G. Training;
  - H. Supervision;
  - I. Credentialing;
  - L. Service Quality;
  - N. Risk Management:
  - O. Additional Reporting Requirements
    - Weekly Census Report of Client Status
  - P. Youth Rights and Confidentiality

#### **Documentation**

In addition to the documentation requirements listed in the general standards, these requirements must also be followed. If the standards referenced here differ from those in the general standards, these documentation requirements will supersede the general standards.

- 1. Progress notes must document the course of treatment including a description of the interventions implemented, youth's response, and interpretation of the effectiveness of the intervention in addressing treatment plan goals/objectives. The note must include the date of service, the length of session, type of therapy provided, and specific treatment goals addressed. The notes shall be fully dated and signed by the writer and supervisor if needed. The original note must be maintained in the Contractor's master youth file within seventy-two (72) hours of service.
- 2. FFT therapists must complete an intake and assessment form upon assignment of youth/family to FFT services.
- 3. FFT therapists must complete "Case Consultation summary forms" weekly for case review during group supervision and FFT case consultation sessions.
- 4. FFT therapists must provide CC with a thirty (30) day written notice of intent to discontinue services.
- 5. FFT therapists must provide the CC with a copy of MHTP goals or overarching goals so the Branch has in the youth's record what the Contractor goals are.
- 6. Contractor must complete all documentation requirements specific to FFT.
- 7. Please see Section I General Standards for additional documentation requirements:
  - D. Service/Treatment Planning:
    - Mental Health Treatment Plan including crisis and discharge components. If any major changes occur in the course of treatment, the all components of the MHTP should be updated:
    - Discharge Summary;
  - J. Billing
  - N. Maintenance of Service Records:
    - Progress Notes;
    - Monthly Treatment and Progress Summary

# K. INTENSIVE IN-HOME THERAPY (IIH)

# **Definition** This se

This service is used to stabilize and preserve the family's capacity to improve the youth's functioning in the current living environment and to prevent the need for placement outside the home or a DHS resource family home. It also may be used to re-unify the family after the youth has been placed outside the home, or to support the transition to a new DHS resource family for youth with behavioral challenges. This service is a time-limited focused approach that incorporates family-and youth-centered evidencebased interventions and adheres to CASSP principles. This service may be delivered in the family's home or community. This service also assists families in incorporating their own strengths and their informal support systems to help improve and maintain the youth's functioning. When a high level of support is needed in the home or community, Intensive In-Home Paraprofessional Support Worker (PSW) service should be authorized to augment this level of care.

#### **Services Offered**

- Therapy services include family-and-youth-centered interventions that target identified treatment outcomes.
   Services are provided in the home or community at a level that is more intensive than outpatient services. Interventions include:
  - a. Intensive Family Therapy interventions.
  - b. Psycho-education with family member and the youth to help them understand the youth's particular difficulties.
  - c. Work with families to set up and maintain consistent, strength-based interactions in the household, including training parents in behavior management skills, other parenting skills and working with parents on implementing home based behavioral support plans. Caregiver Skills Menu can help parents identify skills they to develop or strengthen (See Appendix 33).
  - d. Individual work with youth who have internalizing problems (depression, anxiety, post-traumatic stress disorder) utilizing evidence-based therapy approaches.
  - e. Work with youth to support the building of positive coping skills. The Life Skills Menu (See Appendix 32) can be helpful in guiding youth to identify the areas where they need support or are motivated to acquire enhanced skills.
  - f. Crisis management interventions.
  - g. Support the youth and parents in to link up with other needed formal and informal supports in the community and school.
  - h. If the youth is involved in treatment with another behavioral health provider(s) then, with proper consent, the therapist will notify any other behavioral health provider(s) of the youth's current status to ensure care is coordinated.
- 2. Development of a Mental Health Treatment Plan (MHTP) that identifies targets of treatment connected to realistic goals will be developed as part of the initial assessment

process and includes information from the pre-admission meeting (See Appendix 8). The MHTP will be evaluated and revised as necessary as treatment proceeds and the planning process will include the youth, family/guardian and other relevant treatment team members.

- a. The crisis component of the MHTP identifies the youth's problematic behaviors, setting events, triggers and preferred means of calming or regaining control along with the steps the caregivers will take in the event the behavior escalates out of control. The crisis plan builds on available information from the youth's personal safety plan in the CSP. The crisis plan must focus on early intervention for any problematic behavior to reduce the need to take reactive steps.
- b. The discharge component of the MHTP specifies discharge criteria directly linked to behaviors/symptoms that resulted in the admission, time frame for discharge and any aftercare resources needed to support the youth in the home and community. Planning begins at the preadmission meeting and is revised throughout treatment to ensure that any potential obstacles to discharge are recognized and addressed before anticipated discharge date.
- c. If the services of a PSW for skills training is needed, the therapist will develop a clear plan for the PSW's service in collaboration with the family. This should include the estimated length of the service and how the support provided by the PSW will be transitioned to family members and/or natural community supports.
- d. Regularly schedule treatment team meetings to review progress, barriers, and ensure coordination across all team members is important to keeping treatment on track.
- 3. Monitoring of the youth/family's progress on a regular basis using reliable and valid data gathering strategies. The monitoring strategy shall be noted on the MHTP and shall take one or both of these forms:
  - a. Frequent and repeated assessment (at least monthly) of individually determined and behaviorally observable treatment targets (e.g. monitoring the frequency and intensity of temper outbursts); and/or
  - b. Regularly scheduled administration of reliable and valid measures that are meaningful to the youth's presenting concerns (e.g. giving the Child Depression Inventory to a youth whose depressed mood is a major concern).
- 4. If the services of a paraprofessional support worker (PSW) for skills training is needed and recommended by the treatment team, then the IIH therapist will provide clinical direction to the PSW as follows:
  - The PSW works conjointly with the therapist to plan interventions and to develop agreements with the family about the paraprofessional's schedule and activities. This

- can include the therapist's modeling the specific ways the paraprofessional should work with the youth/caregiver, demonstrating skills for them to practice, etc. Concurrent work may not be more than two (2) hours a month.
- b. Works with the youth and/or caregiver to support skill-building interventions being offered by the therapist. For example, practicing problem-solving skills with the youth while engaging in a community activity, practicing the use of praise and selective ignoring with the caregiver during the bed-time routine.
- c. Models behavior management skills and parenting approaches with parents during daily routines in the home.
- d. Implements crisis and safety plan, providing de-escalation interventions as outline in the plan.
- e. Collects detailed information about problematic behavior to help the therapist design effective interventions. For example, recording incidents of non-compliance during the morning routine or recording details about a temper incident to help identify obstacles to utilizing planned coping skills in the heat of the moment.
- f. Provides "line of sight" supervision and works with the youth to support emotional regulation and acceptable behavior during community-based activities or household routines.
- g. Accompanies the client or caregiver in order to support their participation in important appointments or activities may be a part of this service when necessary, with a clear clinical rationale included in the treatment plan.

### **Admission Criteria**

# All of the following criteria must be met:

- 1. The youth must be age three (3) through twenty (20) years;
- 2. The youth is displaying behavioral or emotional challenges in the home/community and there is a reasonable likelihood that IIH services will lead to specific observable improvements in the youth and family's functioning:
- 3. Pre-admission meeting is held with the youth, family/guardian, CC and other relevant treatment members to identify treatment targets to be addressed in the MHTP and crisis plan with realistic discharge criteria along with expectations of family/guardian involvement in the treatment process.
- 4. If the youth's primary problem is a disruptive behavioral disorder, and the youth is age 12 or over, there must be documentation of the use of one of the available evidenced-based treatments for disruptive behavior disorders (i.e. Multisystemic Therapy or Functional Family Therapy) unless there is documentation of clear and compelling clinical evidence that the youth is inappropriate for one of these approaches at this time;
- 5. If the youth is stepping down from Multisystemic Therapy or Functional Family Therapy, Intensive In-Home Therapy can be a step down only if recommended as part of the discharge plan

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	or there are specific non-disruptive symptoms that are identified for treatment by this service; and					
	<ol><li>The family/guardian(s) agree to active involvement in treatment and planning meetings, and the youth is willing to participate.</li></ol>					
Initial Authorizations	Unit = fifteen (15) minutes	Credential: QMHP MHP PARA2	HCPCS: H0036 H0036 H0036	Modifier: HK HA		
	Pre-admission meeting authorization:					
	Clinical Lead may authorize up eight (8) units [two (2) hours] IIH therapist to attend a pre-admission meeting with the youth/family present for initial planning and match.					
	Authorization for Therapist:					
	Clinical Lead may authorize up to ninety-six (96) units [twenty-four (24) hours] per thirty (30) days for up to ninety (90) days.					
	Authorization for PSW:					
	The Clinical Lead may authorize additional units up to two hundred twenty-four (224) [fifty-six (56) hours]. The combined total for both the Therapist and the PSW must not exceed three hundred twenty (320) units [eighty (80) hours] per thirty (30) days for up to ninety (90) days.					
	Conjoint work limit:					
	Conjoint work is limited to eight (8) units [two (2) hours] per m When the Therapist and the PSW work conjointly with the you and/or family, only the therapist's time will be counted toward daily and monthly maximums and will bill as usual. The PSW will be billed as follows for conjoint time only:					
	Unit = fifteen (15) minutes	Credential: PARA2	CPT code: 90887	Modifier: HA		
	Billing limits:					
	Daily billing must not exceed sixteen (16) units [four (4) hours] per day, including combined billing for the Therapist and PSW.					
	No billing for no shows, cancellation or travel time. No billing for collateral contacts unless youth or caregiver is present during contact.					
Reauthorization	Unit = fifteen (15) minutes	Credential: QMHP MHP	HCPCS: H0036 H0036	Modifier: HK		
	Clinical Lead may reauthorize the Therapist for up to ninety-six (96) units [twenty-four (24) hours] per thirty (30) days for up to ninety (90) days.					

	The number of hours authorized each month should be determined by the needs of the youth and family, should meet medical necessity criteria, and should decrease as progress is made.  Threshold:  Average length of IIH treatment is eight (8) months with most youth reaching a point of diminishing progress by the sixth (6) month.
Continuing Stay Criteria	All of the following criteria are met as determined by clinical review:  1. All admission criteria continue to be met;  2. Progress in relation to specific targeted symptoms or impairments is clearly evident and can be described in objective terms, but the goals of treatment have not yet been achieved. Data on progress have been presented in a visual or tabular format showing changes over time, and reviewed with the family and treatment team;  3. The MHTP and safety plan are individualized and appropriate to the individual's changing condition with realistic, measurable and achievable goals, objectives and discharge criteria directed towards maintenance with family and community supports.  4. The MHTP includes a formulated discharge plan that is directly linked to the behaviors and/or symptoms that resulted in admission, and begins to identify appropriate post Intensive In-Home resources;  5. There is documented evidence of active family involvement in the treatment as required by the MHTP or there are active documented efforts being made to involve them unless it is documented as contraindicated; and  6. There is reasonable expectation that continued treatment will remediate the symptoms and/or improve behavior or there is reasonable evidence that the youth will decompensate or experience relapse if services are discontinued.
Discharge Criteria	<ul> <li>Youth is no longer in need of or eligible for this service due to one (1) of the following criteria:</li> <li>The youth is no longer eligible for CAMHD services. As part of discharge, the CC will help coordinate transfer to appropriate treatment services in the least disruptive manner possible;</li> <li>Targeted symptoms and/or maladaptive behaviors have lessened to a level of severity which no longer requires this level of care as documented by substantial attainment of goals in the MHTP;</li> <li>Youth exhibits new symptoms and/or maladaptive behaviors that cannot be addressed safely and effectively through this service as determined by clinical review;</li> <li>Youth/family has demonstrated minimal or no progress toward treatment goals for at least a two (2) month period, and clinical</li> </ul>

	review has determined that the youth is not benefiting from this service at this time;  5. The youth or parent/guardian is not participating in treatment. Non-participation is of such a degree that treatment at this level of care is rendered ineffective, despite multiple (at least 3), documented attempts to address the non-participation issues; or  6. The youth/family no longer wants to participate in this service and revokes consent.
Service Exclusions	<ul> <li>Intensive In-Home service is not considered medically necessary and will not be authorized under the following circumstances:</li> <li>1. Not offered at the same time as any out-of-home services except in cases where the youth has a planned discharge from out-of-home care within thirty (30) days. Intensive In-home therapy can begin to work with the youth and family for up to thirty (30) days to aid in family reunification following out-of-home care.</li> <li>2. Not offered at the same time as Intensive Independent Living Skills, Multisystemic Therapy, Functional Family Therapy or Adaptive Behavioral Intervention.</li> <li>3. No admissions and/or continued stays which are solely for parent/guardian convenience and not related to the care and treatment of a youth.</li> <li>4. No admission that is being sought solely for child protective services, as an alternative to incarceration within juvenile justice, as an alternative to specialized schooling, or simply as respite.</li> </ul>
Clinical Exclusions	Youth in need of immediate crisis stabilization because of active suicidal, homicidal, or psychotic behavior. Once stable, youth who otherwise meet the eligibility criteria may be referred into the program. IIH may be provided to hospitalized youth who are still stabilizing as part of a transition back to the home.

# **Staffing Requirements:**

In addition to the staffing requirements listed in the general standards, these staff requirements also must be followed. If the standards referenced here differ from those in the general standards, these staffing requirements will supersede the general standards.

- 1. A QMHP experienced in evidence-based treatment and family based interventions has oversight and supervision responsibilities for all staff decisions made regarding youth/family treatment.
- 2. The Contractor is required to have a QMHP who provides twenty-four (24) hour on-call coverage seven (7) days a week.
- 3. Therapists must minimally be credentialed as an MHP with experience working with youth who have serious behavioral or emotional challenges.
- 4. PSWs must be credentialed as a paraprofessional level 2.
- 5. In many instances, the IIH Therapist will be sufficient to deliver the appropriate services, however; the IIH Therapist working directly with the family may partner with a PSW or team of PSWs as needed with the recommendation of the treatment team and authorization by the Center Clinical Lead.

- 6. The PSW will work under the direct guidance of the IIH Therapist to meet the specific identified needs.
- 7. The ratio shall not exceed twelve (12) families per primary IIH therapist at any time with the consideration that at least two (2) of the twelve (12) families will be stepping down to a less intensive level of care. This staff to family ratio takes into consideration evening and weekend hours, needs of special populations, and geographical areas to be covered.

# **Clinical Operations**

In addition to the clinical operation requirements listed in the general standards, these requirements must also be followed. If the standards referenced here differ from those in the general standards, these clinical operation requirements will supersede the general standards.

- 1. Services must be available twenty-four (24) hours a day, seven (7) days a week, through on-call arrangements with practitioners skilled in crisis and family based interventions.
- 2. A preadmission meeting is required to obtain youth, family, CC, CL and other relevant team members' input into symptoms/behavior that are the targets of treatment and reflected in the goals and objectives in the MHTP. A safety plan developed in the CSP identifies effective youth self-calming strategies that shall be incorporated into the youth's MHTP/crisis plan. The preadmission meeting also facilitates the development of the youth's discharge plan, including the development of concrete, realistic, measurable discharge criteria and projected timeframe for discharge.
- 3. The Contractor has an intake process that includes integration of information available on youth/family in the treatment planning to ensure appropriate and effective treatment. Contractor also has an established protocol for orienting the youth and family to the service.
- 4. Service delivery must be preceded by a thorough assessment of the youth and their family so that an appropriate and effective treatment plan can be developed.
- 5. The MHTP documents targets of treatment that are reflective of the youth's admission behaviors/symptom along with realistic goals and discharge criteria within ten (10) days of admission as part of the initial assessment process and preadmission meeting. The MHTP and crisis plan component will be evaluated and revised as necessary as treatment proceeds and will include the youth, family/guardian and other relevant treatment team members.
- 6. The discharge plan component of the MHTP will document realistic discharge criteria directly linked to behaviors/symptoms that resulted in the admission, time frame for discharge and any aftercare resources needed to maintain the youth with the family in the community.
- 7. Intensive In-Home Therapy services are individually designed for each youth, in full partnership with the family, to minimize intrusion and maximize strengths and independence. Services are normally more intensive at the beginning of treatment and decrease over time as the individual and/or family's strengths and coping skills develop.
- 8. Intensive In-Home Therapy must be flexible with the capacity to address concrete therapeutic and environmental issues in order to stabilize the crisis situation as soon as possible. Services are evidence-based, family-centered, strengths based, culturally competent, active and rehabilitative, and delivered primarily in the individual's home or other locations in the community.
- 9. All services must be provided with the youth and/or their caregiver's involvement. Any contact where the youth or family is not present—is NOT billable. The only exception is regularly scheduled treatment team meetings where the youth and caregiver are included members but don't show up. These meetings may still happen and are billable.
- 10. The majority of the service (80% or more) is provided face-to-face with the youth and family. The use of Telehealth technology to deliver treatment when appropriate is considered face-to-face.
- 11. The Contractor must have the ability to deliver services in various environments, such as homes (birth, kin, adoptive and foster), schools, jails, homeless shelters, juvenile detention centers, street locations, etc.

- 12. The Contractor has policies, which govern the provision of services in natural settings and which documents that it respects youths' and/or families' right to privacy and confidentiality when services are provided in these settings.
- 13. The Contractor has established policies and procedures for handling emergency and crisis situations that describe methods for triaging youth who require psychiatric consultation or hospitalization. Request for police/crisis hotline assistance are limited to situations of imminent risk or harm to self or others and requires consult with the program QMHP prior to, during or after the call for assistance. The QMHP must follow-up to ensure the crisis situation has stabilized, debrief the incident and provide triage for youth needing more intensive interventions and document their efforts in the youth's chart.
- 14. The Contractor has policies and procedures governing the provision of outreach services, including methods for protecting the safety of staff who engage in outreach activities.
- 15. The Contractor has policies and procedures around the use of personal vehicles for outreach services and for transporting clients when necessary.
- 16. The Contractor must have an Intensive In-Home Intervention organizational plan that addresses the following:
  - Description of the particular family centered interventions, coordination, crisis intervention and wraparound service models utilized, types of intervention practiced, and typical daily schedule for staff;
  - b. Description of the staffing pattern and how staff are deployed to ensure that the required staffto-youth/family ratios are maintained, including how unplanned staff absences, illnesses, etc. are accommodated:
  - c. Description of the hours of operation, the staff assigned, and types of services provided to vouth/families;
  - d. Description as to how the plan for services is modified or adjusted to meet the needs specified in each youth's individual plan.
- 17. The Contractor must perform a Summary Annual Evaluation for youth in their care at the time the annual evaluation is due for youth who have received at least three (3) months of services from the Contractor. See Summary Annual Evaluation performance standard.
- 8. Please see Section I General Standards for additional clinical operation requirements:
  - A. Core Components of Current CAMHD System
    - Commitment to Clinical Excellence & Co-management of Care
  - E. Referral Process for Contracted Services:
  - F. Commitment to Serve All Youth;
  - G. Training;
  - H. Supervision;
  - I. Credentialing;
  - L. Service Quality;
  - N. Risk Management:
  - O. Additional Reporting Requirements
    - Weekly Census Report of Client Status
  - P. Youth Rights and Confidentiality

#### **Documentation**

In addition to the documentation requirements listed in the general standards, these requirements must also be followed. If the standards referenced here differ from those in the general standards, these documentation requirements will supersede the general standards.

1. A written MHTP and current safety plan identifying targets of treatment with realistic goals, objectives and discharge criteria linked to the admission behavior/symptoms will be submitted to the

- CAMHD Center with ten (10) calendar days of admission. This documentation is required for any reauthorization of Intensive In-Home services.
- 2. IIH Therapists must provide a written progress note for each face-to-face contact with the youth and/or family, and for indirect service activities (e.g. team meeting attendance, conference calls with youth/caregiver and team members) that are billed. Progress notes must document the course of treatment including a description of the interventions implemented, youth's response, and interpretation of the effectiveness of the intervention in addressing treatment plan goals/objectives. The note must include the date of service, the length of session, type of therapy provided, and specific treatment goals addressed. The notes shall be fully dated and signed by the writer and supervisor if needed. The original note must be maintained in the agency's master youth file within seventy-two (72) hours of service.
- 3. When a PSW is involved with a youth/family, their progress notes shall be co-signed by the IHH therapist; the Monthly Treatment and Progress Summary (MTPS) must be completed by the IHH therapist and must include descriptions of the work done by the PSW.
- 4. PSWs must provide a written progress note for each face-to-face contact with the youth and/or family. The progress notes must document the course of treatment including a description of the interventions implemented, youth's response, and interpretation of the effectiveness of the intervention in addressing treatment plan goals/objectives. The note must include the date of service, the length of session, type of therapy provided, and specific treatment goals addressed. The notes shall be fully dated and signed by the writer and IIH therapist. The original note must be maintained in the agency's master youth file within 72 hours of service.
- 5. Please see Section I General Standards for additional documentation requirements:
  - D. Service/Treatment Planning:
    - Mental Health Treatment Plan including crisis and discharge components. If any major changes occur in the course of treatment, the all components of the MHTP should be updated;
    - Discharge Summary;
  - J. Billing
  - N. Maintenance of Service Records:
    - Progress Notes:
    - Monthly Treatment and Progress Summary

# L. INTENSIVE INDEPENDENT LIVING SKILLS (IILS)

INTENSIVE INDEPENDENT	LIVING SKILLS	(IILO)
Definition	A comprehensive	trea

A comprehensive treatment service provided to youth and young adults who need to work intensively on developing a range of skills to prepare for independent living. The youth or young adults live in his/her home setting while participating in the service. This service focuses on developing skills and resources related to life in the community and to increasing the participant's ability to live as independently as possible. Service outcomes focus on maximizing the youth or young adults' ability to manage their illness and their lives with as little professional intervention as possible, and to participate in community opportunities related to functional, social, educational, and vocational opportunities The amount of time any individual spends in these services will vary, depending on the individual needs. When a high level of support is needed, Intensive Paraprofessional Support for Independent Living Skills should be authorized to augment this level of care).

#### Services Offered

- 1. Therapy aimed at helping the youth/young adult with emotional and behavioral challenges while developing independent living skills include the following:
  - a. Each youth/young adult will be give assistance in accessing community resources such as:
    - Assistance is provided with accessing needed financial assistance and benefits (e.g. applying for Social Security Disability benefits, obtaining housing subsidies, etc.);
    - ii. Assistance is provided with obtaining appropriate services (e.g. vocational rehabilitation services; adult mental health services); and
    - iii. Assistance is provided with obtaining support with any legal concerns (e.g. guardianship issues, birth certificate etc.).
  - Skills training interventions will be provided based on the initial and on-going assessment of the individual's needs in at least the following areas (See Appendix 34 for Transition Shopping List):
    - Social skills, including communication and problemsolving in personal relationships;
    - ii. Emotion regulation skills, including anger control and conflict management;
    - iii. Self-care skills (i.e. cooking, laundry, house-cleaning, personal hygiene);
    - iv. Basic personal finances (i.e. developing a budget, balancing a checkbook; utilizing credit):
    - v. Developing life goals and planning for the future, including career planning;
    - vi. Understanding and taking charge of your own mental health treatment:
    - vii. Taking charge of your own physical health including nutrition, healthy lifestyles, smoking cessation, and sexual and reproductive health;

- viii. Chemical dependency education; and
- ix. Parenting skills training.
- c. Assistance developing vocational skills is provided in a practical, hands-on way:
  - i. Investigating fields and jobs that might be of interest;
  - ii. Doing volunteer work in areas consistent with career goals;
  - iii. Assessing one's own job-relevant skills and writing a resume:
  - iv. Obtaining job applications and interviewing for jobs;
  - v. Finding sources of needed job training, including assistance working with DOE programs, vocation rehab programs, community college programs, GED programs, etc.; and
  - vi. Coaching and support to help the young adult/youth stick with challenging training and job experiences.
- d. Specific efforts to engage and support parents and other family members with the challenges of parenting a young person through the transition from adolescence to adulthood are part of the service. Specific interventions may include:
  - Psychoeducation for parents addressing concerns such as benefits, changes in confidentiality requirements, guardianship options etc.; and
  - ii. Family therapy interventions (biological and/or foster).
- e. Individual Therapy focused on mental health challenges utilizing evidenced-based approaches.
- 2. Each youth/young adult will have his/her services proceeded by an intake assessment focusing on the young person's needs in the areas of housing, employment, education, social, financial and health/mental domain in support of acquiring independent living skills. This intake assessment along with pre-admission meeting and existing documents will result in:
  - a. A documented MHTP that identifies targets of treatment connected to realistic goals, objectives, and discharge criteria as related to independent living skills will be developed as part of the initial assessment process and includes information from the pre-admission meeting (See Appendix 8). The MHTP will be evaluated and revised as necessary as treatment proceeds and the planning process will include the youth/young adult family/guardian and other relevant treatment team members.
  - b. The crisis component of the MHTP identifies the youth's problematic behaviors, setting events, triggers and preferred means of calming or regaining control. The crisis plan builds on available information from the youth's personal safety plan in the CSP. The crisis plan must focus on early intervention for any problematic behavior to reduce the need to take reactive steps.
  - c. The discharge component of the MHTP specifies discharge

- criteria directly linked to behaviors/symptoms that resulted in the admission, time frame for discharge and any aftercare resources needed to transition the youth or young adult to independence. Planning begins at the preadmission meeting and is revised throughout treatment to ensure that any potential obstacles to discharge are recognized and addressed before anticipated discharge date.
- d. If the services of a PSW for skills training is needed, the therapist will develop a clear plan for the PSW's service in collaboration with the youth/young adult. This should include the estimated length of the service and how the support provided by the PSW will be transitioned to family members and/or natural community supports.
- e. Regularly schedule treatment team meetings to review progress, barriers, and ensure coordination across all team members is important to keeping treatment on track.
- 3. Monitoring of the youth/family's progress on a regular basis using reliable and valid data gathering strategies. The monitoring strategy shall be noted on the MHTP and shall take one or both of these forms:
  - a. Frequent and repeated assessment (at least monthly) of individually determined and behaviorally observable treatment targets (e.g. monitoring the frequency and intensity of temper outbursts); and/or
  - b. Regularly scheduled administration of reliable and valid measures that are meaningful to the youth's presenting concerns (e.g. giving the Child Depression Inventory to a youth whose depressed mood is a major concern).
- 4. If the services of a Paraprofessional Support worker for skills training is needed and recommended by the treatment team, then the Therapist will provide clinical direction to the Paraprofessional support worker (PSW) as follows:
  - a. The PSW works conjointly with the therapist to plan interventions and to develop agreements with the youth/young adult about the paraprofessional's schedule and activities. This can include the therapist's modeling the specific ways the paraprofessional should work with the youth/young adult, demonstrating skills for them to practice, etc. Concurrent work may not be more than two (2) hours a month.
  - b. Implementing crisis and safety plans and providing crisis intervention and de-escalation.
  - c. Working with the identified youth/young adult to support skill-building interventions being offered by the therapist which may include any of the following:
    - i. Self-care skills (i.e. cooking, laundry, house-cleaning, personal hygiene);
    - ii. Social skills, including communication and problemsolving in personal relationships;

iii. Basic personal finances (i.e. developing a budget, balancing a checkbook; utilizing credit); and iv. Emotion regulation skills, including anger control and conflict management. d. Providing support to address vocational and other transition-related issues which may include any of the following: i. Investigating fields and jobs that might be of interest; Doing volunteer work in areas consistent with career goals; iii. Assessing one's own job-relevant skills and writing a resume: iv. Obtaining job applications and interviewing for jobs; v. Finding sources of needed job training, including assistance working with DOE programs, vocation rehab programs, community college programs, GED programs, etc.; and vi. Coaching and support to help the young adult/youth stick with challenging training and job experiences. e. Collecting detailed information about problematic behavior to help the therapist design effective interventions. Admission Criteria All of the following criteria are met: 1. The youth must be sixteen (16) through twenty (20) years; 2. Youth/Young adult must be identified as needing intensive outpatient services focused on promoting growth toward independent living with in the CSP/CMP; 3. Pre-admission meeting is held with the youth/young adult, family/guardian, CC and other relevant treatment members to identify treatment targets to be addressed in the treatment and safety plan and reflected in the realistic discharge criteria along with expectations of family/guardian involvement in the treatment process; and 4. The youth adult/youth and/or family are amenable to actively working with program staff for the duration of the expected program period. **Initial Authorizations** Unit = fifteen (15) minutes HCPCS: Modifier: Credential: QMHP H0036 HE MHP H0036 U1 PARA2 H0036 U2 Pre-admission meeting authorization: Clinical Lead may authorize up to eight (8) units [two (2) hours] Therapist to attend a pre-admission meeting with the youth/young adult present for initial planning and match. Authorization for Therapist: Clinical Lead may authorize up to ninety-six (96) units [twenty-four (24) hours] per thirty (30) days for up to ninety (90) days.

	PSW authorization:			
	The Clinical Lead may authorize additional units up to two hundred twenty-four (224) [fifty-six (56) hours]. The combined total for both the Therapist and the PSW must not exceed three hundred twenty (320) units [eighty (80) hours] per thirty (30) days for up to ninety (90) days.			
	Limited Conjoint work:			
	Conjoint work is limited to eight (8) units [two (2) hours] per month. When the Therapist and the PSW work conjointly with the youth/young adult and/or family, only the therapist's time will be counted toward the daily and monthly maximums and will bill as usual. The PSW time will be billed as follows for conjoint time only:			
	Unit = fifteen (15) minutes	Credential: PARA2	CPT code: 90887	Modifier: U2
	Billing limits:			
	Daily billing must not excee day, including combined bil	` ,	• \	,
	No billing for no shows, can collateral contacts unless ye during contact.			
Reauthorization	Unit = fifteen (15) minutes	Credential: QMHP MHP	HCPCS: H0036 H0036	Modifier: HE U1
	Clinical Lead may reauthori (96) units [twenty-four (24) ninety (90) days.			
	The number of hours authorized each month should be determined by the needs of the youth/young adult, should meet medical necessity criteria, and should decrease as progress is made.			
	Threshold:			
	Average length of IILS treat	. ,		
Continuing Stay Criteria	<ul> <li>All of the following criteria are met as determined by clinical review:</li> <li>1. The young adult/youth meets admission criteria and is actively involved in treatment interventions and treatment planning and continues to have deficits in several areas of skills necessary for independent living;</li> <li>2. Progress in relation to specific targeted symptoms or impairments is clearly evident and can be described in objective terms, but goals of treatment have not yet been achieved;</li> </ul>			
	The MHTP and safety p     the individual's changing			

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	<ul> <li>and achievable goals, objectives and discharge criteria directed toward independence;</li> <li>4. The MHTP includes a formulated discharge plan that is directly linked to the behaviors and/or symptoms that resulted in admission, and begins to identify appropriate post service resources;</li> <li>5. There is documented evidence of active family involvement in treatment as required by the treatment plan or there are active documented efforts being made to involve them unless it is documented as contraindicated; and</li> <li>6. There is reasonable expectation that continued treatment will remediate the symptoms and/or improve behaviors or there is reasonable evidence that the youth will decompensate or experience relapse if services are discontinued.</li> </ul>
Discharge Criteria	<ol> <li>Youth is no longer in need of or eligible for this service due to one (1) of the following criteria:</li> <li>The young adult/youth is no longer eligible for CAMHD services. As part of discharge, the CC will help coordinate transfer to appropriate treatment services in the least disruptive manner possible;</li> <li>The youth/young adult's documented treatment plan goals and objectives have been substantially met and can be transitioned to independence as evidenced by one (1) of the following:         <ol> <li>The young adult/young person reaches a level of functioning that allows for transition to independent living; or</li> <li>The young adult/youth has attained the knowledge and supports necessary to sustain treatment outcomes and/or to support a successful life in the community.</li> </ol> </li> <li>The youth/young adult or parent/guardian is not participating in treatment or in following program rules. The non-participation is of such a degree that treatment at this level of care is rendered ineffective, despite multiple (at least 3) documented attempts to address non-participation issues;</li> <li>Youth/young adult has demonstrated minimal or no progress toward treatment goals for three (3) month period and appropriate modification of plans has been made and implemented with no significant success, suggesting the youth is not benefiting from Intensive Independent Living Skills service at this time; or</li> <li>The young adult/youth and family no longer wants to participate in this service and revokes consent with no</li> </ol>
Service Exclusions	imminent danger to self or others.  Intensive Independent Living Skills is not considered medically
COLVICE EXCIUSIONS	necessary and will not be authorized under the following circumstances:  1. Not offered at the same time as any out-of-home service, unless the young adult/youth is expected to discharge from the service within thirty (30) days of referral.  2. Not offered at the same time as Intensive In-Home Intervention,

	<ul> <li>Multisystemic Therapy, Functional Family Therapy, or Adaptive Behavioral Intervention except when the young adult/youth has a planned discharge from the service within two (2) weeks of referral.</li> <li>3. No admissions and/or continued stays which are solely for parent/guardian convenience and not related to the care and treatment of a youth.</li> <li>4. No admissions that are being sought solely for convenience of child protective services housing, as an alternative to incarceration within juvenile justice, as an alternative to specialized schooling, or simply as respite.</li> </ul>
Clinical Exclusions	Youth/young adult is in need of immediate crisis stabilization because of active suicidal, homicidal, or psychotic behavior. Once stable, youth/young adult who otherwise meet the eligibility criteria may be referred into the program.

# **Staffing Requirements:**

In addition to the staffing requirement listed in the general standards, these staff requirements must also be followed. If the standards referenced here differ from those in the general standards, these staffing requirements will supersede the general standards.

- 1. The program has a QMHP experienced in providing transitional services to youth/young adults with serious emotional and behavioral challenges and who is knowledgeable in evidenced-based treatments is responsible for clinical supervision, program oversight, and active guidance to staff.
- 2. The program is required to have a QMHP who provides twenty-four (24) hours on-call coverage, seven (7) days a week.
- 3. IILS Therapists must, at minimum, be a MHP with experience providing transition to independent living services to youth/young adults with serious emotional and behavioral challenges.
- 4. PSWs must be credentialed as a paraprofessional level 2.
- 5. The IILS Therapist working directly with the young adult or youth/family may partner with a PSW or team of PSWs as needed with the recommendation of the treatment team and authorized by the Clinical Lead.
- 6. The PSW will work under the direct guidance of the IILS Therapist to meet the specific identified needs.
- 7. The ratio shall not exceed twelve (12), youth/young adult per therapist at any time with the consideration that at least two (2) of the twelve (12) youth/young adults will be stepping down from care. Staff to client ratio takes into consideration evening and weekend hours, needs of special populations, and geographical areas to be covered.

### **Clinical Operations**

In addition to the clinical operation requirements listed in the general standards, these requirements must be followed. If the standards referenced here differ from those in the general standards, these clinical operation requirements will supersede the general standards.

- 1. Services must be available twenty-four (24) hours a day, seven (7) days a week, through on-call arrangements with practitioners skilled in crisis based interventions.
- 2. A preadmission meeting is required to obtain youth, family, CC, and other relevant team members' input into symptoms/behavior that are the targets of treatment and reflected in the goals and objectives in the MHTP. A safety plan will be developed that identifies effective youth self-calming

- interventions that will be incorporated into the youth's MHTP/crisis plan. The preadmission meeting also facilitates the development of the youth's discharge plan, including the development of concrete, realistic, measurable discharge criteria and projected timeframe for discharge.
- 3. The Contractor has an intake policy and procedure that includes integration of information available on the youth/young adult/family in the treatment planning to ensure appropriate and effective treatment. Program also has an established protocol for orienting the youth/young adult and family to the service.
- 4. A complete intake assessment is provided focusing on the young person's needs in the areas of housing, employment, education, social, financial and health/mental domains in support of acquiring independent living skills. Intake assessments may be completed within three (3) calendar days of intake by one individual or by a multidisciplinary team, but a QMHP must be involved to assure adequate integration of available clinical information into treatment planning.
- 5. The MHTP documents targets of treatment that are reflective of the youth's admission behaviors/symptom along with realistic goals and discharge criteria within ten (10) days of admission as part of the initial assessment process and preadmission meeting. The MHTP and crisis plan component will be evaluated and revised as necessary as treatment proceeds and will include the youth, family/guardian and other relevant treatment team members.
- 6. The discharge plan component of the MHTP will document realistic discharge criteria directly linked to behaviors/symptoms that resulted in the admission, time frame for discharge and any aftercare resources needed to support independence.
- 7. Intensive Independent Living Skills services are individually designed for each youth/young adult in full partnership with the family or other support system to minimize intrusion and maximize independence.
- 8. All services must be provided with the youth/young adult involvement. Any contact where the youth/young adult s not present—is NOT billable. The only exception is regularly scheduled treatment team meetings where the youth/young adult and caregiver are included members but don't show up. These meetings may still happen and are billable.
- 9. The majority of services [eighty percent (80%) are provided face-to-face with youth/young adult and their family. The use of Telehealth technology to deliver treatment when appropriate is considered face-to-face.
- 10. The Contractor has established policies and procedures for handling emergency and crisis situations that describe methods for triaging youth who require psychiatric consultation or hospitalization. Request for police/crisis hotline assistance are limited to situations of imminent risk or harm to self or others and requires consult with the program QMHP prior to, during or after the call for assistance. The QMHP must follow-up to ensure the crisis situation has stabilized, debrief the incident and provide triage for youth needing more intensive interventions and document their efforts in the youth's chart.
- 11. The Contractor shall have the ability to deliver services in various environments, such as homes (birth, kin, adoptive and foster), schools, jails, homeless shelters, juvenile detention centers, street locations, etc.
- 12. The Contractor has policies which govern the provision of services in natural settings and which document that it respects youth/young adult's and/or family's right to privacy and confidentiality when services are provided in these settings.
- 13. The Contractor has policies and procedures governing the provision of outreach services, including methods for protecting the safety of staff who engage in outreach activities.
- 14. The Contractor has policies and procedures around the use of personal vehicles for outreach services and for transporting clients when necessary.
- 15. The Contractor must have an Intensive Independent Living Skills organizational plan that addresses the following:

- a. Description of the particular skill-building interventions, coordination, crisis intervention and wraparound service models utilized, types of intervention practiced, and typical daily schedule for staff:
- b. Description of the staffing pattern and how staff are deployed to ensure that the required staffto-youth/young adult ratios are maintained, including how unplanned staff absences, illnesses, etc. are accommodated;
- c. Description of the hours of operation, the staff assigned, and types of services provided to vouth/families;
- d. Description as to how the plan for services is modified or adjusted to meet the needs specified in each youth's individual plan.
- e. Description of the qualifications of the QMHP experienced in evidenced-based treatment who supervises the treatment program and assumes clinical responsibility.
- 16. The Contractor must perform a Summary Annual Evaluation for youth in their care their care at the time the annual evaluation is due for youth who have received at least three (3) months of services from the Contractor. See Summary Annual Evaluation performance standard in Section II, Part C.
- 17. Please see Section I General Standards for additional clinical operation requirements:
  - A. Core Components of Current CAMHD System
    - Commitment to Clinical Excellence & Co-management of Care
  - E. Referral Process for Contracted Services:
  - F. Commitment to Serve All Youth:
  - G. Training;
  - H. Supervision;
  - I. Credentialing:
  - L. Service Quality;
  - N. Risk Management:
  - O. Additional Reporting Requirements
    - Weekly Census Report of Client Status
  - P. Youth Rights and Confidentiality

#### Documentation

In addition to the documentation requirements listed in the general standards, these requirements must also be followed. If the standards referenced here differ from those in the general standards, these documentation requirements will supersede the general standards.

- A written treatment plan and current safety plan identifying targets of treatment with realistic goals, objective and discharge criteria linked to the admission behavior/symptoms/skill deficits will be submitted to the CAMHD Branch with ten (10) calendar days of admission. This documentation is required for any re-authorization of Intensive Independent Living Skills service.
- 2. IILS Therapists must provide a written progress note for each face-to-face contact with the youth and/or family, and for indirect service activities (e.g. team meeting attendance, conference calls with youth/caregiver and team members) that are billed. Progress notes must document the course of treatment including a description of the interventions implemented, youth's response, and interpretation of the effectiveness of the intervention in addressing treatment plan goals/objectives. The note must include the date of service, the length of session, type of therapy provided, and specific treatment goals addressed. The notes shall be fully dated and signed by the writer and supervisor if needed. The original note must be maintained in the agency's master youth file within seventy-two (72) hours of service.
- 3. When a PSW is involved with a youth/young adult, their progress notes shall be co-signed by the IILS therapist; the Monthly Treatment and Progress Summary must be completed by the IILS therapist and must include descriptions of the work done by the PSW when applicable.

- 4. PSWs must provide a written progress note for each face-to-face contact with the youth/young adult and/or family. The progress notes must document the course of treatment including a description of the interventions implemented, youth's response, and interpretation of the effectiveness of the intervention in addressing treatment plan goals/objectives. The note must include the date of service, the length of session, type of therapy provided, and specific treatment goals addressed. The notes shall be fully dated and signed by the writer and IIH therapist. The original note must be maintained in the agency's master youth file within 72 hours of service.
- 5. Please see Section I General Standards for additional documentation requirements:
  - D. Service/Treatment Planning:
    - Mental Health Treatment Plan including crisis and discharge components. If any major changes occur in the course of treatment, the all components of the MHTP should be updated;
    - Discharge Summary;
  - J. Billing
  - N. Maintenance of Service Records:
    - Progress Notes;
    - Monthly Treatment and Progress Summary

### M. ADAPTIVE BEHAVIORAL INTERVENTION

#### Definition

This specialized intensive outpatient service is used to provide treatment and support to youth who have co-occurring mental health needs and developmental disabilities (MH-DD) and their families. It is designed to enhance the family's capacity to sustain the youth in their current living environment and to prevent the need for placement outside the home due to behavioral challenges. Adaptive Behavioral Intervention (ABI) also may be used to help re-unify the family after the youth has been placed outside the home or to support the transition to a new resource family for foster youth with both developmental disabilities and behavioral difficulties. This service is family-and youth-centered; it utilizes evidence- based or evidence-informed interventions and adheres to CASSP principles. This service may be delivered in the family's home or community. Youth with MH-DD frequently require support from several child-serving agencies, and this level of care incorporates some indirect case coordination activities along with standard behavioral and therapeutic interventions to help families manage their child's complex needs. This service assists families in incorporating their own strengths and their informal support systems to help improve and maintain the youth's functioning. ABI generally will be provided by a team that includes a therapist (MHP or QMHP) and at least one Paraprofessional Support Worker (PSW).

#### Services Offered

- Therapy services including family- and youth-centered interventions that target identified treatment outcomes.
   Services are provided in the home or community at a level that is more intensive than outpatient services. Interventions may include:
  - Gathering information to develop a behavioral Assessment of the youth's problematic behavior in the home or community setting.
  - b. Developing behavioral support plans with families, based on the assessment, to target challenging behavior and develop positive coping skills.
  - c. Working with families to implement home-based behavioral support plans. (This may include modeling/coaching and paraprofessional support).
  - d. Individual work with youth who have internalizing problems (depression, anxiety, post-traumatic stress disorder) utilizing evidence-based therapy approaches that are adjusted as needed to accommodate the youth's developmental level.
  - e. Family Therapy interventions to improve family communication, decrease conflict, improve relationships, etc.
  - f. Crisis management interventions.
  - g. Psycho-education with family members and the youth to help them understand the youth's particular difficulties and limitations.
  - h. Linkages to other needed supports through coordination

- activities and referral, including utilizing, ensuring, and facilitating access to formal and informal supports in the community and school.
- 2. Paraprofessional Support services to reinforce and extend the work of the therapist. Paraprofessional interventions may include:
  - a. Collecting detailed information about problematic behavior to help the therapist complete an assessment and design effective interventions. For example, recording incidents of non-compliance during the morning routine.
  - b. Working with the identified youth and/or care-giver to support skill- building interventions being offered by the therapist. For example, practicing problem-solving skills with the youth while engaging in a community activity, practicing the use of praise and selective ignoring with the caregiver during the bed-time routine.
  - c. Providing support to transition-age youth to implement plans developed to address vocational and other transition-related issues. For example, the Paraprofessional could support the youth with obtaining job applications, preparing for a job interview, learning to use public transportation, etc.
  - d. Providing "line of sight" supervision and working with the identified youth to support emotional regulation and acceptable behavior during community-based activities or house-hold routines.
  - e. Modeling behavior management skills and parenting approaches for parents during daily routines in the home.
  - f. Implementing crisis and safety plans and providing crisis intervention and de-escalation.
  - g. Accompanying the client or caregiver in order to support their participation in important meetings/appointments or activities.
- 3. Active coordination of community-based services being provided for the youth. This can be done by either the therapist or the paraprofessional working with the family. Because of the complex, specialized needs of youth with MH-DD, this service includes indirect case coordination activities including:
  - a. Taking the lead role in coordinating the work of paraprofessionals, volunteers, family members and other support people to help the family assure that the youth is making progress, that learning is occurring between settings (e.g. school staff are teaching and learning from-based staff) and that the youth is adequately supervised.
  - Scheduling team meetings with all the involved agencies, and keeping various stakeholders informed about the youth.

- c. Investigating additional services, benefit programs, youth activities, educational resources, etc. that might be needed by the youth and assisting the family to access them.
- d. Attending school meetings and working with school-based providers to assure continuity with the school program.
- e. Arranging training for various support people around how best to work with the youth.
- f. Coordinating with medical providers, especially psychiatrists to assure good communication and adherence to medical regimens.
- 4. A MHTP that identifies targets of treatment connected to realistic goals, objectives, and discharge criteria will be developed as part of the initial assessment process and will include information from the pre-admission meeting (See Appendix 8). The treatment plan shall target challenging behavior related to a mental health need, and shall not be focused primarily on the acquisition of basic adaptive skills. The plan will be evaluated and revised as necessary as treatment proceeds, and the planning process will include the youth, family/guardian and other relevant treatment team members.
  - A clear plan for use of the Paraprofessional Support Worker's services is incorporated into the treatment plan.
  - b. The crisis plan component of the treatment plan includes a safety plan that identifies the youth's problematic behaviors, triggers and preferred means of calming or regaining control. The safety plan is part of the treatment plan that articulates the youth's selfcalming interventions consistent with treatment targets, goals and objectives. The purpose of the safety plan is to help the youth regain control and avoid escalation into crisis.
  - c. The discharge component of the treatment plan specifies discharge criteria directly linked to behaviors/symptoms that resulted in the admission, the time frame for discharge and any aftercare resources needed to transition the youth and family to a lower level of care or out of CAMHD services.
- 5. Monitoring of the youth/family's progress on a regular basis using reliable and valid data gathering strategies. The monitoring strategy shall be noted on the Treatment Plan and shall take one or both of these forms:
  - a. Frequent and repeated assessment (at least monthly) of individually determined and behaviorally observable treatment targets (e.g. monitoring the frequency and intensity of temper outbursts) and/or
  - b. Regularly scheduled administration of reliable and valid

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	measures that are concerns (e.g. givi monitor symptoms)	ing the Child		
Admission Criteria	All of the following criteria a	are met:		
	1. The youth must be age		ugh twenty (2	.0)
	years;  2. The youth has documented borderline, mild or moderate deficits in intellectual functioning (e.g. tested IQ less than 85; assessment from a QMHP that estimates the youth is functioning in the mild range of intellectual disability, etc.);  3. The youth is displaying behavioral and and/or emotional difficulties in the home or community (not <i>only</i> in school) and there is a reasonable likelihood that ABI services will lead to specific, observable improvements in the youth and family's functioning;  4. Pre-admission meeting is held with the youth/young adult, family/guardian, CC and other relevant treatment team members to identify: 1) targets to be addressed in the treatment and safety plan, 2) realistic discharge criteria and 3) expectations of family/guardian involvement in the treatment process. If clear goals cannot be identified at the preadmission meeting (e.g. the family is too distressed or uncomfortable with the process), developing a workable plan becomes the primary target for the first month of this service; and  5. The family/guardian(s) agree to active involvement in treatment and planning meetings, and the youth is willing to participate.			
Initial Authorizations	Unit = fifteen (15) minutes	Credential:	HCPCS: H0036	Modifier:
		MHP PARA2	H0036 H0036	U3 U4
	Pre-admission meeting auti	horizations:		
	Clinical Lead may authorize up eight (8) units [two (2) hours] for an ABI therapist to attend a pre-admission meeting with the youth/family present for initial planning and match			
	Authorization for Therapist:			
	Clinical Lead may authorize up to ninety-six (96) units [twenty-four (24) hours] per thirty (30) days for up to ninety (90) days.			
	Authorization for PSW:			
	The Clinical Lead may authorize additional units up to two hundred twenty-four (224) [fifty-six (56) hours]. The combined total for both the Therapist and the PSW must not exceed three hundred twenty (320) units [eighty (80) hours] per thirty (30) days for up to ninety			

1	(00) days			
	(90) days.  Conjoint work limit:			
	Conjoint work is limited to eight (8) units [two (2) hours] per month. When the Therapist and the PSW work conjointly with the youth and/or family, only the therapist's time will be counted toward the daily and monthly maximums and will bill as usual. The PSW time will be billed as follows for conjoint time only:			
	Unit = fifteen (15) minutes Credential: CPT code: Modifier: PARA2 90887 U4			
	Billing limits:			
	Daily billing must not exceed day, including combined bil			
	No billing for no shows, cancellation or travel time. No billing for collateral contacts unless youth or caregiver is present during contact.			
Reauthorization	Unit = fifteen (15) minutes	Credential: QMHP MHP PARA2	HCPCS: H0036 H0036 H0036	Modifier: HI U3 U4
	Authorization for Therapist:			
	Clinical Lead may reauthorize the Therapist for up to ninety-six (96) units [twenty-four (24) hours] per thirty (30) days for up to ninety (90) days.			
	Authorization for PSW:			
	The Clinical Lead may authorize additional units up to two hundred twenty-four (224) [fifty-six (56) hours]. The combined total for both the Therapist and the PSW must not exceed three hundred twenty (320) units [eighty (80) hours] per thirty (30) days for up to ninety (90) days.			
	The number of hours authorized each month should be determined by the needs of the youth/young adult, should meet medical necessity criteria, and should decrease as progress is made. The maximum allowed hours shall not be authorized after the first three months of services except in unusual circumstances when very intensive intervention continues to be medically necessary.			
	Threshold:			
	Average length of ABI treat	ment is 4 mo	nths.	
Continuing Stay Criteria	All of the following criteria are met as determined by clinical review:			
	<ol> <li>All admission criteria continue to be met;</li> <li>The measurable treatment goals have not been met and there</li> </ol>			

- are regular and timely assessments and documentation of youth/family response to services. Data on progress have been presented in a visual or tabular format showing changes over time, and reviewed with the family and treatment team. Timely and appropriate modifications have been made to services and plans as needed;
- The documented MHTP and safety plan is individualized and appropriate to the individual's changing condition with realistic, measurable and achievable goals, objectives and discharge criteria. The treatment plan has been shared with relevant team members.
- 4. The MHTP includes a formulated discharge plan that is directly linked to the behaviors and/or symptoms that resulted in admission, and begins to identify appropriate post service resources.
- 5. There is documented evidence of active family involvement in treatment as required by the treatment plan or there are active documented efforts being made to involve them unless it is documented as contraindicated.
- There is reasonable expectation that continued treatment will improve behaviors or there is reasonable evidence that the youth will decompensate or experience relapse if services are discontinued.
- There are documented active attempts at coordination of care with other relevant behavioral health providers when appropriate. If coordination is not successful, the reason(s) are documented

### Discharge Criteria

# Youth is no longer in need of or eligible for services due to **one** (1) of the following:

- 1. The youth is no longer eligible for CAMHD services. As part of discharge, the CC will help coordinate transfer to appropriate treatment services in the least disruptive manner possible.
- Targeted symptoms and/or maladaptive behaviors have lessened to a level of severity which no longer requires this level of care as documented by attainment of goals in the MHTP;
- The parent/guardian or youth is unable to participate in treatment. Non-participation is of such a degree that treatment at this level of care is rendered ineffective or unsafe, despite multiple (at least 3) documented attempts to address the nonparticipation issues;
- 4. Youth exhibits new symptoms and/or maladaptive behaviors that cannot be addressed safely and effectively through this service as determined by the Branch Clinical Lead.
- 5. Youth/family has demonstrated no progress toward treatment goals and/or deterioration in functioning for at least a three (3) month period, and clinical

Service Exclusions	review has determined that the youth is not benefiting from this service; or  6. The youth/family no longer wants to participate in this service and revokes consent.
Service Exclusions	<ul> <li>CBI is not considered medically necessary and will not be authorized under the following circumstances: <ol> <li>Not offered at the same time as any out-of-home services except in cases where the youth has a planned discharge from out-of-home care within thirty (30) days. CBI can begin to work with the youth and family for up to thirty (30) days to aid in family reunification following out-of-home care.</li> <li>Not offered at the same time as any other intensive outpatient services (e.g. MST, FFT, Intensive In-Home, Intensive Independent Living Skills).</li> <li>No admissions and/or continued stays which are solely for parent/guardian convenience and not related to the care and treatment of a youth.</li> <li>No admissions that are being sought solely for convenience of child protective services, as an alternative to incarceration within juvenile justice, as an alternative to specialized schooling, or as respite.</li> </ol> </li></ul>
Clinical Exclusions	Youth in need of immediate crisis stabilization because of active suicidal, homicidal, or psychotic behavior. Once stable, youth who otherwise meet the eligibility criteria may be referred into the program. CBI may be provided to hospitalized youth who are still stabilizing as part of a transition back to the home.

### **Staffing Requirements**

In addition to the staffing requirement listed in the general standards, these staff requirements must also be followed. If the standards referenced here differ from those in the general standards, these staffing requirements will supersede the general standards.

- 1. The program has a QMHP who has oversight and supervision responsibilities for all staff decisions made regarding youth/family treatment;
- 2. ABI Therapists must minimally be credentialed as an MHP with experience working with youth who have serious behavioral or emotional challenges.
- 3. Paraprofessional Support Worker (PSW) must be credentialed as a paraprofessional level 2.
- 4. The program provides a therapist with experience working with youth who have serious behavioral or emotional challenges and/or with youth who have developmental disabilities. As discussed in a later section, the program will provide additional training to assure that all therapists develop expertise in working with youth who have co-occurring MH-DD.
- 5. ABI Therapist working directly with the family may partner with a PSW or team of PSWs as needed with the recommendation of the treatment team and authorization by the Clinical Lead.
- 6. The PSW will work under the direct guidance of the Therapist to meet the specific identified needs of the youth and family.
- 7. The ratio shall not exceed ten (10), families per primary ABI therapist (team leader). This staff to family ratio takes into consideration evening and weekend hours, needs of special populations, and geographical areas to be covered.

## **Clinical Operations**

In addition to the clinical operation requirements listed in the general standards, these requirements must also be followed. If the standards referenced here differ from those in the general standards, these clinical operation requirements will supersede the general standards,

- 1. Services must be available twenty-four (24) hours a day, seven (7) days a week, through on call arrangements with practitioners skilled in crisis and family interventions.
- 2. A preadmission meeting is required to obtain youth, family, CC, CL and other relevant team members' input into symptoms/behavior that are the targets of treatment and reflected in the goals and objectives in the MHTP. A safety plan developed in the CSP identifies effective youth self-calming strategies that shall be incorporated into the youth's MHTP/crisis plan. The preadmission meeting also facilitates the development of the youth's discharge plan, including the development of concrete, realistic, measurable discharge criteria and projected timeframe for discharge.
- 3. Program has an intake process that includes integration of information available regarding the youth and family into the treatment planning process to ensure appropriate and effective treatment. Program also has an established protocol for orienting the youth and family to the program.
- 4. Comprehensive Behavioral Intervention services are individually designed for each family, in full partnership with the family, to minimize intrusion and maximize strengths and independence. Services are normally more intensive at the beginning of treatment and decrease over time as the individual and/or family's strengths and coping skills develop.
- 5. ABI must be provided through a cohesive team approach and services must be flexible with the capacity to address concrete therapeutic and environmental issues in order to stabilize the crisis situation as soon as possible. Services are evidence-based, family-centered, strengths based, culturally competent, active and rehabilitative, and delivered primarily in the individual's home or other locations in the community.
- 6. All services must be provided with the youth and/or their caregiver's involvement. Any contact where the youth or family is not present—is NOT billable. The only exception is regularly scheduled treatment team meetings where the youth and caregiver are included members but don't show up. These meetings may still happen and are billable.
- 7. The majority of the service (80% or more) is provided face-to-face with the youth and family. The use of Telehealth technology to deliver treatment when appropriate is considered face-to-face.
- 8. Service delivery is preceded by a thorough assessment of the youth and their family so that an appropriate and effective treatment plan can be developed.
- 9. The Contractor has the ability to deliver services in various environments, such as homes (birth, kin, adoptive and foster), schools, jails, homeless shelters, juvenile detention centers, street locations, etc.
- 10. The Contractor has developed a training program, in collaboration with CAMHD, that assures professional and paraprofessional staff understand the particular needs and vulnerabilities of youth with co-occurring MH-DD.
- 11. The Contractor has policies, which govern the provision of services in natural settings and which document that it respects youths' and/or families' right to privacy and confidentiality when services are provided in these settings.
- 12. The Contractor has established procedures/protocols for handling emergency and crisis situations that describe methods for triaging youth who require psychiatric consultation or hospitalization. Request for police /crisis hotline assistance are limited to situations of imminent risk or harm to self or others and requires consult with the program QMHP prior to, during or after the call for assistance. The QMHP must follow-up to ensure the crisis situation has stabilized, debrief the

- incident and provide triage for youth needing more intensive interventions and document their efforts in the youth's chart.
- 13. Each Contractor has policies and procedures governing the provision of outreach services, including methods for protecting the safety of staff who engage in outreach activities.
- 14. Each Contractor has policies and procedures around the use of personal vehicles for outreach services and for transporting clients when necessary.
- 15. The Contractor must have an organizational plan that addresses the following:
  - a) Description of the particular family centered interventions, coordination, crisis intervention and wraparound service models utilized, types of intervention practiced, and typical daily schedule for staff;
  - b) Description of the staffing pattern and how staff are deployed to ensure that the required staffto-youth/family ratios are maintained, including how unplanned staff absences, illnesses, etc. are accommodated:
  - c) Description of the hours of operation, the staff assigned, and types of services provided to youth/families;
  - d) Description as to how the plan for services is modified or adjusted to meet the needs specified in each youth's individual treatment plan.
  - e) Description of how the developmental needs of youth with intellectual disabilities are accommodated in the program model and in-service planning.
  - 16. The Contractor shall conduct a Summary Annual Evaluation for youth in their care at the time the annual assessment is due for youth who have received at least three (3) months of services from the Contractor. See Summary Annual Evaluation performance standard.
  - 17. Please see Section I General Standards for additional clinical operation requirements:
    - A. Core Components of Current CAMHD System
      - Commitment to Clinical Excellence & Co-management of Care
    - E. Referral Process for Contracted Services:
    - F. Commitment to Serve All Youth;
    - G. Training;
    - H. Supervision;
    - I. Credentialing;
    - L. Service Quality;
    - N. Risk Management:
    - O. Additional Reporting Requirements
      - Weekly Census Report of Client Status
    - P. Youth Rights and Confidentiality

### **Documentation**

In addition to the documentation requirements listed in the general standards, these requirements must also be followed. If the standards referenced here differ from those in the general standards, these documentation requirements will supersede the general standards.

- A written treatment plan and current safety plan identifying targets of treatment with realistic goals, objective and discharge criteria linked to the admission behavior/ symptoms/skill deficits will be submitted to the CAMHD Branch within ten (10) calendar days of admission. This documentation is required for any re-authorization of Comprehensive Behavioral Intervention services.
- 2. ABI Therapists must provide a written progress note for each face-to-face contact with the youth and/or family, and for indirect service activities (e.g. team meeting attendance, conference calls with youth/caregiver and team members) that are billed. Progress notes must document the

- course of treatment including a description of the interventions implemented, youth's response, and interpretation of the effectiveness of the intervention in addressing treatment plan goals/objectives. The note must include the date of service, the length of session, type of therapy provided, and specific treatment goals addressed. The notes shall be fully dated and signed by the writer and supervisor if needed. The original note must be maintained in the agency's master youth file within seventy-two (72) hours of service.
- 3. When a PSW is involved with a youth/family, their progress notes shall be co-signed by the ABI therapist; the Monthly Treatment and Progress Summary (MTPS) shall be completed by the ABI therapist and shall include descriptions of the work done by the PSW when applicable.
- 4. PSWs must provide a written progress note for each face-to-face contact with the youth and/or family. The progress notes must document the course of treatment including a description of the interventions implemented, youth's response, and interpretation of the effectiveness of the intervention in addressing treatment plan goals/objectives. The note must include the date of service, the length of session, type of therapy provided, and specific treatment goals addressed. The notes shall be fully dated and signed by the writer and IIH therapist. The original note must be maintained in the agency's master youth file within 72 hours of service.
- 5. Please see Section I General Standards for additional documentation requirements:
  - D. Service/Treatment Planning:
    - Mental Health Treatment Plan including crisis and discharge components. If any major changes occur in the course of treatment, the all components of the MHTP should be updated;
    - Discharge Summary;
  - J. Billing
  - N. Maintenance of Service Records:
    - Progress Notes;
    - Monthly Treatment and Progress Summary

# N.

Definition	Intensive Outpatient Hospitalization (IOH) is a non-residential day
Delinition	treatment program of a licensed JCAHO certified hospital or
	behavioral health facility. The environment provides a highly
	structured, intensive milieu treatment with a focus on
	medical/psychiatric resources. This service provides stabilization of
	youth with serious emotional disturbances, therapeutically
	supported diversion from inpatient care, and restoration to a level
	of functioning that enables a youth's return to the community. IOH
	also provides supportive transitional services to youth who are no
	longer acutely ill and require minimal supervision to avoid risk.
	The primary goal of the IOH is to keep youth connected with
	his/her family/community while providing short-term intensive
	treatment.
Services Offered	
Services Offered	1. The program offers time-limited, intensive coordinated clinical services by a multi-disciplinary team. The services include:
	assessment (including psychological testing if needed),
	intensive structured treatment milieu, an education program,
	therapy and activities designed to improve the functioning of
	the youth served with integrated service planning.
	A child and adolescent psychiatrist is the lead clinician and
	provides documented observation, assessments and/or
	treatment at least one (1) time per week. These are
	individualized to meet the needs of the youth.
	a. Routine assessments are performed by the psychiatrist to
	effectively coordinate all treatment, manage medication
	trials and/or adjustments, minimize serious medication side
	effects, and provide medical management of all psychiatric
	and medical problems; and
	b. A psychiatrist is available during program hours to direct
	any psychiatric emergencies.
	3. The treatment is family-centered and includes evidence-based
	interventions which must include:
	<ul> <li>a. Weekly individual and family therapy;</li> </ul>
	<ul><li>b. At least twice a month group therapy;</li></ul>
	c. Daily educational programming; and
	<ul> <li>d. Other planned activities appropriate to youth's needs and as indicated in the MHTP.</li> </ul>
	4. The program provides therapeutic activities designed to
	improve behavior and functioning. A normalized routine and
	an orderly schedule to develop positive interpersonal skills and
	behaviors.
	5. Onsite educational program that address the educational goals

and objectives identified in the youth's IEP or another

6. Integrated individualized substance abuse assessment, counseling and education, as indicated in the youth's plan.

7. A documented MHTP that identifies targets of treatment

connected to realistic goals, and measurable discharge criteria

educational plan, as applicable.

will be developed as part of the initial assessment process and includes information from the pre-admission meeting (See Appendix 8). A safety plan and larger crisis plan components of the MHTP will also be developed to identify interventions that are helpful in addressing target behavior. The MHTP and all component parts will be evaluated and revised as necessary as treatment proceeds and the youth, family/guardian and other relevant treatment team members will be included in this process.

- a. The crisis component of the MHTP identifies the youth's problematic behaviors, setting events, triggers and preferred means of calming or regaining control along with the steps the caregivers will take in the event the behavior escalates out of control. The crisis plan builds on available information from the youth's personal safety plan in the CSP. The crisis plan must focus on early intervention for any problematic behavior to reduce the need to take reactive steps.
- b. The discharge component of the MHTP will be developed that specifies discharge criteria directly linked to behaviors/symptoms that resulted in the admission, time frame for discharge and any aftercare resources needed to transition the youth to a less restrictive level of treatment.
- 8. Treatment is designed to include all relevant members of the family, not just the specific youth through regular family therapy.
- 9. If the youth is involved in treatment with another behavioral health provider(s) then, with proper consent, the IOH provider will notify the other behavioral health provider(s) of the youth's current status to ensure care is coordinated.

# **Admission Criteria**

### **All** of the following criteria must be met:

- Pre-admission meeting is held with the youth, family/guardian, CC and other relevant treatment members to identify treatment targets to be addressed in the treatment and safety plan and reflected in the realistic discharge criteria along with expectations of family/guardian involvement in the treatment process.
- 2. One of the following risk to self, others or property must be met:
  - a) There is a risk to self, others, or property:
  - Mood, thought or behavioral disorder interfering significantly with activities of daily living (e.g. inability to undertake self-care);
  - c) Suicidal ideation, threats or self-injurious behavior; or
  - d) Risk-taking or other self-endangering behavior; and
  - All of the above behaviors are not so serious as to require 24-

	<ol> <li>family/community support when not in the program;</li> <li>There is evidence of the child/adolescent's capacity and support for reliable attendance at the partial hospital program and there is an adequate social support system available to provide the stability necessary for maintenance in the program;</li> <li>The youth is able to participate in and benefit from the milieu and there is reasonable expectation that treatment will remediate symptoms and/or improve behaviors or there is reasonable evidence that the youth will decompensate or experience relapse if services are not initiated;</li> <li>The CMP and CSP identifies this service and measurable objectives and discharge criteria for this service as established in the pre-admission meeting;</li> <li>Documentation of an adequate trial of active treatment at a less restrictive level has been unsuccessful or there is clear and compelling documented clinical evidence that the youth is inappropriate for a trial of less restrictive services;</li> <li>If the youth is diagnosed with a disruptive disorder, the documentation must include the use of one of the evidence-based treatments (MST, FFT) before seeking IOH admission, unless there is clear and compelling documented clinical evidence that the youth is inappropriate for an evidence-based treatment at this time;</li> <li>Family/guardian agree to active involvement in treatment and planning meetings; and</li> <li>Youth agrees to active involvement in treatment.</li> </ol>		
Initial Authorizations	Unit = one (1) day HCPCS code: H0035		
	Clinical Lead may initial authorization may be up to fifteen (15) units at a time.		
Reauthorization	Clinical Lead may reauthorization up to fifteen (15) units at a time.		
	Threshold:		
	Average length of IOH treatment is 40 days		
Continuing Stay Criteria			
	review:  1. Youth actively involved in treatment process and at least one of		
	the following criteria must be met:		
	a. Admitting symptoms/behaviors are still present and continue to meet admission criteria;		
	b. Progress in relation to specific symptoms or impairment is		
	evident and is described in objective terms, but goals of		
	treatment have not yet been achieved, or adjustments in treatment plan to address lack of progress are evident; or		
	treatment plan to address last of progress are evident, of		

- c. New symptoms have developed, and plans have been modified to address these additional symptoms. The symptoms can be safely and effectively addressed, and a less intensive service would not adequately meet the youth/family needs;
- 2. The documented treatment and safety plan is individualized and appropriate to the individual's changing condition with realistic, measurable and achievable goals, objectives and discharge criteria directed toward stabilization to allow treatment to continue in a less restrictive environment. The treatment plan has been shared with relevant team members;
- The treatment plan includes a formulated discharge plan that is directly linked to the behaviors and/or symptoms that resulted in admission, and begins to identify appropriate post-partial hospitalization resources;
- There is documented evidence of active family involvement in treatment as required by the treatment plan at least weekly or there is active documented effort being made to involve them unless it is documented as contraindicated;
- There is a documented active attempt at coordination of care with other relevant behavioral health providers when appropriate. If coordination is not successful, the reason(s) are documented; and
- There is reasonable expectation that continued treatment will remediate the symptoms and/or improve behaviors or there is reasonable evidence that the youth will decompensate or experience relapse if services are discontinued.

### **Discharge Criteria**

# Youth is no longer in need of or eligible for this service due to **one** (1) of the following criteria:

- 1. The individual's documented treatment plan goals and objectives have been substantially met;
- 2. The individual no longer meets admission criteria, or meets criteria for a more intensive level of care;
- 3. Targeted symptoms/behaviors have abated in severity which no longer requires this level of care and the treatment can now be managed at a less intensive level of care;
- 4. The youth is no longer eligible for services. As part of discharge, the CC will help coordinate transfer to appropriate treatment services in the least disruptive manner possible;
- 5. Youth has demonstrated minimal or no progress toward treatment goals for a four (4) week period and appropriate modification of plans has been made and implemented with no significant success, and there is no reasonable expectation of progress at this level of care nor is it required to maintain the current level of function;
- 6. Youth/family no longer want services and revoke consent; or

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	7. The youth or parent/guardian is not participating in treatment or in following program rules and regulations. The non-participation is of such a degree that treatment at this level of care is rendered ineffective, despite multiple (at least 3) documented attempts to address non-participation issues.
Exclusions	<ul> <li>IOH is not considered medically necessary and will not be authorized under the following circumstances:</li> <li>1. Not offered at the same time as Hospital or Community Based Residential programs;</li> <li>2. Not offered at the same time as any intensive outpatient service (IIH, IILS, MST, FFT, ABI) except when documented in IOH's treatment/discharge plan and within two (2) weeks of discharge from the IOH program;</li> <li>3. No admissions and/or continued stays which are solely for parent/guardian convenience and not related to the care and treatment of the youth; or</li> <li>4. No admissions that are being sought solely as an alternative to specialized schooling or respite.</li> </ul>

### **Staffing Requirements:**

In addition to the staffing requirement listed in the general standards, these staff requirements must also be followed. If the standards referenced here differ from those in the general standards, these staffing requirements will supersede the general standards.

- 1. A multi-disciplinary team of clinical, educational and direct care personnel provides the medical, psychiatric, educational, and recreational services required to provide an intensive therapeutic program.
- 2. The program director is a licensed mental health professional with clinical/administrative experience in child and adolescent psychiatry.
- 3. The medical director is a board-certified child and adolescent psychiatrist who has overall medical responsibility for the program.
- 4. The professional staff is comprised of at least the following professionals:
  - a. Board certified/eligible child and adolescent psychiatrist(s);
  - b. Registered nurse(s) (recommend bachelor's level, certified psychiatric nurses);
  - c. Licensed psychologist(s) (consultative);
  - d. Credentialed mental health professional(s);
  - e. A DOE teaching staff; and
  - f. Activities therapist/ Recreation therapist/Occupational therapist, based on the needs of the population.
- 5. Staff must be CAMHD credentialed as defined in the general standards.
- 6. CAMHD will delegate to the HBR programs the credentialing of Qualified Mental Health Professionals only. The Contractor shall follow all CAMHD Credentialing Policies and Procedures related to the credentialing of MHPs and Paraprofessionals level s 1 or 2.
- 7. CAMHD expects the Contractor to ensure the educational components of the program, including its teaching staff, meet all CAMHD CAMHPS requirements, even if this component is under a separate contract with the DOE.
- 8. Adequate care and supervision are provided at all times in accordance with the developmental and clinical needs of the youth served and includes:

- a. One (1) staff per every four (4) youth providing continuous supervision;
- b. Higher staff/youth ratios during periods of greater activity such as shift changes; and
- c. Availability of additional personnel for emergencies or to meet the special needs of youth served at busier or more stressful periods.
- 9. The program's personnel include those with educational and experiential backgrounds which enable them to participate in the overall treatment program and to meet the emotional and developmental needs of the youth served; and the personal characteristics and temperament suitable for working with youth with special needs.

### **Clinical Operations**

In addition to the clinical operation requirements listed in the general standards, these requirements must also be followed. If the standards referenced here differ from those in the general standards, these clinical operation requirements will supersede the general standards.

- 1. Service is available at least six (6) hours a day, five (5) business days a week.
- 2. A preadmission meeting is required to obtain youth, family, CC, and other relevant team members' input into symptoms/behavior that are the targets of treatment and reflected in the goals in the MHTP. Discussion of the youth's self-calming strategies will be identified for the safety plan that will be incorporated into the youth's crisis plan in the MHTP. The preadmission meeting also facilitates the discussion of the youth's discharge plan, including the development of concrete, realistic, measurable discharge criteria and projected timeframe for discharge.
- 3. Service delivery must be preceded by a thorough assessment of the youth and his/her family which includes preadmission information so that an appropriate and effective treatment plan can be developed. A Preadmission meeting, Intake, Screening, and Assessment are provided to each youth prior to or upon admission.
- 4. Comprehensive multi-disciplinary assessments are performed within forty-eight (48) hours and include comprehensive DSM-5 assessments, assessments of patient, family, community strengths/resources, and specific multi-modal treatment recommendations that target the specific factors that precipitated the admission and those that require stabilization in order to return to a less restrictive setting. The assessment also includes comprehensive evaluations of the patient's developmental milestones and course; family dynamics, strengths and capacity to be actively involved in family centered interventions; current and past school, work, or other social role; ability to interact socially (including peer relationships); substance use/abuse; and a summary of all prior psychiatric hospitalizations, medication trials, and other mental health/psychosocial interventions including an assessment of the youth's degree of success and/or failure.
- 5. Psychological testing will be provided as part of the comprehensive assessment to guide differential diagnosis of mental health disorders or abilities.
- 6. The MHTP documents targets of treatment that are reflective of the youth's admission behaviors/symptom along with realistic goals and discharge criteria within ten (10) days of admission as part of the initial assessment process and preadmission meeting. The MHTP and crisis plan component will be evaluated and revised as necessary as treatment proceeds and will include the youth, family/guardian and other relevant treatment team members.
- 7. The discharge plan component of the MHTP will document realistic discharge criteria directly linked to behaviors/symptoms that resulted in the admission, time frame for discharge and any aftercare resources needed to transition the youth to a less restrictive level of treatment.
- 8. Involvement of parent(s)/guardian(s) is/are essential in the provision of this service and is a necessary tool in enabling the youth to move to less restrictive services. Every effort to

- include parents in the treatment process must be documented and the use of Telehealth video conferencing or telephone conferencing to facilitate weekly family therapy sessions must be utilized for families who are unable to attend in person.
- 9. The provider is to follow all applicable professional practice standards and ethical guidelines.
- 10. The Contractor has established policies and procedures in place for managing crises and effectively and efficiently through the direct interventions of its professional clinical and medical staff. Included in these procedures is the handling of emergency and crisis situations that describe methods for triaging youth who require more intensive interventions.
- 11. The program provides continuous observation and safe control of behavior (i.e., adequate/appropriate suicidal/homicidal precautions) to protect the patient and others from harm, neglect, and/or serious abuse. These control measures should be used sparingly and under the direction of a child and adolescent psychiatrist. The use of restrictive forms of behavior control must follow JCAHO guidelines.
- 12. If the program provides services to a mixed population of those in a hospital setting and those who live at home with their families, the program must assure that both the residential and partial hospitalization youth served receive a comprehensive program that meets their needs.
- 13. Professional staff works closely together to provide integrated care. They meet weekly to review each case.
- 14. The program has written policies and procedures, which specify its approach to behavior management. These require safe, standardized methods for behavior control and management, which indicate the conditions under which restrictive practices such as seclusion and restraints may be used. They also include the procedures for obtaining informed consent from family or guardians regarding such practices.
- 15. The organization provides training for its personnel in family-based interventions and other alternative ways of dealing with aggressive or out of control behavior, methods of deescalating volatile situations and of using non-physical techniques in such situations.
- 16. To ensure continuity of care, the provider is required to provide discharge summaries as described in the general standards within ten (10) calendar days of discharge and sent to the referring Center.
- 17. When the Contractor has documented the clinical need for Ancillary support services of oneon-one staffing, the Contractor will request the assistance of the CAMHD Center where the youth is registered to seek approval from the CAMHD Medical Director or designee for such staffing to help stabilize the youth (See Ancillary performance standard for one-on-one Paraprofessional Support).
- 18. Please see Section I General Standards for additional clinical operation requirements:
  - A. Core Components of Current CAMHD System:
    - Commitment to Clinical Excellence & Co-management of Care;
  - E. Referral Process for Contracted Services;
  - F. Commitment to Serve All Youth;
  - G. Training;
  - H. Supervision;
  - I. Credentialing;
  - L. Service Quality;
  - N. Risk Management:
  - O. Additional Reporting Requirements:
    - Weekly Census Report of Client Status;
  - P. Youth Rights and Confidentiality.

### **Documentation**

In addition to the documentation requirements listed in the general standards, these requirements must also be followed. If the standards referenced here differ from those in the general standards, these documentation requirements will supersede the general standards.

- 1. For youth **not** stepping down from a hospital program, a written admission summary that details the initial diagnosis, mental status, presenting problem, and preliminary recommendations is submitted to the CAMHD Branch within five (5) calendar days of admission.
- 2. A written MHTP inclusive of a current safety plan identifying targets of treatment with realistic goals, objective and discharge criteria linked to the admission behavior/symptoms will be submitted to the CAMHD Branch with ten (10) calendar days of admission. This documentation is required for any reauthorization of partial hospitalization services.
- 3. Progress notes must document the course of treatment including a description of the interventions implemented, youth's response, and interpretation of the effectiveness of the intervention in addressing treatment plan goals. The note must include the date of treatment, length of session, type of therapy provided, and specific treatment goal addressed. The note shall be fully dated and signed by the writer and supervisor if needed. The original note must be maintained in the agency's master youth file within 24 hours of service. The following notes are required:
  - At least weekly observation, assessments and/or treatment progress note from the Psychiatrist;
  - b. At least weekly progress notes by the responsible educational/recreational/occupational specialist;
  - c. Individual/family/group therapy progress note;
  - d. Every nursing contact, including medication administration must be documented; and
  - e. Daily progress notes for each youth in the program.
- 5. To ensure continuity of care, providers are required to provide discharge summaries as described in the general standards within ten (10) days of discharge. If hospital procedures prevent this timeline from being met, at a minimum the provider must have written discharge follow-up orders which include the youth's diagnosis at discharge, statement of status at discharge and any recommended follow-up treatment including medications and follow-up appointments which is given to the parent/guardian at discharge and sent to the referring CAMHD Center.
- 6. Please see Section I General Standards for documentation requirements including the following:
  - D. Service/Treatment Planning:
    - Mental Health Treatment Plan including crisis and discharge components. If any major changes occur in the course of treatment, the all components of the MHTP should be updated;
    - Discharge Summary;
  - J. Billing:
  - N. Maintenance of Service Records:
    - Progress Notes;
    - Monthly Treatment and Progress Summary;
  - O. Additional Reporting Requirements:
    - Attendance and Encounter Records.

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Note: The Policies and Procedures in the appendix are current as of December 2017. Provides are responsible for following any future revised policies and procedures as they are made available. Please refer to the DOH website for the most current version <a href="http://health.hawaii.gov/camhd/">http://health.hawaii.gov/camhd/</a>.

# STATE OF HAWAII Child and Adolescent Service System Program (CASSP) Principles

- The system of care will be child and family centered and culturally sensitive, with the needs of the child and family determining the types and mix of services provided.
- 2. Access will be to a comprehensive array of services that addresses the child's physical, emotional, educational, recreational and developmental needs.
- 3. Family preservation and strengthening along with the promotion of physical and emotional wellbeing shall be the primary focus of the system of care.
- 4. Services will be provided within the least restrictive, most natural environment that is appropriate to individual needs.
- 5. Services which require the removal of a child from his/her home will be considered only when all other options have been exhausted, and services aimed at returning the child to his/her family or other permanent placement are an integral consideration at the time of removal.
- The system of care will include effective mechanisms to ensure that services are delivered in a coordinated and therapeutic manner, and that each child can move throughout the system in accordance with his/her changing needs, regardless of points of entry.
- Families or surrogate families will be full participants in all aspects of the planning and delivery of services.
- 8. As children reach maturity, they will be full participants in all aspects of the planning and delivery of services.
- 9. Early identification of social, emotional, physical and educational needs will be promoted in order to enhance the likelihood of successful early interventions and lessen the need for more intensive and restrictive services.
- The rights of children will be protected and effective advocacy efforts for children will be promoted.

Developed by the Hawaii Task Force, 1993.

(Adapted from Stroul, Beth A. and Robert M. Friedman, R.M. (1986) A System of Care for Children & Youth with Severe Emotional Disturbances. (Revised Edition) Washington, DC: Georgetown University Child Development Center, CASSP Technical Assistance Center.)



# STATE OF HAWAII DEPARTMENT OF HEALTH CHILD AND ADOLESCENT MENTAL HEALTH DIVISION

3627 KILAUEA AVENUE ROOM 101 HONOLULU, HAWAII 96816

Policy Number:	80.600		
Name of Policy:	Non-Discrimination Policy-Lesbian Gay Bisexual Transgender (LGBT)		
Section: VI	Consumers/Programs/Services/Standards of Practice		
Supersedes:	New		
Units Affected:	☑ CAMHD-Wide       ☐ Performance Management         ☐ Central Administration Office       ☐ Management Information Systems         ☐ Administrative Services       ☐ Family Guidance Centers/FCLB         ☐ Clinical Services Office		
Author(s):	Safe Spaces Committee & Quality Steering Committee		
Stakeholders:			
Approved By:	M. Dont Mulat		
Approval Date:	NOV - 2 2015		
Effective Date:	NOV - 2 2015		
Last Revision:	For a revision history, please see the tracking form included with the original P&P manual.		
Archived By:	N/A		
Archive Date:	N/A		

### **PURPOSE:**

In accordance with state and federal laws, each youth served by the Child and Adolescent Mental Health Division (CAMHD) has the right to receive services in an environment free of harassment and discrimination. The CAMHD is committed to providing a healthy and accepting setting for all youth placed in its care by training and evaluating staff, instituting policies, and educating youth to respect each other. The CAMHD does not tolerate discrimination or harassment by or toward employees, volunteers, contracted providers, or youth.

The purpose of these policy and practice guidelines is to establish operational practices that reinforce our commitment to respect the dignity of Lesbian, Gay, Bisexual, Transgender, Queer/Questioning, Intersex, Asexual, 2 Spirit, Māhū (LGBTQIA2SM, aka. LGBT) and gender non-conforming youth and create a safe environment for all members of the CAMHD community,

80.600 - Non-Discrimination Policy-Lesbian Gay Bisexual Transgender (LGBT)

and ensure that all people have equal access to all available services, placement, care, treatment, and benefits provided by the CAMHD.

#### **DEFINITIONS:**

For purposes of the policy and practice guidelines, the following definitions apply:

**Ally:** A heterosexual and/or cisgender person who supports equal civil rights, gender equality, LGBT social movements, and challenges homophobia, biphobia and transphobia.

**Asexual:** The lack of sexual attraction to anyone, or low or absent interest in sexual activity. It may be considered the lack of a sexual orientation, or one of the four variations thereof, alongside heterosexuality, homosexuality, and bisexuality.

**Bisexual:** A person who is emotionally, romantically, and sexually attracted to both males and females.

Cisgender: A person whose gender identity corresponds with their sex assigned at birth; not transgender.

**Contractor:** Any person who is employed directly by an agency or organization that has a contract or Memorandum of Understanding with the CAMHD.

**Employee:** Any person who is employed directly by the CAMHD (i.e., student interns, trainees, employees, volunteers, and contracted providers).

**Discrimination:** Any act, policy, or practice that, regardless of intent, has the effect of subjecting any youth to differential treatment as a result of that youth's actual or perceived sexual orientation or gender identity.

**Gay:** A person who primarily is emotionally, romantically, and sexually attracted to individuals of the same sex, typically in reference to boys or men.

**Gender Expression:** The manner in which a person expresses his or her gender through clothing, appearance, behavior, speech, etc. Gender expression is a separate concept from sexual orientation and gender identity.

**Gender Identity:** A person's internal, deeply felt sense of being male or female, regardless of the person's sex at birth.

Gender Dysphoria (GD): A DSM-5 diagnosis in which there is a marked difference between the individual's expressed/experienced gender and the gender others would assign him or her, continuing for at least six months. This condition is only diagnosed when the individual experiences clinically significant distress or impairment in social, occupational, or other important areas of functioning.

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**Harassment:** Includes, but is not limited to: name-calling; disrespectful gestures, jokes, or comments; inappropriate touching; threats of physical or emotional harm or negative consequences (including religious condemnation); physical abuse; sexual abuse, including unwanted sex acts, touching, pantomime, and threats; emotional abuse, such as shunning or isolation; bullying; and cyber-bullying. Attempting to change a youth's sexual orientation or gender identity is also a form of harassment.

**Intersex:** A variation in sex characteristics including chromosomes, gonads, or genitals that do not allow an individual to be distinctly identified as male or female.

**Lesbian:** A girl or woman who primarily is emotionally, romantically, and sexually attracted to girls or women.

**Māhū**: In modern day Hawai'i it is a commonly used slang word for transvestite and transgender persons.

**Protected Categories:** A characteristic of a person which, by law and/or policy, cannot be targeted for discrimination. For the purpose of this policy the following are protected categories: race, ethnicity, sex, immigration status, disability, national origin, sexual orientation, or gender identity or expression.

**Queer:** An umbrella term for sexual and gender minorities that are not heterosexual or cisgender. Queer may be used by those who reject traditional gender identities as a broader, less conformist, and deliberately ambiguous alternative to LGBT.

**Questioning:** A term used to describe those who are in the process of discovery and exploration about their sexuality orientation or gender identity.

**Sexual Orientation:** A person's emotional, romantic, and sexual attraction, to individuals of the same sex or of a different sex.

**Transgender:** A person whose gender identity (their understanding of themselves as male or female) does not correspond with their sex assigned at birth. A transgender girl is a girl whose birth sex was male but who understands herself to be female. A transgender boy is a boy whose birth sex was female but who understands himself to be male.

**Youth:** Any person ages 3 through 22 receiving services from the CAMHD, referred to the CAMHD for eligibility determination, or receiving services from its contracted providers.

**2 Spirit:** A modern umbrella term used by some indigenous North Americans to describe or label gender-variant individuals in their communities.

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### **POLICY:**

- It shall be the policy of the CAMHD to provide the highest quality of services to youth regardless of their actual or perceived race, ethnicity, sex, immigration status, disability, national origin, sexual orientation, or gender identity or expression.
- All youth served under the CAMHD and its contracted providers shall receive fair and equal treatment, without bias and in a professional and confidential manner based on principles of sound professional practice.
- Employees, volunteers, and contractors that offer services to youth served by the CAMHD shall not discriminate against or harass any youth in their care based on their protected class, including a youth's actual or perceived sexual orientation, gender identity or expression.
- The CAMHD employees and contracted providers shall protect youth from discrimination, physical and sexual harassment or assault, and verbal harassment by other youth, based on a youth's actual or perceived sexual orientation, gender identity or expression, or other protected categories.
- The CAMHD will take all reasonable steps within its control to meet the diverse needs of all youth, employees, and contractors and provide an environment in which all individuals are treated with respect and dignity, regardless of protected categories, including sexual orientation, gender identity or expression.

### **General Operations**

- All youth need to feel safe in their surroundings in order to fully benefit from mental health services. The CAMHD shall establish and maintain a culture where the dignity of every youth is respected and all youth feel safe. Employees shall create opportunities for dialogue with youth and staff about all forms of diversity to increase tolerance and respect.
- The CAMHD will promote the positive adolescent development of all youth in its care. Actions that support positive adolescent development include: modeling desired behavior such as demonstrating respect for all youth; reinforcing respect for differences amongst youth, encouraging the development of healthy self-esteem in youth, and helping youth manage the stigma sometimes associated with difference.
- Employees should model positive behavior when interacting with LGBT youth and remind all youth that anti-LGBT threats of violence, actual violence, or disrespectful or suggestive comments or gestures, will not be tolerated.
- The CAMHD intends to provide a safe and non-discriminatory environment where youth can learn and grow. Employees of the CAMHD and its contracted providers shall not prohibit or discourage communication or interaction between youth of the same sex that is not also prohibited or discouraged between youth of different sexes. Expressions of romantic or emotional attraction between youth of the same sex that do not include sexual activity are not prohibited and shall not result in punishment.
- The CAMHD shall provide LGBT youth with access to educational, rehabilitative, recreational, and other programming on the same basis as other youth. Youth shall not be denied qualification for or access to programming based on sexual orientation or gender identity or expression.

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### **Confidentiality**

- Employees shall not disclose a youth's sexual orientation or gender identity to other youth at the facility or to outside parties, individuals, or agencies, such as health care or social service providers or a youth's family and friends, without the youth's permission, unless such disclosure is necessary to comply with state or federal law.
- Any disclosure of confidential information related to a youth's LGBT identity shall be limited to information necessary to achieve the specific beneficial purpose of the disclosure.
- This confidentiality restriction does not prevent individuals working at the CAMHD from discussing a youth's needs or services with other staff members or when resolving a grievance.

#### Intake

Staff should be aware that LGBT youth are in various stages of awareness and comfort with their sexual orientation and gender identity. Youth intake interviewers shall sensitively inquire about fears the youth may have, but intake workers should not directly ask youth if they are LGBT. Some youth will disclose that they are LGBT. If a youth discloses their sexual orientation or gender identity, the intake worker should talk with the youth about it in an open and non-judgmental fashion and determine if the youth has particular concerns or needs related to being LGBT.

#### Youth Placement

Placement decisions for LGBT youth shall occur as soon as possible after intake. All
classification and placement decisions for youth shall be individualized, based on good
practices, and shall prioritize the youth's physical and emotional well-being.

# Names and Language

- The CAMHD employees, volunteers, and contractors, shall use respectful language and terminology that does not further stereotypes about LGBT people.
- Employees, volunteers, and contractors of the CAMHD, in the course of their work, shall not refer to youth by using derogatory language in a manner that conveys bias towards or hatred of LGBT people. In particular, employees of the CAMHD and its contractors shall not imply to or tell LGBT youth that they are abnormal, deviant, or sinful, or that they can or should change their sexual orientation or gender identity.
- Transgender youth shall be referred to by their preferred name and the pronoun that reflects the youth's gender identity, even if their name has not been legally changed. All written documentation about a transgender youth shall use the youth's preferred name as well note the youth's legal name recognized by the court.

### Clothing and Gender Presentation

- Youth shall be allowed to dress and present themselves in a manner consistent with their gender identity.
- Grooming rules and restrictions, including rules regarding hair, make-up, shaving, etc., shall be the same in male and female units. Transgender girls shall not be required to have a male haircut, or to wear masculine clothing. Transgender boys shall not be required to maintain a female hairstyle, to wear make-up, or to wear feminine clothing.

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#### Medical and Mental Health Care

- If the youth requests assessment or treatment, the CAMHD shall provide transgender youth with access to medical and mental health care providers who are knowledgeable about the health care needs of transgender youth. The CAMHD will provide all recommended transgender-related treatments in accordance with the medical and mental health assessments performed by the youth's health care provider and will provide transportation for the youth to receive such treatments, if necessary.
- In accordance with accepted health care practices which recognize that attempting to change a person's sexual orientation or gender identity is harmful, the CAMHD and its contracted providers shall not employ or contract with mental health providers who attempt to change a youth's sexual orientation or gender identity.
- All sex offender treatment shall not discriminate based on sexual orientation and gender identity and shall not criminalize or pathologize LGBT identity.

### **PROCEDURES:**

#### Training of Employees, Volunteers, & Contractors

- In order for employees, volunteers, and contractors to have the awareness and capacity to effectively work with LGBT youth, all CAMHD administrators, employees, volunteers, and contractors are required to attend training on working with LGBT youth. This training should teach participants: 1) the goals and requirements of the Nondiscrimination Policy and Practice Guidelines Regarding LGBT Youth; 2) how to work with LGBT youth in a respectful and non-discriminatory manner; and 3) how to recognize, prevent, and respond to harassment against LGBT youth.
- All employees and administrators of the CAMHD shall receive training about LGBT youth during their orientation and as part of their continuing education requirements. These trainings shall be taught by a qualified trainer with expertise in working with LGBT youth.
- All new administrators, employees, volunteers, and contractors shall receive a copy of the Policy and Practice Guidelines with their orientation materials. Current administrators, employees, volunteers, and contractors shall receive a copy of the Policy and Practice Guidelines before it is to go into effect.

#### Responsibilities of Employees and Contractors to Respond to and Report Harassment

- Contractors of the CAMHD shall promptly and appropriately intervene when a youth physically, verbally, or sexually abuses or harasses another youth based on the youth's actual or perceived sexual orientation or gender identity, when youth are in the contractors' custody or care.
- All employees and contractors shall be required to report all incidents in violation of this policy
  in accordance with Sentinel Event and Reportable Incident procedures. Failure to report an
  incident may result in disciplinary actions or other consequences.
- The CAMHD employees and contracted providers have an obligation to report conduct by other employees and contractors that may be in violation of this policy to the other individual's supervisor and the CAMHD administration (Performance Management).

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### Reporting Procedures for Youth

Youth shall be able to report violations of this policy following established agency and/or CAMHD grievance procedures. Grievance procedures shall protect confidentiality of youth and contain other measures to prevent retaliation.

#### **Enforcement**

Supervisory and management staff shall treat all reports of violations of this policy seriously. The CAMHD administration shall promptly and effectively respond to grievances filed by youth and shall take swift action according to established procedures when employees or contractors report violations.

### **SCOPE**:

This policy shall apply to all employees of the CAMHD, to employees or representatives of any agency providing services on behalf of youth at the CAMHD, including but not limited to the Department of Health, Department of Human Services, Department of Education, their contractors, volunteers, and any other relevant agencies or departments which have contact with youth served by the CAMHD.

#### Severability

The provisions of the Policy and Practice Guidelines shall be severable. If any provision or portion of this policy or its application to any person or circumstance is held invalid, the remainder of this policy or the application of the provision to other persons or circumstances is not affected.

		References
Source S	Number	Area
CAMHD Policy		
Federal Law		
Hawaii Law		
Contract Requirements		
Other		

	Attachments	
A.		
B.		

SUBJECT: Denial of Services, Appeals, and the Med-Quest Hearing Process		Number:	80.604
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<b>REFERENCE:</b> 42 CFR §\$438.400-483.424; 42 CFR §431.244(f)(1)(i); HRS §91-9	APPROVED	APPROVED:	
	Signature	on File	03/21/07
	Chief		Eff. Date

### **PURPOSE**

To establish and outline a process whereby all consumers may appeal an action by Child and Adolescent Mental Health Division (CAMHD) and to define a procedure where Quest enrollees can exercise his/her right to access the Department of Human Services (DHS) Fair Hearing process.

#### **DEFINITIONS**

- Action (1) The denial or limited authorization of a requested service, including the type or level of service; (2) The reduction, suspension, or termination of a previously authorized services; (3) The denial, in whole or in part, of payment for a service; (4) The failure to provide services in a timely manner, as defined by CAMHD is failure to provide the specifically needed routine services within thirty (30) days of need identification, or failure to provide emergency services immediately or urgent services within twenty-four (24) hours; (5) The failure of CAMHD to act within the timeframes provided in §438.408(b); or (6) For a resident of a rural area with only one MCO, the denial of a Medicaid enrollee's request to exercise his or her right under §438.52(b)(2)(ii), to obtain services outside the network.
- Appeal A request for review of an action, as "action" is defined in this section.
- **Appellant** An individual who files an appeal. This can be the parent/legal guardian, provider, or an individual or personal care physician who has been designated to act on behalf of the youth, parent, or legal guardian.
- **Consumer** Youth with emotional and/or behavioral challenges receiving intensive mental health services from CAMHD. For the purpose of this policy the definition of consumer includes the youth, parent(s), legal guardian or designated third-party representative.
- **Department of Human Services Hearing** The term "hearing" means any formal proceeding for the determination of the legal rights of specific parties which is authorized by law or rules in a matter which is initiated by action taken, or to be taken, by CAMHD or which may be initiated by a petition or application for the granting of any right, privilege, authority or relief from or after administrative action.
- *Enrollee* A consumer who QUEST eligible and is enrolled in CAMHD's behavioral health plan.

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Grievance – An expression of dissatisfaction about any matter other than an action, as "action" is defined in this section. The term is also used to refer to the overall system that includes grievances and appeals handled by CAMHD' Grievance Office (GO) and access to the Med-Quest State Fair Hearing process. (Possible subjects for grievances include, but are not limited to, the quality of care or services provided, and aspects of interpersonal relationships such as rudeness of a provider or employee, or failure to respect the consumer's rights.) The GO will follow established procedures and timeframes to address and resolve grievances as outlined in P&P 80.603, "Grievances, and Appeals."

#### **POLICY**

- 1. CAMHD shall give notice to all consumers of their right to appeal all actions by CAMHD and the right of enrollees to access the DHS Fair Hearing process.
- 2. CAMHD shall also offer to assist the consumer in drafting the appeal, filing the appeal, and in keeping within all specified timeframes.
- 3. CAMHD will supply all provider(s) and its sub-contractor(s) with information regarding the consumer's right to file an appeal, the enrollee's right to a DHS Fair Hearing process, and the enrollee's ability to file for an external review with the Hawaii Insurance Commissioner.
- 4. CAMHD will make every effort to ensure that youth receive the services needed in a timely manner.

### **PROCEDURE**

### DENIAL (ACTION) PROCESS

### 1. Review Request for Services

Youth who have been identified by an IEP/MP/CSP team to require intensive mental health services are enrolled with the Family Guidance Center (FGC) located in the school district of their home school. Once the team identifies the level of care needed, the Mental Health Care Coordinator (MHCC) begins the service authorization process.

#### 2. Authorization of Services

Once the IEP/MP/CSP team decides on the appropriate level of care the MHCC generates a service authorization. For levels of care higher than Therapeutic Group Homes (Hospital-Based Residential, Community-Based Residential I, Community-Based Residential II and Community-Based Residential) the FGC Clinical Director reviews and approves initial authorizations. The CAMHD Medical Director reviews and approves service authorizations for Hospital-Based Residential. The FGC Clinical Director will review all levels of care at some point for re-authorizations.

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### 3. Expedited Authorization Decisions

For cases in which a provider indicates, or CAMHD determines, that following the standard timeframe could seriously jeopardize consumer's life or health or ability to attain, maintain, or regain maximum function, CAMHD must make an expedited authorization decision and provide notice as expeditiously as the consumer's health condition requires and no later than three (3) working days (72-hours) after receipt of the request for services. However, depending upon the severity of the situation, e.g., life threatening, etc., the three (3) day timeframe will be waived and the decision will be made within twenty-four (24)-hours of receipt, if not immediately.

### 4. **Denial (Action)**

After consideration of a request for services, and CAMHD has determined that such services are either not therapeutic, excessive or no longer needed the MHCC will issue the determination in the form of an "action." Depending upon the decision making body (the FGC or CAMHD's Medical Director), the decision making body will contemporaneously send the Notice of Action to the consumer and a copy of the notice to the Clinical Services Office (CSO).

# 5. Delay In Services (Action)

After IEP/MP or CSP determination of a needed level of care, if that level of care is not available within thirty (30) days, this is a delay in timely provision of routine services. If it is determined that emergency care was not available immediately or that urgent care was not available within twenty-four (24) hours, this is a delay in services. Delays in services for routine out of home-care will generate a request to CSO Resource Management for assistance in prioritizing the youth.

### 6. **Notice of Action**

The Notice of Action will be written and made available in sixth Grade level English and in the prevalent non-English languages spoken through out the State. CAMHD will make oral interpretation services of the notice available free of charge to each potential consumer and consumer. Oral interpretation services will be provided to all non-English languages, not just those languages that CAMHD determines as prevalent.

### The Notice of Action will contain the following:

- A. The action CAMHD or its contractor has taken or intends to take.
- B. The reasons for the action.
- C. The consumer's or the provider's right to file an appeal with CAMHD-CSO.
- D. The enrollee's right to request a DHS Fair Hearing, if Quest eligible.
- E. The procedures for exercising the rights specified in this paragraph.

REVISION HISTORY: 04/13/06 Initial Effective Date: 07/14/03 File Ref: A6781

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F. The circumstances under which expedited resolution is available and how to request it.

### The following timeframes are applicable to the corresponding actions:

- A. For termination of services, suspension, or reduction of previously authorized services, CAMHD will mail notice of action to consumer at least ten (10) calendar days before the date of action.
- B. For denial of payment, at the time of any action affecting the claim.
- C. For standard service authorization decision that deny or limit pre-determined services, CAMHD will provide notice as expeditiously as the consumer's health conditions require and within State-established timeframes that may not exceed (ten) 10 calendar days.
- D. For expedited service authorization decisions, if a provider indicates that, or CAMHD determines that, following the standard timeframe could seriously jeopardize the consumer's life or health or ability to attain, maintain, or regain maximum function, CAMHD must make an expedited appeal decision and provide notice as expeditiously as the consumer's health condition requires and no later than three (3) business days after receipt of the request for services.
- E. For delay in provision of services, CAMHD will provide notice within ten (10) days of the date of the delay threshold was reached.

### 7. Benefits Continue Pending Resolution of Appeal.

The notice of denial action will contain information regarding the consumer's right to have benefits continue pending resolution of the appeal, and how to request that benefits be continued. If the consumer is Quest eligible, the circumstances under which the enrollee may be required to pay for the costs of the provided mental health services will also be included in the notice of action.

#### APPEAL PROCESS

### 1. Where and how to file an appeal

Filing of an appeal can be in verbal or written form; however, if the appeal is filed verbally, it must be followed by a written appeal. The appeal can be filed with the FGC Quality Assurance Specialist or with CAMHD CSO.

### 2. The following timeframes are applicable to the corresponding events:

A. Upon receipt of the notification of the action, the consumer has thirty (30) calendar days to file an appeal.

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- B. Once an appeal has been filed, either verbally or in writing, CAMHD must render a written letter to the appellant stating that the appeal is being reviewed within five (5) business days.
- C. If a verbal appeal is filed, the appellant has ten (10) calendar days to submit the appeal in writing.
- D. In handling an appeal, CAMHD will give consumers any reasonable assistance in completing forms and taking other procedural steps. This includes, but is not limited to, providing interpreter services and toll-free numbers that have adequate TTY/TTD and interpreter capability.

### 3. **CAMHD Appeal Review**

- A. Once the appeal is received, CAMHD will assign a team of two (2) psychiatrists to review the appeal. The psychiatrists who make decisions on appeals are individuals:
  - a) Who were not involved in any previous level of review or decision-making; and
  - b) Who, if deciding any of the following, are health care professionals who have appropriate clinical expertise, as determined by the State, in treating the consumer's condition.
    - i. An appeal of a denial that is based on lack of medical necessity.
    - ii. A grievance regarding denial of expedited resolution of an appeal.
    - iii. An appeal that involves clinical issues.
- B. Written notification of the appeal decision will be submitted to the consumer and all related parties within thirty (30) days of filing the appeal.

### 4. The Notice of Appeal Finding will contain the following:

- A. The finding of the appeal.
- B. The reasons for the decision.
- C. The consumer's or the provider's right to file a final appeal.
- D. The enrollee's right to request an external review with the Hawaii Insurance Commissioner if Quest enrolled.
- E. The procedures for exercising the rights specified in this paragraph.

### 5. Final Appeal for Non-Quest Enrolled Youth

A. Youth who are not enrolled in Quest can appeal one last time. This appeal shall be filed with the CAMHD CSO and reviewed by the CAMHD Appeal Board. The

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appeal can be filed verbally or in writing. If a verbal appeal is filed, the appellant has ten (10) calendar days to submit the appeal in writing.

- B. The Appeal Board is made up of the following:
  - a) CAMHD Chief
  - b) A psychiatrist who was not involved in the original determination or the initial appeal
  - c) A representative from the Office of the Director of Health
- C. The following timeframes are applicable to the corresponding events:
  - a) Upon receipt of the notification of the action, the consumer has fourteen (14) calendar days to file a final appeal.
  - b) The Appeal Board will render a final written determination within thirty (30) calendar days of filing the second appeal.

### 6. Final Appeal for Quest Enrolled Youth

- A. Youth who are enrolled in Quest can appeal one last time. This appeal shall be filed with the State of Hawaii DHS, State Fair Hearing. The appellant can also request an external review by the Hawaii Insurance Commissioner.
- B. In handling an appeal, CAMHD will give consumers any reasonable assistance in completing forms and taking other procedural steps. This includes, but is not limited to, providing interpreter services and toll-free numbers that have adequate TTY/TTD and interpreter capability.

### 7. CAMHD's Process for Appeals will:

- A. Provide that oral inquiries seeking to appeal an action are treated as appeals (to establish the earliest possible filing date for the appeal) and must be confirmed in writing, unless the consumer or the provider requests expedited resolution.
- B. Provide the consumer a reasonable opportunity to present evidence, and allegations of fact or law, in person as well as in writing. (CAMHD will inform the consumer of the limited time available for this in the case of expedited resolution.)
- C. Provide the consumer and his or her representative opportunity, before and during the appeals process, to examine the consumer's case file, including
  - a) Medical records; and
  - b) Any other documents and records considered during the appeals process.
- D. Include, as parties to the appeal:

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- a) The consumer and his or her representative; or
- b) The legal representative of a deceased consumer's estate.
- E. For standard resolution of an appeal and notice to the affected parties, CAMHD will establish a timeframe that is no longer than thirty (30) calendar days from the day CAMHD receives the appeal. This timeframe may be extended up to fifteen (15) calendar days.
- F. Notice of Resolution (Appeals) Content
- G. The written notice of resolution to an appeal shall contain the results of the resolution process and the date it was completed. For appeals not resolved wholly in favor of the enrollee the notice of resolution must contain:
  - a) The right to request a Med-Quest Hearing, the Med-Quest contact person, their address and phone number, and how to do so;
  - b) The right to request to receive benefits while the hearing is pending, and how to make the request; and
  - c) The enrollee may be held liable for the cost of those benefits if the hearing decision upholds CAMHD's action.
- H. CAMHD will supply all providers, and its sub-contractor(s), with information about the enrollee's right to file an appeal or a Med-Quest Hearing, at the time they enter into a contract. This information will include the following:
  - a) For State (DHS) Fair Hearing:
    - i. The right to hearing;
    - ii. The method for obtaining a hearing; and
    - iii. The rules that govern representation at the hearing.
  - b) The right to file a grievances and appeals.
  - c) The requirements and timeframes for filing a grievance or appeal.
  - d) The availability of assistance in the filing process.
  - e) The toll-free numbers that the consumer can use to file a grievance or appeal by phone.
  - f) The fact that, when requested by the enrollee:
  - g) Benefits will continue if the enrollee files an appeal or a request for a Med-Quest Hearing within the timeframes specified for filings; and

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- h) The enrollee may be required to pay the cost of services furnished while the appeal is pending, if the final decision is adverse to the enrollee.
- i) Any appeal rights that the State chooses to make available to providers to challenge the failure of the organization to cover a service.

### 8. Expedited Resolution of Appeals (42 CFR §438.410)

- A. CAMHD will establish and maintain an expedited review process for appeals, when CAMHD determines (for a request from the consumer) or the provider indicates (in making the request on the consumer's behalf or supporting the consumer's request) that taking the time for a standard resolution could seriously jeopardize the consumer's life or health or ability to attain, maintain, or regain maximum function.
- B. The timeframe for the expedited appeal process is three (3) days; however, depending on the severity of the situation, e.g., life threatening, etc., the three (3) day timeframe will be waived and the decision will be made within twenty-four (24) hours of receipt, if not immediately.
- C. CAMHD will ensure that punitive action is neither taken against a provider who requests an expedited resolution or supports an consumer's appeal.
- D. If CAMHD denies a request for an expedited resolution of an appeal, CAMHD will:
  - a) Transfer the appeal to the timeframe for standard resolution that is no longer than forty-five (45) days from the day CAMHD receives the appeal (with applicable extension).
  - b) Make reasonable efforts to give the consumer prompt oral notice of the denial, and follow-up within two (2) calendar days with a written notice.

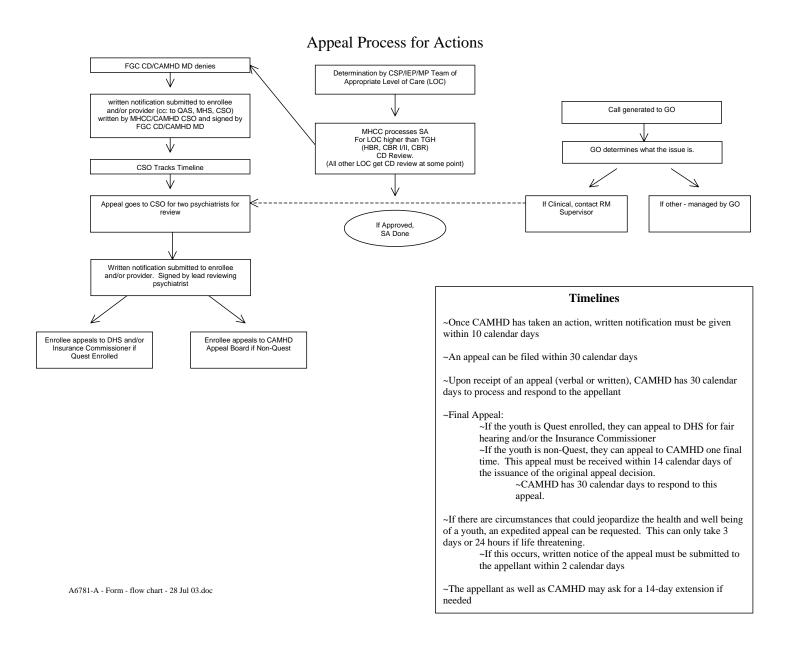
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### **ATTACHMENT:**

- A. Denial and Appeal Flow-Chart
- B. Notice of Action
- C. Letter stating receipt of verbal appeal
- D. Letter stating receipt of written appeal
- E. Notice of Appeal Finding for Non-Quest Youth
- F. Notice of Appeal Finding for Quest Youth
- G. Delay in Services Action Letter
- H. Reduction in Services Letter

REVISION HISTORY: 04/13/06 File Ref: 107/14/03 File Ref: A6781



Name Address City, State Zip

Dear Name:

Your request to receive **Level of Care** services for **Youth's Name** has been reviewed. The Child and Adolescent Mental Heath Division (CAMHD) has denied this request. The reason(s) for the decision are as follows. **Rationale for denial.** 

If you do not agree with this decision, you can file an appeal. Two psychiatrists will review the appeal. They will be from a different Family Guidance Center and will not have been part of the original decision. Call or write to the CAMHD Clinical Services Office for help on how to file. The address and phone number are:

CAMHD Clinical Services Office 3627 Kilauea Avenue, Room 405 Honolulu, Hawaii 96816 Phone (808) 733-9349

If you want to file an appeal, it must be received by phone or in writing in the next 30 days. If you would like a designated representative or physician to file the appeal for you, they can do so. If you need assistance filing the appeal, please contact the Clinical Services Office or your Care Coordinator.

Sincerely,

### Reviewing Clinician's Name Title

cc: CAMHD Family Guidance Center Client File

CAMHD Clinical Services Office Name of Mental Health Supervisor Name of Quality Assurance Specialist

A6781-B - Form - Notice of Action - 28 Jul 03.doc

Name Address City, State Zip

Dear Name,

This letter is to let you know we have record of your verbal appeal for **Type of** services for **Youth's Name**. You must make this request in writing within ten (10) working days of this letter. If you do not appeal in writing, then the appeal will not be made. If you would like for services to remain during this process, you must request this with your written letter. The address is:

CAMHD Clinical Services Office 3627 Kilauea Avenue, Room 405 Honolulu, Hawaii 96816 Phone Number: (808) 733-9349

If you need more time or help with this process, please call the Clinical Services Office.

Sincerely,

Name

Cc: CAMHD Family Guidance Center Client File CAMHD Clinical Services Office Mental Health Supervisor Quality Assurance Specialist

Enc: Appeal Process for actions taken by CAMHD

A6781-C - Form - Receipt of Verbal Appeal - 28 Jul 03.doc

Name Address City, State Zip

Dear Name,

This letter is to let you know we have received your written appeal for **Type of** services for **Youth's Name**. A decision will be made and sent to you in writing. You will receive this decision within thirty (30) calendar days.

If you need more time or help with this process, please call our office at 733-9349.

Sincerely,

Name Title

Cc: CAMHD Family Guidance Center Client File CAMHD Clinical Services Office

Name of Mental Health Supervisor Name of Quality Assurance Specialist

Enc: Appeal Process for actions taken by CAMHD

A6781-D - Form - Receipt of Written Appeal - 28 Jul 03.doc

Name Address City, State Zip

Dear Name.

This letter is to let you know about the decision that was made for your appeal. The Child and Adolescent Mental Heath Division (CAMHD) has carefully reviewed this appeal. We have decided that your appeal \_\_\_\_\_\_ been approved. This is due to the fact that **Reason for denial.** 

If you do not agree with this decision, you can file a final appeal. The Appeal Board will review the appeal. This board is made up of the CAMHD Chief, a psychiatrist, and a representative from the office of the Director of Health. Contact the Clinical Services Office. The phone number and address are as follows:

CAMHD Clinical Services Office 3627 Kilauea Avenue, Room 405 Honolulu, Hawaii 96816 Phone (808) 733-9349

If you want to file an appeal, it must be received by phone or in writing in the next 30 days. If you would like a designated representative or physician to file the appeal for you, they can do so. If you need assistance filing the appeal, please contact the Clinical Services Office or your Care Coordinator.

Sincerely,

**Reviewing Clinician's Name Title** 

cc: CAMHD Family Guidance Center Client File CAMHD Clinical Services Office Name of Mental Health Supervisor Name of Quality Assurance Specialist

A6781-E - Form - Appeal FInding-Non Quest - 28 Jul 03.doc

Name Address City, State Zip

Dear Name,

This letter is to let you know about the decision that was made for your appeal. The Child and Adolescent Mental Heath Division (CAMHD) has carefully reviewed this appeal. We have decided that your appeal \_\_\_\_\_\_ been approved. This is due to the fact that **Reason for denial.** 

If you do not agree with this decision, you can appeal one last time. To file appeal, contact the Department of Human Services at:

State of Hawaii Department of Human Services Administrative Appeals Office P.O. Box 339 Honolulu, Hawaii 96809

If you wish to file for an outside review, you can file with the Hawaii Insurance Commissioner. The address and phone number are as follows:

State of Hawaii Insurance Commissioner 250 South King Street, 5<sup>th</sup> Floor Honolulu, Hawaii 96813 Phone: (808) 586-2790

If you need help, filing with these agencies please call the CAMHD Clinical Services Office at (808) 733-9349.

Sincerely,

Clinicial Name Title

cc: CAMHD Family Guidance Center Client File CAMHD Clinical Services Office Name of Mental Health Supervisor Name of Quality Assurance Specialist

A6781-F - Form - Appeal Finding-Quest - 28 Jul 03.doc

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Name Address Address

Dear **Name**:

Your request to receive **type of** services for **Name** has been reviewed. The Child and Adolescent Mental Health Division (CAMHD) agrees with your request for services but has been unable to fulfill your request for services in a timely manner (e.g. within six (6) weeks for routine care). We are working to resolve this delay and believe there will be an opening on **date** for the services needed.

In the meantime, your child will continue to receive the following services: (description of current services and describe how each need is being covered), meeting all of the identified mental health needs of your child, but not in the form we hope to have when (Name) is admitted to (name of program).

Because of this delay, you have the right to file an appeal. You may call or write the CAMHD Clinical Services Office for help on how to file. The CSO address and phone number are:

CAMHD Clinical Services Office 3627 Kilauea Avenue, Room 405 Honolulu HI 96816 Phone (808) 733-9349 Neighbor Islands: 1-800-294-5282

If you want to file an appeal, it must be received by phone or in writing in the next 30 days. If you would like a designated representative or physician to file the appeal for you, they can do so. If you need help filing the appeal, please call the clinical Services Office or your Care Coordinator.

Sincerely,
Signature of FGC Clinical Director
Clinical Director, \_\_\_\_\_ FGC

Cc: CAMHD FGC Client file CAMHD Clinical Services Office FGC Mental Health Supervisor FGC Quality Assurance Specialist

A6781-G -Denial Letter due to delay in services 4-12-06.doc

**Date** 

Name Address Address

Dear **Name**.

The Family Guidance Center treatment team that included parents, guardians, service providers and other involved parties in the treatment planning process, has determined that **Name** needs (**a specific lower level**) service. This letter is to give you ten (10) days notice that Child and Adolescent Mental Health Division will not pay for **present type of** services for **name** after **date**.

If you do not agree with this decision, you can file an appeal. Two psychiatrists will review the appeal. They will be from a different Family Guidance Center and will not have been part of the original decision. Call or write to the CAMHD Clinical Services Office for help on how to file. The address and phone number are:

CAMHD Clinical Services Office 3627 Kilauea Avenue, Room 405 Honolulu, Hawaii 96816 Phone (808) 733-9349 Neighbor Islands: 1-800-294-5282

If you want to file an appeal, it must be received by phone or in writing in the next 30 days. If you would like a designated representative or physician to file the appeal for you, they can do so. If you need assistance filing the appeal, please contact the Clinical Services Office or your Care Coordinator. If you want to have the services being appealed continue during the appeals process, you must send a written request to us. However, if your appeal is denied, you may be required to pay for the services.

Sincerely,
Signature of FGC Clinical Director
Clinical Director, FGC

Cc: CAMHD Family Guidance Center Client File CAMHD Clinical Services Office Mental Health Supervisor Quality Assurance Specialist Provider

DAVID Y. IGE GOVERNOR OF HAWAII



VIRGINIA PRESSLER, M.D. DIRECTOR OF HEALTH

# STATE OF HAWAII DEPARTMENT OF HEALTH CHILD AND ADOLESCENT MENTAL HEALTH DIVISION

#### **Initial Mental Health Evaluation**

	Name of	Youth:	DOB:
	Youth Cl	R#:	Date of Assessment:
	Gender I	dentity:	Age at Assessment: y m
	School:	•	Grade:
	Guardian	ns:	Education Status:
			General Education IDEA 504
	Collatera	l Contacts:	Examiner:
I.	□Par □Cou	ral Source: ent Department of Human Services (DHS) Department of Human Services (DHS) Department of Physician Self Other	epartment of Education (DOE)
II.		n for Referral/Chief Complaint: y of current process.	
III.	Curre	ent Problems a function age entery we rtic p	anus):
		escribe current ssues here h don in hen us the	
		lolescent Functional Assessment Scale (CAFAS)	-
		escribe and rate most severe level for past 30 days using CAF	AS manual):
	1.	School:	
		CAFAS item number:	(20)
	2	Impairment:none (0)mild (10)moderate Home:	(20) <u>severe</u> (30)
	2.	CAFAS item number:	
		Impairment: none (0) mild (10) moderate	(20) Dsayara (20)
	3	Community:	(20) Severe (50)
	٥.	CAFAS item number:	
		Impairment: none (0) mild (10) moderate	(20) Severe (30)
	4.	Behavior to Others:	(20)
		CAFAS item number:	
		Impairment: none (0) mild (10) moderate	(20) severe (30)
	5.	Moods/Emotions:	
		CAFAS item number:	
		Impairment: none (0) mild (10) moderate	(20) severe (30)
	6.	Self-Harm:	
		CAFAS item number:	
		Impairment: none (0) mild (10) moderate	(20) severe (30)
	7.	Substance Abuse:	

	8.	CAFAS item number: Impairment:none (0)mild (10)moderate (20)severe (30) Thinking:
		CAFAS item number: Impairment:none (0)mild (10)moderate (20)severe (30) Total CAFAS score:
	9.	Other noteworthy problems/concerns:
B.		velopmental history:  Pregnancy and birth:uncomplicatedcomplicated pregnancy complicated birthwasn't assessed
	2.	Prenatal exposure to substances:deniedsuspectedknown/confirmedwasn't assessed
	3.	Any abnormalities in development:nonemotor delayscognitive delayswasn't assessed
	4.	Pubertal development:  pre-pubertal currently in puberty post puberty For girls - Age at menarchy: not applicable
		Issues related to sexuality:  none reported yes - describe: f Other issues:
C.	1. 2.	Primary Care Physici n: Date of last p ysical: Any hospitalizations or surgeries. In Dys
	4.	Any head injury or loss of consciousness:  no yes
	5.	Significant medical issues in the youth's past or present:noyes
	6.	Allergies/drug allergies:noyes
	7.	Any current problems with:  i. Eating/appetite  no yes  ii. Sleeping  no yes  iii. Bowel/Bladder control  no yes
	8.	Current medications:noyes
	9.	Other medical concerns:noyes
D.	<u>Psy</u> 1.	Youth lives with:birth parent(s)adoptive parent(s)relativesfoster familyOther:

		Describe any custody/visitation issues:
	2	Birth parents' names:
	۷.	bitti parents names.
	3.	Identify everyone living in the current home:
		Culture/ethnicity of the youth (check all that apply):  African American Caucasian Chinese Filipino Japanese Korean Micronesian Native American Native Hawaiian Pacific Islander Other Adult employment and household income:
	6.	Transportation:
E.		etors that have contributed to the youth's difficulties (including ACES scale) - check those t apply and describe:  Emotional abuse:
	2.	Physical abuse:
	3.	Sexual abuse:
	4.	Physical neglect:
	<ul><li>5.</li><li>6.</li><li>7.</li></ul>	☐ Lack of feeling loved and supported: ☐ Breakdown f famil (r ronto epara ed r div ront): ☐ Violence be a matimate part or in the Long:
	8.	☐ Incarceration of parent figure:
	9.	Current or previous substance abuse by parent figure:
	10.	Current or previous serious mental health problem in parent figure:
	11.	Family poverty/financial problems:
	12.	Out-of-home placements:
	13.	☐ Multiple moves, multiple schools:
	14.	Other difficult events/experiences:
	15.	Current instability of parent figures and family setting:
	16.	☐ Child Welfare Services involvement - ☐ present and/or ☐ past: Reason:
	AC	CES score [total number of checks on items 1-10]:

	F.	Family psychiatric and substance abuse history, present or past (if yes, describe):  1. Mother:noyesunknown
		2. Father:noyesunknown
		3. Youth:noyesunknown
		4. Other Important Family Member:noyesunknown
	G.	Family strengths/Informal supports:
		1. Youth's interests, strengths:
	H.	Family Court involvement, and charges/reason:  Name of probation officer:
IV.	Re	eview of Systems (For Psychiatrists)
	•	Psychiatric:
	•	Constitutional:
	•	Neurologic: Musculoskeletal:
	•	Other organ sys ems reviewed:
V.		Youth's view o "begins esen ng proble n/chief or plaint:
	В.	Mental Status exam (complete checklist, attached)

#### **Mental Status Checklist:**

Delusions:	Judgment:
☐ no current delusions	good
persecutory	☐ fair
grandiose	inconsistent
_ = ~	
☐ somatic	
over-valued ideas	unable to assess
unable to assess	other:
Thought Processes:	Intelligence:
goal directed	average
concrete	above average
	■ borderline
obsessive	below average
unusual fears	unable to assess
flight of ideas	□ other:
blocking	Comments:
paucity of ideas	Comments.
∐ illogical	Communication:
unable to assess	Speech:
other:	clear
Associations:	atypically slow rate
□intact	atypically fast rate
loose	loud
circumstantial	soft
	poor articulation
unable to assess	slurred
□ other:	☐ disfluent
Fund of Knowledge:	monotone
	l =
age appropriate	
limited	unintelligible
impaired impaired	e
unable to assess	unable to a sess
□ other:	1 other:
Memory-Short Term:	cep ve Language
□ intact	follows diretions easily
☐ impaired	difficulty comprehending
unable to assess	non-responsive
other:	unable to assess
Memory-Long Term:	other:
ntact intact	Expressive Language:
	age appropriate use of speech
unable to assess	immature use of language
other:	primarily uses gestures
Insight:	unable to assess
good	other:
fair	Comments:
inconsistent	
poor	
:	
unable to assess	
☐ other:	

	T
General Appearance:	Alertness:
Body Type:	normal range
age appropriate	hyper alert
appears younger than stated age	hypo alert
appears older than stated age	confused
unable to assess	stuporous
□ other	unable to assess
Weight:	other:
	<b>—</b> * * * *
within normal limits	Transitions:
	normal response
overweight	anxious
unable to assess	disorganized
□ other:	uncooperative
Hygiene:	unable to assess
well-groomed	other:
☐ fair	Affect:
☐ disheveled	normal range
	Constricted
poor	
unable to assess	☐ blunted
other:	☐ flat
Eye Contact:	□ labile
good	inappropriate
☐ fair	unable to assess
	_
poor	other:
unable to assess	Mood:
other:	neutral
Comments:	happy
	sad
M. L.	l =
Motor:	☐ fearful
Fine Motor:	anxious anxious
	☐ hostile,
normal range	
mild delays	silly
significant delays	i euphoric
unable to assess	<u></u> aysphoric
other:	] irritable
Gross Motor:	crying crying
	unable to assess
	other:
The state of the s	
☐ mild delays	Comments:
significant delays	Oriented to:
unable to assess	person
□ other:	place
Comments:	☐ time
Comments.	
	unable to assess
Regulation:	Comments:
Attention:	
☐ intact	Cognition/Thought Processes:
limited	Hallucinations:
severely impaired	no current hallucinations
unable to assess	☐ auditory
other:	□ visual
Activity Level:	☐ tactile
normal range	olfactory
overactive	reacting to internal stimuli
impulsive	unable to assess
agitated agitated	
☐ lethargic	
unable to assess	
other:	

VI.	Additional individua	ls interviewed:		
VII.	Additional Assessment Tools  B. Results: If assessment	used:	ovide information about tes	t results:
VIII.	-	youth/family to partici	pating in mental health tro	
IX.	Clinical Formulation	:		
	<ul> <li>Primary Problem 1         Problem 2         Problem 3     </li> </ul>	•		
х.	Diagnostic Impressio	n including DSM-5/IC	D10 codes:	
	Symptoms noted that s	support this diagnosis:		
XI.	Clinical Recomm nd Recommend youth be	ation for CAN HD S is decore Lingib'	ices: Pote, Eligi e Outlie	er 🗌 Not Eligible
		gement Plan for roblem targets to Begin Service		
				O.1. Th
	Externalizing Behaviors  Aggression	Internalizing Behaviors  Anxiety	Positive Behaviors  Academic Achievement	Other Targets  Cognitive Functioning
	Anger	Avoidance	Activity Involvement	☐ Eating/Feeding Prblms
	Attention Problems	Depressed Mood	Assertiveness	☐ Enuresis/Encopresis
	☐ Fire Setting	Grief	Community Involvement	☐ Health Management
	☐ Hyperactivity	☐ Phobia or Fears	☐ Contentment/Happiness	☐ LD/Underachievement
	Oppositionality	School Refusal/Truancy	☐ Empathy	Medication Adherence
	☐ Peer/Sibling Conflict	Self-Esteem	Peer Involvement	☐ Personal Hygiene
	☐ Runaway/Elopement ☐ Sexual Misconduct	☐Self-Injurious Behaviors ☐Suicidality	☐ Positive Family Fxing ☐ Positive Peer Interaction	☐ Treatment Engagement
	Substance Use	☐Traumatic Stress	Positive Thinking	
	☐ Willful Misconduct		☐ School Involvement	
			☐ Self-Management/Control	
			Social Skills	
			☐ Treatment Engagement	

Externalizing Behaviors	Internalizing Behaviors	Positive Behaviors	Other Targets
Aggression Anger Attention Problems Fire Setting Hyperactivity Oppositionality Peer/Sibling Conflict Runaway/Elopement Sexual Misconduct Substance Use Willful Misconduct	☐ Anxiety ☐ Avoidance ☐ Depressed Mood ☐ Grief ☐ Phobia or Fears ☐ School Refusal/Truancy ☐ Self-Esteem ☐ Self-Injurious Behaviors ☐ Suicidality ☐ Traumatic Stress	Academic Achievement Activity Involvement Assertiveness Community Involvement Contentment/Happiness Empathy Peer Involvement Positive Family Fxing Positive Feer Interaction Positive Thinking School Involvement Self-Management/Control Social Skills Treatment Engagement	Cognitive Functioning Eating/Feeding Prblm Enuresis/Encopresis Health Management LD/Underachievemen Medication Adherence Personal Hygiene Treatment Engagemen
	t Targets to Begin Services:  Internalizing Behaviors	Positive Behaviors	Other Targets
Aggression	Anxiety	Academic Achievement	Cognitive Functioning
Anger	☐ Avoidance	☐ Activity Involvement	☐ Eating/Feeding Prblm
Attention Problems	Depressed Mood	Assertiveness	☐ Enuresis/Encopresis
Fire Setting	Grief	Community Involvement	Health Management
Hyperactivity	☐ Phobia or Fears	Contentment/Happiness	LD/Underachievemen
Oppositionality  Deer/Sibling Conflict	hool I rusar II ncy Se Est m	Empa 1y  Peer volvement	Medication Adherence
☐ Peer/Sibling Conflict ☐ Runaway/Elopement	Sel nju pus L vaviors	Positi Family Fxing	Personal Hygiene
Sexual Misconduct	Sv idali	osit e Peer Interaction	☐ Treatment Engagemen
Substance Use	rraumatic Stress	Sittive Thinking	
☐ Willful Misconduct		School Involvement	
		Self-Management/Control	
		☐ Social Skills	
		☐ Treatment Engagement	
Evaluator:			
Comments:			
Other Recommendations			
	ion is based on the inform		
	may alter the diagnostic	impression. Please conta	ct the Evaluator with
questions or comments:		Contact Pho	
Evaluator Name:			'1
Evaluator Name:  Evaluator Agency:		Contact Ema	111:
Evaluator Name:		Contact Ema	111:
Evaluator Name: Evaluator Agency:		Contact Ema	ш:
Evaluator Name: Evaluator Agency:		·	ш:
Evaluator Name: Evaluator Agency:		Contact Ema	ш:

Appendix 1: CRISIS PREVENTION and INTERVENTION PLAN

To be completed with the youth and care givers when safety is a prominent concern. The completed plan should be distributed to treatment team members by the Mental Health Care Coordinator from the Family Guidance Center. Copies should be given to the youth and caregivers for reference.

Youth's name:			Date:	
Part 1. Crisis Prevention	n Plan – how to keep safe			
PROBLEM BEHAVIOR  Losing control Injuring myself	RS: These are behaviors I som  Assaulting people  Attempting suicide	etimes show, especially when I'  Feeling suicidal  Threatening others	m stressed:  Running away Using alcohol	☐ Using other drugs☐ Feeling unsafe
Other (please describe)		-	- 	
TRIGGERS: When thes  Not being listened to Loud noises Darkness Contact with family	te things happen, I am more lik  Feeling pressured  Feeling lonely  Being stared at  Particular person:	ely to feel unsafe and upset:  Being touched Arguments Being teased Other (please describe)	<ul><li>□ Lack of privacy</li><li>□ Not having control</li><li>□ Particular time of day:</li></ul>	☐ People yelling ☐ Being isolated ☐ Particular time of year
WARNING SIGNS: The Sweating Red faced Acting hyper Being Rude Eating more Singing inappropriately	ese are things other  Breathing hare Wringing han Swearing Pacing Eating less Other (please describe)	y r doing begin doing begin doing land void land void land land land land land land land lan	Cle ching teeth  Cle ching teeth  Sle ching a lot  Roccing  Squatting  Isolating/avoiding people	☐ Clenching fists ☐ Sleeping less ☐ Can't sit still ☐ Hurting things ☐ Laughing loudly/giddy
	ese are things that might help it is, star things you might like to try it  Listening to music  Talking with an adult  A cold cloth on face  Taking a cold shower  Screaming into pillow  Male staff support  Being read a story  Doing chores/jobs  Other (please describe):	me calm down and keep myself so not the future)  Reading a book Coloring Writing in a journal Playing cards Holding ice in my hand Female staff support Making a collage Cold water on hands	safe when I'm feeling upset:  Sitting with staff Molding clay Punching a pillow Video Games Getting a hug Deep breathing Crying Drinking hot herb tea	Pacing Humor Hugging a stuffed animal Lying down Using the gym Speaking w/ my therapist Snapping bubble wrap Using a rocking chair

☐ B	IGS THAT MAKE IT Weing alone eing disrespected eing reminded of the rules	ORSE: These are things tha  ☐ Being around people ☐ Loud tone of voice ☐ Being touched	tt do NOT help me calm dow Humor Being ignored Other (please describe)	on or stay safe: ☐ Not being listened to ☐ Having staff support	☐ Peers teasing☐ Talking to an adult
CRIS	IS PLAN:				
1)	I will try to notice the for	llowing warning signs and tr	iggers:		
2)	I'd like staff/my family t	o notice the following warning	ng signs:		
3)	When I notice these trigg	gers or warning signs, Twint	ake a ion to p event; crisis	from d veloping by doing th	ne following:
4)	When staff/my family no	otice that I'm getting upset, I	'd like them to help me preve	ent a crisis by doing the follo	wing:
Part		n - Strategies to use if the p		ntegies (Part 1) are not effect that indicate loss of control	

**SUPPORT PEOPLE**: People I can call or have someone call when I have these thoughts, feelings, or actions.

NAME	RELATIONSHIP TO YOUTH	PHONE NUMBER
elp Statement: This is my clear and specific stateme	ent to let my support person know what I need:	
risis Support: If all of my coping strategies have not	t worked and I cannot reach a support person, I will call crisis s	upport:
Crisis Line: 1-800-753-6879	TELL THE CRISIS WORKER:	
	TELL THE CRISIS WORKER:  1) If you plan to harm yourself or someone else or	already have – BE SPECIFIC
Suicide Prevention Line: 800-273-TALK (8255)	1) If you plan to harm yourself or someone else or	already have – BE SPECIFIC
Suicide Prevention Line: 800-273-TALK (8255) Crisis Text Line: 741741	<ol> <li>If you plan to harm yourself or someone else or</li> <li>How long you will be able to remain safe</li> </ol>	already have – BE SPECIFIC
Suicide Prevention Line: 800-273-TALK (8255) Crisis Text Line: 741741	1) If you plan to harm yourself or someone else or	already have – BE SPECIFIC
Suicide Prevention Line: 800-273-TALK (8255) Crisis Text Line: 741741	<ol> <li>If you plan to harm yourself or someone else or</li> <li>How long you will be able to remain safe</li> </ol>	already have – BE SPECIFIC
Suicide Prevention Line: 800-273-TALK (8255) Crisis Text Line: 741741	<ol> <li>If you plan to harm yourself or someone else or</li> <li>How long you will be able to remain safe</li> </ol>	already have – BE SPECIFIC
Suicide Prevention Line: 800-273-TALK (8255) Crisis Text Line: 741741	<ol> <li>If you plan to harm yourself or someone else or</li> <li>How long you will be able to remain safe</li> </ol>	already have – BE SPECIFIC
Suicide Prevention Line: 800-273-TALK (8255) Crisis Text Line: 741741	<ol> <li>If you plan to harm yourself or someone else or</li> <li>How long you will be able to remain safe</li> </ol>	already have – BE SPECIFIC
Crisis Line: 1-800-753-6879 Suicide Prevention Line: 800-273-TALK (8255) Crisis Text Line: 741741 Dial 911 or go to the Emergency Room  Youth Signature:	If you plan to harm yourself or someone else or     How long you will be able to remain safe     Where you are and with whom (if anyone)	already have – BE SPECIFIC

Staff/Therapist Signature: \_\_\_\_\_ Date: \_\_\_\_\_

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DIRECTOR OF HEALTH

## STATE OF HAWAII DEPARTMENT OF HEALTH CHILD AND ADOLESCENT MENTAL HEALTH DIVISION

#### <u>Summary Annual Evaluation – Template</u>

	Name of	Evaluator:				Date	or Sur	nmary:		
	Role of the	he Evaluator: [	Treating clinician	$\Box$ C	CAMHD Clin	nical I	_ead [	Other		
	Name of	Child:				DOE	3:			
	Gender:	Male I	Female Other:		Age at Tim	e of S	umma	ry: y	m	
	School:				Grade:					
	Guardian	is:		I	Education St	atus: [	Regi	ular Ed [	]IDEA	]504
	Collatera	l Contacts who	provided information	:						
•										
I.	Currer	nt CAMHD Prin	mary Type of Care: Ca	ise	Managemen	t only				
	Descri	be current serv	ices:							
II.	Chief	complaint/reaso	on for treatment:							
III.		nt Problems in I						_		
			osis 'ere l'el for pet 30	) da	sing C. PA	s man	uai):			
	1.	Home:					- 1			
		CAFAS ite n			, , ,	_	24			
	2	Impairmer	nc e 0 mild 7	m	oder e 2	seve	ere 30			
	2.	School: CAFAS item	1							
			number: none 0 mild 10	٦	- 4t- 20 F	٦	20			
	2		none omiia io _	Jm	oderate 20 L	seve	ere 30			
	3.	Community:								
			number: none 0 mild 10	٦	adamata 20 F	٦	ma 20			
	4	Behavior to O		_]111	oderate 20 [	_seve	ne 50			
	4.	CAFAS item								
			none 0 mild 10	٦	oderste 20 [		ro 30			
	5	Moods/Emoti			oderate 20 L	scvc	10 30			
	5.	CAFAS item								
			none 0 mild 10	٦m	oderate 20 [	Seve	re 30			
	6	Self-Harm:			oderate 20 L		10 30			
	٠.	CAFAS item	number:							
			none 0 mild 10	٦m	oderate 20 [	seve	ere 30			
	7.	Substance Ab								
		CAFAS item								
		Impairment:	none 0 mild 10	Пm	oderate 20	seve	re 30			
	8.	Thinking:		_	_					
		CAFAS item	number:							
		_	none 0 mild 10	m	oderate 20 [	seve	ere 30			
				_	_	_				

		Total CAFAS score:
	9.	Other noteworthy problems/concerns:
A.	Fa	mily information:
	1.	Child resides with:birth parent(s)adoptive parent(s)relativesfoster familyOther:
		Describe any custody/visitation issues:
	2.	Who do you consider to be the youth's primary parent/caregiver currently?  Name:
		Relationship:  birth parent  adoptive parent  grandparent  hanai
	_	parent/other relative  other – please describe:
	3.	Current involvement of the primary parent(s)/caregiver(s) in the youth's mental health services:
		Cooperative and supportive, but only partially engaged
		Somewhat supportive but minimally engaged;
		Detached from treatment; Hostile toward treatment
		Other:
		Describe how the family is interacting with treatment providers currently:
В.		hich of the following adverse experiences have happened to the youth during the past
		m? Check those that apply and describe:  Emotic at acc e:
	1.	Emont at abe 5.
	2.	Physic abuse:
	3.	Sexual aduse:
	4.	Physical Neglect:
	5.	Lack of feeling loved and supported (emotional neglect):
	6.	☐ Breakdown of family (parents separated or divorced):
	7.	☐ Violence between intimate partners in the home:
	8.	☐ Incarceration of parent/s:
	9.	Current substance abuse by parent figure:
	10	. Current serious mental health problem in parent figure:
	11	. Family Poverty/financial problems:
	12	. Out-of-home placements:
		_
	13.	.   Family move

14. Change in schools:
15. Current instability of parent figures and family setting:
13. Current instability of parent rigures and family setting:
16. CWS involvement during past year:
Reason: Describe:
17. Other difficult events/experiences:
18. Has any past traumatic experience come to light in the past year that was previously
unknown to service providers? No Yes please describe:
19. Please describe important changes over the past year in:
a. Youth's physical health/development:
b. Psychotropic medications:
c. Youth's school behavior/education:
d. Youth's family situation:
e. Youth's legal situation:
c. Touth's legal situation.
IV. Current Risk Assessment (based on interviews with the child and adult informants)
11. Current Hisk rissossinent (cused on interviews with the clind and addit informatics)
Suicide:
Overall level of concern: No Evidence of Need Comments:
Self-Harm:
Overall level of concern: No Evidence of Need Comments:
Violence toward of ers/as, ulti e beha ior:
Overall level of concern: No Evi ence of Need Corments:
Sexual Behavior iss es:
Overall level of concern of Evelence of North Concerns of Evelence of Evelence of North Concerns of Evelence
Child Abuse or Neglect:
Overall level of concern: No Evidence of Need Comments:
Substance Use/Abuse:
Overall level of concern: No Evidence of Need Comments:
Runaway/Elopement:
Overall level of concern: No Evidence of Need Comments:
O Total 16 For Green 110 Eriables of Freed Comments.
V. Describe progress made by the youth/family over the past year:
Overall Progress rating: Deterioration from baseline
VI. Diagnostic Impression including DSM-5/ICD10 codes:
VI. Diagnostic Impression including DSM-5/ICD10 codes:  Current Diagnoses of Record: 1) 2) 3)
Does this diagnosis still apply?
Yes - Symptoms noted that support this diagnosis
1 cs - Symptoms noted that support this diagnosis
Consider changing or adding a diagnosis - Signs/symptoms noted recently that
suggest a need for further assessment or change in diagnosis:
- 255000 a need for tardier appropriate of endings in diagnosis.

Mental Status Checklist:						
General Appearance:	Alertness:					
Body Type:	normal range					
age appropriate	hyper alert					
appears younger than stated age	hypo alert					
appears older than stated age	☐ confused					
other	stuporous					
Weight:	other:					
within normal limits	Transitions:					
underweight	normal response					
overweight	anxious anxious					
☐ other:	disorganized					
Hygiene:	uncooperative					
well-groomed	other:					
☐ fair	Affect:					
disheveled	normal range					
poor	constricted					
other:	☐ blunted					
Eye Contact:	☐ flat					
good	☐ labile					
∐ fair	inappropriate inappropriate					
☐ poor	other:					
☐ other:	Mood:					
Comments:	☐ neutral					
Motor:	│					
Fine Motor:	☐ sad					
advanced	L reanor					
normal range	hostile,					
mild delays	[ ] riosnie,					
significant de xys	silly					
other:	euphoric					
Gross Motor:	dysphoric					
	irritable					
normal range	crying					
mild delays	nother:					
significant delays	Comments:					
other:	Oriented to:					
Comments:	person					
	place					
Regulation:	☐ time					
Attention:	Comments:					
☐ intact						
☐ limited	Cognition/Thought Processes:					
severely impaired	Hallucinations:					
∐other:	no current hallucinations					
Activity Level:	auditory					
normal range	☐ visual					
overactive	tactile					
impulsive						
agitated	reacting to internal stimuli					
☐ lethargic						
other:						

Delusions:	Judgment:
no current delusions	<u></u> good
persecutory	fair
grandiose	inconsistent
somatic somatic	poor
over-valued ideas	other:
Thought Processes:	Intelligence:
goal directed	average
concrete	above average
	borderline
obsessive	below average
unusual fears	other:
flight of ideas	Comments:
blocking	
paucity of ideas	Communication:
□ illogical	Speech:
other:	. Clear
Associations:	atypically slow rate
□intact	atypically fast rate
□ loose	
Circumstantial	□ soft
☐ tangential	poor articulation
other:	□ slurred
Fund of Knowledge:	disfluent
age appropriate	monotone
□ limited	paucity
impaired impaired	unintelligible
Other:	THOM: 1980 NO
Memory-Short Term:	other:
☐ intact	cernguag
impaired impaired	follows dire tions easily
other:	difficulty conprehending
Memory-Long Term:	non-responsive
intact	other:
impaired	Expressive Language:
other:	age appropriate use of speech
Insight:	immature use of language
good	primarily uses gestures
fair	other:
☐ inconsistent	Comments:
poor	
other:	
Recommendations:	
Respectfully Submitted:	
Evaluator	Date
	2 4.0
a OMETE (12	
Supervising QMHP (if applicable)	Date

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#### STATE OF HAWAII DEPARTMENT OF HEALTH CHILD AND ADOLESCENT MENTAL HEALTH DIVISION

CLINICAL MANAGEMENT PLAN							
Name of Youth:		Date of Birth:	Date of this Plan:				
Clinical Lead:		Care Coordinator:					
Diagnoses:		☐ Initial Plan ☐ Update	ed Plan				
☐INITIAL ☐CURRENT RECOMMENDED FOCU		IT RECOMMENDATIONS					
Treatment Focus Areas		Treatment Targets:					
	)R/	Agg Ssion Agg Ssion Agg Ssion Agg Ssion Aggression Aggression Other: Aggression Aggression Aggression Aggression Aggression Other: Other:					
ADDITIONAL RECOMMENDATIONS							
Mental health assessment Co	omments:	<u> </u>					
Other assessment or medical consult   Co	omments:						
Other recommendations Co	omments:						
Clinical lead follow-up	omments:						

Preferred CAMHD Option(s)	Length and Frequency	Comments
intensive case mgmt	Anticipated Length of Stay:	
	Anticipated Start Date:	
	Anticipated Treatment Freq.: (units/week)	
intensive case mgmt	Anticipated Length of Stay:	
	Anticipated Start Date:	
	Anticipated Treatment Freq.: (units/week)	
Additional Supports:		
IDEA services		
Alternative CAMHD Option(s)	Length and Frequency	Comments
intensive case mgmt  Reasons alternative might be utilized:	Ar cipated tar Date.  Anticipated Treatment Freq.:	
	(units/week)	
intensive case mgmt	Anticipated Length of Stay:	
Reasons alternative might be utilized:	Anticipated Start Date:	
	Anticipated Treatment Freq.:	
	(units/week)	
Additional Supports:		
IDEA services		

	SECTION 2: RECOMMENDATIONS FO	R FUTURE TREATMENT
RECOMMENDED STEP-DOWN FROM	INITIAL CURRENT TREATMENT SETTIF	NG
Step-Down Treatment LOC Options	Probable time-frame for step-down	Comments
Preferred Option:	in less than 6 months	
Continued CAMHD treatment:	in less than one year	
intensive case mgmt	in more than one year	
☐ Transition out of CAMHD		
2. Alternative Option:	in less than 6 months	
Continued CAMHD treatment:	in less than one year	
intensive case mgmt	in more than one year	
☐ Transition out of CAMHD	Reasons alternative might be utilized:	
<ol><li>Transition out of CAMHD:</li></ol>	in less than 6 months	
Stepdown to less intensive services	in less than one year	
outpatient treatment	in more than one year	
Other:	Possible Trigger for Discharge from	
	CAMHD:	
ADDITIONAL COMMENTS:		
Signature of Clinical Lead:		
Signature of Clinical Lead:	Date	(For Trainee Supervisor) (CMP 10/11/17)

Current Situation	Contact	Status	Primary Goal(s)	Supports	Plan
Family	Guardian:	Living Situation		Strengths:	Parent Partner Family Improvement Plan:
Youth:	Home Phone: (808)	At home with:		Resources/Informal Supports:	□ N/A
	Work: (808)	☐ In DHS Foster Home		Resources/informat/Supports.	□ No
	Cell: (808) Other: (808)	☐ In Tx Placement:		Incentives:	☐ Yes (date of plan):
Youth CR:	E-mail:	☐ Other:		Parent Partner involved:	Comments:
Youth date	Mailing Address			□ No □ Yes	Date Plan Requested:
of birth:	Primary Caregiver if different from above:				
Care Coordination	Care Coordinator:	Type of Eligibility:	☐ Family Engagement	☐ Intensive Case Management	Coordinated Service Plan & Crisis Plan:
	<b>Phone</b> : (808)	MQD SEBD Enroll Date: Renew/End Date:	☐ Needs Assessment ☐ Clinical Review and	Referrals	Date:
Initial CSP date:	Fax: (808)	□ DOE ES	Formulation	☐ Coordinate/Facilitate Meetings	
	E-mail:  Mailing Address	Enroll Date: Renew/End Date:	Authorize Clinically Appropriate Services	☐ System-education ☐ Interpersonal Support	Comments:
FGC:		DHS OYS Enroll Date: Renew/End Date:	☐ Monitor Progress ☐ Other	☐ Psycho-education	
		☐ FCLB	- Junei	☐ Coordinate Travel	
Clinical Lead:		Enroll Date: Renew/End Date:		☐ Other	
		Other Project / Program			
		Enroll Date: Renew/End Date:			

Current Situation	Contact	Status	Primary Goal(s)	Supports	Plan
Mental Health 1  LOC:  Agency:	Name: Title: Phone: (808) Fax: (808)	MHA:  No Yes (date of MHA):	Reason for Referral:  CMP:  No	Current Services/Strategies:  Current Medications:	MHTP:  No Yes (date of plan):
Start Date:	E-mail: <u>Mailing Address</u>	Current Dx:	Yes (date of CMP):  Comments:		☐ Not a CAMHD Provider  Comments:
□ N/A Date Revised:		Assessor: Comments:			Date Plan Requested:
Mental Health 2 LOC: Agency: Start Date: End Date:	Name: Title: Phone: (808) Fax: (808) E-mail: Mailing Address	MHA:  No Yes (date of MHA):  Current Dx:	Reason for Referral:  CMP:  No Yes (date of CMP):  Comments:	Current Services/Strategies:  Current Medications:	MHTP:  No Yes (date of plan):  Not a CAMHD Provider  Comments:
□ N/A Date Revised:		Assessor: Comments:			Date Plan Requested:

Current Situation	Contact	Status	Primary Goal(s)	Supports	Plan
Primary Care Physician	Name: Phone: (808) Fax: (808) E-mail: Mailing Address	Insurance Carrier:  Member#:	Medical Conditions Being Treated:  None  or:	Current Medications or Medical Treatments:  None or:	
School  N/A  Graduated GED 4140 College  Date Revised:	Primary Contact: Title of Contact: Phone: (808) Fax: (808) E-mail: Mailing Address	School Attending:  Grade:  Select One:  DEA  Sold Regular Ed Other:  GED Prep Course Adult Education Community Based Education	Academic, Behavioral, and/or Other Goals:	Are any supports / services being provided through DOE?  No Yes (list below):  FBA EBA BSP SBBH School Counseling School SW Surrogate Parent Other:	Type of Plan:    IEP     Date of Plan:   DOH/Family Guidance     Center written into IEP:   No     Yes     504 Plan     Date of Plan:   BSP     Date of Plan:     N/A     Date Plan Requested:

Current Situation	Contact	Status	Primary Goal(s)	Supports	Plan
	Contact  Name: Phone: (808) Fax: (808) E-mail: Mailing Address  Is OYS youth's custodian?  No Yes	Status  Select:  Informal Adjustment Counsel and Release Probation Drug Court School Non-Attendance Parole HYCF Incarceration date: Anticipated Release Date: Other  Charges:	Primary Goal(s)	Are any supports / services being provided through OYS / Judiciary?  No Yes (list below)	Plan  Are there Conditions of Probation?  No Yes (date of conditions):

Current Situation	Contact	Status	Primary Goal(s)	Supports	Plan
Child Welfare  N/A  Date Revised:	Name: Phone: (808) Fax: (808) E-mail: Mailing Address	Legal Status:  Pending Investigation Voluntary FC Temporary FC Foster Custody Permanent Custody Family Supervision Other:  FC-S No Yes	Select:  Child Safety Reunification  Are parents fully informed of their role in reunification?  No Yes Guardianship Adoption Other	Are any supports / services being provided through CWS?  No Yes (list below)  FSS VCM VFC GAL Other	Service Plan:  No Yes (date of plan):  Are parents aware of and do they understand what is expected of them in their service plan?  No Yes
Other Supports and Services  N/A  Date Revised:					

Current Situation	Responsible Domain	Describe Transition	Primary Goal(s)	Timeline	Supports Needed
Uncoming			•		
Upcoming Transitions					
Date Revised:					
Transition to Adulthood					☐ Housing
(16 yrs. and older)					☐ Medical Insurance
□ N/A					☐ Employment
L IVA					☐ Transportation
Date Revised:					☐ Primary Care Physician
					☐ Mental Health
					☐ Dental
					Other

#### SAFETY PLAN - CRISIS PREVENTION PLAN

Youth's name:			Date:	
PROBLEM BEHAVIORS: These are  Losing control  Injuring myself  Other (please describe)	e behaviors I sometimes show, especially when Assaulting people Attempting suicide	I'm stressed:	Running away Using alcohol	☐ Using other drugs☐ Feeling unsafe
TRIGGERS: When these things happ  Not being listened to  Loud noises  Darkness  Contact with family	en, I am more likely to feel unsafe and upset:    Feeling pressured   Feeling lonely   Being stared at   Particular person:	☐ Being touched ☐ Arguments ☐ Being teased ☐ Other (please describe)	Lack of privacy Not having control Particular time of day:	People yelling Being isolated Particular time of year
WARNING SIGNS: These are things Sweating Red faced Acting hyper Being Rude Eating more Singing inappropriately	other people may notice me doing if I begin to  Breathing hard Wringing hands Swearing Pacing Eating less Other (please describe)	lose control:  Racing heart  Loud voice  Bouncing legs  Crying  Not taking care of myself	☐ Clenching teeth ☐ Sleeping a lot ☐ Rocking ☐ Squatting ☐ Isolating/avoiding people	☐ Clenching fists ☐ Sleeping less ☐ Can't sit still ☐ Hurting things ☐ Laughing loudly/giddy
	sthat might help me calm down and keep mysel ks; star things you might like to try in Listening to music Talking with an adult A cold cloth on face Taking a cold shower Screaming into pillow Male staff support Being read a story Doing chores/jobs Other (please describe):		☐ Sitting with staff ☐ Molding clay ☐ Punching a pillow ☐ Video Games ☐ Getting a hug ☐ Deep breathing ☐ Crying ☐ Drinking hot herb tea	Pacing Humor Hugging a stuffed animal Lying down Using the gym Speaking w/ my therapist Snapping bubble wrap Using a rocking chair

HINGS THAT MAKE IT WORSE: The Being alone Being disrespected Being reminded of the rules	Being around people Loud tone of voice Being touched	Humor   Being ignored   Other (please describe)	☐ Not being listened to☐ Having staff support	☐ Peers teasing ☐ Talking to an adult
CRISIS PLAN:				
1) I will try to notice the following v	varning signs and triggers:			
2) I'd like staff/my family to notice	the following warning signs:			
When I notice these triggers or was		a crisis from developing by doing the following:		
3) When I notice these triggers of wa	arming signs, I will take action to prevent a	a crisis from developing by doing the following:		
4) When staff/my family notice that	I'm getting upset, I'd like them to help me	e prevent a crisis by doing the following:		
Youth signature:			Date:	
Parent signature:			Date.	

### **Attendance Sheet**

Team Member Name	Date Invited	Signature	Date of Meeting	Position	Agency	Phone	Fax
				· · · · · · · · · · · · · · · · · · ·			

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VIRGINIA PRESSLER, M.D.
DIRECTOR OF HEALTH

# STATE OF HAWAII DEPARTMENT OF HEALTH CHILD AND ADOLESCENT MENTAL HEALTH DIVISION

#### Mental Health Treatment Plan

Therapist:		Date of Plan:			
Name of Child:		DOB:			
Care Coordinator:		FGC:			
Diagnoses:		☐ Initial Plan ☐ Updated Plan			
I. <u>Youth Information</u> a. <u>Description</u>	DRAI	FΤ			

- b. Strengths
- c. Barriers to Treatment

## CHILD & ADOLESCENT MENTAL HEALTH PERFORMANCE STANDARD 2018 EDITION

#### II. <u>Treatment Plan</u> – Initial/Current recommended treatment focus

Problem 1:				
Primary Treatment Targets:		Treatment Target Goals:		
Aggression Anxiety Academic Achievement Cognitive Functioning				
Primary Treatment Strategies:	Provider:	Treatment Description:	Intervention Format:	Frequency & Dosage:
☐ MINDFULNESS ☐ MINDFULNESS ☐ MINDFULNESS			☐ Individual Therapy☐ Group Therapy☐ Family Therapy	Sessions per week: Hours per session:
Problem 2:				
Primary Treatment Targets:		Treatment Target Goals:		
Aggression Anxiety Academic Achievement Cognitive Functioning		DRAF	FT	
Primary Treatment Strategies:	Provider:	Treatment Description:	Intervention Format:	Frequency & Dosage:
<ul><li>MINDFULNESS</li><li>MINDFULNESS</li><li>MINDFULNESS</li></ul>			☐ Individual Therapy☐ Group Therapy☐ Family Therapy	Sessions per week: Hours per session:
Problem 3:				_
Primary Treatment Targets:  Aggression Anxiety Academic Achievement Cognitive Functioning		Treatment Target Goals:		
Primary Treatment Strategies:	Provider:	Treatment Description:	Intervention Format:	Frequency & Dosage:
MINDFULNESS MINDFULNESS MINDFULNESS			Individual Therapy Group Therapy Family Therapy	Sessions per week: Hours per session:

#### III. <u>Treatment Plan</u> – Recommended Step-Down from Initial/Current Treatment Setting

Step-Down Treatment LOC Options	Probable time-frame	Comments
<ol> <li>Preferred Option:</li> </ol>	in less than 6 months	Discharge plan:
Continued CAMHD treatment:	in less than one year	Discharge criteria:
☐ IIH - parenting skills	in more than one year	
☐ IIH – individual therapy		
☐ IIH – family therapy	Important indicators for discharge:	
☐ MST ☐ FFT ☐ IILS ☐ CBI		
☐ TFH ☐ CBR ☐ HBR		
Med Mgmt    Telepsych    FEP	Anticipated barriers to discharge:	
☐ PK ☐ Outpatient Therapy		
Therapeutic Respite		
Other setting:		
Specific therapy approach:		
Transition out of CAMHD		
2. Alternative Option:	in ress than 6 months	
Continued CAMHD treatment:	in less than one year	
☐ IIH - parenting skills	in more than one year	
☐ IIH – individual therapy		
☐ IIH – family therapy	Reasons alternative might be utilized:	
☐ MST ☐ FFT ☐ IILS ☐ CBI		
☐ TFH ☐ CBR ☐ HBR		
☐ Med Mgmt ☐ Telepsych ☐ FEP		
☐ PK ☐ Outpatient Therapy		
☐ Therapeutic Respite		
Other setting:		
Specific therapy approach:		
Transition out of CAMHD		
3. Transition out of CAMHD:	in less than 6 months	
Stepdown to less intensive services	in less than one year	
SBBH Private Outpatient Tx	in more than one year	
CCS AMHD PCP		
Other:	Trigger for Discharge from CAMHD:	

## CHILD & ADOLESCENT MENTAL HEALTH PERFORMANCE STANDARD 2018 EDITION

#### IV. <u>Recommended Crisis Plan:</u>

A. Preventive Interventions	Who will help?	When to intervene (indicators of escalation)			
B. Emergency/Crisis Resources	Who will call?	When to call (indicators of an emergency)			

Comments:



SUBJECT: Referral Acceptance Protocol	Number:	80.614
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REFERENCE: Hawaii Revised Statutes, and Hawaii Administrative Rules for Chapter 103F	APPROVED:	
	Signature on File	11/15/05
	Chief	Eff. Date

#### **PURPOSE**

To describe the Child and Adolescent Mental Health Division's (CAMHD) process for youth accessing appropriate intensive mental health services from CAMHD contracted providers, hereinafter identified as Providers. This policy establishes the referral acceptance protocol all Providers must follow.

#### BACKGROUND

The CAMHD is committed to providing eligible youth and families access to an array of intensive mental health services and service planning delivered by CAMHD staff or Providers in a timely and consistent manner. The CAMHD procures mental health treatment services through the Request for Proposal (RFP) process in accordance with provisions of the Hawaii Revised Statutes, Chapter 103F and its administrative rules. The RFP process results in contractual agreements between the CAMHD and Providers that set forth requirements Providers have agreed to comply with, including referral acceptance requirements.



#### DEFINITIONS

Branch - CAMHD Family Guidance Center or the Family Court Liaison Branch.

Coordinated Service Plan (CSP) - A written design for service that describes the roles and responsibilities of multiple agencies or programs that provide therapeutic or supportive interventions or activities essential to the youth's and family's treatment.

Mental Health Treatment Team —A team of involved mental health professionals who are responsible for the development, implementation, review, revision and adjustment of the Mental Health Treatment Plan (MHTP), with input from the Branch Mental Health Care Coordinator (MHCC) and the youth/family via the CSP meeting.

Mental Health Treatment Plan –Individualized planning for each youth identifying evidence-based treatment interventions that are the most promising options for delivering positive treatment outcomes for a youth's individual goals and objectives. The Plan includes clear descriptions of specific treatment strategies and services and discharge planning.

Rejection – Action taken by a Provider where a youth is not accepted after a referral packet sent by the BRANCH is received and reviewed.



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Ejection – Action taken by a Provider whereby a consumer is terminated from a placement in the Provider's treatment program (excluding discharges relating to elopements that last longer than seven days) and the Branch does not agree with the discharge. This includes discharges when the Provider believes the treatment goals have been met but the Branch does not agree.

Referral Packet -The packet of information submitted to a Provider by the Branch when a youth is being referred for services. This packet contains, but is not limited to the following: Application; current or most recent Individualized Educational Plan ((IEP) /CSP (as applicable); current Functional Behavioral Assessment (if applicable); DOE diagnostic packet or re-evaluation information (if applicable); and any recent Admission/Discharge Summaries and/or psychiatric/psychological evaluations from previous out-of-home placements as relevant and TB results (if applicable).

CAMHD Waitlist – A list where youth are placed when the youth has been accepted for placement but CAMHD contracted bed is not available. This list is provided by the out-of-home Providers using a CAMHD form, "Waitlisted Youth Report" which is an attachment to the "Weekly Census Report on Client Status."

Youth – Children, youth or young adults with emotional and/or behavioral challenges receiving mental health services from the CAMHD.

#### POLICY

- The CAMHD provides access to the following services for eligible youth through established referral processes:
  - A. Educationally Supportive (ES) services which are available to Individuals with Disabilities Educational Improvement Act (IDEA) eligible children and youth, ages 3-18 (or until 20 years if compensatory education is required). The educationally focused services shall be referred to CAMHD by the youth's Individualized Education Plan (IEP) team.
  - B. Support for the Emotional and Behavioral Development (SEBD) Health Plan services which are available to Medicaid/QUEST eligible children and youth, ages 3-21 with a mental health diagnosis and significant functional life impairment.
  - C. Mental Health Only (MHO) services which are available to youth, not eligible for ES or SEBD Health Plan services, but deemed to be in need of mental health services. The CAMHD Medical Director shall determine MHO eligibility.
- CAMHD Branches shall assign a Mental Health Care Coordinator (MHCC) in accordance with CAMHD Policy & Procedure 80.702, Care Coordination and Policy &



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Procedure 80.701, Assignment of Branch Mental Health Care Coordinator, to each youth referred to CAMHD to:

- Register the youth into Child and Adolescent Mental Health Management Information System (CAMHMIS);
- B. Facilitate the development of the youth's Coordinated Service Plan (CSP) with the youth, family and all involved parties (DOE, DHS, FC, etc.). The CSP team shall identify the appropriate services and level of care for youth and make appropriate referrals to Providers based on the needs of the youth and in accordance with contractual requirements; and
- C. Make the appropriate referral to a Provider for services.
- 3. CAMHD shall inform all Providers of the referral of services process and all other relevant requirements as applicable and ensure that these Providers understand and adhere to the referral acceptance protocol. The CAMHD shall inform the Provider that it reserves the right to take any contractual action if a Provider is unable or unwilling to meet the needs of CAMHD youth appropriately referred to them.



#### PROCEDURE

#### Referral of Services to Providers:

- Each Branch will assign an MHCC to each youth accessing services through CAMHD
  who will be responsible to register the youth into CAMHMIS in accordance with
  CAMHD Policy and Procedure 80.608, Client Registration.
- The MHCC will be responsible to submit complete referral packets to Providers in
  accordance with the contractual requirements. All referrals will include an explanation of
  the purpose of treatment, the goals to be achieved via treatment, anticipated duration of
  the treatment and the discharge/transition criteria in addition to the required assessment
  documents.
- 3. Upon receipt of the referral packet, the Provider will forward, within two (2) business days, the "Referral Acceptance Form" (See Attachment A) to the Branch confirming acceptance and a date for initiation of services or, if all beds are full, an anticipated admission date. Although a Provider may require interviews with the youth/family as part of their agency intake process, the Provider is still required to return the referral acceptance form to CAMHD within two (2) business days. CAMHD does not require that youth be interviewed.
- 4. If the Branch does not receive the "Acceptance of Referral Form" within two (2) business days, the Branch MHCC will contact the Provider to determine the reason for the delay and to provide any necessary assistance.



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5. If the youth is accepted but the program beds are at capacity, the MHCC will ensure that the referred youth is waitlisted by the Provider in the weekly CAMHD "Waitlisted Youth Report" (See Attachment B).

## Provider Rejection of Referral

- Per their contractual agreement with CAMHD Providers are expected to accept all
  appropriate CAMHD referrals for contracted services. The MHCC will ensure that
  Providers follow the referral acceptance protocol that includes a means to justifiably
  reject a referral should they indicate that a referred youth is not appropriate for their level
  of care.
- The Provider must complete the required form to indicate its reasons for the rejection of
  the referral and submit it to the MHCC. The MHCC will report the rejection to the
  Branch Clinical Director who will contact the Provider's Clinical Director to discuss the
  rejection reason(s).
  - A. If, after such discussion, both Clinical Directors agree the level of care is appropriate, the Provider will give the MHCC a date for anticipated initiation of services.
  - B. If, after such discussion, both Clinical Directors are <u>not</u> in agreement, the Branch Clinical Director will request that the Provider obtain an independent assessment from a CAMHD approved, Hawaii licensed, qualified child and adolescent psychiatrist, who is independent of CAMHD and the Provider, at the Provider's cost. The Provider must follow CAMHD procedures to determine CAMHD approval of the independent psychiatrist.
  - C. If the independent assessment determines that the level of care is *not* appropriate, the Branch Chief, the Branch Clinical Director and the youth's treatment team will review the independent psychiatrist's recommendations and determine the appropriate level of care and send out a new referral packet to other applicable Providers. The CAMHD will reimburse the Provider for the cost of the
  - D. If the independent assessment determines that the level of care is appropriate, the Provider will give the Branch a date for anticipated initiation of services. The CAMHD will <u>not</u> reimburse the Provider for the cost of the assessment.
- 3. CAMHD CSO must approve the selection of the independent psychiatrist and will describe the guidelines the Provider will follow. The Provider must complete the "CAMHD Independent Psychiatrist Consultation Form" (See Attachment C) and submit it to the CSO. The CSO will fax its approval or disapproval to the Provider within three (3) business days of the receipt of the form.



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- The MHCC will copy the CSO Resource Management (RM) Supervisor on any rejection 4. letters or rejection indicated on the "Acceptance of Referral Form". The CSO RM Supervisor will forward a copy to the CAMHD Performance Monitoring Section and the Provider Relations Liaison.
- The CAMHD Performance Monitoring Section will ensure that Providers report the 5. number of rejections and ejections to CAMHD on a designated form. The Branches will verify this information by completing the "FGC Data Verification Tracking Tool" (See Attachment D).

#### Provider Ejection of Accepted Youth

- Once referrals are accepted the Provider is expected to keep the youth in its program until such time where discharge is appropriate. Providers may not eject youth from their program or terminate services to youth. The MHCC and the Provider are expected to work closely together while the youth is in the Provider's program. The MHCC will respond to any concerns raised by the Provider by reporting them to the youth's CSP team, the Branch Clinical Director, the Branch Chief, the CSO Practice Development Section, the Resource Management Section and/or the Provider Relations Liaison Specialist as applicable or needed.
- In accordance with their contractual agreement with CAMHD, Providers may not 2. abruptly terminate services or eject a client from the program. If a Provider seeks to terminate services or eject a youth once in the program:
  - The Provider will be required to complete a full internal review that includes a review documented by a CAMHD approved, Hawaii licensed, qualified child and adolescent psychiatrist, who is independent of CAMHD and the Provider at the Provider's cost. The Provider will be required to report the results of this review to CAMHD and the CSP team prior to any further action being taken.
  - CAMHD CSO must approve the selection of the independent psychiatrist and will B. describe the guidelines the Provider will follow. The Provider must complete the "CAMHD Independent Psychiatrist Consultation Form" and submit it to the CSO. The CSO will fax its approval or disapproval to the Provider within three (3) business days of the receipt of the form.
    - If a Branch receives notification that a Provider wants to eject a youth, the Branch Clinical Director will contact the Provider's Clinical Director to discuss the issue.
    - If, after such discussion, both Clinical Directors agree the level of care 2. continues to be appropriate, the Provider is expected to maintain the consumer in its program.



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- 3. If, after such discussion, both Clinical Directors are <u>not</u> in agreement, the Branch Clinical Director will request that the Provider obtain an independent assessment, at the agency's cost, from a CAMHD approved, Hawaii licensed, qualified child and adolescent psychiatrist, who is independent of CAMHD and the Provider. The Provider must follow CAMHD procedures to determine CAMHD approval of the independent psychiatrist.
- 4. If the independent assessment determines that the level of care is no longer appropriate, the Branch will initiate appropriate and timely transition services for the youth. If the level of care is being reduced or care is being terminated, the Provider will be requested to maintain the youth for at least ten (10) days per requirements of the appeal process. The CAMHD will reimburse the Provider for the cost of the assessment.
- If the independent assessment determines that the level of care continues
  to be appropriate, the Provider is expected to maintain the consumer in its
  program. The CAMHD will <u>not</u> reimburse the Provider for the cost of the
  assessment.
- The MHCC will copy the CSO Resource Management (RM) Supervisor on any ejection letters or ejection indicated on the "Acceptance of Referral Form". The CSO RM Supervisor will forward a copy to the CAMHD Performance Monitoring Section and the Provider Relations Liaison.

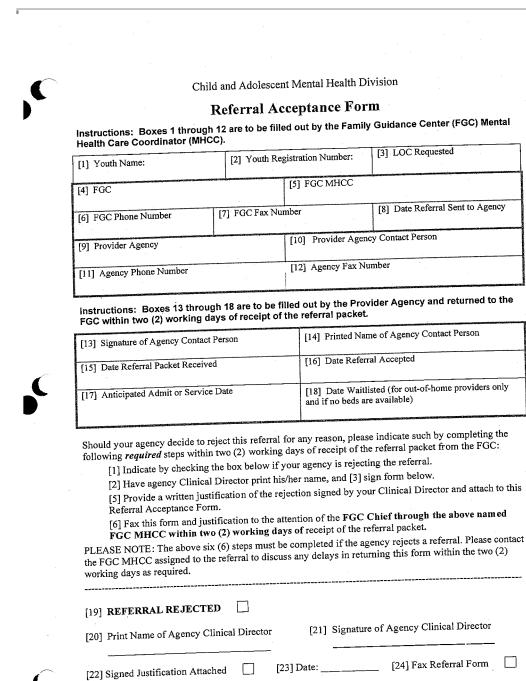
#### ATTACHMENTS:

- A. Referral Acceptance Form
- B. Waitlisted Youth Form
- C. CAMHD Independent Psychiatrist Consultation Form
- D. FGC Quality Indicator Tracking Tool



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A7504-A Referral Acceptance Form

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ATTACHMENT A

Revised 11-05-05

of Hearth						Waitlisted Region										ENT B	rev. 2/16/01
State of Hawaii – Department of Health		ed by:	Contact No:			Other Agencies Involved									-	ATTACHMENT B	(A7504-B - P&P 80 614 Waitlisted Youth - 29 Jan 05.doc) Version: rev. 2/16/01
State of Ha	٠.	Prepared by:	1 .			Sublevel of Care Needed										-	n - 29 Jan 06
		Day Year	Due before close of business day each Monday.			Projected Date of Admission										-	itlisted Youtl
		Month	Due before clo		: appropriate.	Date Waitlisted		-									P 80 614 Wa
6	WAITLISTED YOUTH		For: Leet for each	WO Windward Oahu	Note: All columns must be completed as appropriate.	Current Placement											(A7504-B - P&
	WAI		Program: Use separate sheet for each program	Leeward Oahu Kauai	Note: All columns	Diagnosis	100		1990								3) 733-9875
<b>-</b>			Prog	ahu LO		D.O.B.					1						Office: (808
salth Divisio				Honolulu, Oahu Maui		Gender											l Services
Mental He				HNL		) FGC				-	-	-	-	_		_	D Clinica
Child and Adolescent Mental Health Division			Facility:	CO Central Oahu		Client's Name (LN, FN)											FAX TO: CAMHD Clinical Services Office: (808) 733-9875

## CHILD & ADOLESCENT MENTAL HEALTH PERFORMANCE STANDARD 2018 EDITION

## Weekly Census Report on Patient Status (Admitted / Pending / Screening)

								Month	Day	Year		
Facility:				Ward:			For:				Prepared By:	
, ,				(Unit)		arate sheet ach unit	Due <b>befo</b>	<b>re</b> close of	busine	ss day ead	ch Monday	
No of Beds currently available	Age	Gender	Sub L	.oc		Special	lty		General Location			Other
		For All patie		II approp	riate column	S		\				
	lance Center at			-					0 1	<u> </u>		WAIT LIST
	ntral Oahu		onolulu, Oal			eward Oahu	wo	Windward	Oahu			*Yes No
FCLB Fai	mily Court ison Branch	<b>н</b> н	awaii	1	M Ma	iui	K	Kauiai				* If Yes, Enter details below
				L.			1	I				
А	E	3	С	D	Е	F	G	Н		I	J	К
Date of Admission	Patient Na	me LN, FN	Gender M or F	Sub Loc	Referring Agency (FGC)	Projected Date of Discharge	Actual Date of Discharge	Wait Lis Date		Projected Date of Admission	Screen Date	Comments
											İ	
								1	$\neg$		<del>                                     </del>	
									$\neg$		<del>                                     </del>	
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## CAMHD INDEPENDENT PSYCHIATRIST CONSULTATION FORM

Please fill in and submit this form prior to conducting an independent evaluation. Fax it to the Clinical Services Office at 733-9875. CAMHD will fax its approval or disapproval within three (3) business days of the receipt of this form.

Agency Na	ame:			Date:
Agency Co	ontact:		Phone:	Fax:
Name of P	roposed in	dependent Psychiat	rist:	
Please ind	icate the qu	ualifications of the p	sychiatrist as follows	:
Yes	No	Psychiatrist licen	sed as MD or DO in	the State of Hawaii.
Yes	No	Current expertise the level of care p	e in the Level of Care proposed)	e being disputed (both the level of care and
Describe:				
Yes	No	Experience and f	formal training in Ch ded in Child Psychia	ild and Adolescent Psychiatry (prefer try)
Describe:				
Yes	No	Does the propos consultant?	ed psychiatrist work	for your agency as employee or as a
Yes	No	Is the psychiatris coordination for	st employed by the F the youth involved?	amily Guidance Center providing care
CAMHI	D Clinical	Director Review:		
Agree:		Do Not Agr	ree:	
		Reason:		
Signatu	re'			Date:
Dignatu				ATTACHMENT C



A7504-C - P&P 80 614 CAMHD Independent Psychiatrist Consultation - 1 Feb 05.doc



Family Guidance Center:

Date Report Completed: Report Completed By:

# Family Guidance Center Quanty Indicator Tracking Tool

Met 75% or Treatment Discharge Goals at

(Z) (X)

(8) Length of Service (Calendar Days)							
Youth/Young Adult Ejected from Service (Y/N)							
(6) Reason for Ending Services (Select from Codes A-F below)							
(5) Date Services Ended							
Services are Delivered within 14 Days of Referral	()						
(3) Projected Enrollment or Admission Date							
Referral Acceptance Form Sent to FGC within 2 Working Days	(1/17)						
(1) Date of Referral							
CR#							
Level of CR#							
Agency							

(1) Date of referral: Complete referral packet is received by the agency.

(2) Referral Acceptance Form is sent to FGC: Provider sent the FGC Branch a

completed Referral Acceptance Form within two working days of receipt of completed referral packet.

indicate "W" if waitlisted, "R" if rejected, or "OTH" for other (provide explanation).

(4) Services are delivered within 14 calendar days: A "Y" indicates that youth or provider or program. Admission interviews should not be considered for service referral. Services must be delivered through face-to-face contact with client by young adult received services within 14 calendar days from the date of referral (defined above). A "N" indicates that services did not begin within 14 days of (3) Projected enrollment or admission date: Date agency agrees to begin providing services to youth or young adult. If admission date is not provided,

(9)Treatment goals met: If client is discharged, a "Y" would indicate that client met at least 75% of his/her Mental Health Treatment Plan Goals as evidenced by the CAMHD Provider Monthly Summary and has been clinically discharged. An "N" indicates that client did not meet 75% of treatment plan

goals at the time of discharge:

and the date that services ended (i.e., discharge date).

was made against the advice of the CSP team (members include: FGC, DHS, DOE, FC etc.). An "N", (8) Length of service: Number of Calendar Days between youth/young adult's enrollment/admission

indicates that the agency's decision to discharge youth was made in agreement with the CSP team.

(7) Youth ejected: If the client's services ended during the quarter, a "Y" indicates that the decision

f. Other (provide explanation) d. Consent to Treat Rescinded

a. Completed Program/Treatment Goals c. Urgent/Crisis Services Needed

6) Reason for Ending Services:

(5) Date services ended: If client services end during the reporting quarter, please provide the date that services stopped (i.e. discharge date). Youth may have been admitted during any previous quarter.

ATTACHMENT D

Revised 11-22-05

A6504-D FGC Quality Indicator Tracking Tool

## Child and Adolescent Mental Health Division Referral Acceptance Form

Instructions: Boxes 1 through 12 are to be filled out by the Family Guidance Center (FGC) Mental Health Care Coordinator (MHCC).

[1] Youth Name:	[2] Youth Reg	istration Number:	[3] LOC Requested				
[4] Primary Diagnosis (ICD-10)	<u> </u>	5] FGC/MHCC					
., ., ., ., ., ., ., .,		Choose One					
[6] FGC Phone Number	[7] FGC Fax Num		[8] Date Referral Sent to Agency				
[9] Provider Agency		[10] Provider Agen	ncy Contact Person				
[11] Agency Phone Number		[12] Agency Fax Nu	umber				
astructions: Boxes 13 through wo (2) working days of receipt [13] Signature of Agency Contact I	of the referral pa	cket.	der Agency and returned to the FGC within  me of Agency Contact Person				
[13] Signature of regency Contact I	CISOII	[14] Timed Ivan	ne of Agency Contact Ferson				
[15] Date Referral Packet Received	1	[16] Date Referr	al Accepted				
[17] Anticipated Admit or Service	Date	[18] Date Waitli are available)	[18] Date Waitlisted (for out-of-home providers only and if no beds are available)				
eps within two (2) working days [1] Indicate by checking th [2] Have agency Clinical I the rejection signed by you justification to the attentio days of receipt of the refer LEASE NOTE: The above five [5]	of receipt of the re the box below if you wead print his/her ra ir Clinical Lead and in of the FGC Chie ral packet.	ferral packet from the agency is rejection ame, and [3] sign for attach to this Refer through the aboundleted if the ager					
9] REFERRAL REJECTED							
20] Print Name of Agency Clini	cal Lead		[21] Signature of Agency Clinical Lead				
22] Signed Justification Attached	_	[23] Date:	[24] Fax Referral Form				

					WAI	TLISTI	ED Y	OUT	Н				
								_	Month	Day	y Year	Prepared By:	
Facility: Program:			U	Use Separate sheet for each program			For: Due before close of business day each Monday				Contact #		
CO Central Oahu	HNL	. Honolu	lu, Oahu	LO	Leeward	Oahu	WO	Win	dward Oa	hu			
<b>H</b> Hawaii	M	Maui		K	Kauai								
			No	ote: A	II column	s must b	e com	pleted	as appro	priate			
Client's Name	FGC	Gender	D.O.B	Diag	gnosis	Curre	nt	Date Wa	itlisted	Projecte	d Sub	Other Agencies	Waitlisted Region

	Note: All columns must be completed as appropriate										
Client's Name LN, FN	FGC	Gender M or F	D.O.B	Diagnosis	Current Placement	Date Waitlisted	Projected Date of Admission	Sub Level of Care Needed	Other Agencies Involved	Waitlisted Region	

## CHILD & ADOLESCENT MENTAL HEALTH PERFORMANCE STANDARD 2018 EDITION

## Weekly Census Report on Patient Status ( Admitted / Pending / Screening)

								Month	Day	Year		
Facility:			,	Ward:			For:				Prepared By:	
_				(Unit)		<b>rate</b> sheet ch unit	Due <b>befo</b>	<b>re</b> close (	of busin	ess day ea	ch Monday	
No of Beds currently available	Age	Gender	Sub Lo	ос		Special	ty			General I	_ocation	Other
		For <b>All</b> patie	nts, fill in al	l approp	riate columns	6						
Family Guid	ance Center al	obreviations ar	e:									WAIT LIST
	ntral Oahu		onolulu, Oah	ıu	LO Lee	ward Oahu	WO	Windwar	rd Oahu			*Yes No No
	nily Court son Branch	H H	awaii	I	M Mai	ui	К	Kauiai				* If Yes, Enter details below
Α		3	С	D	E	F	G	Н			J	K
Date of Admission	Patient Na	me LN, FN	Gender M or F	Sub Loc	Referring Agency (FGC)	Projected Date of Discharge	Actual Date of Discharge	Wait L Da		Projected Date of Admission	Screen Date	Comments

#### CAMHD INDEPENDENT PSYCHIATRIST CONSULTATION FORM

Please fill in and submit this form prior to conducting an independent evaluation. Fax it to the Clinical Services Office at 733-9875. CAMHD will fax its approval or disapproval within three (3) business days of the receipt of this form.

Agency Na	ame:			Date:					
Agency Co	ontact:		Phone:	Fax:					
Name of F	Proposed In	dependent Psy	/chiatrist:						
Please inc	dicate the qu	ualifications of	the psychiatrist as follows:						
Yes	No	Psychiatrist	licensed as MD or DO in the	e State of Hawaii.					
Yes	No		urrent expertise in the Level of Care being disputed (both the level of care and e level of care proposed)						
Describe:									
Yes	No		Experience and formal training in Child and Adolescent Psychiatry (prefer osychiatrist boarded in Child Psychiatry)						
Describe:									
Yes	No	Does the pr consultant?	oposed psychiatrist work for	your agency as employe	e or as a				
Yes	No		iatrist employed by the Famin for the youth involved?	ily Guidance Center prov	iding care				
САМН	O Clinical	Director Rev	view:						
Agree:		Do Not Reason :	: Agree:						
Signatu :	ire			Date:					
A7504-D I	P&P 80.614		Attachment D		01 Feb 2005				

	CURRENT PRACTITIONER INFORMATION  ALL FIELDS REQUIRED								
Date of Request			Agen	ncy Name					
Practitioner Current First Name	t Legal			titioner Cu Name	ırrent Legal				
Current Credentialin	ng Code		Curre	ent NPI					
Current Position Tit	le		Servi	icing Locat	tion (Island(s))				
	EXCEPTION REQUEST TYPE								
A CAMHD Contracted Provider Agency must apply for a Supervising MHP Exception, which will permit the MHP to provide clinical supervision to other MHPs and Paraprofessionals. A Supervising MHP on exception status SHALL NOT function as the Qualified Mental Health Professional (QMHP) responsible for the entire program. Medicaid billing requirements mandate that all programs must be overseen by a QMHP.									
Reason for Request		i Licensure Pending mited; not to exceed 2 years)	-	•	d Test Date:				
	,	• • • • • • • • • • • • • • • • • • • •		Must attach supporting documents A, B, and C below  Anticipated Vacancy Duration:			nts A, B, and C below		
		prary/Unexpected QMHP Vacancy mited with option to extend)					nts A, B, and C below		
		Experience Allowance* (Renewable every 2 years upon recredentialing)					nts A, B, C, and D below		
	*Practitioner has a Master's degree from a nationally accredited university but documentation of supervised clinical practice does not meet current Hawaii licensing requirements.								
	☐ Extens	ion	1	Must attach supporting document E below					
	☐ Other		1	Must attach supporting document A, B, C, and F below					
Supporting Documentation		ent 5 years experience (minimum e practicum).	ı) in me	ntal healt	h treatment with	child	ren/adolescents (can		
Requirements	<b>B.</b> Provide 3 written references from QMHP level individuals who can attest to the MHPs ability to supervise. This must include a letter from the program QMHP who will provide on-going supervision.								
	C. Documentation and description of the supervisory training received. This may include formal coursework, continuing education workshops/webinars, informal mentoring, etc.								
	<b>D.</b> Practitioner explanation and supporting educational documentation.								
	E. Agency extension explanation letter including updated timelines.								
	<b>F.</b> Explana	tion of request including reason(s	s) and a	nticipated	d duration of the	excep	otion status.		
		REQUI	ESTOR	R					
Requested By			Signat	ure					

- 1. Once approved by CAMHD, the Supervising MHP must continue to meet the MHP supervision requirements described in the CAMHPS. All supervision shall be documented in the Supervising MHPs supervision file.
- 2. Submit completed form and supporting documentation to the CAMHD Credentialing Specialist Kat Moratin via email at <a href="mailto:christina.moratin@doh.hawaii.gov">christina.moratin@doh.hawaii.gov</a>

#### Competency Assessment for Paraprofessionals in Residential Programs

<u>Instructions</u>: The primary supervisor should complete these ratings based on her/his direct observations of the Paraprofessional worker and input from other supervisors/clinical leaders. Checking any description that fits the individual well. Any endorsement of a description in the "deficient" column should lead to the development of a supervision plan to address that area inclusive on of training.

1.	Knowledge of Individualized Treatment Plan					
Deficient (0)	Satisfactory (1)	Proficient (2)				
<ul> <li>□ Does not know the youth's mutually agreed upon goal</li> <li>□ May know general issues that youth is dealing with but nothing specific.</li> <li>□ Has different goals than identified in the plan.</li> </ul>	<ul> <li>□ Knows the youth's primary mutually agreed upon goal in general terms.</li> <li>□ Has general ideas on how to support the youth in reaching this goal.</li> </ul>	<ul> <li>☐ Knows the youth's specific mutually agreed upon goal in solvable and/or measureable terms.</li> <li>☐ Can articulate specific methods to support this goal.</li> <li>☐ Has discussed this youth's goals and support strategies</li> </ul>				
		with clinician.				
	2. Trauma Informed Care					
Deficient (0)	Satisfactory (1)	Proficient (2)				
<ul> <li>Uses consequences or threats of consequences as initial response to problem behaviors.</li> <li>□ Responds in a negatively emotionally charged manner.</li> <li>□ Feels betrayed by youth who break rules.</li> </ul>	<ul> <li>□ Able to establish trust and demonstrates advocacy with youth s/he works with.</li> <li>□ Encourages youth's voice regarding goals, daily activities, coping, recreation, education, etc.</li> <li>□ Demonstrates consistency with youth and promotes consistency amongst staff.</li> </ul>	<ul> <li>□ Employs specific trauma-informed principles such as increasing predictability in the environment; reducing known triggers; using validation; increasing a sense of personal control; establishing a sense of safety etc.</li> <li>□ Has an understanding of how trauma is exhibited in different youth.</li> </ul>				
	3. Strength-based Intervention					
Deficient (0)	Satisfactory (1)	Proficient (2)				
☐ Views relapses as failures of treatment, program or youth.	☐ Welcomes visiting families as a valuable resource to the youth.	<ul><li>☐ Uses specific Motivational Interviewing techniques.</li><li>☐ Uses functional strengths</li></ul>				
<ul><li>☐ Attempts to teach and enforce while youth is dysregulated.</li><li>☐ Engages in power struggles.</li></ul>	<ul> <li>□ Responds to youth in an encouraging and non-judgmental manner.</li> <li>□ Is working to more regularly</li> </ul>	identified by team to promote health.  ☐ Looks for what is being communicated by youth in				
☐ When youth are in crisis or experiencing emotional	incorporate crisis prevention	problematic behaviors.				

dysregulation, does not	techniques in job	☐ Communicates with clinician
attempt to de-escalate youth	performance.	and family (when
before resorting to hands-on		appropriate) on progress
redirection or restraints.		being made in milieu.
		☐ Utilizes de-escalation
		techniques regularly before
		resorting to hands-on re-
		direction/restraints.
	4. Therapeutic Knowledge Bas	e
Deficient (0)	Satisfactory (1)	Proficient (2)
☐ Pathologizes or moralizes all	☐ Views some defiance as	☐ Has an understanding of
problematic behaviors.	developmentally appropriate	differences in the treatment
·	behavior.	needs of male and female
☐ Does not see a difference	Seriavior.	youth.
between adolescents and	☐ Is aware of developmental	youth.
adults.	trauma and trauma informed	☐ Can articulate some of the
	care.	risk factors that make the
□ Does not incorporate		youth we serve vulnerable.
trainings, techniques or new	☐ Sometimes incorporates new	your we serve rumer user
knowledge to improve job	training and techniques to	☐ Can articulate some of the
performance or	improve job performance	protective factors that we
understanding of youth.	and increase understanding	support in the youth we
5 ,	of population served.	serve.
	or population serveu.	36.76.
		☐ Has a basic understanding of
		child and adolescent
		development.
		☐ Regularly incorporates new
		training and techniques to
		improve job performance
		and expand understanding
		of youth.
	5. Professional Behavior	
Deficient (0)	Satisfactory (1)	Proficient (2)
☐ Overly rigid boundary that	☐ Does not communicate with	☐ Is capable of appropriate use
prevents engagement with	the youth or family outside	of self-disclosure to engage
youth and family.	of work hours or for non-	and facilitate progress with
•	programmatic matters.	youth in a manner that does
$\square$ Has interactions with youth		not blur professional
or family members outside of	☐ Does not disclose personal	boundaries or place youth
work hours or regarding non-	information that is not	
programmatic matters.	already public, not relevant	or family in a vulnerable
. •	nor unresolved.	position.
$\square$ Treats youth as one would	din essivedi	☐ Discusses the limits of the
treat a peer.	☐ Speaks respectfully to youth	relationship with the youth
·	and family.	
	,	and family when a boundary
		is challenged.

## CHILD & ADOLESCENT MENTAL HEALTH PERFORMANCE STANDARD 2018 EDITION

<ul> <li>☐ Youth interacts with particular staff as though they were a peer.</li> <li>☐ Discusses other youth or other staff issues with youth.</li> <li>☐ Staff behavior has been interpreted as demeaning, inciting or intimidating by youth.</li> <li>☐ Regularly misses supervision sessions.</li> <li>☐ Takes professional advice/constructive criticism as a personal attack.</li> </ul>	<ul> <li>□ Regularly attends supervision and meetings.</li> <li>□ Incorporates constructive criticism into improved performance.</li> </ul>	☐ Seeks out supervision, clarification and consultation.
as a personal account	6. Programmatic Knowledge	
Deficient (0)	Satisfactory (1)	Proficient (2)
☐ Does not know or follow policies and procedures.	☐ Understands and adheres to policies and procedures (most notably for crisis responses).	☐ Is viewed as a leader and is often sought after for accurate programmatic information.  ☐ Contributes to programmatic development (procedural, operational, therapeutic activities, educational etc.)

Intensive In-Home Paraprofessional (behavioral health aide) Competency Scale

Instructions: Checking any description that fits the individual well. Any endorsement of a description in the "deficient" column should lead to the development of a supervision plan to address that area inclusive on of training.

1.	Knowledge of Individualized Treatm	nent Plan							
Deficient (0)	Satisfactory (1)	Proficient (2)							
<ul> <li>Does not know the youth's mutually agreed upon goals.</li> <li>May know general issues that youth is dealing with but nothing specific.</li> <li>Has different goals than the plan identified in the plan.</li> </ul>	<ul> <li>Knows the youth's primary mutually agreed upon goal in general terms.</li> <li>Has general ideas on how to support the youth in reaching this goal.</li> </ul>	<ul> <li>Knows the youth's specific mutually agreed upon goal in solvable and/or measurable terms.</li> <li>Can articulate specific methods to support this goal.</li> <li>Has discussed this youth's goals and support strategies with clinician.</li> <li>Specifically supports treatment goals and interventions (i.e. selfmonitoring, problem solving,</li> </ul>							
		self-soothing etc.)							
2. Intensive In-Home Skills									
Deficient (0)	Satisfactory (1)	Proficient (2)							
<ul> <li>Focuses on the youth to the exclusion of the family.</li> <li>Puts youth in situations that facilitate problematic behaviors.</li> <li>Gets into power struggles or responds in manner that</li> </ul>	<ul> <li>May involve family but may not value their importance.</li> <li>Instinctively promotes appropriate antecedents.</li> <li>Is supportive and interacts positively with youth.</li> </ul>	<ul> <li>Regularly includes family members in activities and views family as a significant resource.</li> <li>Deliberately anticipates antecedents of problematic and desired behaviors.</li> <li>Reinforces adaptive</li> </ul>							
<ul> <li>amplifies problematic behaviors.</li> <li>Only focuses on negative behaviors.</li> <li>Does not communicate</li> </ul>	<ul> <li>Communicates the youth and family's status in general terms to therapist.</li> <li>Able to establish trust and demonstrates advocacy with youth s/he works with.</li> </ul>	behaviors, especially those identified in therapy and highlights the skill to the youth and family.  o Communicates observed strengths and vulnerabilities of youth and family to the roots.							
<ul><li>with the therapist.</li><li>O Uses consequences or threats of consequences as</li></ul>	<ul> <li>Responds to youth in an encouraging and non-judgmental manner.</li> </ul>	youth and family to therapist.  O Uses functional strengths identified by team to promote health.							

<ul> <li>initial response to problem behaviors.</li> <li>Responds in a negatively emotionally charged manner.</li> <li>Views relapses as failures of treatment, youth or family.</li> <li>Attempts to teach and enforce while youth is dysregulated.</li> </ul>	<ul> <li>Has been observed         "catching" youth doing         something right.</li> </ul>	<ul> <li>Looks for what is being communicated by youth in problematic behaviors.</li> <li>Sees the benevolence behind problematic behaviors.</li> </ul>
	3. Therapeutic Knowledge B	
Deficient (0)	Satisfactory (1)	Proficient (2)
<ul> <li>Pathologizes or moralizes all</li> </ul>	<ul> <li>Views some defiance as</li> </ul>	<ul> <li>Uses specific Motivational</li> </ul>
problematic behaviors.	developmentally appropriate behavior.	Interviewing techniques.
o Does not see a difference		<ul> <li>Has an understanding of</li> </ul>
between adolescents and	<ul> <li>Views some risk taking and</li> </ul>	differences between male and
adults.	impulsivity as developmentally appropriate behavior.	female youth.
o Does not support the	appropriate senation	o Can articulate some of the
treatment plan.	o Is aware of developmental	risk factors that make the
Does not take direction	trauma and trauma informed care.	youth we serve vulnerable.
from the therapist.		o Can articulate some of the
	o Is optimistic about change.	protective factors that the
		specific youth they're working
	Demonstrates ability to document sessions with	has.
	observed presentation,	<ul> <li>Has an understanding of</li> </ul>
	treatment supportive activities,	how trauma is exhibited
	response to activities and next	specific to the youth with
	steps.	whom they work.
		<ul> <li>Has a basic understanding of</li> </ul>
		adolescent development.
		<ul> <li>Is able identify progress,</li> </ul>
		when applicable, even when it
		occurs within problematic
		behavior.
	4. Crisis Response	
Deficient (0)	Satisfactory (1)	Proficient (2)
a Dags not amplay do		r roneient (2)
<ul> <li>Does not employ de-</li> </ul>	o Implements general de-	Knows and supports

<ul> <li>Employs hands on methods.</li> <li>Has been observed in power struggles with youth.</li> <li>Relies on personal authority to address problem.</li> </ul>	<ul> <li>Communicates crisis event to therapist.</li> <li>Submits incident and sentinel events when appropriate.</li> </ul>	individualized crisis prevention plan.  o Facilitates the youth's deescalation, assesses the nature of the crisis and uses the postcrisis period as an opportunity for learning.  o Involves family in deescalation when appropriate.
	5. Professional Client Related Be	
Deficient (0)	Satisfactory (1)	Proficient (2)
<ul> <li>Overly rigid boundary that prevents engagement with youth and family.</li> <li>Overly loose boundaries. Interactions appear as peer relationships.</li> <li>Has interactions with youth or family members outside of scheduled sessions regarding non-programmatic matters.</li> <li>Discusses other youth with youth or family.</li> <li>Staff behavior has been interpreted as demeaning, inciting or intimidating by youth.</li> <li>Takes youth actions personally.</li> </ul>	<ul> <li>Does not communicate with the youth or family outside of scheduled session hours (unless for scheduling purposes) or for non-programmatic matters.</li> <li>Does not disclose personal information that is not already public, not relevant nor unresolved.</li> <li>Speaks respectfully to youth and family.</li> </ul>	<ul> <li>Is capable of appropriate use of self-disclosure to engage and facilitate progress with youth and family in a manner that does not blur professional boundaries or place youth or family in a vulnerable position.</li> <li>Discusses the limits of the relationship with the youth and family when a boundary is challenged.</li> </ul>
	6. Use of Supervision & Trair	ning
Deficient (0)	Satisfactory (1)	Proficient (2)
<ul> <li>Irregular attendance of supervision and training or attends without participation.</li> </ul>	<ul> <li>Regularly attends supervision and training with full participation.</li> </ul>	<ul> <li>Seeks out supervision, training, clarification and consultation for specific issues.</li> </ul>

SUBJECT: Child Abuse and Neglect Check		Number:	80.406
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<b>REFERENCE:</b> Hawaii Revised Statutes 350; Hawaii Administrative Rules, Chapter 920.1-11-13	APPROVED	:	
	Signature	e on File	1 Mar 2004
	Chief		Eff. Date

#### **PURPOSE**

To establish procedures for child abuse and neglect clearances for the Child and Adolescent Mental Health Division (CAMHD) to ensure the safety of youths served by CAMHD employees or CAMHD's contracted agencies' staff.

#### **DEFINITIONS**

- "Confirmed" means a report of child abuse or neglect that has been investigated by the Department of Human (DHS) where there has been a determination by the DHS that physical, sexual, or psychological harm, physical neglect, threatened harm occurred, and a perpetrator of the harm or threat has been identified.
- "Child abuse or neglect" means the acts or omissions of any person who, or legal entity which, is in any manner or degree related to the child, is residing with the child, or is otherwise responsible for the child's care, that have resulted in the physical or psychological health or welfare of the child, who is under the age of eighteen, to be harmed, or to be subject to any reasonably foreseeable, substantial risk of being harmed.

#### **POLICY**

- The CAMHD shall deny, revoke or not renew an individual provider's credentials and/or
  privileges, or certification to provide services to CAMHD youth if the individual has been
  confirmed as a perpetrator of harm or substantial risk of harm to a minor in a prior Child
  Abuse or Neglect (CAN) case involving any of the following:
  - A. Sexual abuse of all levels of harm at any time;
  - B. High or severe physical or psychological abuse at any time as defined by the DHS;
  - C. High or severe neglect (includes medical neglect, failure to thrive) at any time as defined by the DHS;
  - D. Involuntary termination of parental rights of a child due to neglect or abuse;
  - E. Moderate physical or psychological abuse within the last five (5) years, which may include repeated episodes of minor bruising, verbal humiliations and degradations, unexplained medical injuries which may or may not require medical assistance, and any other instance as defined by the DHS; or
  - F. Moderate neglect within the last five (5) years, which may include: repeated episodes of impulsive and careless behaviors, failure to provide a safe and healthy

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environment, withholding of medical or necessary treatments, lack of appropriate supervision, and any other instance as defined by the DHS.

The CAMHD may deny, revoke or not renew an individual provider's credentials and/or
privileges, or certification to provide services if the provider has been confirmed as a
perpetrator in a CAN case *not listed above* if this could pose a risk to the health, safety or
well-being of children under CAMHD's care.

#### **PROCEDURE**

- 1. CAMHD and its contracted agencies will request, via a valid and signed informed consent to release information, a review of the DHS's *Child Protective Services System (CPSS)* registry for every direct service personnel according to procedure identified in CAMHD's Credentialing policies and procedures.
- 2. CAMHD's designated staff will review the DHS's *CPSS* registry for confirmed cases of CAN based on staff information provided by the contracted agency.
- Designated CAMHD staff will consult with the DHS staff whenever the DHS's CPSS
  information is not available or is incomplete to determine cleared or confirmed cases of
  CAN.
- 4. Based on *CPSS* review and corroboration with the DHS staff, CAMHD's Credentialing Specialist or designee will inform the contracted agencies of those personnel that have been cleared.
- 5. CAMHD's Credentialing Specialist will notify contracted agencies or of employees with confirmed CAN histories as perpetrators involving criteria "a" through "f" of policy #1, or any other criteria deemed to be of high-risk by the Credentialing Committee, without divulging specifics relative to the nature of the history. Likewise, the Credentialing Specialist will inform the immediate clinical supervisor of any CAMHD staff with a confirmed CAN history.
- 6. Contract agencies will arrange for a copy of DHS' CAN report through the affected staff; interview the staff member, and request a letter from the staff that provides background information, follow-up actions taken, and any testimony self or otherwise, on his or her behalf.
- 7. The applicable contracted agency's or CAMHD's clinical supervisor or administrator of the specified staff will conduct a thorough assessment to determine the current level of risk involved, and subsequent course of action as future risk deterrents.
- 8. A written report of the risk assessment shall be sent to CAMHD's Credentialing Committee, with all supporting documents as necessary defining findings and justifying the course of action taken. Reports shall evidence assessments that consider at minimum, the following:

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- A. Type of harm,
- B. When the harm occurred,
- C. The circumstances surrounding the harm,
- D. The frequency or pattern of occurrences,
- E. Whether treatment or rehabilitation took place,
- F. Degree of access to children and whether employment would pose a risk to children, and
- G. Special conditions of continued employment, including degree and frequency of individual supervision.
- 9. The Credentialing Committee will:
  - A. Review agency's report of findings and actions;
  - B. Determine the relevancy and adequacy of all available information relative to actions taken regarding the employee;
  - C. If necessary, request additional information such as psychological evaluations, substance abuse assessments, etc., with any costs incurred, the responsibility of the provider;
  - D. Recommend to the CAMHD Executive Management Team a course of action to be taken by CAMHD against an agency/provider if the seriousness of risk is established; and
  - E. Determine whether consideration may be given to the individual who shows more than a single evidence of being rehabilitated, which may include:
    - Letters from a counselor or therapist indicating successful completion of treatment and a statement that the counselor believes the individual does not pose a risk to children;
    - Successful completion of past services that are relevant to the report of abuse or neglect;
    - 3) Statements from individuals who are credible and reliable who can document and verify a sustained change in the individual's behavior that is relevant to the individuals employment; or
    - 4) Positive conduct in the community or in employment.
- 10. The Credentialing Committee will inform the agency in writing, under CAMHD Chief's approval and signature, of CAMHD's decision, basis for the decision, and recommendations that may include:

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- A. Support of the individual's employment with evidence of rehabilitation;
- B. Letters of support from past employers or community advocates that validates safety of the children;
- Employee personnel record review via consent from the employer and employee;
   and
- D. Re-evaluation of the employee in six (6) months, with a report of findings and actions submitted to CAMHD's Credentialing Committee.

**ATTACHMENT: None** 

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SUBJECT: Delegation of Credentialing Primary Source		Number:	80.308.3
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REFERENCE: CAMHD Credentialing Policies and Procedures for Licensed and Unlicensed Providers; NCQA, BBA	APPROVED  Child A  Chief		4/19/06 Eff. Date

#### **PURPOSE**

To provide guidelines and timelines for the delegation of credentialing activities by CAMHD to CAMHD contracted provider agencies (Agency/ies) providing mental health services. The policy also provides guidelines for monitoring the delegated activities of the CAMHD Agencies.

#### DEFINITIONS

See Glossary of Credentialing Terms (See Attachment A)

#### **POLICY**

- 1. The CAMHD is responsible and will be held accountable to ensure that all delegated credentialing functions and activities are performed in accordance with the specifications outlined in this policy.
- 2. The CAMHD shall evaluate a prospective delegate's ability to provide the intended delegated credentialing functions.
- 3. The CAMHD shall review and approve all descriptions of delegated credentialing activities prior to the approval of a delegation agreement.
- 4. The CAMHD shall monitor delegated activities regularly using the formal, systematic processes outlined within this policy to assess the delegate's compliance.

#### **PROCEDURE**

#### PRE-DELEGATION ASSESSMENT

- 1. Prior to the delegation of credentialing activities and functions the CAMHD will preassess an Agency or credentials verification service contractor to determine its ability to perform the activities and functions as outlined in the "CAMHD Pre-Delegation Assessment Tool." (See Attachment B)
- 2. The results of the pre-assessment audit will be reported to the CAMHD Credentialing Committee for review and decision.

## RESPONSIBILITIES AND ACCOUNTABILITY OF THE DELEGATE

Initial Credentialing:

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- A. The CAMHD Agency or credentials verification service contractor shall obtain initial credentialing primary source verifications using methodology and times frames as outlined in the "CAMHD Licensed Provider Initial Credentialing Checklist" (See Attachment C), the "CAMHD MHP and Paraprofessional Initial Background Verification Checklist" (See Attachment D)
- B. The CAMHD Agency will obtain credentialing and background verification approval for all practitioner (licensed or unlicensed) from CAMHD prior to serving CAMHD consumers. Services provided prior to this CAMHD approval will not be reimbursed.
  - The CAMHD Agency credentialing specialist or a primary source verification service representative must do the following:
    - a. Obtain a completed credentialing application form from the practitioner;
    - b. Create an agency credentialing file for each provider applicant;
    - c. Obtain necessary consents to conduct credentialing primary source verifications;
    - d. Conduct primary source verifications as outlined in the "CAMHD Licensed Provider Initial Credentialing Checklist" and "CAMHD MHP and Paraprofessional Initial Background Verification Checklist";
    - e. Conduct a pre-audit of primary source verified documents to ensure they meet CAMHD requirements using the "CAMHD Licensed Provider Initial Credentialing Checklist" and the "CAMHD MHP and Paraprofessional Initial Background Verification Checklist" as guides;
    - Maintain the original primary source verification documents in the practitioner's file at the CAMHD Agency. Existence of the originals will be verified during delegation onsite audit visits;
    - g. Create a duplicate credentialing file for the applicant with all the primary source verification;
    - h. Tab primary source verifications with numbers to match the numbers on the "Licensed Provider Initial Credentialing Checklist and the MHP and Paraprofessional Initial Background Verification Checklists";

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Send a duplicate file to the CAMHD Credentialing department; and

 Keep current in the file all documents that have expiration dates such as licenses and malpractice insurance.

#### 2. Re-credentialing:

- A. The CAMHD Agency will conduct the re-credentialing primary source verifications as outlined in the "CAMHD Licensed Provider Re-credentialing Checklist" (See Attachment E) and the "CAMHD MHP and Paraprofessional Background Re-verification Checklist." (See Attachment F) The primary source verification requirements must follow primary source verification methodology and time frames as outlined in the "CAMHD Licensed Provider Re-credentialing Policies and Procedures" and the "CAMHD MHP and Paraprofessional Background Re-verification Policies and Procedures."
- B. The CAMHD Agency will obtain re-credentialing and background re-verification approval for all practitioners (licensed or unlicensed) from CAMHD prior to expiration of original credentialing dates. Services provided in the time period between the end of the original credentialing end date and the start of the recredentialing period will not be reimbursed.
- C. The CAMHD Agency credentialing specialist or a primary source verification service representative must do the following:
  - Obtain a completed credentialing re-application or background reverification form from the practitioner;
  - Obtain necessary consents to conduct re-credentialing or background reverification primary source verifications;
  - 3) Obtain primary source as outlined in the "CAMHD Licensed Provider Initial Re-recredentialing Checklist" and the "CAMHD MHP and Paraprofessional Background Re-verification Checklist";
  - 4) Conduct a pre-audit of obtained primary source documents to ensure they meet CAMHD requirements use the "CAMHD Licensed Provider Recredentialing Checklist" and the "CAMHD MHP and Paraprofessional Background Re-verification Checklist" as guides;
  - 5) Maintain original primary source re-verifications in the clinician file at the CAMHD Agency. Existence of the originals will be verified during delegation onsite audit visits;

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- 6) Create a duplicate file for the applicant with all the primary source reverifications;
- 7) Tab primary source re-verifications with numbers to match the numbers on the "CAMHD Licensed Provider Re-credentialing Checklist" and the "CAMHD MHP and Paraprofessional Background Re-verification Checklist";
- 8) Send a duplicate file to the CAMHD Credentialing Department; and
- 9) Keep current in the file all documents that expire such as licenses and malpractice insurance.

#### 3. Operational Requirements:

- A. The CAMHD Agency shall ensure that the CAMHD requirements as outlined in the "CAMHD Contracted Agency Credentialing Systems Audit Tool" are in place. (See Attachment G)
- B. The CAMHD Agency shall have documented processes in place to monitor the activities of their credentialing department. The supervisor for their credentialing specialist must have knowledge of the current CAMHD credentialing requirements in order for them to efficiently implement them and monitor the performance of their staff. A yearly evaluation of CAMHD Credentialing Staff must be conducted in order for CAMHD Agency management to be fully aware of performance issues that may hinder its ability to perform CAMHD delegated functions. Other operational requirements are outlined in the "CAMHD Contracted Agency Credentialing Systems Audit Tool" must be followed.

#### 4. Delegate's Accountability to CAMHD

The delegate is accountable to ensure that all activities set forth in this delegation policy and procedures and in the delegation agreement are completed in accordance with CAMHD requirements within the specified timelines.

#### TIMEFRAME OF DELEGATED ACTIVITIES

The delegated activities and functions described in this policy will be effective as of the date of signature of the CAMHD delegation agreement with the delegate.

#### MONITORING OF DELEGATED ACTIVITIES

#### 1. Schedule and Location:

Onsite monitoring of delegated activities and credentialing operations/systems will be conducted at least annually at the CAMHD Agency office where the credentialing files

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are kept. CAMHD has the right to conduct additional on-site visits as indicated by program quality issues that may arise.

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#### 2. Audit Tools and Thresholds:

- A. The tool to be used will be the "Licensed Provider CAMHD Contracted Agency Credential File Audit Form" (See Attachment H) and / or the "MHP and Paraprofessional CAMHD Contracted Agency Credential File Audit Form." (See Attachment I) The existence of the originals of previously submitted primary source verifications will be checked. The date of primary source verifications that were originally submitted to CAMHD for review will be pre-listed on these tools.
- B. The CAMHD Agency must provide original documents for the audit. Absent original documents will be noted as such if they cannot be found by the conclusion of the on-site audit. The CAMHD Agency must complete, at a minimum, 85% of the requirement listed in the tool to demonstrate substantial compliance with this activity.
- C. The "CAMHD Contracted Agency Credentialing Systems Audit" tool will be used to evaluate other delegated credentialing functions and requirements. The threshold score of 85% is required to demonstrate substantial compliance. See Delegate Evaluation Scoring Compliance Scale (See Attachment J)

#### 3. Sample Size:

- A. The sample Agency credential files that will be audited is selected through random sampling from the CAMHD Contracted Agencies' monthly report of employees and subcontractors. Names listed on the licensed and unlicensed monthly reports are arranged alphabetically. Each year a number is chosen. For example, the number five (5) is chosen and then every 5<sup>th</sup> name on the lists will be selected for the sample until 25% or 20 files, whichever is lesser, is selected.
- B. CAMHD will provide the CAMHD Agency with the sample for the agency credential files audit no later than two (2) days before the audit.
- C. The sample size will be at least 25% or twenty (20) files, whichever is lesser, for each category (licensed and unlicensed) of the clinician files inclusive of all psychiatrists.

#### 4. Technical Assistance / Additional Training:

- A. Technical assistance is provided by the CAMHD Credentialing Specialist to all agencies on areas that they have not scored 100%. This includes reviewing the agencies' current credentialing processes.
- B. A suggestion on how activities could be improved in order for agency to achieve 100% performance on all aspects of credentialing.

REVISION HISTORY: Initial Effective Date: Biannual Review Date:

15 July 03

## CHILD AND ADOLESCENT MENTAL HEALTH DIVISION POLICY AND PROCEDURE MANUAL

SUBJECT: Delegation of Credentialing Primary Source	Number:	80.308.3	
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C. Agencies that have managed to show improvement in their credentialing processes including aspects that are not technically part of the delegated activities, such as human resource functions, are recognized for their efforts and are encouraged to partner with other CAMHD Credentialing Specialist who continue to struggle in order to promote mentoring as part of the overall plan to create a successful delegation program.

## REPORTING OF ONSITE AUDIT FINDINGS AND CORRECTIVE ACTION REQUESTS AND RESPONSES

- 1. Reporting of Findings to the Delegate
  - A. At the close of the visit the CAMHD auditor will conduct an exit interview with the CAMHD Agency credentialing specialist and any other pertinent personnel. The CAMHD auditor will go over findings and items that would be requested in a corrective action plan, if any.
  - B. A copy of the following will be provided to the agency staff at the completion of the audit to allow delegate ample time to submit any corrective actions:
    - Licensed Provider CAMHD Contracted Agency Credential File Audit Form
    - MHP and Paraprofessional CAMHD Contracted Agency Credential File Audit Form
    - CAMHD Contracted Agency Credentialing Systems Audit Tool
    - The Delegation Audit Corrective Action Form
    - The CAMHD Contract Agencies' Specialists will be asked to acknowledge receipts of audit results by signing the Agency Receipt of Delegated Corrective Action Plan.
- 2. Reporting of Findings to the CAMHD Credentialing Committee
  - A. A copy of the Delegation Audit Corrective Action Form will be presented to the CAMHD Credentialing Committee at the meeting following the completion of the onsite visit. The Credentialing Committee will review the results and make additional recommendations for CAP that they feel should be included in the final corrective action report sent to the CAMHD Agency.
  - B. The CAMHD Credentialing Committee will report these findings to the CAMHD Performance Improvement Steering Committee for review and recommendations as applicable.

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Biannual Review Date:		

## CHILD AND ADOLESCENT MENTAL HEALTH DIVISION POLICY AND PROCEDURE MANUAL

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#### 3. Corrective Action Activities

The CAMHD Agency' corrective action plans and any supporting documents must be submitted to the CAMHD Credentialing Specialist no later than thirty (30) days from the CAMHD Agency's receipt of the onsite audit report (the date of the actual onsite audit). CAMHD shall respond as appropriate.

#### 4. Follow-up On-site Visit

CAMHD reserves the right to conduct a follow up on-site visit to ensure corrective activities stated in the corrective action plan are in fact being implemented by the agency, with a one-week notice prior to the visit provided to the agency.

## SUSPENSION OR REVOCATION OF DELEGATION

CAMHD retains the authority to suspend or revoke delegated activities upon the CAMHD Agency's continued inability to implement corrective action activities resulting in a score lower than the established threshold of 85% in any of the evaluated sections after the third on-site visit or at any time the delegate fails to fulfill its delegated obligations.

#### RESPONSIBILITIES OF CAMHD

- A. CAMHD will review submitted files and either approve or disapprove the files within thirty (30) working days of receipt of file.
- B. In the event that a file is not approved, CAMHD will notify the CAMHD Agency via telephone or electronic mail of the deficiencies. The agency will be advised that the file will be kept in the CAMHD Credentialing office for thirty (30) days.
- C. Files that are not presented to the CAMHD Credentialing Committee after thirty (30) days of deficiency notification will be returned to the CAMHD Agency.
- D. CAMHD retains the authority to conduct monitoring reviews as described above to ensure that delegated credentialing functions and operational systems are being performed in accordance to CAMHD standards and expectations.
- E. CAMHD retains the right to suspend or revoke delegated activities as described the in the "Suspension or Revocation" section of this policy.

#### ATTACHMENTS:

- A. Glossary of Credentialing Terms
- B. CAMHD Pre-Delegation Assessment Tool, Version:
- C. CAMHD Licensed Provider Initial Credentialing Checklist, Revised:

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# CHILD AND ADOLESCENT MENTAL HEALTH DIVISION POLICY AND PROCEDURE MANUAL

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- D. CAMHD MHP and Paraprofessional Initial Background Verification Checklist, Version: 3-06
- E. CAMHD Licensed Provider Recredentialing Checklist, Revised: 3-06
- F. CAMHD MHP and Paraprofessional Background Re-Verification Checklist, Revised: 3-06
- G. CAMHD Contracted Agency Credentialing Systems Audit. Version: 10/1/04
- H. CAMHD Contracted Agency Licensed Providers Credential File Audit Form, Version: 3-06
- I. CAMHD Contract Agency MHP and Paraprofessional Credential File Audit Form, Version: 3-06
- J. Delegate Evaluation Scoring Compliance Scale

REVISION HISTORY: Initial Effective Date: Biannual Review Date:

15 July 03

File Ref:

Child and Adolescent Mental Health Division

## Glossary of Credentialing Terms

- Applicant: Any practitioner applying for credential approval with CAMHD.
- Attestation Letter A letter from a representative of the Agency attesting that they have obtained primary source verification documents from the primary source and that originals of these documents are maintained in the Agency credential file.
- BBA Balanced Budget Act, 42 CFR.
- Client- Youth with emotional and/or behavioral challenges receiving intensive mental health services from CAMHD.
- Contracted Provider Agency Agency under contract with CAMHD to provide mental health services to CAMHD clients.
- Credentialing The systematic process of assessing the qualifications of CAMHD and CAMHD Agencies' qualified licensed mental health professional (QMHP), direct care personnel and clinical supervisors. The credentialing process ensures that staff has the required primary source verified credentials, licenses, certificates, malpractice coverage and other pertinent background to provide services to the consumers of CAMHD.
- Credentialing Committee standing The Credentialing Committee is a standing Child and Adolescent Mental Health Division (CAMHD) committee is designated to provide oversight over CAMHD's credentialing processes in accordance with the Credentialing Committee Policy and Procedures.

  Membership shall be representative of various disciplines from CAMHD's various sections with preference given, but not limited to licensed professionals.
- Delegation- Authority assigned by the CAMHD to another / other organization to conduct functions and activities in CAMHD's behalf according to CAMHD expectations and standards in such a manner that benefits CAMHD. The organization is identified as a "delegate".
- DCCA Department of Commerce and Consumer Affairs, professional and vocational licensing division of the State of Hawaii
- **ECMFG**: The Educational Commission for Foreign Medical Graduates that evaluates foreign medical graduates' medical school curriculum to ensure that it is in alignment with the United States' medical school standards.
- NCQA National Commission of Quality Assurance
- PISC Performance Improvement and Steering Committee, standing CAMHD committee
- Primary Source Verification The process of verifying an individual professional's verbal or documented claims of professional and legal standing through direct contact with officials at the primary sources of education, licensing, prior employment, insurance carriers, etc.

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Terms - 17 Jul 03.doc		

#### Child and Adolescent Mental Health Division

Practitioner: Any QMHP.

Qualified Mental Health Professional (QMHP): The following State of Hawaii Licensed clinicians fall under this category: Medical Doctor (M.D.) Licensed Social Worker (LSW), Licensed Marriage and Family Therapist (LMFT), Licensed Psychologist (Ph.D or Psy.D); Advanced Practice Registered Nurse (APRN) and Osteopathic Doctor (D.O.)

Recredentialing A re-verification process of primary source information that may have changed since last reviewed, such as licenses and malpractice claims information

**Termination**: Voluntary or involuntary end of contract or employment with CAMHD or a CAMHD Contracted Provider Agency.

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Child and Adolescent Mental Health Division	•	

## CAMHD Pre-Delegation Assessment Tool Part 1

			•
AGENCY NAME:			
DATE AUDITED:			<del></del>
AUDITOR'S NAME:			
REQUIRED ELEMENTS		ppr	SENT
REQUIRED ELEMENTS		YES	NO
CREDENTIALING POLIC	CIES AND PROCEDURES	TES .	110
	rce verifications clearly listed		
	nician is not allowed to treat		
	to being approved by the		
CAMHD Credentialin			
	ician is not allowed to provide		
	r credentialed clinician prior to		
being approved by the	CAMHD Credentialing		
Committee			
	gy of submitting copies of		
primary source verific	cation documents to CAMHD		
	confidentiality of all information	on	
gathered during the ci	edentialing process		
	in current all documents that		
	and malpractice insurance.		
	CAMHD that the agency will		
	tialing Specialist back-up		` :
	the communication process		
between the Contracte			
Credentialing Special	ist and the Billing Specialist		
HUMAN RESOURCES PR			-
	o verify at least 2 employment	_	
	prior to start date of clinician; a	ıs	
applicable			
VERIFICATION OF EXPI	RED DOCUMENTS		<del> </del>
	would allow tracking of		
malpractice insurance			
	would allow tracking of license	98	
- Hacking system that	would allow tracking of ficelise		
A6798-B - CAMHD Pre-Delegation	Page 1 of 4	ı	TTACHMENT E
Assessment Tool Part 1-2-3 - 11 Jul	Lage ( OI 7	^	LIACHNENI E

Child and Adolescent Mental Health Division

## CAMHD Pre-Delegation Assessment Tool Part 1

#### Continuation

REQUIRED ELEMENTS	PRES	ENT
	YES	NO
AGENCY CREDENTIALING SPECIALIST		
Credentialing Specialist on staff		
Trained Credentialing back - up		
Presence of email address for Credentialing Specialist		
Telephone number for Credentialing Specialist		
INFORMATION SYSTEMS		
Credentialing Tracking Database		
Ability to query expiration dates documents &		
produce reports		
BILLING SYSTEMS		
Written communication system between the		
Credentialing Department and the Billing Department		
Written billing rejection troubleshooting manual		ļ
REPORTING REQUIREMENTS		
Monthly report templates on computer		
CREDENTIALING STAFF REVIEWS		
Established processes for Evaluation of Credentialing		
Specialist Performance yearly		

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Child and	Adolescent Mental Health	-Division

## CAMHD Pre-Delegation Assessment Tool Part 2 MHP and Paraprofessional Credential File Set Up

AGENCY NAME:	 	 		
DATE AUDITED:			_	
AUDITOR'S NAME:				

PRIMARY SOURCE DOCUMENTS	TABS FOR REQUIRE PRESENT IN 1	MENTS
	YES	NO
Copy of Attestation letter sent to CAMHD on file		
Original Background Verification Application on file		
Original Transcript or Education Verification on file		•
Original Hawaii Justice Center Check printout or letter on file		
Original CAN check results on file		
TOTAL SCORE		

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Child and Adolescent Mental	l Health I	Divisior
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## CAMHD Pre-Delegation Assessment Tool Part 3 Licensed Providers Credential File Set Up

PROVIDER NAME:	,
DATE AUDITED:	
AUDITOR'S NAME:	

	TABS FO	RTHESE
PRIMARY SOURCE DOCUMENTS		EMENTS
	PRESENT IN	THE CHART?
	YES	NO
Copy of Attestation letter sent to CAMHD on		
file		
Original Credentialing Application		
Original Dated Resume		
Original Transcript / or letter verifying		
education		
Original Residency Verification or		
Original Internship Verification or		
Original Fellowship Verification		
Original ECMFG Verification; as applicable		
Copy of submitted DEA certificate		
Copy of submitted State certificate		
Original current malpractice coverage		
verification		
Original prior malpractice coverage No		
Claims verification		
Original DCCA license verification		
Original other state license verification		
Original Medicare / Medicaid Sanction		
verification		
Original Hawaii Justice Center Check		
Original NPDB verification (for MDs, PHDs,		
PsyDs, Dos and APRNs)		
Original CAN check results		
Original Board Verification		
Original letter of good standing from hospital		
TOTAL SCORE		

A6798-B - CAMHD Pre-Delegation	Page 4 of 4	ATTACHMENT B
Assessment Tool Part 1-2-3 - 11 Jul		_
2003.doc Revised 3/06		

## CAMHD LICENSED PROVIDER INITIAL CREDENTIALING CHECKLIST

PROV	IDER N	AME:	· · ·		_	
PROV	IDER A	GENCY NAME:				
PROV	TDER I.	D.		•	_	
(Be ver	ry specif c names	B FUNCTION: ic and do not use such as apist, etc.)			<del>-</del> 	
(List al under provid	ll possible the direction age					
LEVE	LS OF C	ARE:			_	
1	ATTES	STATION				
		Attestation by Agend source verifications and Date:  Within 180 days of 0	are kept in the Agen	cy Credentialing F	als of primary File	
2		OF HAWAII LIC		· · · · · · · · · · · · · · · · · · ·		
		Date of Verification: Verification within 1 Expiration date: Name and dated sign	80 days of CAMHI	review and appro	oval	
3	CAMH	D CREDENTIALI	NG APPLICATIO	N		
		Date of Affirmation Signature within 180		eview and approve	al ed on next page)	
A6798-C	Revised 3	/06	1 of 6		ATTACHMENT C	

•	PHYSICAL / MENTAL HEALTH STATEMENT:  Health Status Question answered	
	☐ If negative answer, letter of explanation attached.	
	If negative answer, letter from CAMHD Agency attached.	•
	SUBSTANCE ABUSE QUESTION:	
	Substance Abuse Question answered	
	If negative answer, letter of explanation from applicant attached.  If negative answer, letter from CAMHD Agency attached.	
	LOSS OF LICENSE / FELONY CONVICTION QUESTION:	
	Loss of License / Felony Conviction Question answered	
	If negative answer, letter of explanation from applicant attached.  If negative answer, letter from CAMHD Agency attached.	
	LOSS / LIMITATION OF PRIVILEGES QUESTION:	
	Loss / Limitation of privileges question answered	
	If negative answer, letter of explanation from applicant attached.	
	If negative answer, letter from CAMHD Agency attached.	
4	RESUME	
-	Date Prepared:	
	☐ Within 180 days of CAMHD review and approval	
	Gaps over 6 months within the past 5 years? State	
	dates:  Letter of explanation attached	
<u>-</u>		
5	EDUCATION	
	Date of Verification:	
	Within 180 days of CAMHD review and approval if using Board Verification as method of verification	
	Within 180 days of CAMHD review and approval if using Board	
	<ul> <li>□ Within 180 days of CAMHD review and approval if using Board Verification as method of verification</li> <li>□ Received directly from the University or telephone verification – no time limit</li> <li>□ Highest Applicable Degree obtained:</li> </ul>	
	<ul> <li>■ Within 180 days of CAMHD review and approval if using Board Verification as method of verification</li> <li>■ Received directly from the University or telephone verification – no time limit</li> </ul>	
6	<ul> <li>Within 180 days of CAMHD review and approval if using Board Verification as method of verification</li> <li>Received directly from the University or telephone verification − no time limit</li> <li>Highest Applicable Degree obtained:</li> </ul>	
6	<ul> <li>□ Within 180 days of CAMHD review and approval if using Board Verification as method of verification</li> <li>□ Received directly from the University or telephone verification – no time limit</li> <li>□ Highest Applicable Degree obtained:</li> <li>□ Date conferred:</li> </ul>	
6	<ul> <li>□ Within 180 days of CAMHD review and approval if using Board Verification as method of verification</li> <li>□ Received directly from the University or telephone verification – no time limit</li> <li>□ Highest Applicable Degree obtained:</li> <li>□ Date conferred:</li> <li>□ ECFMG (If M.D., foreign graduate and licensed after 1986)</li> </ul>	

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				tificate attached	
10	CON			ANCE - DEA (For M.D.'s on	y)
				tificate attached	
9	CON	TROLLED S	SUBSTA	ANCE - STATE (For M.D.'s	only)
		Copy of Cer	rtificatio	on from ACGME	
	IF RI	ECENTLY C	OMPL	ETED ACGME TRAINING	
		0	AMA ABN Spec AMI	A Physician Master File A Physician Master File AS Official Directory of Board cialists through the ABMS Cert BS Certifax service and the onl v.boardcertifieddocs.com	iFACTS Online, the
				rom ABPN or	
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				Date of Certification: Psychiatry	
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## CAMHD LICENSED PROVIDER INITIAL CREDENTIALING CHECKLIST

□ Date of Verification: □ Verification within 180 days of CAMHD review and approval □ Expiration Date: □ Verification issued to agency □ Received directly from the insurer □ Provider name stated on letter □ 1 mil / 3 mil aggregate coverage     MALPRACTICE NO CLAIMS VERIFICATION (Query ALL insurances within the past 10 years)   For Current Insurance:   Policy #:   □ Date of Verification:   □ Verification within 180 days of CAMHD review and approval   Verification issued to agency   Received directly from the insurer   Provider name stated on letter   NO CLAIMS verified    Prior Insurance:   Policy #:   □ Date of Verification:   □ Verification within 180 days of CAMHD review and approval   Verification within 180 days of CAMHD review and approval   Verification within 180 days of CAMHD review and approval   Verification issued to agency   Received directly from the insurer   Provider name stated on letter   NO CLAIMS verified    NPDB (only for MDs. PHDs, PSYDs, DOs, APRNs)   □ Date of Verification:   □ Verification within 180 days of CAMHD review and approval   Received directly NPDB or verified with NPDB by a third party verification service such as HCVS   No records found. If record found, do letters below		Insurance: Policy #:
Userification within 180 days of CAMHD review and approval Expiration Date: Uverification issued to agency Received directly from the insurer Provider name stated on letter I mil / 3 mil aggregate coverage    MALPRACTICE NO CLAIMS VERIFICATION (Query ALL insurances within the past 10 years)   For Current Insurance: Policy #:  Date of Verification: Verification within 180 days of CAMHD review and approval Verification issued to agency Received directly from the insurer Provider name stated on letter NO CLAIMS verified    Prior Insurance: Policy #: Date of Verification: Verification within 180 days of CAMHD review and approval Verification within 180 days of CAMHD review and approval Verification issued to agency Received directly from the insurer   Policy #:   Date of Verification:   Verification issued to agency   Received directly from the insurer   Provider name stated on letter   NO CLAIMS verified    NPDB (only for MDs. PHDs, PSYDs, DOs, APRNs)   Date of Verification:   Verification within 180 days of CAMHD review and approval   Received directly NPDB or verified with NPDB by a third party verification service such as HCVS   No records found. If record found, do letters below		I viicy ii.
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□ Provider name stated on letter   □ 1 mil / 3 mil aggregate coverage		☐ Verification issued to agency
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Courrent Insurances within the past 10 years)	12	MALPRACTICE NO CLAIMS VERIFICATION
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Date of Verification:  Verification within 180 days of CAMHD review and approval  Verification issued to agency  Received directly from the insurer  Provider name stated on letter  NO CLAIMS verified  NPDB (only for MDs. PHDs, PSYDs, DOs, APRNs)  Date of Verification:  Verification within 180 days of CAMHD review and approval  Received directly NPDB or verified with NPDB by a third party verification service such as HCVS  No records found. If record found, do letters below		Prior Insurance:
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NO CLAIMS verified  NPDB (only for MDs. PHDs, PSYDs, DOs, APRNs)  Date of Verification: Verification within 180 days of CAMHD review and approval Received directly NPDB or verified with NPDB by a third party verification service such as HCVS No records found. If record found, do letters below		=
NPDB (only for MDs. PHDs, PSYDs, DOs, APRNs)  Date of Verification: Verification within 180 days of CAMHD review and approval Received directly NPDB or verified with NPDB by a third party verification service such as HCVS No records found. If record found, do letters below		
□ Date of Verification: □ Verification within 180 days of CAMHD review and approval □ Received directly NPDB or verified with NPDB by a third party verification service such as HCVS □ No records found. If record found, do letters below	13	
<ul> <li>□ Verification within 180 days of CAMHD review and approval</li> <li>□ Received directly NPDB or verified with NPDB by a third party verification service such as HCVS</li> <li>□ No records found. If record found, do letters below</li> </ul>		
Received directly NPDB or verified with NPDB by a third party verification service such as HCVS  No records found. If record found, do letters below		
verification service such as HCVS  No records found. If record found, do letters below		
		No records found. If record found, do letters below
Letters of explanation from employee and supervisor are present  6798-C Revised 3/06  4 of 6  ATTACHMENT		Letters of explanation from employee and supervisor are present

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# CAMHD LICENSED PROVIDER INITIAL CREDENTIALING CHECKLIST

14	STATE OF HAWAII LICENSE SANCTIONS AND COMPLAINTS HISTORY	
	Date of Verification:	
	Verification within 180 days of CAMHD review and approval	
	Prior complaints verified, printout present	
	All pages contain name and dated signature of person conducting the	
	query	
15	MEDICARE / MEDICAID SANCTION	
	Date of Verification:	
	☐ Verification within 180 days of CAMHD review approval	*
	□ No records found	
	Name and dated signature of person conducting the query	
16	OTHER STATE LICENSES VERIFICATION	
	Name of State:	
	Date of Verification:	
	Verification within 180 days of CAMHD review and approval	
	Status: Active Inactive	
	Expiration date:	
	Prior complaints verified, printout present	
	All pages contain name and dated signature of person conducting the	
	query	
17	LETTER OF GOOD STANDING FROM HOSPITALS WITH CURRENT PRIVILEGES	
	Name of Hospital:	
	Date of Verification:	
	☐ Verification within 180 days months of CAMHD approval	
18	HAWAII JUSTICE CENTER CHECK	
	□ Date of Verification:	
	☐ Verification within 180 days of CAMHD review and approval	
	No records found printout signed & dated by person conducting query	
	If record found, a complete printout is present with each page signed & dated by person conducting query	
	Letters of explanation from employee and supervisor are present	
	Pervised 3/06 5 of 6 ATTACHMENT C	<b>_</b>

# CAMHD LICENSED PROVIDER INITIAL CREDENTIALING CHECKLIST

19	CHII	LD ABUSE & NEGLECT	CHECKS		
		Date of Verification:			
		Verification within 180 da			
		No records found	•		
i		If record found, letters of	explanation fro	om employee and super	visor are
		present	_		
		Consent to release informa	ation from Chi	ld Protective Services s	submitted
20	PRO	IBINED SENTINEL, GRII VIDERS, AND MEDICALI laints, performance issues, c (HD to complete)	D DATABAS	E CHECK for reported	l incidents,
		Database checked for a na	me match		
		Date checked:			
		No name match found.			
		If name match found, copy	y of report atta	ched for committee rev	riew
21	INIT	IAL ONSITE AUDIT (to b	e completed	by CAMHD)	
		Date Conducted:			
	🗟	Within 1 year of CAMHD		nroval	
İ		Score of 80 or higher?			•
docum Credei	ents to	ned credentialing staff has ensure that they are in acc Requirements. This file is I for presentation to the Ca	cordance to tl s found to be	ne established CAMHI in compliance with th	D Licensed Provider e requirements and is
CAME	ID CR	EDENTIALING STAFF		DATE	
		THE ABOVE PRIMARY S THE FOLLOWING DECIS		RIFICATIONS THE	COMMITTEE HAS
□ AJ	PPROV	ED FULL CREDENTIAL	STATUS fre	om	to
	See Of	ficial letter.			
		ED – see letter requesting – see letter stating reason		iormauon.	
CAME	ID CR	EDENTIALING CMTE. C	CHAIR	DATE	
A6798-C	Revised	3/06	6 of 6	ATTA	ACHMENT C

# CAMHD MHP & PARAPROFESSIONAL INITIAL BACKGROUND VERIFICATION CHECKLIST

PROV	TDER	NAME:
PROV	IDER	AGENCY NAME:
PROV	IDER	I.D.
LEVE	LS OF	F CARE:
	•	
1	ATT	ESTATION
		A the state of the A new on Condensioning Specialist that originals of primary
		Attestation by Agency Credentialing Specialist that originals of primary source verifications are kept in the Agency Credentialing File
		Date:
		Signature within 180 days of CAMHD review and approval.
	<u> </u>	•
2	BAC	KGROUND VERIFICATION APPLICATION
		Date of Affirmation signature:
		Signature within 180 days of CAMHD review and approval
		Restrictive Action Questions answered
		If negative answer, letter of explanation attached.
		Health Status Question answered
		If negative answer, letter of explanation attached.
		Work Experience completed & Resume attached
3	EDU	ICATION
		Date of Verification:
		Received directly from the University or telephone verification – no time
		limit
		Highest Applicable Degree obtained:
		Date conferred: ENSE VERIFICATION
4	LIC.	Submit a copy of any license the applicant has (ex. RN, LPN, LSW, etc)
	relat	ive to their position/job.
5		VAII JUSTICE CENTER CHECK
		Date of Verification:
		Verification within 180 days of CAMHD review and approval
		No records found printout signed & dated by person conducting query
		If record found, a complete printout, signed & dated is present
		Letters of explanation from employee and supervisor are present
A6798	-D Re	vised 3/06 1 of 2 ATTACHMENT D

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## CAMHD MHP & PARAPROFESSIONAL INITIAL BACKGROUND VERIFICATION CHECKLIST

6	CHI	LD ABUSE & NEGLECT CHECKS	
		Date of Verification:	
		Verification within 180 days of CAMHD approval	
		No records found	
		If record found, letters of explanation from employee and supervisor are present	
	П	Consent to release information from Child Protective Services submitted	
7	PRO incid	IBINED SENTINEL, GRIEVANCE, CAMHD QUESTIONABLE VIDERS, AND MEDICAID DATABASE CHECK for reported ents, complaints, performance issues, child abuse case, and Medicaid ion – for CAMHD to complete	
		Database checked for a name match	
		Date checked:	
		No name match found.	
		If name match found, copy of report attached for committee review	
		irements and is recommended for presentation to the CAMHD Credentin	ompliance ialing
Comm	ittee o		ialing
CAMH BASEI GRAN	ID CR D ON TITED T	EDENTIALING STAFF  DATE  THE ABOVE PRIMARY SOURCE VERIFICATIONS THE COMMITTED FOLLOWING DECISION:  VED FULL APPROVAL STATUS from	TEE HAS
CAME  BASEI GRAN  AH	ID CR D ON TITED TO See Of EFERH	EDENTIALING STAFF  THE ABOVE PRIMARY SOURCE VERIFICATIONS THE COMMITTER FOLLOWING DECISION:  VED FULL APPROVAL STATUS from	TEE HAS
CAME  BASEI GRAN  AI	ID CR D ON TITED TO See OF EFERHED	EDENTIALING STAFF  DATE  THE ABOVE PRIMARY SOURCE VERIFICATIONS THE COMMITTED FOLLOWING DECISION:  VED FULL APPROVAL STATUS from	TEE HAS
CAME  BASEI GRAN  AH  DH  CAME	ID CR D ON TITED TO See Of EFERHENIED	EDENTIALING STAFF  THE ABOVE PRIMARY SOURCE VERIFICATIONS THE COMMITTHE FOLLOWING DECISION:  VED FULL APPROVAL STATUS from	TEE HAS

# CAMHD LICENSED PROVIDER RE-CREDENTIALING CHECKLIST

PROVIDER I.D.  SPECIFIC JOB FUNCTION: (Be very specific and do not use generic names such as counselor, therapist, etc.)  SERVICE SITE ADDRESS: (List all possible service sites under the direct control of the provider or agency)  LEVELS OF CARE:  1 ATTESTATION  1 Attestation by Agency Credentialing Specialist that originals of prima source verifications are kept in the Agency Credentialing File 1 Date: 1 Within 180 days of CAMHD review and approval  2 STATE OF HAWAII LICENSE VERIFICATION 1 Date of Verification: 2 Verification within 180 days of CAMHD review and approval 3 CAMHD CREDENTIALING APPLICATION  1 Date of Affirmation signature:  2 Date of Affirmation signature:	<del></del>		DER NAME:	PROV
SPECIFIC JOB FUNCTION:  (Be very specific and do not use generic names such as counselor, therapist, etc.)  SERVICE SITE ADDRESS: (List all possible service sites under the direct control of the provider or agency)  LEVELS OF CARE:  1 ATTESTATION  1 Attestation by Agency Credentialing Specialist that originals of prima source verifications are kept in the Agency Credentialing File 1 Date: 1 Within 180 days of CAMHD review and approval  2 STATE OF HAWAII LICENSE VERIFICATION 1 Date of Verification: 2 Verification within 180 days of CAMHD review and approval 3 Expiration date: 3 Name and dated signature of person conducting the query  3 CAMHD CREDENTIALING APPLICATION  1 Date of Affirmation signature:			DER AGENCY NAME:	PROV
(Be very specific and do not use generic names such as counselor, therapist, etc.)  SERVICE SITE ADDRESS: (List all possible service sites under the direct control of the provider or agency)  LEVELS OF CARE:  1 ATTESTATION  Attestation by Agency Credentialing Specialist that originals of prima source verifications are kept in the Agency Credentialing File  Date:  Within 180 days of CAMHD review and approval  STATE OF HAWAII LICENSE VERIFICATION  Date of Verification:  Verification within 180 days of CAMHD review and approval  Expiration date:  Name and dated signature of person conducting the query  3 CAMHD CREDENTIALING APPLICATION  Date of Affirmation signature:			DER I.D.	PROV
(List all possible service sites under the direct control of the provider or agency)  LEVELS OF CARE:  1 ATTESTATION  1 Attestation by Agency Credentialing Specialist that originals of prima source verifications are kept in the Agency Credentialing File  1 Date:  1 Date:  1 Date:  2 STATE OF HAWAII LICENSE VERIFICATION  2 Date of Verification:  3 Verification within 180 days of CAMHD review and approval  4 Expiration date:  5 Name and dated signature of person conducting the query  3 CAMHD CREDENTIALING APPLICATION  5 Date of Affirmation signature:			specific and do not use names such as	(Be ver generic
1 ATTESTATION  Attestation by Agency Credentialing Specialist that originals of prima source verifications are kept in the Agency Credentialing File  Date: Within 180 days of CAMHD review and approval  STATE OF HAWAII LICENSE VERIFICATION  Date of Verification: Verification within 180 days of CAMHD review and approval Expiration date: Name and dated signature of person conducting the query  3 CAMHD CREDENTIALING APPLICATION  Date of Affirmation signature:			possible service sites e direct control of the	(List al
Attestation by Agency Credentialing Specialist that originals of prima source verifications are kept in the Agency Credentialing File  Date: Within 180 days of CAMHD review and approval  STATE OF HAWAII LICENSE VERIFICATION  Date of Verification: Verification within 180 days of CAMHD review and approval Expiration date: Name and dated signature of person conducting the query  CAMHD CREDENTIALING APPLICATION  Date of Affirmation signature:		<u>.</u>	S OF CARE:	LEVE
source verifications are kept in the Agency Credentialing File  Date:  Within 180 days of CAMHD review and approval  STATE OF HAWAII LICENSE VERIFICATION  Date of Verification:  Verification within 180 days of CAMHD review and approval  Expiration date:  Name and dated signature of person conducting the query  CAMHD CREDENTIALING APPLICATION  Date of Affirmation signature:			ATTESTATION	1
Date of Verification: Verification within 180 days of CAMHD review and approval Expiration date: Name and dated signature of person conducting the query  CAMHD CREDENTIALING APPLICATION  Date of Affirmation signature:		re kept in the Agency Credentialing F	source verifications  Date:	
Date of Verification:		ENSE VERIFICATION	STATE OF HAWAII LIC	2
Date of Affirmation signature:		80 days of CAMHD review and appro	Date of Verification: Verification within 1 Expiration date:	-
		NG APPLICATION	CAMHD CREDENTIALI	3
Signature within 180 days of CAMHD review and approval  (Continued on next pa		days of CAMHD review and approve		
	ATTACHMENT E		evised 3/06	A6798-E

## CAMHD LICENSED PROVIDER RE-CREDENTIALING CHECKLIST

Health Status Question answered  If negative answer, letter of explanation attached.  If negative answer, letter from CAMHD Agency attached.  TANCE ABUSE QUESTION:  Substance Abuse Question answered  If negative answer, letter of explanation from applicant attached.  If negative answer, letter from CAMHD Agency attached.  OF LICENSE / FELONY CONVICTION QUESTION:  Loss of License / Felony Conviction Question answered  If negative answer, letter of explanation from applicant attached.  If negative answer, letter from CAMHD Agency attached.  / LIMITATION OF PRIVILEGES QUESTION:  Loss / Limitation of privileges question answered  If negative answer, letter of explanation from applicant attached.  If negative answer, letter from CAMHD Agency attached.  Within 180 days of CAMHD review and approval
If negative answer, letter from CAMHD Agency attached.  TANCE ABUSE QUESTION: Substance Abuse Question answered If negative answer, letter of explanation from applicant attached. If negative answer, letter from CAMHD Agency attached.  OF LICENSE / FELONY CONVICTION QUESTION: Loss of License / Felony Conviction Question answered If negative answer, letter of explanation from applicant attached. If negative answer, letter from CAMHD Agency attached.  / LIMITATION OF PRIVILEGES QUESTION: Loss / Limitation of privileges question answered If negative answer, letter of explanation from applicant attached. If negative answer, letter from CAMHD Agency attached.  ME  Date Prepared: Within 180 days of CAMHD review and approval
TANCE ABUSE QUESTION:  Substance Abuse Question answered  If negative answer, letter of explanation from applicant attached.  If negative answer, letter from CAMHD Agency attached.  OF LICENSE / FELONY CONVICTION QUESTION:  Loss of License / Felony Conviction Question answered  If negative answer, letter of explanation from applicant attached.  If negative answer, letter from CAMHD Agency attached.  / LIMITATION OF PRIVILEGES QUESTION:  Loss / Limitation of privileges question answered  If negative answer, letter of explanation from applicant attached.  If negative answer, letter from CAMHD Agency attached.  ME  Date Prepared:  Within 180 days of CAMHD review and approval
Substance Abuse Question answered  If negative answer, letter of explanation from applicant attached.  If negative answer, letter from CAMHD Agency attached.  OF LICENSE / FELONY CONVICTION QUESTION:  Loss of License / Felony Conviction Question answered  If negative answer, letter of explanation from applicant attached.  If negative answer, letter from CAMHD Agency attached.  / LIMITATION OF PRIVILEGES QUESTION:  Loss / Limitation of privileges question answered  If negative answer, letter of explanation from applicant attached.  If negative answer, letter from CAMHD Agency attached.  ME  Date Prepared:  Within 180 days of CAMHD review and approval
If negative answer, letter of explanation from applicant attached.  If negative answer, letter from CAMHD Agency attached.  OF LICENSE / FELONY CONVICTION QUESTION:  Loss of License / Felony Conviction Question answered  If negative answer, letter of explanation from applicant attached.  If negative answer, letter from CAMHD Agency attached.  / LIMITATION OF PRIVILEGES QUESTION:  Loss / Limitation of privileges question answered  If negative answer, letter of explanation from applicant attached.  If negative answer, letter from CAMHD Agency attached.  ME  Date Prepared:  Within 180 days of CAMHD review and approval
If negative answer, letter from CAMHD Agency attached.  OF LICENSE / FELONY CONVICTION QUESTION: Loss of License / Felony Conviction Question answered If negative answer, letter of explanation from applicant attached.  If negative answer, letter from CAMHD Agency attached.  / LIMITATION OF PRIVILEGES QUESTION: Loss / Limitation of privileges question answered If negative answer, letter of explanation from applicant attached.  If negative answer, letter from CAMHD Agency attached.  ME  Date Prepared: Within 180 days of CAMHD review and approval
If negative answer, letter from CAMHD Agency attached.  OF LICENSE / FELONY CONVICTION QUESTION: Loss of License / Felony Conviction Question answered If negative answer, letter of explanation from applicant attached.  If negative answer, letter from CAMHD Agency attached.  / LIMITATION OF PRIVILEGES QUESTION: Loss / Limitation of privileges question answered If negative answer, letter of explanation from applicant attached.  If negative answer, letter from CAMHD Agency attached.  ME  Date Prepared: Within 180 days of CAMHD review and approval
Loss of License / Felony Conviction Question answered If negative answer, letter of explanation from applicant attached. If negative answer, letter from CAMHD Agency attached.  / LIMITATION OF PRIVILEGES QUESTION: Loss / Limitation of privileges question answered If negative answer, letter of explanation from applicant attached. If negative answer, letter from CAMHD Agency attached.  ME  Date Prepared: Within 180 days of CAMHD review and approval
If negative answer, letter of explanation from applicant attached.  If negative answer, letter from CAMHD Agency attached.  / LIMITATION OF PRIVILEGES QUESTION:  Loss / Limitation of privileges question answered  If negative answer, letter of explanation from applicant attached.  If negative answer, letter from CAMHD Agency attached.  ME  Date Prepared:  Within 180 days of CAMHD review and approval
If negative answer, letter of explanation from applicant attached.  If negative answer, letter from CAMHD Agency attached.  / LIMITATION OF PRIVILEGES QUESTION:  Loss / Limitation of privileges question answered  If negative answer, letter of explanation from applicant attached.  If negative answer, letter from CAMHD Agency attached.  ME  Date Prepared:  Within 180 days of CAMHD review and approval
If negative answer, letter from CAMHD Agency attached.  / LIMITATION OF PRIVILEGES QUESTION:  Loss / Limitation of privileges question answered  If negative answer, letter of explanation from applicant attached.  If negative answer, letter from CAMHD Agency attached.    ME
Loss / Limitation of privileges question answered  If negative answer, letter of explanation from applicant attached.  If negative answer, letter from CAMHD Agency attached.  ME  Date Prepared:  Within 180 days of CAMHD review and approval
Loss / Limitation of privileges question answered  If negative answer, letter of explanation from applicant attached.  If negative answer, letter from CAMHD Agency attached.  ME  Date Prepared:  Within 180 days of CAMHD review and approval
If negative answer, letter of explanation from applicant attached.  If negative answer, letter from CAMHD Agency attached.  ME  Date Prepared:  Within 180 days of CAMHD review and approval
If negative answer, letter from CAMHD Agency attached.  ME  Date Prepared:  Within 180 days of CAMHD review and approval
ME  Date Prepared:  Within 180 days of CAMHD review and approval
Date Prepared:
Within 180 days of CAMHD review and approval
·
0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0
Gaps over 6 months with past 5 years? State dates:
Letter of explanation attached
CATION (if obtained higher education than previously credentialed)
Date of Verification:
Within 180 days of CAMHD review and approval if using Board
Verification as method of verification
Received directly from the University or telephone verification - no time
limit
Highest Applicable Degree obtained:
Date conferred:

## CAMHD LICENSED PROVIDER RE-CREDENTIALING CHECKLIST

	ABPN	N Boards:		Child / Adolescent Psychiatry
				Date of Certification:
				Date of Certification:
				Other:
				Other: Date of Certification:
		Date of Ver	ification	1:
		Verification	within	180 days of CAMHD approval
				rom ABPN or
			A () 4	A Physician Master File
				A Physician Master File
				AS Official Directory of Board Certified Medical
		_		ialists through the ABMS CertiFACTS Online, the
				BS Certifax service and the online subscription service,
			wwv	v.boardcertifieddocs.com
	IF RE	CENTLY C	OMPL	ETED ACGME TRAINING:
		Copy of Ce	rtificatio	on from ACGME
7	CON	TROLLED S	SUBSTA	ANCE - STATE (For M.D.'s only)
		Copy of cur	rent cer	tificate attached
		Expiration 1	Date:	
8	CON	TROLLED S	SUBSTA	ANCE - DEA (For M.D.'s only)
		Copy of cur	тепt cer	tificate attached
	15	Expiration I		
9	CURI			ICE INSURANCE COVERAGE
	Incum	anga.		
	_ '	· · · · · · · · · · · · · · · · · · ·		
		Date of Ver		
				180 days of CAMHD review and approval
		_		
		Verification		
				om the insurer
		Provider na	me state	d on letter
				ate coverage

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# CAMHD LICENSED PROVIDER RE-CREDENTIALING CHECKLIST

10	MALPRACTICE NO CLAIMS VERIFICATION
	(Query ALL insurances within the past 10 years)
	For Current Insurance:
	Policy #:
	Date of Verification:
İ	☐ Verification within 180 days of CAMHD review and approval
	☐ Verification issued to agency
	Received directly from the insurer
	Provider name stated on letter
	NO CLAIMS verified
	(Query ALL other insurances held since last credentialed)
	Other Insurance:
	Policy #:
	Date of Verification:
	☐ Verification within 180 days of CAMHD review and approval
	Verification issued to agency
	Received directly from the insurer
	Provider name stated on letter
	NO CLAIMS verified
11	NPDB (only for MDs. PHDs, PSYDs, DOs, APRNs)
**	(one) 101 1120, 1120, 200, 200, 1212 (o)
	Date of Verification:
	Verification within 180 days of CAMHD review and approval
	Received directly NPDB or verified with NPDB by a third party
	verification service such as HCVS
	No records found. If record found, do letters below
	Letters of explanation from employee and supervisor are present
12	STATE OF HAWAII LICENSE SANCTIONS AND COMPLAINTS
12	HISTORY
	Date of Verification:
	Verification within 180 days of CAMHD review and approval
	Prior complaints verified, printout present
	All pages contain name and dated signature of person conducting the
	query
L	l

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ATTACHMENT E

-CAMHD LICENSED PROVIDER
RE-CREDENTIALING CHECKLIST

		Date of Verification:	i
		Verification within 180 days of CAMHD review approval	
		No records found	
		Name and dated signature of person conducting the query	
14	OTI	HER STATE LICENSES VERIFICATION	
		Name of State:	
		Date of Verification:	
		Verification within 180 days of CAMHD review and approval	
		Status:ActiveInactive	
		Expiration date:	
		Prior complaints verified, printout present	
		All pages contain name and dated signature of person conducting the query	
		1	
5	1	TER OF GOOD STANDING FROM HOSPITALS WITH CURRENT	
	PRI	VILEGES  Name of Hospital:	
		Date of Verification:	
		Verification within 180 days months of CAMHD approval	
16	HAV	WAII JUSTICE CENTER CHECK	
		Date of Verification:	
		Verification within 180 days of CAMHD review and approval	
		No records found printout signed &dated by person conducting query	
		If record found, a complete printout, with each page signed & dated is present	
		Letters of explanation from employee and supervisor are present	
7	CHI	LD ABUSE & NEGLECT CHECKS	
		Date of Verification:	
		Verification within 180 days of CAMHD approval	
		No records found	
		If record found, letters of explanation from employee and supervisor are present	
		Consent to release information from Child Protective Services submitted	

# CAMHD LICENSED PROVIDER RE-CREDENTIALING CHECKLIST

nsure that they are in accordance t	attached for committee review  ted by CAMHD)  ad approval  all of the submitted copies of primary source to the established CAMHD Licensed Provider be in compliance with the requirements and is
Date checked:  No name match found.  If name match found, copy of report  AL ONSITE AUDIT (to be complet  Date Conducted:  Within 1 year of CAMHD review an  Score of 80 or higher?  ed credentialing staff has reviewed  nsure that they are in accordance to  Requirements. This file is found to	attached for committee review  ted by CAMHD)  ad approval  all of the submitted copies of primary source to the established CAMHD Licensed Provider be in compliance with the requirements and is
No name match found.  If name match found, copy of report  AL ONSITE AUDIT (to be completed)  Date Conducted:  Within 1 year of CAMHD review and Score of 80 or higher?  ed credentialing staff has reviewed insure that they are in accordance to Requirements. This file is found to	attached for committee review  ted by CAMHD)  ad approval  all of the submitted copies of primary source to the established CAMHD Licensed Provider be in compliance with the requirements and is
Date Conducted:  Within 1 year of CAMHD review an Score of 80 or higher?  ed credentialing staff has reviewed nsure that they are in accordance to Requirements. This file is found to	all of the submitted copies of primary source to the established CAMHD Licensed Provider be in compliance with the requirements and is
Date Conducted:	all of the submitted copies of primary source to the established CAMHD Licensed Provider be in compliance with the requirements and is
Within 1 year of CAMHD review an Score of 80 or higher?ed credentialing staff has reviewed nsure that they are in accordance to Requirements. This file is found to	all of the submitted copies of primary source to the established CAMHD Licensed Provider be in compliance with the requirements and is
Within 1 year of CAMHD review an Score of 80 or higher?ed credentialing staff has reviewed nsure that they are in accordance to Requirements. This file is found to	all of the submitted copies of primary source to the established CAMHD Licensed Provider be in compliance with the requirements and is
Score of 80 or higher?ed credentialing staff has reviewed nsure that they are in accordance to Requirements. This file is found to	all of the submitted copies of primary source to the established CAMHD Licensed Provider be in compliance with the requirements and is
nsure that they are in accordance t Requirements. This file is found to	to the established CAMHD Licensed Provider be in compliance with the requirements and is
	DATE VERIFICATIONS THE COMMITTEE HAS
IE FOLLOWING DECISION: ED FULL CREDENTIAL STATUS	S from to
cial letter. ZD – see letter requesting additiona see letter stating reason for denial	
DENTIALING CMTE. CHAIR	DATE
	I.
	ATTACHMENT E
	6 of 6

#### CAMHD MHP & PARAPROFESSIONAL BACKGROUND REVERIFICATION CHECKLIST

	R AGENCY NAME:
ROVIDE	R I.D
EVELS (	OF CARE:
1 A7	TESTATION
	Attestation by Agency Credentialing Specialist that originals of primary source verifications are kept in the Agency Credentialing File
	Date:
	Signature within 180 days of CAMHD review and approval.
l —	CKGROUND VERIFICATION APPLICATION
	Date of Affirmation signature:
	Signature within 180 days of CAMHD review and approval
	Restrictive Action Questions answered
	If negative answer, letter of explanation attached.
	Health Status Question answered
	If negative answer, letter of explanation attached.
	Updated Resume/work experience
3 ED	UCATION (If obtained higher education than previously verified)
	Date of Verification:
	Received directly from the University or telephone verification
	Highest Applicable Degree obtained:
	Date conferred:
	CENSE VERIFICATION
	* Submit a copy of any license the applicant has (ex. RN, LPN, LSW, etc)
	ative to their position/job. WAII JUSTICE CENTER CHECK
5 HA	
	Date of Verification:
	Verification within 180 days of CAMHD review and approval
	No records found printout signed & dated by person conducting query
	If record found, a complete printout, each page signed & dated is present
	Letters of explanation from employee and supervisor are present
6709. IF ID.	evised 3/06 1 of 2 ATTACHMENT F
0/20 <b>-</b> F <b>K</b> (	7VISCU 5/VU 1 01 2 ATTACHMENT F

# CAMHD MHP & PARAPROFESSIONAL BACKGROUND REVERIFICATION CHECKLIST

	LD ABUSE & NEGLECT CHECKS	
	Date of Verification:	
	Verification within 180 days of CAMHD approval	
	No records found	•
	If record found, letters of explanation from employee and supervisor are present	
	Consent to release information from Child Protective Services submitted	
PRO	MBINED SENTINEL, GRIEVANCE, CAMHD QUESTIONABLE OVIDER, AND MEDICAID DATABASE CHECK be completed by CAMHD Credentialing Department)	
	Database checked for a name match	
	Date checked:	
	No name match found	
	If name match found, copy of report attached for committee review	
BASED ON	EDENTIALING STAFF DATE  THE ABOVE PRIMARY SOURCE VERIFICATIONS THE COMMITTEE THE FOLLOWING DECISION:	HAS
	VED FULL APPROVAL STATUS from to to	
□ DEFERI	••••	
	RED – see letter requesting additional information.	
□ DENIED	RED – see letter requesting additional information.	
□ DENIED	RED – see letter requesting additional information.  - see letter stating reason for denial.  EDENTIALING CMTE. CHAIR  DATE	

#### AGENCY NAME 2004 CAMHD DELEGATION AUDIT AGENCY CREDENTIALING SYSTEM DATE OF AUDIT

REQUIREMENT	POSSIBLE POINTS	AGENCY SCORE
Existence of an agency Delegation P&P that reflects the	2	
CAMHD Delegated Primary Source Verification P&P	:	
Existence of an agency Initial Credentialing of Licensed Healthcare Professionals P&P that reflects the CAMHD initial credentialing of licensed professional P&P	2	•
Existence of an agency Re-Credentialing of Licensed Healthcare Professionals P&P that reflects the CAMHD re-credentialing of licensed professional P&P	2	
Existence of an agency Initial Background Verification and Re-Verification of Unlicensed Mental Health Professional and paraprofessional policy and procedure that reflects the CAMHD initial background verification and re-verification of unlicensed mental health professional and paraprofessional P&P.	2	
Required primary source verifications clearly listed in the 3 above policies	6	
The 3 Credentialing Policies clearly states that clinician is not allowed to treat CAMHD clients prior to being approved by the CAMHD Credentialing Committee	6	
The 3 Credentialing Policies clearly states the clinician is not allowed to provide supervision to another credentialed clinician prior to being approved by the CAMHD Credentialing Committee	6	
The 3 Credentialing Policies clearly states the methodology of submitting copies of primary source verification documents to CAMHD	6	
The 3 Credentialing Policies contains a statement ensuring confidentiality of all information gathered during the credentialing process	6	1
Initial Licensed Credentialing P&P and Re-Credentialing P&P includes a statement to maintain current all documents that expire such as license and malpractice insurance.	2	
Credentialing Policies includes a statement assuring CAMHD that the agency will have a trained Credentialing Specialist back-up	2	
Credentialing Policies include a statement outlining the communication process between the Contracted Provider Agency Credentialing Specialist and the Agency Billing Specialist	2	

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ATTACHMENT G

#### 

REQUIREMENT	POSSIBLE POINTS	AGENCY SCORE
The Credentialing P&Ps state that at least 2 employment		
references checks are conducted prior to start date of	2	
clinician; as applicable		
Credentialing P&Ps state that copy of current		
malpractice insurance (use the provider credential chart	2	
sample to check this) is maintained in the credentialing	۷	
files		
Credentialing P&Ps state that copy of current license to		
practice - either printout from DCCA website or copy of	2	
actual license card - is maintained in the credentialing	۷	
files.		· · · · · · · · · · · · · · · · · · ·
Agency has template used for CAMHD monthly		
reporting. All columns required for the monthly report	2	
are included in the template.		
Written communication system between the	3	·
Credentialing Department and the Billing Department		·
Written billing rejection troubleshooting manual	3	
Existence of a Credentialing Tracking Database	3	
Ability to query expiration dates documents & produce	3	
reports		·
Submitted Monthly Reports By the 15th of the month	12	9.4
(September 2003 to August 2004)		
Name of main Specialist:	3	
Trained back – up: NAME:	3	
Presence of email address for Credentialing Specialist	3	
Presence of email for back - up	3	
Telephone number for Credentialing Specialist	3	
Presence of telephone number for Back-up	3	
Methodology of evaluation of Credentialing Specialist		
Performance clearly outlined in the credentialing or HR		
policy and procedures.	3	
Credentialing Specialist Performance Evaluated since		
last Credentialing Audit (2003)	3	
TOTAL SCORES	100	
% OF COMPLIANCE WITH CREDENTIALING	0.000/	
DELEGATION SYSTEM REQUIREMENTS	0.00%	

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Page 2 of 2

ATTACHMENT G

# NAME OF AGENCY' 2006 CAMHD DELEGATION AUDIT FOR PRIMARY SOURCE VERIFICATION DOCUMENTS LICENSED PRACTITIONERS DATE OF AUDIT

FILE NUMBER	JF AUDIT	1	
FILE NAME	S ED CADACATIO	(李) 基础 (基本)	was a service of
REQUIREMENT	PSV Date	YES	NO
Copy of Attestation Letter			
Original Cred. App.			
Original Dated Resume			
Original Transcript / or			
letter verifying education			
Original Residency			
Verification or			
Original Internship			
Verification or			
Original Fellowship			
Verification		·	
Original ECMFG			
Verification; as applicable			
Copy of submitted DEA			
certificate			
Copy of submitted State			
certificate			
malpractice coverage			
verification			
Original prior malpractice			
coverage No Claims		İ	
verification			
Original DCCA license			
verification			
Original other state		İ	
license verification			
Original Medicare /			
Medicaid Sanction			1
verification			
Original Hawaii Justice		1	'
Center Check		ļ	
Original NPDB verification			
(for MDs, PHDs, PsyDs,			
Dos and APRNs)		ļ	
Original CAN check			
Original Board Verif			
Original letter of good			
standing from hospital		<u> </u>	
If RE-CREDENTIALING,			
timely re-credentialed?			
		0	0

A6798-H Delegation Audit Licensed Practitioners	
Revised 3/06	Page 1 of 1

ATTACHMENT H

**ATTACHMENT!** 

NAME OF AGENCY
2006 CAMHD DELEGATION AUDIT
FOR PRIMARY SOURCE VERIFICATION DOCUMENTS
UNLICENSED PRACTITIONERS
Date of Audit

FILE NUMBER		7			2	
FILE NAME		· · · · · · · · · · · · · · · · · · ·	· · · · · · · · · · · · · · · · · · ·			
REQUIREMENT	PSV Date	YES	ON	PSV Date	YES	ON ON
Copy of Attestation Letter						
Original Cred. Application			į			
Original Dated Resume						
Original Transcript / or			ŀ			
letter verifying education						
Original Hawaii Justice						
Center Check						
Original CAN check						
If RE-CREDENTIALING,						
timely re-credentialed						
		0	0		0	0

A6798-I Delegation Audit Unlicensed Practitioners Revised 3/06

#### Child and Adolescent Mental Health Division

## **Delegate Evaluation Scoring Compliance Scale**

Full Compliance	The Delegate is 95% - 100% in compliance with the standards	•	Delegation Agreement may be implemented
		•	An annual performance evaluation will be performed in one year
		•	A CAP may be suggested based on severity of recommendations.
Substantial Compliance	The Delegate is 85% - 94% in compliance with the standards	•	Delegation Agreement may be implemented
		•	An annual performance evaluation will be performed in on year. A corrective action plan will be implemented.
		•	A focus performance evaluation may be performed within six (6) months of receiving the recommendations from CAMHD
Minimal Compliance	The Delegate is 70% - 84% in compliance with the standards	•	A corrective action plan will be initiated by the delegate
		•	An on-site and/or desk review focused performance evaluation may be performed within three (3) to six (6) months of prior performance evaluation.
		•	The committee will determine the appropriate time frame for re-evaluation.
Non-Compliance	The Delegate is less than or equal to 69% in compliance with the	•	The committee will be notified of score and non-compliance with standards
	standard	•	An on-site will be conducted within three (3) months of prior performance evaluation.
		•	Committee will determine appropriate action
No Applicable	The standard does not apply to this Delegate at this time	•	N/A
		L	

A6798-J - Delegate Evaluation Scoring	Page 1 of 1	ATTACHMENT J
Compliance Scale - 18 Jul 03.doc		

**REFERENCE:** HRS; HI QUEST; QARI; HI State; Licensing Boards; CMSS; CAMHD QAIP; NCQA Standards for Credentialing & Re-credentialing: 42CFR; §438.12, § 438.200, § 438.204, § 438.206, § 438.214, §438.224; HSAG Audit Tool; HAR, Title 11, Department of Health, Chapter 98, Special Treatment Facilities

APPROVED:	
Signature on File	8/23/11
Administrator	Eff. Date

#### **PURPOSE**

The purpose of this policy is to assure that qualified mental health professionals through established minimum qualifications render services to CAMHD youth.

#### **DEFINITIONS**

See Glossary of Credentialing Terms (See Attachment A)

#### **POLICY**

- 1. The CAMHD ensures a systematic credentialing process of assessing the qualifications of CAMHD and CAMHD contracted Provider Agencies' mental health professional (MHP) and Paraprofessionals (PARA) This process ensures that any practitioner providing mental health services to youth served by the CAMHD, who either:
  - A. Is an independent contractor with CAMHD;
  - B. Is employed with CAMHD; or
  - C. Is employed or subcontracted by CAMHD contracted Provider Agencies, hereafter referred to as the Provider Agency; and

is credentialed *prior* to providing direct mental health services to youth.

- 2. The CAMHD Credentialing Committee, hereinafter referred to as the "Committee" meets monthly to make determinations on all credentialing/re-credentialing applications. The Committee makes such determinations in accordance with this policy and the policy and procedures set forth in CAMHD P&P 80.508, "Credentialing Committee".
- 3. The CAMHD reserves the right to make the final determination about which practitioners may participate in its network and provide services to CAMHD registered youth. Practitioners shall meet all applicable standards to participate in the CAMHD's provider network.

CAMHD will not pay for services rendered if the provider is NOT credentialed.

- 4. The CAMHD credentials the following unlicensed practitioners as an MHP:
  - Unlicensed, Board Ineligible Psychiatrist;
  - Psychiatric Resident;
  - Unlicensed Psychologist (PhD or PsyD);

,

- Registered Public Nurse, Licensed Masters;
- Unlicensed Masters: Psychology, or Social Work, Marriage & Family Therapist, or Certified Counselor;
- Licensed Masters Social Work;
- Masters Degree with approval from the Credentialing Committee

The CAMHD credentials the following unlicensed practitioners as a PARA:

- Certified Substance Abuse Counselor (CSAC);
- Registered Public Nurse (RPN) Bachelors, Associates or Diploma Licensed;
- Licensed Practical Nurse (LPN)
- Bachelors Degree: Psychology, Social Work, Counseling or Other;
- Associates: Psychology or Other;
- High School Graduate or Equivalent
- 5. **Applications.** The CAMHD Credentialing section reviews all credentialing and re-credentialing applications. All applications shall include all required documents and verifications that will be presented to the Committee for review and approval. (See Attachment B, CAMHD Unlicensed Mental Health Care Professionals and Paraprofessionals Initial and Re-credentialing Application Form) A completed application shall include or meet the following requirements:
  - A. All blanks on the application form are filled in and necessary additional explanations provided;
  - B. All requested attachments and information have been submitted;
  - C. Verification of the information is complete and was done through primary sources when required; and
  - D. All information necessary to properly evaluate the applicant's qualifications has been received and is consistent with the information provided in the application.
- 6. **Primary Source Verifications.** The CAMHD delegates primary source verification to the Provider Agencies for their employees and/or subcontractors. The CAMHD delegates the primary source verification to a contracted credentialing verification service for CAMHD employees. Required primary source verifications are outlined in *Attachment C, CAMHD Unlicensed Mental Health Professionals and Paraprofessionals Provider Checklist (MHP & PARA PC)*, and include verification timeline requirements, and methods of accepted primary source verification.
  - A. Practitioners shall be primary source verified with the State of Hawaii Department of Commerce and Consumer Affairs (DCCA), Professional and Vocational Licensing Division at <a href="http://pvl.ehawaii.gov/pvlsearch/app">http://pvl.ehawaii.gov/pvlsearch/app</a> to verify Hawaii licensure.

- B. The credentials of applicants shall be evaluated against pre-determined criteria in conjunction with the National Committee of Quality Assurance (NCQA) and state licensing requirements.
- C. Practitioners will be notified in writing via regular mail of any information obtained during the credentialing process that varies substantially from the information provided to the CAMHD and/or the Provider Agency.
- 7. **Timeframes.** To prevent the Committee from considering a provider whose credentials may have changed since they were verified, primary source verification should be no more than one hundred eighty (180) days old (unless otherwise stated) at the time of the credentialing committee decision.
  - A. **Written verifications.** The one hundred eighty (180) days time limit begins with the date that the credentials were verified (the date on the letter or the signature date) and not when CAMHD or the Provider Agency received the information. Written documentation shall be completed using indelible ink.
  - B. **Oral verifications.** Oral verifications require a written statement to CAMHD stating the verification date, the name of the primary source person who verified the information, the name and dated signature of the CAMHD or Provider Agency staff that conducted the query.
  - C. Internet website verifications. Internet verifications require the dated signature of the CAMHD or Provider Agency staff that conducted the query on all printed pages. Electronic signatures are allowed provided the signatures are password protected. The Provider Agencies and other agencies designated as primary source verifiers must send a written report to CAMHD of their electronic signature password protection policies.
- 8. **Credentialing Cycle.** Once a practitioner is credentialed, he/she is able to carry his/her full credential status for two (2)-years with the specified agency he/she is credentialed under. Upon approval, the practitioner's credentialing information is submitted to CAMHD's Management Information Section (MIS) by the Credentialing Section for entry into the information system.
  - A. The credentialing cycle begins with the date of the initial Committee decision to approve the credentialing application and ends two (2) years later. For example, if the Committee approved the practitioner's credentialing application on December 1, 2011, the practitioner's credentialing period would begin on December 1, 2011 and end on December 1, 2013.
  - B. Practitioners are considered credentialed/recredentialed upon notification from the Credentialing Section after the Committee has rendered its decision.
- 9. **Confidentiality Policy**. The CAMHD holds all practitioner data and information that is obtained through the credentialing/recredentialing process in strict confidence.

- 10. **Non-discrimination Policy.** The Committee does not make credentialing/recredentialing decisions based solely on the applicant's race, ethnic/national identity, gender, age, sexual orientation, or the types of procedures or patients the practitioner (e.g., Medicaid) specializes in.
- 11. **Practitioner Rights.** The CAMHD shall provide all contracted agencies and CAMHD employees of their practitioner rights in the credentialing/re-credentialing process. Rights include but are not limited to:
  - A. A review of submitted information in support of their credentialing/re-credentialing applications;
  - B. The right to correct erroneous information; and
  - C. The right to appeal any credentialing/re-credentialing decisions that limit, suspend or terminate a practitioner's credentialing/re-credentialing status.

#### **PROCEDURES**

- 1. **Credentialing Section Responsibilities:** The Credentialing Section staff, under the oversight of the Performance Manager, will:
  - A. Inform the Provider Agencies of CAMHD's credentialing policies and procedures, providing them with a copy of each of CAMHD credentialing policies and procedures. The Provider Agencies are required to have similar policies and procedures to follow within their own agencies that comply with the CAMHD's credentialing policies and procedures.
  - B. Provide training to the Provider Agencies on the credentialing/re-credentialing operational processes and requirements.
  - C. Perform the following prior to the Committee's review of credentialing/re-credentialing applications.
    - Receive and process all credentialing/re-credentialing applications prior to Committee review.
    - 2) Process all applications and conduct preliminary reviews of each practitioner's credentials in accordance with the MHP & PARA LPC to ensure all primary source verifications being submitted meet CAMHD's established criteria.
    - Maintain and have available for review by the Committee the practitioner files that meet established criteria prior to the scheduled Committee meetings.
    - 4) Present a list of the names of all practitioners who meet the established criteria to the Committee for review and final approval.
    - 5) Present to the Committee all applicant files that do not meet all established criteria with all documentation necessary for the Committee to review and render appropriate determinations.

- 6) Provide CAMHD's MIS Section with a list of credentialed practitioners following approval from the Credentialing Committee.
- 2. Credentialing/Re-credentialing Documents and Primary Source Verification Requirements. The Credentialing Section staff will ensure that all credentialing/re-credentialing documentation and verification requirements are met. Primary source verification should be no more than one hundred eighty (180) days old (unless otherwise stated) at the time of the Committee's decision. Staff will use the MHP & PARA LPC that outlines the CAMHD required primary source verifications, verification timeline requirements, and methods of accepted primary source verification. All boxes of the MHP & PARA LPC must be checked off with verifying documents attached. The MHP & PARA LPC includes the following criteria items:
  - A. <u>Attestation:</u> (See Attachment D, Attestation Letter). The Provider Agency or CAMHD designated primary source verification agency representative shall complete the "CAMHD Attestation Letter" and submit the signed original letter to the Credentialing Section
  - B. <u>Background Verification Application</u>. The *Background Verification Form for Mental Health Professionals and Paraprofessionals* (Application Form). Applicants *shall complete all areas* of the application form including:
    - 1) Identifying Information
    - 2) Educational Information
    - 3) Health status: In the event an applicant answers "Yes", a letter of explanation must accompany the application. The Committee shall review the letter of explanation and weigh the implications of any health conditions stated as it pertains to the applicant's ability to perform the functions of the position for which the provider is being credentialed. The Committee may consider approval of the applicant with or without restrictions.
    - 4) Restrictive Actions: In the event an applicant answers "Yes", a letter of explanation must accompany the application. The explanation shall be for each occurrence with dates, parties involved, circumstances surrounding the situation and the outcomes. The CAMHD shall review the applications of those with restrictive actions. Restrictive actions include any of the following below:
      - a. Loss, denial, limitation of privileges or disciplinary activity
      - b. Voluntary relinquishing of privileges or license
      - c. Denial of certification
      - d. Malpractice issues
      - e. Criminal convictions
      - f. Illegal Drug Use
      - g. History of loss or limitation of privileges or disciplinary activity
    - 5) Relevant Work/Volunteer/Intern Experience

- 6) Release of Information Authorizations: Dated signature required
- 7) Affirmation: Dated signature required
- 8) Release and Immunity: Dated signature required
- 9) Provider Rights
- 10) Attestation as to the correctness and completeness of the application. The applicant must sign and date the attestation statement in the application.
- C. <u>Resume:</u> The CAMHD does not require primary source verification of relevant work history to be submitted as part of the credentialing/recredentialing requirement but defers employment verification activities as part of the intra agency human resource functions performed by Provider Agencies or CAMHD in the case of CAMHD personnel.

For the work history requirement, a minimum of five (5) years of relevant work history must be obtained through the practitioner's resume. If it is obtained from the resume, the resume must state *a date of preparation* so that the Committee is able to determine the one hundred eighty (180)-day time limit for this criterion. The applicant must submit a written explanation of any gaps over six (6) months.

- D. <u>Education:</u> CAMHD or the Provider Agency must verify education that is applicable to the position that the applicant is applying for.
- E. State of Hawaii License Verification. Verification time limit: 180 days

Applicant shall possess a current license to practice in the State of Hawaii.

The Provider Agency shall confirm that the applicant holds a valid, current State of Hawaii license to practice. The license must be primary source verified with the State of Hawaii Department of Commerce and Consumer Affairs, Professional and Vocational Licensing Division at <a href="http://pvl.ehawaii.gov/pvlsearch/app">http://pvl.ehawaii.gov/pvlsearch/app</a>. A copy of the license shall be printed and the person conducting the query shall date and sign all pages of the printout results.

F. <u>National Provider Identification</u>: *Verification time limit: 180 days* 

The National Provider Identifier (NPI) is a Health Insurance Portability and Accountability Act (HIPAA) Administrative Simplification Standard. The NPI is a unique identification number for covered health care providers. Covered health care providers and all health plans and health care clearinghouses must use the NPIs in the administrative and financial transactions adopted under HIPAA. The NPI is a 10-position, intelligence-free numeric identifier (10-digit number). This means that the numbers do not carry other information about healthcare providers, such as the state in which they live or their medical specialty. The NPI shall be used in lieu of legacy provider identifiers in the HIPAA standards transactions. As outlined in the Federal Regulation, the Health Insurance Portability and Accountability Act of 1996 (HIPAA), covered providers must also share their NPI with other providers, health plans, clearinghouses, and any entity that may need it for billing purposes.

The CAMHD requires an NPI for all QMHPs and MHPs, and all paraprofessionals providing and billing for Intensive In-Home Therapy services.

G. <u>State of Hawaii License Sanctions and Complaints History</u>. Verification time Limit - One hundred eighty (180)-days.

The practitioner's license limitations and restrictions must be primary source verified with the State of Hawaii Department of Commerce and Consumer Affairs, Professional and Vocational Licensing Division at <a href="http://pvl.ehawaii.gov/pvlsearch/app">http://pvl.ehawaii.gov/pvlsearch/app</a>. The results of the complaints history query shall be printed and the person conducting the query shall date and sign all pages of the printout results.

H. Medicare/Medicaid Sanctions. Verification time limit: 180 days

The Office of the Inspector General at <a href="http://exclusions.oig.hhs.gov/search.html">http://exclusions.oig.hhs.gov/search.html</a> must be queried for the existence of any Medicare/Medicaid sanctions against the applicant. The results should be printed and the person conducting the query shall initial all pages of the printout results. The query results must indicate "no records" query result. In the event that there is a record on file, the applicant shall provide a letter of explanation of the record. The committee will review the implications of the record as it pertains to the applicant's ability to provide quality services to CAMHD youth.

I. <u>Hawaii Justice Center Data Bank Verification</u>: *Verification time limit: 180 days* 

The Hawaii Justice Center Data Bank must be queried for any criminal record. The query results must indicate "no records found". In the event that a record is found within the past ten (10) years, the applicant shall provide a written explanation of the record. Rehabilitative or self-improvement programs attended to help improve whatever issues there may be at the time of offense shall be listed. In addition, the Provider Agency shall also submit to CAMHD a written supervision plan that outlines the position and overall function of the applicant, supervision structure, and any other mechanisms in place to prevent similar offenses from occurring while the applicant is employed with the Provider Agency or around CAMHD youth.

J. Child and Abuse Neglect (CAN) Verification. Verification time limit: 180 days

The Department of Human Services Child Protective Services Database must be queried for child abuse and neglect records. The "CAMHD CAN Request Form" (See Attachment E) and "CAMHD CAN Authorization Form" (See Attachment F) shall be completed. The query results must indicate "no records found". In the event that a positive CAN record is found, the Provider Agency shall notify the CAMHD Credentialing Section of the record within twenty-four hours (24) by telephone and provide the hardcopy of the positive CAN record within three (3) business days by fax.

The applicant through the Provider Agency shall submit a letter of explanation regarding the positive CAN results to the Credentialing Committee.

Once the applicant is credentialed and a CAN report is received with positive results, the Provider Agency must suspend the practitioner from providing direct care services to CAMHD youth until the Credentialing Committee has made a decision.

K. Central Database Check for Sentinel Events, Grievance, and Medicare/Medicaid Exclusion. Verification time limit: 180 days.

The CAMHD Credentialing Section shall check its central database to determine if the provider applicant has had previous reports pertaining to Sentinel Events or Grievances or has been excluded from participating in Medicare programs.

- Credentialing Committee Decisions. The Committee shall review the complete application 3. packets presented by the Credentialing Section prior to rendering any determinations. The CAMHD has the right to make the final determination about which practitioners participate within its network.
- Notification of Credentialing Adverse Determinations. The Provider Agency or CAMHD 4. practitioner will be informed in writing of any adverse credentialing/re-credentialing decision(s) from the Chair of the Credentialing Committee.
  - A. The decision letter shall be sent to the Provider Agency within fifteen (15) calendar days of the decision. The letter will include the reconsideration and appeal process.
  - В. Upon receipt of an appeal, the CAMHD has thirty (30) calendar days from the date of receipt of the letter of explanation to review documents and render a decision.
  - C. The practitioner has the option to request a hearing and/or be represented by another person the practitioner's choice.
- 5. **Practitioner Suspension of Participation**. The Committee has the authority to suspend a practitioner's participation in providing services to CAMHD youth. When there is immediate risk to a youth, the CAMHD shall suspend a practitioner's credentials while an investigation is conducted by the CAMHD.
  - The suspension process is initiated when a report is made or an investigation occurs in A. cases where it is determined that potential risks or harm may exist to CAMHD youth and presented to the Committee for review and decision. These preliminary investigative reports to the Committee may be from any of the following:
    - Sentinel Events Unit
    - Grievance Office
    - Performance Monitoring
    - Facility Certification Unit
    - Possible abuse as indicated in the Child Abuse and Neglect Screening (CANS) Check Results
  - B. The Credentialing Section or Performance Management Office shall notify the Provider Agency verbally of the practitioner suspension within twenty-four (24) hours of the

Appendix 18

identified risk. The Provider Agency shall be notified in writing within seven (7) calendar days of the decision to suspend the practitioner's credentials. During the suspension of credentials, the practitioner may not work directly with CAMHD youth.

- 6. **Practitioner Restriction or Limitation of Participation.** The Committee has the authority to restrict or limit a practitioner's participation in the CAMHD Provider Network. Restriction or limitation may be considered in any of the following cases:
  - A. Previous Grievance, Sentinel Events, or Performance Monitoring report(s) involving any of the events while previously employed with another CAMHD Provider agency.
  - B. Previous criminal record within the past ten (10) years.
  - C. Reported prior termination due to poor performance.
  - D. Positive CAN Check results within the past ten (10) years.
  - E. Prior drug abuse record within the past ten (10) years.
- 7. **Practitioner Termination.** The Committee has the authority to terminate a practitioner's participation in the CAMHD Provider Network. Termination may be considered in any of the following cases:
  - Loss of License
  - Exclusion from the Medicare/Medicaid program
  - Misrepresentation of credentials and/or other pertinent information (i.e. restrictive action questions)
  - Involvement in a malpractice claim that involves client safety
  - Criminal indictment of any type
  - Failure to adhere to what is established in the practitioner suspension, restriction or limitation of participation investigations (as previously in this policy).
  - Findings of fraud and abuse in billing
- 8. **Practitioner Reinstatement.** If a CAMHD or Provider Agency practitioner is voluntarily or involuntarily terminated by the CAMHD or the Provider Agency and the practitioner wishes to be reinstated:
  - A. In the case of voluntary termination the practitioner must again be <u>initially credentialed</u> if the break in service is *thirty* (30) calendar days or more.
  - B. In the case of involuntary termination, after all requests for consideration and Grievance & Appeals has been exhausted and Credentialing not approved, the practitioner shall wait one (1) year from the date of termination before submitting a new application for initial credentialing.
  - C. The CAMHD and/or the Provider Agency shall re-verify credential factors that are no longer within the credentialing/recredentialing time limits.

- D. The Committee shall review all credentials and make the final determination prior to the practitioner's re-entry into the organization. A decision letter shall be processed to the applicant within fifteen (15) calendar days of its decision. The decision letter includes the reconsideration and appeal process stated in the "Request for Reconsideration & Appeal Process" section of this policy.
- 9. **Practitioner Agency Transfer.** Credentialing approval is specific to the Provider Agency making the application for credentialing and is non-transferable. Practitioners wanting to be credentialed at multiple agencies shall submit initial credentialing packet to the Credentialing Section to process for each of the multiple agency.
- 10. Initial Credentialing Site Visits.
  - A. Onsite visits shall be conducted on an annual basis for all practitioner sites. These sites shall include treatment offices located within CAMHD including Family Guidance Centers, or Provider Agency Administrative Office, community treatment offices, residential facilities, and any other locations as reported by the practitioner applicant.
  - B. The *CAMHD Treatment Office Site Visit Tool* shall be used for these treatment office site visits. (*See Attachment G, CAMHD Treatment Office Site Visit Tool*). A designated Performance Management staff shall conduct the reviews. The reviews shall include the following:
    - 1) Treatment Office Evaluation

A minimum score of 90% for the office site section is required. For practitioners providing services in a special treatment facility (STF) or therapeutic group home (TGH), the license to operate issued to the agency by the Office of Health Care Administration (OHCA) will be accepted as verification that the facility is in compliant with all state laws pertaining to the type of service.

- 2) Treatment Record-keeping Practices
  - A minimum score of 90% for the office site section is required.
- Availability of Emergency Equipment
   A minimum score of 90% for the office site section is required.
- C. Relocations and Additional Sites

When notified upon any agency's application to open a new site, the CAMHD Credentialing Specialist or designated CAMHD staff shall conduct a readiness site visit. Instances when CAMHD shall visit new sites include, but are not limited to when a practitioner opens an additional office or moves to offices from one location to another.

- 11. Follow-up Actions for Initial Onsite Visit Findings/Deficiencies
  - A. Reporting of Initial Onsite Audit Deficiencies and Corrective Action Activities

- 1) If the provider scores lower than the minimum score allowed on any of the criteria in the "Treatment Office Visit Tool" during the initial visit, a request for a corrective action plan from the practitioner shall be made during the exit interview
- 2) A written notification of the request for the corrective action shall also be sent to the practitioner through the Provider Agency via regular mail or electronic mail.
- B. Credentialing/recredentialing of the practitioner shall be deferred until all deficiencies in the onsite visit are addressed and a score higher than the minimum scored required is obtained.
- C. Corrective action plans or other required documents shall be submitted to the CAMHD Credentialing Specialist no later than thirty (30) days from the date of onsite visit. The CAMHD shall review the corrective action plan and submitted documents. All primary source verifications in the deferred file would have to be within acceptable timelines at the time of review and approval by the Committee.
- D. Follow-up Onsite Visit. CAMHD reserves the right to conduct a follow up onsite visit prior to approving the practitioner to ensure that initial deficiencies noted are now within acceptable thresholds.

### 12. Ongoing Monitoring of Sanctions and Complaints

- A. <u>State sanctions or limitations on licensure</u>. On a yearly basis the status of practitioner's State of Hawaii licensure, sanctions, or limitations thereof are verified with the State of Hawaii Department of Commerce and Consumer Affairs, Professional and Vocational Licensing Division at <a href="http://pvl.ehawaii.gov/pvlsearch/app">http://pvl.ehawaii.gov/pvlsearch/app</a>.
- B. In addition, the CAMHD compiles all listing of Medicaid suspended or terminated practitioner letters from the Med-Quest Division. In the event that the name being reported by Medicaid is a current member of the CAMHD provider network, the issue shall be brought to the Committee within **twenty-four** (24) hours of receipt to conduct an emergency meeting to formalize the suspension or termination of the practitioner from the network.
- C. The decision letter shall be issued within fifteen (15) calendar days and include the reconsideration and appeal process stated in the "Request for Reconsideration & Appeal Process" section of this policy.

### 13. Notification to Authorities

The CAMHD reserves the right to rescind the full credentialing/re-credentialing status of any practitioner that does not comply with State Ethics Standards, CAMHD standards, and State and Federal laws range of actions.

A. If the CAMHD discovers any misrepresentation of credentials or other illegal activities, the Committee shall review and make appropriate decisions. Results of the review may warrant reporting the practitioner's name and situation to the CAMHD Compliance

- Committee, Professional Activities Review Committee (PARC), and/or any other appropriate authority for investigation, with a copy to the Provider Relations Liaison. If warranted, licensed practitioner's name shall refer the practitioner's name to the designated Medicaid Investigator. The CAMHD reserves the right to retain, suspend, or terminate any practitioner that has misrepresented his or her credentials.
- B. The CAMHD Fraud and Abuse Program describe the CAMHD's procedure for reporting serious quality deficiencies that could result in a provider's suspension or termination to the Medicaid Fraud Investigator as well as other appropriate authorities.

### 14. Credentialing Reports

- A. The Provider Agencies are required to submit electronic quarterly reports of their current credentialed licensed staff in the format required by CAMHD.
- B. If a practitioner is terminated, the Provider Agency is required to submit the terminated practitioner's name and termination code immediately to the CAMHD Credentialing Section via email.

### **ATTACHMENTS:**

- A. CAMHD Glossary of Credentialing Terms July 15, 2009
- B. CAMHD Unlicensed Mental Health Care Professionals and Paraprofessionals Initial and Recredentialing Application Form, Rev. July 15, 2009
- C. CAMHD Unlicensed Mental Health Care Professionals and Paraprofessionals Initial and Recredentialing Checklist, Rev. May 19, 2011
- D. CAMHD Attestation Letter, July 15, 2009
- E. CAMHD Child Abuse and Neglect Disclosure Statement, Rev. 3/2006
- F. CAMHD Child Abuse and Neglect Consent to Release Information, Rev. 02/2006
- G. CAMHD Treatment Office Site Visit Tool; Rev. July 15, 2009

# **Glossary of Credentialing Terms**

Alias: An assumed or additional name.

**Applicant:** Any practitioner applying for credential approval with CAMHD.

Attestation Letter: A letter from a representative of the Agency attesting that they have obtained primary source verification documents from the primary source and that originals of these documents are maintained in the Agency credential file.

BBA: Balanced Budget Act, 42 CFR.

*Client:* Youth with emotional and/or behavioral challenges receiving intensive mental health services from CAMHD.

**Contracted Provider Agency:** Agency under contract with CAMHD to provide mental health services to CAMHD clients.

Complete Application: All blanks on the application form are filled in and necessary additional explanations provided; 2) All requested attachments and information have been submitted; 3) Verification of the information is complete and was done through primary sources when required; 4) All information necessary to properly evaluate the applicant's qualifications has been received and is consistent with the information provided in the application.

Credentialing: The systematic process of assessing the qualifications of CAMHD and CAMHD Agencies' qualified licensed mental health professional (QMHP), direct care personnel and clinical supervisors. The credentialing process ensures that staff has the required primary source verified credentials, licenses, certificates, malpractice coverage and other pertinent background to provide services to the consumers of CAMHD.

- Credentialing Committee standing The Credentialing Committee is a standing Child and Adolescent Mental Health Division (CAMHD) committee is designated to provide oversight over CAMHD's credentialing processes in accordance with the Credentialing Committee Policy and Procedures.

  Membership shall be representative of various disciplines from CAMHD's various sections with preference given, but not limited to licensed professionals.
- **Delegation** Authority assigned by the CAMHD to another / other organization to conduct functions and activities in CAMHD's behalf according to CAMHD expectations and standards in such a manner that benefits CAMHD. The organization is identified as a "delegate".
- **Department of Commerce and Consumer Affairs (DCCA):** Professional and vocational licensing division of the State of Hawaii
- The Educational Commission for Foreign Medical Graduates (ECFMG):

  Evaluates foreign medical graduates' medical school curriculum to ensure that it is in alignment with the United States' medical school standards.

- Mental Health Professional (MHP): Unlicensed, Board Ineligible Psychiatrist; Psychiatric Resident; Unlicensed, Ph.D or Psychologist (Psy D); Registered Public Nurse (RPN), Licensed with Masters Degree; Unlicensed, Masters Psychology; Licensed, Masters Social Work; Unlicensed Masters Social Work (MSW); Unlicensed Marriage & Family Therapist (MFT); Unlicensed, Masters Certified Counselor; Unlicensed, Masters Degree.
- The National Provider Identifier (NPI) is a Health Insurance Portability and Accountability Act (HIPAA) Administrative Simplification Standard. The NPI is a unique identification number for covered health care providers. Covered health care providers and all health plans and health care clearinghouses must use the NPIs in the administrative and financial transactions adopted under HIPAA. The NPI is a 10-position, intelligence-free numeric identifier (10-digit number). This means that the numbers do not carry other information about healthcare providers, such as the state in which they live or their medical specialty. The NPI must be used in lieu of legacy provider identifiers in the HIPAA standards transactions. As outlined in the Federal Regulation, The Health Insurance Portability and Accountability Act of 1996 (HIPAA), covered providers must also share their NPI with other providers, health plans, clearinghouses, and any entity that may need it for billing purposes. CAMHD requires an NPI for all QMHPs and MHPs, and all paraprofessionals providing and billing for 13101 (Intensive In-Home therapy) services.
- National Commission of Quality Assurance (NCQA) is an independent 501(c)(3) non-profit organization in the United States designed to improve health care quality. NCQA manages voluntary accreditation programs for individual physicians and medical groups. Health plans seeking accreditation measure performance through the Healthcare Effectiveness Data and Information Set (HEDIS).
- Paraprofessional (PARA): Certified Substance Abuse Counselor (CSAC); Registered Public Nurse (RPN) Bachelors, Licensed; RPN Associate, Licensed; Licensed Practical Nurse (LPN); Bachelors, Psychology; Bachelors, Social Work; Bachelors, Counseling; Bachelors, Other; Associates, Other; High School Graduate or GED.
- **Primary Source Verification** The process of verifying an individual professional's verbal or documented claims of professional and legal standing through direct contact with officials at the primary sources of education, licensing, prior employment, insurance carriers, etc.
- **Practitioner:** Any QMHP, MHP or Paraprofessional.
- Qualified Mental Health Professional (QMHP): Medical Doctor (M.D.) Licensed Social Worker (LSW), Licensed Marriage and Family Therapist (LMFT), Licensed Psychologist (Ph.D or Psy.D); Advanced Practice Registered Nurse (APRN) and Osteopathic Doctor (D.O.)

**Recredentialing** A re-verification process of primary source information that may have changed since last reviewed, such as licenses and malpractice claims information

*Termination*: Voluntary or involuntary end of contract or employment with CAMHD or a CAMHD Contracted Provider Agency.

### **CAMHD**

# Mental Health Professionals & Paraprofessionals Provider Credentialing Application Form

This is a background re-verification application for the Staff of <NAME OF AGENCY>. If more space is needed than provided on this original, please attach additional sheets and reference the questions being asked. If a question is not applicable to you please mark N/A in the space.

## **IDENTIFYING INFORMATION:** (Complete all areas)

Applicant's Name:				
SSN# Is there any other name under wh	NPI# ich you have been	known? (i.e. Ma	iden nam	ne):
Birth Place (City, State, Country)	1	Date of Birth	Ci	tizenship
Home Address	City	State		Zip
Office Address Zip	City	5	State	
Home Phone No.	Office Phone	No.	Cell Phon	e No.
Home Fax No. Address	Office Fax No	).	Pa	iger/E-Mail
<b>Educational Information:</b>				
High School / College / or Unive	rsity			
Mailing Address	City	S	State	Zip

_	ee Received th/year)		Date of Graduation
Healt	th Status: (Must be completed by	y all applica	ents)
	h status is defined as including the phys tes to the individuals ability to exercise		
performathe con	ou have any physical and/or mental conc rmance of those privileges which you ar ontractual arrangement for which you ar nmodation? ion)	re requesting a	nd/or the essential functions of
If you occurre	rictive Actions: (Must be completed answer yes to any of the questions below the rence to include the date, parties involvent to me.  Have you ever been denied, for possill conduct, clinical privileges, members by any medical organization (i.e. hosp maintenance organization (HMO), profaculty position, or other health deliver privileges, membership, participation ever been suspended, restricted, revolutions?	ble incompeter hip, contractua pital medical s ofessional asso ery entity or sy, or employme	ch an explanation of each aces surrounding the situation, ance or improper professional al participation or employment taff, health plan, health ociation, medical school estem). Or have your clinical ent at any such organization
2.	Have you ever voluntarily relinquishe time?	ed privileges of	r a license anywhere at any  Use (give narration)
3.	Have you ever been denied certification status changed with respect to certific Not Applicable		
4.	Have there been, or are there currently settlements, or arbitration proceedings		
5.	Have you been denied professional liabeen cancelled?	ability insuran No	ce or has your coverage ever  Yes (give narration)
6.	Have you ever been convicted of a cri (other than a traffic offense), or are you crime?		

7. Do you presently or hav	e vou used anv illegal dru		
	□ No		two years? ve narration)
	_ 1,0	_ 100 (81	(* 1.001.001.)
WORK / VOLUNTEER /	INTERN EXPERIE	ENCE:	
Please attach your resume and	d list all present and pre	vious hosnit	al aganey and
clinic affiliations and/or your			
·			
1) Name of Organization	Position/ job title	Da	ates (From – To)
-)	j		(
Mailing Address	City	State	Zip Code
Maining Address	City	State	Zip Code
2) Name of Organization	Position/ job title	De	ates (From – To)
2) Name of Organization	r osition/ job title	Di	ues (110m – 10)
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Mailing Address	City	State	Zip Code
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<ul><li>of paper with their mailing position.</li><li>Please provide a narration</li></ul>	an 2 jobs/affiliations, pleating address, the dates you on of any breaks longer the	were affiliate an 6 months.	ed and your
of paper with their mailing position.  • Please provide a narration	ing address, the dates you on of any breaks longer th	were affiliate an 6 months.	ed and your
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of paper with their mailing position.  • Please provide a narration  L  Applicant's Name:	ing address, the dates you on of any breaks longer th	were affiliate an 6 months.	ed and your

# <NAME OF AGENCY> <ADDRESS OF AGENCY>

### AUTHORIZATION FOR RELEASE OF INFORMATION

I, hereby authorize representatives of <NAME OF AGENCY> and Child and Adolescent Mental Health Division (hereafter referred to as CAHMD) to consult with representatives of other hospitals, institutions, government agencies, previous employers, and other persons or entities (hereafter collectively referred to as "persons" or "entities") to obtain and verify information concerning my professional qualifications, competence, moral character, ethical qualifications, and physical and mental condition and to conduct criminal background checks and Child Abuse and Neglect checks.

I consent to release by any and all hospitals, institutions, government agencies, previous employers, and other persons or entities to <NAME OF AGENCY> and CAMHD all information and documents that may be relevant to an evaluation of my professional qualifications, competence, moral character, ethical qualifications and physical and mental condition.

I hereby release all representatives of <NAME OF AGENCY>, CAMHD, and all such persons or entities from any and all liability for their acts performed in good faith and without malice in giving, obtaining, and verifying such information in connection with evaluating my applications, my credentials, and my qualifications

I understand and agree that I, as an applicant, have the burden of producing adequate information to demonstrate to the satisfaction of <NAME OF AGENCY> and/or CAMHD, my professional qualifications, clinical competence, moral character, ethical qualifications and physical and mental condition and for resolving doubts thereto. I further understand and agree that it is my responsibility to inform <NAME OF AGENCY> of any changes in the information provided through the application during the application period or at any subsequent time.

Signature of Applicant:	Date:
Printed Name of	
Applicant:	

A	F	RΤ	R	٨	1	A	T	T	N	N	•

I represent that information provided in or attached to this credentialing application form is accurate. I understand that a condition of this application is that any misrepresentation, misstatement or omission from this application, whether intentional or not, is cause for automatic and immediate rejection of this application and may result in the denial of appointment and clinical privileges. In the event of my termination for this reason, I will not be entitled to any hearing, appeal, or other due process rights. Upon subsequent discovery of such misrepresentation, misstatement, or omission, the <NAME OF AGENCY> may immediately terminate my appointment.

Signature of Applicant:	Date:
Printed Name of	
Applicant:	

### **RELEASE AND IMMUNITY:**

By applying for a position with <NAME OF AGENCY>, I accept the following condition regardless of whether or not I am granted the position, and intend to be legally bound thereby. These conditions shall remain in effect for the duration of my employment.

- 1. I authorize the release of all information necessary for an evaluation of my qualifications for initial appointment and or privileges;
- 2. I authorize <NAME OF AGENCY>, its staff and their representative to consult with any prior associate and others who may have information bearing on my professional competence, character, health status, ethical qualification, and ability to work cooperatively with others;
- 3. I agree to release from liability <NAME OF AGENCY>, the staff, or anyone acting by and/or for this agency, and its staff, who act without malice for any matter relating to this application for inclusion and referral, the evaluation of my qualifications or any matter related to appointment or clinical privileges; and
- 4. I release from liability <NAME OF AGENCY> and staff for all matters relating to appointment and clinical privileges or qualifications for the same, if such acts are made without malice.

Signature of Applicant:	Date:
Printed Name of	
Applicant:	

### CAMHD PROVIDER RIGHTS

1. Process used to making credentialing and re-credentialing decisions.

The credentials of applicants are evaluated against pre-determined criteria in conjunction with NCQA and state licensing requirements. This policy outlines the criteria used to approve applicants. The "CAMHD MHP and Paraprofessional Initial Background Verification Checklist" and "CAMHD MHP and Paraprofessional Background Reverification Checklist" were created to facilitate auditing of primary source verifications in the clinician's chart. In addition, committee members are also required to use their professional and personal knowledge of the applicant's business practices, ethics, and ability to provide quality services to CAMHD clients in a safe treatment environment in the decision making process. All of these elements are taken into consideration during the credential approval decision-making process.

2. The process used to ensure that credentialing and re-credentialing are conducted in a non-discriminatory manner.

The CAMHD Credentialing Committee does not make credentialing decisions based solely on the applicant's race, ethnic / national identity, gender, age, sexual orientation, or the types of procedures or types of patients the practitioner (e.g., Medicaid) specializes in.

3. The process of notification to a practitioner of any information obtained during the credentialing process that varies substantially from the information provided to CAMHD and or the CAMHD Contracted Provider Agency by the provider:

CAMHD and or the CAMHD Contracted Provider agency must notify the applicant of any information obtained during the credentialing process vary substantially from the information provided to them in writing via regular mail. The applicant must respond within 15 business days from the date of the notification letter with a letter of explanation for the varying information. Additional documents may be submitted to CAMHD and or the CAMHD Contracted Provider agency to substantiate or explain the variations. CAMHD has 15 business days from the date of receipt of the letter of explanation to review documents and render a decision. The decision letter includes the reconsideration and appeal process stated below.

### The Request for Reconsideration & Appeal Process

If the applicant does not agree with the CAMHD Credentialing Committee's decision, they have the right to request for reconsideration. Reconsideration requests must be submitted with additional documentation to support the request. These must be received at CAMHD within 15 business days from the decision letter, unless otherwise stated. The CAMHD Credentialing Committee will review the submitted documents and issue a reconsideration decision to the applicant or through the CAMHD Contracted Provider

agency via facsimile or mail within 15 business days from the date of receipt of the reconsideration request. The applicant, either directly or through the CAMHD Contracted Provider Agency, has the option to file a formal complaint with CAMHD's Grievance and Appeal Office at 733-8495 in the event the CAMHD Credentialing Committee holds to its original decision.

#### 4. The process to ensure that practitioners are notified of the credentialing or re-credentialing decision within 15 business days of the committee's decision.

A CAMHD Credentialing Committee letter is sent to the applicant through the CAMHD Contracted Provider Agency within 15 business days of the decision. If the applicant does not agree with the decision they are entitled to request for reconsideration through the "Request for Reconsideration & Appeal Process" outlined above.

### The process used to ensure confidentiality of all information obtained in the credentialing process, except otherwise provided by law.

The CAMHD Credentialing Committee and CAMHD Contracted Provider Agencies' Credentialing Specialists and other personnel that have access to credential information must sign the "CAMHD Credentialing Confidentiality Form" to ensure confidentiality of all information gathered during the credentialing process, except otherwise provided by law, and are used for the sole purpose of credentials evaluation. In addition, any discussions held during the CAMHD Credentialing Committee must remain confidential except when otherwise provided by law.

#### 6. The right of practitioner's right to review submitted information in support of their credentialing applications:

The applicant has the right to request and review primary source verifications obtained on their behalf. A written request must be sent to the CAMHD Credentialing Specialist, CAMHD Credentialing Department, 3627 Kilauea Avenue, Room 101, Honolulu, HI 96816. The CAMHD Credentialing Department has 30 days to forward copies of primary source documents to the applicant via regular mail. In the event that the primary source verification function has been delegated to the CAMHD Contracted Provider Agency, the written request must be sent to the attention of the CAMHD Contracted Provider Agency Credentialing Specialist. The CAMHD Contracted Provider Agency Credentialing Specialist has 30 days to forward the copies of the primary source documents to the applicant via regular mail.

#### 7. The practitioner's right to correct erroneous information:

In the event that credentialing information obtained from other sources varies substantially from that provided by the practitioner, CAMHD must notify the applicant in writing within 15 business days from date of discovery. Notification may be sent directly

Appendix 18

to the applicant or through the CAMHD Contracted Provider Agency Credentialing Specialist.

The applicant has the right to correct erroneous information by sending a letter directly to the CAMHD Credentialing Committee to the following address: CAMHD Credentialing Specialist, CAMHD Credentialing Department, 3627 Kilauea Avenue, Room 101, Honolulu, HI 96816 or through the CAMHD Contracted Provider Agency in writing within 15 business days from date of receipt of the notification letter from CAMHD. Additional documents may be submitted to CAMHD and or the CAMHD Contracted Provider agency to substantiate or explain the erroneous information. CAMHD has 30 days from the date of receipt of the letter of explanation to review documents and render a decision. The decision letter includes the reconsideration and appeal process stated in the "Request for Reconsideration & Appeal Process" section of the CAMHD Credentialing policy.

# 8. The right of practitioners, upon request, to be informed of the status of their credentialing or re-credentialing application.

The applicant has the right to request, in writing or through telephone, the status of their credentialing or re-credentialing application. CAMHD must respond to such inquiry within 10 business days either in writing or through telephone.

Peer-review protected information, references, and letters or recommendations may not be reviewed by applicants.

	TIAL		☐ RE-CREDENTIAL				
PROV	IDER 1	NAME:					
PROV	/IDER /	AGENCY NAME:					
PROV	/IDER 1	.D					
JOB 7	TITLE/I	POSITION:					
PROV	/IDER 1	NPI#:					
LEVE	ELS OF	CARE (list all):					
	T						
1		STATION					
		Attestation by Agency Credentialing Specialist that originals of source verifications are kept in the Agency Credentialing File	primary				
		Date: and signature within 180 c	days of				
		CAMHD review and approval.					
2		GROUND VERIFICATION APPLICATION					
		Date of Affirmation signature:					
		Signature within 180 days of CAMHD review and approval					
		Restrictive Action Questions answered					
	☐ If negative answer, letter of explanation attached. ☐ Health Status Question answered						
		If negative answer, letter of explanation attached.					
		Letter(s) of support attached.					
		Work Experience completed					
		Levels of Care (list all).					
	DEGL	Provider received "Provider Rights".					
3	RESU.	(	190 days				
	_	Date Prepared: and must be within of CAMHD review and approval.	180 days				
	1	e is any gap over 6 months in employment, letter of explanat					
	attach						
4		ONAL PRACITIONER IDENTIFIER (NPI)  NUMBER Designations					
	🗖	NPPES Printout					

5	EDU	CATION
		Date of Verification:
		Received directly from the University, telephone or official website
		verification – no time limit
		Applicable Degree obtained:
		Date conferred:
		Provider qualifies for MHP but will be credentialed as PARA
6		NSE VERIFICATION/STATUS/COMPLAINTS * Submit a copy of any
		the applicant has (ex. RN, LPN, LSW, etc) relative to their position/job. CSAC, verify CSAC certificate with ADAD. (If applicable)
		Date of Verification (printout present): Exp. Date:
		Prior Hawaii state complaints/sanctions verified, printout present
		Medicaid/Medicare Sanctions verified, printout present
		Verifications within 180 days of CAMHD review and approval
		All pages contain name and dated signature of person conducting the query
7	HAW	AII JUSTICE CENTER CHECK (Search for all names/aliases)
		Adult Criminal Convictions verification date: and
		must be within 180 days of CAMHD review and approval
		Sex Offender Search verification date: and must be within 180 days of CAMHD review and approval
		No records found printout signed & dated by person conducting query
		If record found, a complete printout, signed & dated is present
		Letters of explanation from employee and supervisor are present
8	CHII	LD ABUSE & NEGLECT CHECKS
		Date of Verification: and must be within 180
	_	days of CAMHD approval
		No records found
		If record found, letters of explanation from employee and supervisor are present
		Consent to release information from Child Protective Services submitted
		If Pending, CA/N Disclosure submitted
9	COM	IBINED SENTINEL, GRIEVANCE, AND MEDICAID DATABASE
		CK for reported incidents, complaints, performance issues, child abuse
	case,	and Medicaid sanction (For CAMHD to complete)
		Database checked for a name match. Date checked:
		No name match found.
		If name match found, conv. of report attached for committee review

ensure that they are in accordance to the establish	all of the submitted copies of primary source documents to ed CAMHD MHP and Paraprofessional Background be in compliance with the requirements and is recommended hittee on	for
CAMHD CREDENTIALING STAFF	DATE	
BASED ON THE ABOVE PRIMARY SOURCE THE FOLLOWING DECISION:	CE VERIFICATIONS THE COMMITTEE HAS GRANT	EL
■ APPROVED FULL APPROVAL STATUS from DEFERRED – see letter requesting additional inform DENIED – see letter stating reason for denial.		
CAMHD CREDENTIALING CMTE CHAIR	DATE	

### **USE COMPANY LETTERHEAD**

### DATE:

CAMHD Credentialing Specialist Credentialing Unit Child and Adolescent Mental Health Division 3627 Kilauea Avenue, Room 101 Honolulu, HI 96816

### **Re:** NAME OF PROVIDER:

Dear CAMHD Credentialing Specialist:

I attest that the attached is a complete application per *CAMHD P & P 80.308 or 80.308.1*. Attached please find the copies of primary source verifications for the above named provider. By way of this letter, I am attesting that we have the originals of all submitted primary source verifications and that we received this information directly from the primary source or through a primary source verification service contractor. The originals are maintained in a separate credentialing file for the above provider here at the agency.

I further attest that this application meets the [Agency Name] Human Resources and job requirements to fill the position of [list position, such as Intensive In-Home Therapist] and [Agency Name] is in good faith recommending him/her for work with CAMHD youth.

If you have any further questions or concerns, please feel free to call.

Sincerely,

AGENCY REPRESENTATIVE MUST SIGN THIS LETTER. OR THE CREDENTIALING FILE WILL BE CONSIDERED INCOMPLETE AND WILL NOT BE PRESENTED TO THE COMMITTEE UNTIL SIGNATURE IS OBTAINED.

# CHILD ABUSE/NEGLECT Disclosure Statement

De sure to c	complete this section con	ipietely & legibly.	
	NAME		
Any A	lias(es), Former		
Name(s),	<b>Including Maiden</b>		
& Ma	arried Name(s)		
	DOB		
	SSN		
AGI	ENCY NAME		
J	FOR APPLICANT RECORD: I am av Neglect record conc conducted by the De	vare, or suspect that the erning me and/or my fa epartment of Human Se etailed circumstances in	claring to be true.  LE CHILD ABUSE/NEGLECT  ere may be a Child Abuse and/or  family because of an investigation  ervices' Child Protective Services. I  n a written, dated, and signed
В.	ABUSE/NEGLEC' involved party to an Services' Child Prot	Γ RECORD: This is t y investigation conductective Services. Disco	DATE  EY DO NOT HAVE A CHILD TO certify that I have not been an ted by the Department of Human overy to the contrary, of my
	active CAMHD crec  SIGNATURE		in denial or revocation of my  DATE

State of Hawaii DEPARTMENT OF HUMAN SERVICES Social Services Division Child Welfare Services Branch

# CONSENT TO RELEASE INFORMATION FROM THE Child Protective Services System Central Registry

I,	, hereby give my consent to have	the
	, hereby give my consent to have DHS) conduct a child welfare services Child Protective Serv	ices
System Central Registry check of	me and to release the information to:	
Name of Individual or Organiz	tions:	
Relationship:		
Address:		
	r from the date of my signature below. I understand that the if shall be used solely for the purpose of conducting the Chil Registry check.	
My Date of Birth:	My Social Security Number:	
Any Alias Former Name Inch	ding Maiden Name:	
Ting Tinus, I office Traine, Inc.		
<ul> <li>Child Protective Services Syste</li> <li>Date of CONFIRMED in Type of abuse for each in the control of</li></ul>	n Central Registry:	
employment purposes and to cor	ply with the requirements for various social services program Services, which may result in employment suspension or	
Signature	Date	
Mail the original consent form	o: Department of Human Services, Child Welfare Servic	es

Child Protective Services System Central Registry Clearance Form-Experimental (2/06)

Branch, Statewide Child Welfare Services Section, 420 Waiakamilo Road, Suite 300A,

Honolulu, Hawaii 96817. Faxes will not be accepted.

CHILD & ADOLESCENT MENTAL HEALTH PERFORMANCE STANDARD 2018 EDITION

	YES	NO	N/A	COMMENTS
COMPLIANCE WITH EXISTING STATE LAW				
HIPAA - Office meets req. (ie, computer, waiting area, meeting room, file storage)				
TOTAL SCORE FOR STATE LAW COMPLIANCE				
RECORD-KEEPING EVALUATION				
Paper or electronic records must contain the following:				
A. Patient Identification: Patient's name or ID number on each page				
B. Personal / biographical data: Birth Date, Sex, Address				
C. Dated Entries: All entries in the medical record are dated.				
D. Identification of provider: All entries are identified as to author.				
E. Legibility: Records must be legible				
F. Allergies: Any adverse drug reactions and / or medication allergies or				
absence of allergies (No known allergies – NKA) are posted in a prominent area in				
the medical record.				
G. Past Medical History: Record contains the patient's past medical				
history (for patients seen more than 3+ times) that is easily identifies and includes				
serious accidents, operations, illnesses. For children, past medical history relates				
to prenatal care and birth				
H. Immunizations: Pediatric (ages 12 and under) medical records include				
a completed immunization record or documentation that immunizations are up-to-				
date.				
I. Diagnostic Information: The medical record contained diagnostic				
information.				
J. Medication Information: The medical record contains medication				
nformation.				
K. Identification of Current Problems: The medical record contains				
information on current significant illnesses, medical conditions, and health				
maintenance concerns.				

	YES	NO	N/A	COMMENTS
L. Smoking/ETOH/ Substance Abuse: (For patients >12 years old and				
seen 3+ times) there is documentation in the medical records of cigarette and				
alcohol use and substance abuse. Abbreviations/ symbols may be appropriate.				
M. Consultations, Referrals, and Specialist Reports: There is				
documentation in the medical record of any referrals and results thereof.				
N. Emergency Care: Any emergency care rendered is noted in the				
medical record with physician follow-up noted.				
O. Hospital Discharge Summaries: The record must contain discharge				
summaries for hospital admissions that occur while the patient is seen by the				
provider and prior admissions as necessary.				
Patient Visit Data – Patient visits must include at a minimum adequate				
evidence of:				
A. History to include appropriate subjective and objective information for				
presenting complaints.				
B. Plan of treatment to include objective goals.				
C. Diagnostic tests.				
D. Treatments and other prescribed regimens				
E. Documentation concerning follow up care, call or visit is included in the				
medical record, when indicated. Specific time to return is also noted as weeks,				
days, months, or PRN. There is also documentation that unresolved concerns from				
previous visits are addressed in subsequent visits.				
F. There is documentation in the medical record of any referrals and results				
thereof. There is evidence that the ordering physician has reviewed consultation,				
lab, and x-ray reports files in the medical records, through physician initials or other				
documentation. Consultations, and significantly abnormal lab and imaging study				
results specifically notes physician follow up plans.				
G. All other aspects of patient care, including ancillary services are				
documented.				
TOTAL SCORE FOR RECORD-KEEPING EVALUATION				

# CHILD & ADOLESCENT MENTAL HEALTH PERFORMANCE STANDARD 2018 EDITION

	YES	NO	N/A	COMMENTS
TREATMENT OFFICE EVALUATION				
Physical Accessibility – For Ambulatory Care				
Wheelchair accessible				
Physical Appearance				
The office is kept neat, clean, appears properly maintained.				
The office is has adequate lighting				
Adequacy of waiting and examining room				
There is a designated waiting room.				
There is a designated examining room.				
Availability of appointments				
Appointments are available within 24 hours of notification				
TOTAL SCORE FOR TREATMENT OFFICE EVALUATION				
EMERGENCY EQUIPMENT AVAILABILITY				
First Aid Kit				
TOTAL SCORE FOR EMERGENCY EQUIPMENT AVAILABILITY EVALUATION				

# CHILD & ADOLESCENT MENTAL HEALTH PERFORMANCE STANDARD 2018 EDITION

SUMMARY OF FINDINGS:	# OF YES	# OF POSSI BLE YES	THRES HOLD	SCORE
COMPLIANCE WITH EXISTING STATE LAW		1	90%	
RECORD-KEEPING EVALUATION		22	90%	
TREATMENT OFFICE EVALUATION		6	90%	
EMERGENCY EQUIPMENT AVAILABILITY		1	90%	
TOTAL SCORE:		30	90%	

**REFERENCE:** HRS; HI QUEST; QARI; HI State; Licensing Boards; CMSS; CAMHD QAIP; NCQA Standards for Credentialing & Re-credentialing: 42CFR; §438.12, § 438.200, § 438.204, § 438.206, § 438.214, §438.224; HSAG Audit Tool; HAR, Title 11, Department of Health, Chapter 98, Special Treatment Facilities

APPROVED:	
Signature on File	8/23/11
Administrator	Eff. Date

### **PURPOSE**

The purpose of this policy is to assure that qualified mental health professionals through established minimum qualifications render services to CAMHD youth.

### **DEFINITIONS**

See Glossary of Credentialing Terms (See Attachment A)

### **POLICY**

- The CAMHD ensures a systematic credentialing process of assessing the qualifications of CAMHD and CAMHD contracted Provider Agencies' licensed, Qualified Mental Health Professionals (QMHP), direct care personnel and clinical supervisors. This process ensures that any Hawaii licensed practitioner providing mental health services to youth served by the CAMHD, who either:
  - A. Is an independent contractor with CAMHD; or
  - B. Is employed with CAMHD; or
  - C. Is employed or subcontracted by a CAMHD contracted Provider Agency, hereafter referred to as the Provider Agency; and

is credentialed *prior* to providing direct mental health services to youth.

- 2. The CAMHD Credentialing Committee, hereinafter referred to as the "Committee" meets monthly to make determination on all credentialing/re-credentialing applications. The Committee makes such determinations in accordance with this policy and the policy and procedures set forth in CAMHD P&P 80.508, "Credentialing Committee."
- 3. The CAMHD reserves the right to make the final determination about which practitioners may participate in its network and provide services to CAMHD registered youth. Practitioners shall meet all applicable standards to participate in the CAMHD's provider network.

The CAMHD will not pay for services rendered if the provider is NOT credentialed.

- 4. The CAMHD credentials the following licensed practitioners as a QMHP:
  - Medical Doctor
  - Licensed Clinical Social Worker (LCSW)
  - Licensed Marriage and Family Therapist (LMFT)

- Licensed Psychologist (Ph.D. or Psy.D.);
- Advanced Practice Registered Nurse (APRN); and
- Osteopathic Doctor (D.O.)
- 5. The licensed practitioners who <u>do not need</u> to be credentialed/re-credentialed by CAMHD include:
  - Practitioners who practice exclusively within the inpatient setting and who do not provide
    mental health care for CAMHD youth who are admitted to a hospital or another inpatient
    setting. These practitioners need to be credentialed by the hospital or the inpatient setting
    they provide services.
  - Practitioners who do not provide care for CAMHD youth in a treatment setting (consultants).
- 6. The CAMHD will delegate to the Hospital-based Residential Programs the credentialing of QMHPs only.
- 7. Applications. The CAMHD Credentialing Section reviews all credentialing and re-credentialing applications. All applications shall include all required documents and verifications that will be presented to the Committee for review and approval. (See Attachment B, CAMHD Licensed Provider Initial Credentialing Application Form) A completed application shall include or meet the following requirements:
  - A. All blanks on the application form are filled in and necessary additional explanations provided;
  - B. All requested attachments and information have been submitted;
  - Verification of the information is complete and done through primary sources when required; and
  - D. All information necessary to properly evaluate the applicant's qualifications has been received and is consistent with the information provided in the application.
- 8. **Primary Source Verifications.** The CAMHD delegates primary source verification to the Provider Agencies for their employees and/or subcontractors. The CAMHD delegates the primary source verification to a contracted credentialing verification service for CAMHD employees. Required primary source verifications are outlined in *Attachment C, CAMHD Licensed Provider Checklist (LPC)*, and include verification timeline requirements, and methods of accepted primary source verification.
  - A. Practitioners shall be primary source verified with the State of Hawaii Department of Commerce and Consumer Affairs (DCCA), Professional and Vocational Licensing Division at <a href="http://pvl.ehawaii.gov/pvlsearch/app">http://pvl.ehawaii.gov/pvlsearch/app</a> to verify Hawaii licensure.
  - B. The credentials of practitioners shall be evaluated against pre-determined criteria in conjunction with the National Committee of Quality Assurance (NCQA) and state licensing requirements.

- C. Practitioners will be notified in writing via regular mail of any information obtained during the credentialing process that varies substantially from the information provided to the CAMHD and/or the Provider Agency.
- 9. **Timeframes.** To prevent the Committee from considering a provider whose credentials may have changed since they were verified, primary source verification should be no more than one hundred eighty (180) days old (unless otherwise stated) at the time of the credentialing committee decision.
  - A. **Written verifications.** The one hundred eighty (180) days time limit begins with the date that the credentials were verified (the date on the letter or the signature date) and not when CAMHD or the Provider Agency received the information. Written documentation shall be complete using indelible ink.
  - B. **Oral verifications.** Oral verifications require a written statement to the CAMHD stating the verification date, the name of the primary source person who verified the information, the name and dated signature of the CAMHD or Provider Agency staff that conducted the query.
  - C. Internet website verifications. Internet verifications require the dated signature of the CAMHD or Provider Agency staff that conducted the query on all printed pages. Electronic signatures are allowed provided the signatures are password protected. The Provider Agencies and other agencies designated as primary source verifiers shall send a written report to the CAMHD of their electronic signature password protection policies.
- 10. Credentialing Cycle. Once a practitioner is credentialed, he/she is able to carry the full credential status for two (2)-years with the specified agency he/she is credentialed under. Upon approval, the Credentialing Section shall submit the practitioner's credentialing information to the CAMHD's Management Information System (MIS) Section for entry into the information/billing system.
  - A. The credentialing cycle begins with the date of the initial Committee decision to approve the credentialing application and ends two (2) years later. For example, if the Committee approved the practitioner's credentialing application on December 1, 2011, the practitioner's credentialing period would begin on December 1, 2011 and end on December 1, 2013.
  - B. Practitioners are considered credentialed/re-credentialed upon notification from the Credentialing Section after the Committee has rendered its decision.
- 11. **Confidentiality Policy**. The CAMHD holds all practitioner data and information obtained through the credentialing/re-credentialing process in strict confidence.
- 12. **Non-discrimination Policy.** The Committee does not make credentialing/re-credentialing decisions based solely on the applicant's race, ethnic/national identity, gender, age, sexual orientation, or the types of procedures or patients the practitioner (e.g., Medicaid) specializes in.

- 13. Practitioner Rights. The CAMHD shall provide all contracted agencies and CAMHD employees of their practitioner rights in the credentialing/re-credentialing process. Rights include but are not limited to:
  - A. A review of submitted information in support of their credentialing/re-credentialing applications;
  - B. The right to correct erroneous information; and
  - C. The right to appeal any credentialing/re-credentialing decisions that limit, suspend or terminate a practitioner's credentialing/re-credentialing status.

### **PROCEDURES**

- 1. **Credentialing Section Responsibilities:** The Credentialing Section staff, under the oversight of the Performance Manager, will:
  - A. Inform the Provider Agencies of CAMHD's credentialing policies and procedures, providing them with a copy of each of CAMHD credentialing policies and procedures. The Provider Agencies are required to have similar policies and procedures to follow within their own agencies that comply with the CAMHD's credentialing policies and procedures.
  - B. Provide training to the Provider Agencies on the credentialing/re-credentialing operational processes and requirements.
  - C. Perform the following prior to the Committee's review of credentialing/re-credentialing applications:
    - Receive and process all credentialing/re-credentialing applications prior to Committee review;
    - Process all applications and conduct preliminary reviews of each practitioner's credentials in accordance with the LPC to ensure all primary source verifications being submitted meet the CAMHD's established criteria;
    - 3) Maintain and have available for review by the Committee the practitioner files that meet established criteria prior to the scheduled Committee meetings;
    - 4) Present a list of the names of all practitioners who meet the established criteria to the Committee for review and final approval;
    - 5) Present to the Committee all applicant files that do not meet all established criteria with all documentation necessary for the Committee to review and render appropriate determinations; and
    - 6) Provide the CAMHD's MIS Section with a list of credentialed practitioners following approval from the Credentialing Committee.

Credentialing/Re-credentialing Documents and Primary Source Verification Requirements. The Credentialing Section staff will ensure that all credentialing/re-credentialing documentation and verification requirements are met. Primary source verification should be no more than one hundred eighty (180) days old (unless otherwise stated) at the time

of the Committee's decision. Staff will use the LPC that outlines the CAMHD required primary source verifications, verification timeline requirements, and methods of accepted primary source verification. All boxes of the LPC must be checked off with verifying documents attached. The LPC includes the following criteria items:

- D. <u>Attestation:</u> (See Attachment D, Attestation Letter). The Provider Agency or CAMHD's designated primary source verification agency representative shall complete the "CAMHD Attestation Letter" and submit the signed original letter to the Credentialing Section.
- E. <u>Background Verification Application</u>. The *Background Verification Form for Qualified Mental Health Professionals* (Application Form). Applicants *shall complete all areas* of the application form including:
  - 1) Identifying Information
  - 2) Educational Information
  - 3) Health status: In the event an applicant answers "Yes", a letter of explanation must accompany the application. The Committee shall review the letter of explanation and weigh the implications of any health conditions stated as it pertains to the applicant's ability to perform the functions of the position for which the provider is being credentialed. The Committee may consider approval of the applicant with or without restrictions.
  - 4) Restrictive Actions: In the event an applicant answers "Yes", a letter of explanation must accompany the application. The explanation shall be for each occurrence with dates, parties involved, circumstances surrounding the situation and the outcomes. The CAMHD shall review the application and letter of explanation from applicant with restrictive actions and a letter of support from the agency addressing the specific restrictive action. Restrictive actions include any of the following below:
    - a. Loss, denial, limitation of privileges or disciplinary activity
    - b. Voluntary relinquishing of privileges or license
    - c. Denial of certification
    - d. Malpractice issues
    - e. Criminal convictions
    - f. Illegal Drug Use
    - g. History of loss or limitation of privileges or disciplinary activity
  - 5) Relevant Work/Volunteer/Intern Experience
  - 6) Release of Information Authorizations: Dated signature required
  - 7) Affirmation: Dated signature required
  - 8) Release and Immunity: Dated signature required
  - 9) Provider Rights

- 10) Attestation as to the correctness and completeness of the application. The applicant must sign and date the attestation statement in the application.
- F. <u>Resume:</u> The CAMHD does not require primary source verification of relevant work history to be submitted as part of the credentialing/re-credentialing requirement but defers employment verification activities as part of the intra agency human resource functions performed by the CAMHD or Provider Agencies in the case of CAMHD personnel.

For the work history requirement, a minimum of five (5) years of relevant work history must be obtained through the practitioner's resume. If it is obtained from the resume, the resume must state *a date of preparation* so that the Committee is able to determine the one hundred eighty (180)-day time limit for this criterion. The applicant must submit a written explanation of any gaps over six (6) months.

- G. <u>Education:</u> The CAMHD or the Provider Agency must verify only the highest level of credentials attained. If a physician is board certified, verification of that board certification fully meets this element because specialty boards verify education and training. For practitioners who are not board certified, verification of completion of residency fully meets this requirement. For those who have not completed a residency program, verification of graduation from medical school meets this standard. Old verifications would be acceptable provided it verifies the education that is applicable to the licensure for which the applicant is being credentialed.
  - 1) Education and training including board certification if the practitioner states on the application that he/she is board certified.
  - 2) Education Verification Requirements for Different Specialties:
    - a. For Board Certified Physicians:
      - Verification of board certification fully meets education verification requirements because medical boards already verify education and training. Separate verification of education and residency training is not required for board certified medical doctors.
    - b. For Non-Board Certified Physicians:

Verification requirements of the completion of residency training or graduation from medical school can be met by the one of the following:

- Confirmation from the medical school
- Entry in the American Medical Association (AMA)
   Physician Master File
- Entry in the American Osteopathic Association (AOA)
   Physician Master File
- Confirmation from the Educational Commission for Foreign Medical Graduates (ECMFG) for international medical graduates after 1986
- c. Non-Physician Behavioral Healthcare Professionals

Confirmation from the university specifically stating name of applicant, degree and date conferred. Written verifications must be received directly from the university attended. Telephone verifications are acceptable provided the name of the person verifying the information; the date of verification and the person's name at the primary source is identified in a memo.

H. Board certification, if designated by the practitioner on the application. *Verification Time Limit:* Any NCQA recognized source is valid up to one (1) year but if it is a document source (e.g. American Board of Medical Specialties (ABMS) Compendium), verification must also be based on the most current edition

If an applicant states in their application form that they are board-certified, the board certification must be queried. Acceptable methods of verification include any of the following:

1) Physicians

Completion of one of these:

- Entry in the ABMS Compendium.
- Entry in the American Osteopathic Association (AOA) Physician Master File.
- Entry in the AOA Directory of Osteopathic Physicians.
- Entry in the American Medical Association (AMA) Master File.
- Confirmation from the specialty board
- Non-Physician Behavioral Healthcare Professionals
   Confirmation from the specialty board
- 3) Foreign Trained Physicians

Foreign trained physicians that graduated and obtained licensed after 1986 must submit a copy of their ECFMG certificate.

I. State of Hawaii License Verification. Verification time limit: 180 days

Applicant shall possess a current license to practice in the State of Hawaii.

The Provider Agency shall confirm that the applicant holds a valid, current State of Hawaii license to practice. The license must be primary source verified with the State of Hawaii Department of Commerce and Consumer Affairs, Professional and Vocational Licensing Division at <a href="http://pvl.ehawaii.gov/pvlsearch/app">http://pvl.ehawaii.gov/pvlsearch/app</a>. A copy of the license shall be printed and the person conducting the query shall date and sign all pages of the printout results.

J. <u>Controlled Substance – State and Federal</u>. *Verification time limit: Certificate must be effective at the time of the credentialing/re-credentialing committee decision*. If the applicant is a medical doctor, a copy of the current Drug Enforcement Agency (DEA)

and state Narcotics Enforcement Division (NED) certificate must be present at the time of credentialing/re-credentialing approval.

A practitioner with a pending DEA application may be credentialed provided that another practitioner with a valid DEA certificate write all prescriptions requiring a DEA number for the practitioner until the practitioner has a valid DEA certificate. The name of the practitioner with the valid DEA number shall be noted clearly on the credentialing/re-credentialing file of the provider without a DEA number.

# K. <u>Malpractice Insurance</u>: Verification time limit: Coverage must be effective at the time of the credentialing/re-credentialing decision.

The Provider Agency shall obtain a letter confirming current malpractice coverage from the insurer. The letter shall state the name of the provider, policy number, dates of coverage, and 1 million / 3 million aggregate of coverage. Copies of face sheets from the practitioner will not satisfy this requirement unless it has been received from the insurer.

History of professional liability claims that resulted in settlements or judgments paid by or on behalf of the practitioner. *Verification time limit: 180 days* 

The Provider Agency shall obtain written confirmation of malpractice settlements from the current malpractice carrier and for all malpractice carriers in the past seven (7) years. These years may include residency years. In some instances, practitioners may have been covered by a hospital insurance policy during residency. In these cases, CAMHD or its Agency does not need to obtain confirmation from the carrier.

### L. National Practitioner Data Bank Query. Verification time limit: 180 days

The National Practitioner Data Bank (NPDB) shall be queried for previous malpractice claims history and/or state licensure sanctions. The CAMHD, Provider Agencies or their primary source verification contractor must become registered users of the NPDB to be able to request verifications. The query results must indicate "no records" query result. In the event that there is a record on file, the applicant must provide a letter of explanation of the record including a printout of the results from the NPDB. The committee will review the implications of the record as it pertains to the applicant's ability to provide quality services to CAMHD youth.

### M. <u>National Provider Identification</u>: *Verification time limit: 180 days*

The National Provider Identifier (NPI) is a Health Insurance Portability and Accountability Act (HIPAA) Administrative Simplification Standard. The NPI is a unique identification number for covered health care providers. Covered health care providers and all health plans and health care clearinghouses must use the NPIs in the administrative and financial transactions adopted under HIPAA. The NPI is a 10-position, intelligence-free numeric identifier (10-digit number). This means that the numbers do not carry other information about healthcare providers, such as the state in which they live or their medical specialty. The NPI shall be used in lieu of legacy provider identifiers in the HIPAA standards transactions. As outlined in the Federal

Regulation, the Health Insurance Portability and Accountability Act of 1996 (HIPAA), covered providers must also share their NPI with other providers, health plans, clearinghouses, and any entity that may need it for billing purposes.

The CAMHD requires an NPI for all QMHPs and MHPs, and all paraprofessionals providing and billing for Intensive In-Home Therapy services.

N. <u>State of Hawaii License Sanctions and Complaints History</u>. *Verification time limit: 180 days* 

The practitioner's license limitations and restrictions must be primary source verified with the State of Hawaii Department of Commerce and Consumer Affairs, Professional and Vocational Licensing Division at <a href="http://pvl.ehawaii.gov/pvlsearch/app">http://pvl.ehawaii.gov/pvlsearch/app</a>. The results of the complaints history query shall be printed and the person conducting the query shall date and sign all the pages of the printout results.

O. <u>Medicare/Medicaid Sanctions.</u> Verification time limit: 180 days

The Office of the Inspector General at <a href="http://exclusions.oig.hhs.gov/search.html">http://exclusions.oig.hhs.gov/search.html</a> must be queried for the existence of any Medicare/Medicaid sanctions against the applicant. The results of the sanctions query should be printed and the person conducting the query shall date and sign all pages of the printout results. The query results must indicate "no records" query result. In the event that there is a record on file, the applicant shall provide a letter of explanation of the record. The committee will review the implications of the record as it pertains to the applicant's ability to provide quality services to CAMHD youth.

P. <u>Other State License Verification</u>. *Verification time limit: 180 days*The Provider Agency shall query an applicant that possesses a current or expired license in another state.

For active licenses, the Provider Agency shall confirm that the applicant's license is valid and current in the state reported. This query must be primary-source-verified with that state's licensing board. The person conducting the query must date and sign all the pages of the printout results.

If the license has expired, the Provider Agency shall query the prior complaints history on such license. (See below.)

State sanctions, restrictions on licensure and/or limitation on scope of practice – for both active and expired out of state licenses:

The practitioner's license limitations and restrictions must be primary source verified with the other state's licensing board. The person conducting the query shall date and sign all the pages of the complaints history printout results.

Q. <u>Letters of Good Standing from Hospitals with Current Privileges</u>. *Verification time limit: 180 days*.

CAMHD must obtain a letter from any and all hospitals with which the practitioner has current privileges.

R. Hawaii Justice Center Data Bank Verification: Verification time limit: 180 days

The CAMHD or Provider Agency shall query the Hawaii Justice Center Data Bank for any criminal record. The query results must indicate "no records found". In the event that a record is found within the past ten (10) years, the applicant shall provide a written explanation of the record. Rehabilitative or self-improvement programs attended to help improve whatever issues there may be at the time of offense shall be listed. In addition, the Provider Agency shall also submit to CAMHD a written supervision plan that outlines the position and overall function of the applicant, supervision structure, and any other mechanisms in place to prevent similar offenses from occurring while the applicant is employed with the Provider Agency or around CAMHD youth.

S. Child and Abuse Neglect (CAN) Verification. Verification time limit: 180 days

The Department of Human Services Child Protective Services Database must be queried for child abuse and neglect records. The "CAMHD CAN Request Form" (See Attachment E) and "CAMHD CAN Authorization Form" (See Attachment F) shall be completed. The query results must indicate "no records found". In the event that a positive CAN record is found, the Provider Agency shall notify the CAMHD Credentialing Section of the record within twenty-four hours (24) by telephone and provide the hardcopy of the positive CAN record within three (3) business days by fax.

The applicant through the Provider Agency shall submit a letter of explanation regarding the positive CAN results to the Credentialing Committee.

Once the applicant is credentialed and a CAN report is received with positive results, the Provider Agency shall suspend the practitioner from providing direct care services to CAMHD youth until the Committee has made a decision.

T. <u>Central Database Check for Sentinel Events, Grievance, and Medicare/Medicaid</u> Exclusion. *Verification time limit: 180 days.* 

The CAMHD Credentialing Section shall check its central database to determine if the provider applicant has had previous reports pertaining to Sentinel Events or Grievances or has been excluded from participating in Medicare programs.

- Credentialing Committee Decisions. The Committee shall review the complete application
  packets presented by the Credentialing Section prior to rendering any determinations. The
  CAMHD has the right to make the final determination about which practitioners participate
  within its network.
- 3. **Notification of Credentialing Adverse Determinations.** The Provider Agency or CAMHD practitioner will be informed in writing of any adverse credentialing/re-credentialing decision(s) from the Chair of the Credentialing Committee.

- A. The decision letter shall be sent to the Provider Agency within fifteen (15) calendar days of the decision. The letter will include the reconsideration and appeal process.
- B. Upon receipt of an appeal, the CAMHD has thirty (30) calendar days from the date of receipt of the letter of explanation to review documents and render a decision.
- C. The practitioner has the option to request a hearing and/or be represented by another person of the practitioner's choice.
- 4. **Practitioner Suspension of Participation**. The Committee has the authority to suspend a practitioner's participation in providing services to CAMHD youth. When there is immediate risk to a youth, the CAMHD shall suspend a practitioner's credentials while an investigation is conducted by the CAMHD.
  - A. The suspension process is initiated when a report is made or an investigation occurs in cases where it is determined that potential risks or harm may exist to CAMHD youth and presented to the Committee for review and decision. These preliminary investigative reports to the Committee may be from any of the following:
    - Sentinel Events Unit
    - Grievance Office
    - Performance Monitoring
    - Facility Certification Unit
    - Possible abuse as indicated in the Child Abuse and Neglect Screening (CANS)
       Check Results
  - B. The Credentialing Section or Performance Management Office shall notify the Provider Agency verbally of the practitioner suspension within twenty-four (24) hours of the identified risk. The Provider Agency shall be notified in writing within seven (7) calendar days of the decision to suspend the practitioner's credentials. During the suspension of credentials, the practitioner may not work directly with CAMHD youth.
- 5. **Practitioner Restriction or Limitation of Participation.** The Committee has the authority to restrict or limit a practitioner's participation in the CAMHD Provider Network. Restriction or limitation may be considered in any of the following cases:
  - A. Previous Grievance, Sentinel Events, or Performance Monitoring report(s) involving any of the events while previously employed with another Provider Agency.
  - B. Previous criminal record within the past ten (10) years.
  - C. Reported prior termination due to poor performance.
  - D. Prior malpractice claims within the past ten (10) years.
  - E. Positive CAN check results within the past ten (10) years.
  - F. Prior drug abuse record within the past ten (10) years.

- 6. Practitioner Termination. The Committee has the authority to terminate a practitioner's participation in the CAMHD Provider Network. Termination may be considered in any of the following cases:
  - Loss of License
  - Exclusion from the Medicare/Medicaid program
  - Misrepresentation of credentials and/or other pertinent information (i.e. restrictive action questions)
  - Involvement in a malpractice claim that involves client safety
  - Criminal indictment of any type
  - Failure to adhere to what is established in the practitioner suspension, restriction or limitation of participation investigations (as described previously in the policy)
  - Findings of fraud and abuse in billing
- 7. **Practitioner Reinstatement.** If a CAMHD or Provider Agency practitioner is voluntarily or involuntarily terminated by the CAMHD or the Provider Agency and the practitioner wishes to be reinstated:
  - A. In the case of voluntary termination the practitioner must again be <u>initially credentialed</u> if the break in service is *thirty* (30) *calendar days* or more.
  - B. In the case of involuntary termination, after all requests for consideration and Grievance & Appeals has been exhausted and Credentialing not approved, the practitioner shall wait one (1) year from the date of termination before submitting a new application for initial credentialing.
  - C. The CAMHD and/or the Provider Agency shall re-verify credential factors that are no longer within the credentialing/re-credentialing time limits.
  - D. The Committee shall review all credentials and make the final determination prior to the practitioner's re-entry into the organization. A decision letter shall be processed to the applicant within fifteen (15) calendar days of its decision. The decision letter includes the reconsideration and appeal process stated in the "Request for Reconsideration & Appeal Process" section of this policy.
- 8. **Practitioner Agency Transfer.** Credentialing approval is specific to the Provider Agency making the application for credentialing and is non-transferable. Practitioners wanting to be credentialed at multiple agencies shall submit initial credentialing packet to the Credentialing Section to process for each of the multiple agency.
- 9. Initial Credentialing Site Visits.
  - A. Onsite visits shall be conducted on an annual basis for all practitioner sites. These sites shall include treatment offices located within the CAMHD including Family Guidance Centers, or the Provider Agency Administrative Office, community treatment offices, residential facilities, and any other locations as reported by the practitioner applicant.

- B. The *CAMHD Treatment Office Site Visit Tool* shall be used for these treatment office site visits. (*See Attachment G, CAMHD Treatment Office Site Visit Tool*). A designated Performance Management staff shall conduct the reviews. The reviews shall include the following:
  - 1) Treatment Office Evaluation

A minimum score of 90% for the office site section is required. For practitioners providing services in a special treatment facility (STF) or therapeutic group home (TGH), the license to operate issued to the agency by the Office of Health Care Administration (OHCA) will be accepted as verification that the facility is in compliant with all state laws pertaining to the type of service.

- Treatment Record-keeping Practices
   A minimum score of 90% for the office site section is required.
- Availability of Emergency Equipment
   A minimum score of 90% for the office site section is required.
- C. Relocations and Additional Sites

When notified upon any agency's application to open a new site, the CAMHD Credentialing Specialist or designated CAMHD staff shall conduct a readiness site visit. Instances when CAMHD shall visit new sites include, but are not limited to when a practitioner opens an additional office or moves to offices from one location to another.

#### 10. Follow-up Actions for Initial Onsite Visit Findings/Deficiencies

- A. Reporting of Initial Onsite Audit Deficiencies and Corrective Action Activities
  - If the provider scores lower than the minimum score allowed on any of the criteria in the "Treatment Office Visit Tool" during the initial visit, a request for a corrective action plan from the practitioner shall be made during the exit interview.
  - A written notification of the request for the corrective action shall be sent to the practitioner through the Provider Agency via regular mail or electronic mail.
- B. Credentialing/re-credentialing of the practitioner shall be deferred until all deficiencies in the onsite visit are addressed and a score higher than the minimum scored required is obtained.
- C. Corrective action plans or other required documents shall be submitted to the CAMHD Credentialing Specialist no later than thirty (30) days from the date of onsite visit. The CAMHD shall review the corrective action plan and submitted documents. All primary source verifications in the deferred file would have to be within acceptable timelines at the time of review and approval by the Committee.

D. Follow-up Onsite Visit. The CAMHD reserves the right to conduct a follow up onsite visit prior to approving the practitioner to ensure that initial deficiencies noted are now within acceptable thresholds.

#### 11. Ongoing Monitoring of Sanctions and Complaints

- A. <u>State sanctions or limitations on licensure</u>. On a yearly basis, the Provider Agency shall verify the status of practitioner's State of Hawaii licensure, sanctions, or limitations with the State of Hawaii Department of Commerce and Consumer Affairs, Professional and Vocational Licensing Division at <a href="http://pvl.ehawaii.gov/pvlsearch/app">http://pvl.ehawaii.gov/pvlsearch/app</a>.
- B. In addition, the CAMHD compiles all listing of Medicaid suspended or terminated practitioner letters from the Med-Quest Division. In the event that the name being reported by Medicaid is a current member of the CAMHD provider network, the issue shall be brought to the Committee within **twenty-four** (24) hours of receipt to conduct an emergency meeting to formalize the suspension or termination of the practitioner from the network.
- C. The decision letter shall be issued within fifteen (15) calendar days and include the reconsideration and appeal process stated in the "Request for Reconsideration & Appeal Process" section of this policy.

#### 12. Notification to Authorities

The CAMHD reserves the right to rescind the full credentialing/re-credentialing status of any practitioner that does not comply with State Ethics Standards, CAMHD standards, and State and Federal laws range of actions.

- A. If the CAMHD discovers any misrepresentation of credentials or other illegal activities, the Committee shall review and make appropriate decisions. Results of the review may warrant reporting the practitioner's name and situation to the CAMHD Compliance Committee, Professional Activities Review Committee (PARC), and/or any other appropriate authority for investigation, with a copy to the Provider Relations Liaison. If warranted, the CAMHD shall refer the licensed practitioner's name to the designated Medicaid Investigator. The CAMHD reserves the right to retain, suspend, or terminate any practitioner that has misrepresented his or her credentials.
- B. The CAMHD Fraud and Abuse Program describe the CAMHD's procedures for reporting serious quality deficiencies that could result in a provider's suspension or termination to the Medicaid Fraud Investigator as well as other appropriate authorities.

#### 13. Credentialing Reports

- A. The Provider Agencies are required to submit electronic quarterly reports of their current credentialed licensed staff in the format required by CAMHD.
- B. If a practitioner is terminated, the Provider Agency is required to submit the terminated practitioner's name and termination code immediately to the CAMHD Credentialing Section via email.

#### **ATTACHMENTS:**

- A. CAMHD Glossary of Credentialing Terms, Rev. July 15, 2009
- B. CAMHD Licensed Provider Initial Credentialing Application Form, Rev. July 15, 2009
- C. CAMHD Licensed Provider Initial Credentialing Checklist, Rev. May 19, 2011
- D. CAMHD Attestation Letter, Rev. July 15, 2009
- E. CAMHD Child Abuse and Neglect Disclosure Statement, Rev. 3/2006
- F. CAMHD Child Abuse and Neglect Consent to Release Information, Rev. 02/2006
- G. CAMHD Treatment Office Site Visit Tool; Rev. July 15, 2009

#### **Glossary of Credentialing Terms**

Alias: An assumed or additional name.

**Applicant:** Any practitioner applying for credential approval with CAMHD.

Attestation Letter: A letter from a representative of the Agency attesting that they have obtained primary source verification documents from the primary source and that originals of these documents are maintained in the Agency credential file.

BBA: Balanced Budget Act, 42 CFR.

*Client:* Youth with emotional and/or behavioral challenges receiving intensive mental health services from CAMHD.

**Contracted Provider Agency:** Agency under contract with CAMHD to provide mental health services to CAMHD clients.

Complete Application: All blanks on the application form are filled in and necessary additional explanations provided; 2) All requested attachments and information have been submitted; 3) Verification of the information is complete and was done through primary sources when required; 4) All information necessary to properly evaluate the applicant's qualifications has been received and is consistent with the information provided in the application.

Credentialing: The systematic process of assessing the qualifications of CAMHD and CAMHD Agencies' qualified licensed mental health professional (QMHP), direct care personnel and clinical supervisors. The credentialing process ensures that staff has the required primary source verified credentials, licenses, certificates, malpractice coverage and other pertinent background to provide services to the consumers of CAMHD.

- Credentialing Committee standing The Credentialing Committee is a standing Child and Adolescent Mental Health Division (CAMHD) committee is designated to provide oversight over CAMHD's credentialing processes in accordance with the Credentialing Committee Policy and Procedures.

  Membership shall be representative of various disciplines from CAMHD's various sections with preference given, but not limited to licensed professionals.
- **Delegation** Authority assigned by the CAMHD to another / other organization to conduct functions and activities in CAMHD's behalf according to CAMHD expectations and standards in such a manner that benefits CAMHD. The organization is identified as a "delegate".
- **Department of Commerce and Consumer Affairs (DCCA):** Professional and vocational licensing division of the State of Hawaii
- The Educational Commission for Foreign Medical Graduates (ECFMG):

  Evaluates foreign medical graduates' medical school curriculum to ensure that it is in alignment with the United States' medical school standards.

- Mental Health Professional (MHP): Unlicensed, Board Ineligible Psychiatrist;
  Psychiatric Resident; Unlicensed, Ph.D or Psychologist (Psy D); Registered Public Nurse (RPN), Licensed with Masters Degree; Unlicensed, Masters Psychology; Licensed, Masters Social Work; Unlicensed Masters Social Work (MSW); Unlicensed Marriage & Family Therapist (MFT); Unlicensed, Masters Certified Counselor; Unlicensed, Masters Degree.
- The National Provider Identifier (NPI) is a Health Insurance Portability and Accountability Act (HIPAA) Administrative Simplification Standard. The NPI is a unique identification number for covered health care providers. Covered health care providers and all health plans and health care clearinghouses must use the NPIs in the administrative and financial transactions adopted under HIPAA. The NPI is a 10-position, intelligence-free numeric identifier (10-digit number). This means that the numbers do not carry other information about healthcare providers, such as the state in which they live or their medical specialty. The NPI must be used in lieu of legacy provider identifiers in the HIPAA standards transactions. As outlined in the Federal Regulation, The Health Insurance Portability and Accountability Act of 1996 (HIPAA), covered providers must also share their NPI with other providers, health plans, clearinghouses, and any entity that may need it for billing purposes. CAMHD requires an NPI for all QMHPs and MHPs, and all paraprofessionals providing and billing for 13101 (Intensive In-Home therapy) services.
- National Commission of Quality Assurance (NCQA) is an independent 501(c)(3) non-profit organization in the United States designed to improve health care quality. NCQA manages voluntary accreditation programs for individual physicians and medical groups. Health plans seeking accreditation measure performance through the Healthcare Effectiveness Data and Information Set (HEDIS).
- Paraprofessional (PARA): Certified Substance Abuse Counselor (CSAC); Registered Public Nurse (RPN) Bachelors, Licensed; RPN Associate, Licensed; Licensed Practical Nurse (LPN); Bachelors, Psychology; Bachelors, Social Work; Bachelors, Counseling; Bachelors, Other; Associates, Other; High School Graduate or GED.
- **Primary Source Verification** The process of verifying an individual professional's verbal or documented claims of professional and legal standing through direct contact with officials at the primary sources of education, licensing, prior employment, insurance carriers, etc.
- **Practitioner:** Any QMHP, MHP or Paraprofessional.
- Qualified Mental Health Professional (QMHP): Medical Doctor (M.D.) Licensed Social Worker (LSW), Licensed Marriage and Family Therapist (LMFT), Licensed Psychologist (Ph.D or Psy.D); Advanced Practice Registered Nurse (APRN) and Osteopathic Doctor (D.O.)

**Recredentialing** A re-verification process of primary source information that may have changed since last reviewed, such as licenses and malpractice claims information

**Termination**: Voluntary or involuntary end of contract or employment with CAMHD or a CAMHD Contracted Provider Agency.

# **CAMHD Licensed Provider Credentialing Application Form**

This is an application for credential approval with the Child and Adolescent Mental Health Division (CAMHD). If more space is needed than provided on this original, please attach additional sheets and reference the questions being asked. If a question is not applicable to you please mark N/A in the space.

**IDENTIFYING INFORMATION:** 

Applicant's Full (	Legal) Name:			
Any alias, maiden	, or previous name	(s)		
SSN#	Date of Birth		NPI#	Citizenship
Home Address		City	State	Zip
Office Address		City	State	Zip
Home Phone No.		Office Phone N	No.	Cell Phone No.
Home Fax No.	Office Fax No	).	Pager/E	-Mail Address
PRE-PROFES	SIONAL INFO	ORMATION	:	
Undergraduate Co	llege or University	7		
Mailing Address		City	State	Zip
Degree Received			Date of Graduat	tion (month & year)

PROFESSIONAL INFORMAT	ION:		
Graduate College or University			
Mailing Address	City	State	Zip
Degree Received	D	ate of Graduati	on (month / year)
Dates attended school (From-To)		Te	elephone Number
FOREIGN MEDICAL GRADUAT	ES - Attach a ph	otocopy of you	r ECFMG Certificate
INTERNSHIP:			
Hospital			
Mailing Address	City	State	Zip
Specialty	Date of C	Completion (mo	nth / year)
Dates of Internship (From-To)		Te	elephone Number
<ul> <li>Did you successfully complete the narration)</li> <li>If you participated or were a part of paper</li> </ul>			
RESIDENCIES:			
Institution			
Mailing Address	City	State	Zip
Specialty	Date of C	Completion (mo	nth / year)

Dates of Internship (From-To)		Te	elephone Number
<ul> <li>Did you successfully complete the program? □ Yes □ No (If no, give a brief narration)</li> <li>If you participated or were a part of any other residencies, please note on a separate of paper</li> </ul>			
FELLOWSHIPS:			
Hospital			
Mailing Address	City	State	Zip
Specialty	Date of C	ompletion (mo	nth / year)
Dates of Internship (From-To)		Te	elephone Number
<ul> <li>Did you successfully complete the narration)</li> <li>If you participated or were a part sheet of paper</li> </ul>		•	
SPECIALTY AND BOARD CI	ERTIFICAT	ION:	
Please list those specialties with Ameri	ican Boards by v	where you were	/are certified, if any:
Board Name:			
Specialty:	Sub-Specialty:		_
Certificate #:	Expiratio	on Date, if any:	
Re-certification date, if any:			

#### **WORK HISTORY / AFFILIATIONS:**

List all present and previous hospi	ital, agency, ar	nd clinic affiliatio	ons for the past five
years in chronological order:			

1) Name of Organization		D	ates (From – To)
Mailing Address	City	State	Zip Code
2) Name of Organization		D	ates (From – To)
Mailing Address	City	State	Zip Code
3) Name of Organization		D	ates (From – To)
Mailing Address	City	State	Zip Code

- If you were affiliated with more than three health care organizations, please list them on a separate sheet of paper with the mailing address and the dates you were affiliated.
- Please provide, on a separate sheet of paper, a chronological listing of all previous experiences including military service, private practice, and teaching. Also, please provide a narration of any breaks in experience.

#### LICENSURE:

Please list all active and inactive professional licenses you now hold or previously held - attach a clear photocopy of all current license(s).

State	License Type & Number	Expiration Date
State	License Type & Number	Expiration Date

**IF AN M.D.,** please attach clear photocopies of your current certification of Federal Controlled Substance Registration Certificate (DEA) and the State of Hawaii's Certificate of Registration for Controlled Substances (CDS). If there are any restrictions on either of these certificates, please list them on a separate sheet of paper.

Federal DEA Registration No.	Expiration D	ate	Any F	Restrictions?
State CDS Registration No.	Expiration D	ate	Any F	Restrictions?
MALPRACTICE INSURA	NCE INFOR	MATION:		
Please list all the names and comp coverage carriers covering the last				
1. CURRENT INSURANCE Co	ompany			Policy#
Mailing Address		City	State	Zip Code
Coverage Amount: Per Claim	Per Aggregate	Effective Date	e	Expiration Date
Please include any limitations / ex	clusions informa	ation.		
2. PREVIOUS Insurance Compa	nny			Policy#
Mailing Address		City	State	Zip Code
Coverage Amount: Per Claim	Per Aggregate	Effective Date	e	Expiration Date
Please include any limitations / ex	clusions informa	ation.		
3. PREVIOUS Insurance Compa	ıny			Policy#

#### CHILD & ADOLESCENT MENTAL HEALTH PERFORMANCE STANDARD 2018 EDITION

Mailing Address		City St	tate Zip Code
Coverage Amount: Per Claim	Per Aggregate	Effective Date	Expiration Date

HEALTH S	TAT	US:
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Health status is defined as including the physical and mental condition of the applicant as it relates to the individuals ability to exercise those clinical privileges requested.

perform the cor	a have any physical and/or mental condition which would interfere with the mance of those privileges which you are requesting and/or the essential functions of attractual arrangement for which you are applying, with our without modation?  □ No □ Yes (give narration)
If you occurre	<b>TRICTIVE ACTIONS:</b> answer yes to any of the questions below, please attach an explanation of each ence to include the date, parties involved, circumstances surrounding the situation, tcome.
1.	Has your license to practice medicine, nursing, social work, marriage & family therapy, State and/or Federal Drug Enforcement Administration (DEA) registration or any applicable narcotic registration in any jurisdiction ever been denied, limited, suspended, revoked, not renewed, or subject to probationary conditions, or have been fined or received a letter of reprimand – or is such action pending?  □ No □ Yes (give narration)
2.	Have you ever been denied, for possible incompetence or improper professional conduct, clinical privileges, membership, contractual participation or employment by any agency/organization that provides mental health services or any medical organization (i.e. hospital medical staff, health plan, health maintenance organization (HMO), professional association, medical school faculty position, or other health delivery entity or system). Or have your clinical privileges, membership, participation, or employment at any such agency/organization ever been suspended, restricted, revoke, or not renewed – or is any such action pending?
3.	Have you ever voluntarily relinquished privileges or a license anywhere at any time? $\ \square$ No $\ \square$ Yes (give narration)
4.	Have you ever been denied certification/recertification, or has your eligibility status changed with respect to certification/recertification by a specialty board?  □ Not Applicable □ No □ Yes (give narration)
5.	Have there been, or are there currently pending, any malpractice claims, suits, settlements, or arbitration proceedings involving your professional practice? $\ \square$ No $\ \square$ Yes (give narration)

6.	Have you ever been denied professional liability insurance or has your coverage ever been cancelled? ☐ No ☐ Yes (give narration)
7.	Have you ever been convicted of a crime, pled guilty or "no contest" to a crime, or are you currently under indictment for an alleged crime?   No  Yes (give narration)
8.	Do you presently or have you used any illegal drugs in the past two years?  \[ \subseteq \text{No}  \text{Yes (give narration)} \]
AF	TRMATION:
is ac miss auto appe not	esent that information provided in or attached to this credentialing application form curate. I understand that a condition of this application is that any misrepresentation, atement or omission from this application, whether intentional or not, is cause for natic and immediate rejection of this application and may result in the denial of intentional privileges. In the event of my termination for this reason, I will be entitled to any hearing, appeal, or other due process rights. Upon subsequent very of such misrepresentation, misstatement, or omission, the
PRI	T NAME OF APPLICANT:
SIG	IATURE OF APPLICANT:
DA	E OF SIGNATURE:
	LEVELS OF CARE FORM
App	cant's Name:
Pleas	list the levels of care you would provide to our clients.
Serv	es provided (Level of Care)

#### Agency

#### AUTHORIZATION FOR RELEASE OF INFORMATION

I, hereby authorize representatives of	and Child and Adolescent
Mental Health Division (hereafter refe	erred to as CAHMD) to consult with representatives
of other hospitals, institutions, govern	ment agencies, previous employers, and other
persons or entities (hereafter collective	ely referred to as "persons" or "entities") to obtain
and verify information concerning my	professional qualifications, competence, moral
character, ethical qualifications, and p	hysical and mental condition and to conduct
criminal background checks and Child	Abuse and Neglect checks.
	pitals, institutions, government agencies, previous
	es to and CAMHD all
	be relevant to an evaluation of my professional
	racter, ethical qualifications and physical and
mental condition.	
I haraby ralesse all representatives of	, CAMHD, and all
such persons or entities from any and	all liability for their acts performed in good faith
1	g, and verifying such information in connection
with evaluating my applications, my c	
with evaluating my applications, my e	redentials, and my quantications
I understand and agree that I, as an ap	olicant, have the burden of producing adequate
	sfaction of and/or
	ons, clinical competence, moral character, ethical
	condition and for resolving doubts thereto. I
further understand and agree that it is	my responsibility to inform -
of any change	s in the information provided through the
application during the application period	od or at any subsequent time.
DDD IT MANGE OF A DDI ICANIT	
PRINT NAME OF APPLICANT:	
SIGNATURE OF APPLICANT:	
order of the Liether.	
DATE OF SIGNATURE:	

REL	EASE AND IMMUNITY:	
condition bound	tion regardless of whether or not	, I accept the following I am granted the position, and intend to be legally remain in effect for the duration of my
1.	I authorize the release of all int qualifications for initial appoin	Cormation necessary for an evaluation of my truent and or privileges;
2.	I authorize with any prior associate and other professional competence, character to work cooperatively with other professional competence.	its staff and their representative to consult ners who may have information bearing on my acter, health status, ethical qualification, and ability ers;
3.	acting by and/or for this agency matter relating to this application	, the staff, or anyone v, and its staff, who act without malice for any on for inclusion and referral, the evaluation of my ated to appointment or clinical privileges; and
4.		and staff for all matters nical privileges or qualifications for the same, if lice.
PRINT	Γ NAME OF APPLICANT:	
SIGNA	ATURE OF APPLICANT: _	
DATE	E OF SIGNATURE:	

#### CAMHD PROVIDER RIGHTS

1. Process used to making credentialing and re-credentialing decisions.

The credentials of applicants are evaluated against pre-determined criteria in conjunction with NCQA and state licensing requirements. This policy outlines the criteria used to approve applicants. The "CAMHD Licensed Provider Initial Credentialing Checklist" and "CAMHD Licensed Provider Re-credentialing Checklist" were created to facilitate auditing of primary source verifications in the practitioner's credential chart. In addition, committee members are also required to use their professional and personal knowledge of the applicant's business practices, ethics, and ability to provide quality services to CAMHD clients in a safe treatment environment in the decision making process. All of these elements are taken into consideration during the credential approval decision-making process.

2. The process used to ensure that credentialing and re-credentialing are conducted in a non-discriminatory manner.

The CAMHD Credentialing Committee does not make credentialing decisions based solely on the applicant's race, ethnic / national identity, gender, age, sexual orientation, or the types of procedures or types of patients the practitioner (e.g., Medicaid) specializes in.

3. The process of notification to a practitioner of any information obtained during the credentialing process that varies substantially from the information provided to CAMHD and or the CAMHD Contracted Provider Agency by the provider:

CAMHD and or the CAMHD Contracted Provider agency must notify the applicant of any information obtained during the credentialing process that varies substantially from the information provided to them in writing via regular mail. The applicant must respond within 10 business days from the date of the notification letter with a letter of explanation for the varying information. Additional documents may be submitted to CAMHD and or the CAMHD Contracted Provider agency to substantiate or explain the variations. CAMHD has 30 days from the date of receipt of the letter of explanation to review documents and render a decision. The decision letter includes the reconsideration and appeal process stated below.

#### The Request for Reconsideration & Appeal Process

If the applicant does not agree with the CAMHD Credentialing Committee's decision, they have the right to request for reconsideration. Reconsideration requests must be submitted with additional documentation to support the request. These must be received at CAMHD within 10 business days from the decision letter, unless otherwise stated. The CAMHD Credentialing Committee will review the submitted documents and issue a reconsideration decision to the applicant or through the CAMHD Contracted Provider

agency via facsimile or mail within 30 days from the date of receipt of the reconsideration request. The applicant, either directly or through the CAMHD Contracted Provider Agency, has the option to file a formal complaint with CAMHD's Grievance and Appeal Office at 733-8495 in the event the CAMHD Credentialing Committee holds to its original decision.

4. The process to ensure that practitioners are notified of the credentialing or re-credentialing decision within 15 business days of the committee's decision.

A CAMHD Credentialing Committee letter is sent to the applicant through the CAMHD Contracted Provider Agency within 15 business days of the decision. If the applicant does not agree with the decision they are entitled to request for reconsideration through the "Request for Reconsideration & Appeal Process" outlined above.

5. The process used to ensure confidentiality of all information obtained in the credentialing process, except otherwise provided by law.

The CAMHD Credentialing Committee and CAMHD Contracted Provider Agencies' Credentialing Specialists and other personnel that have access to credential information must sign the "CAMHD Credentialing Confidentiality Form" to ensure confidentiality of all information gathered during the credentialing process, except otherwise provided by law, and are used for the sole purpose of credentials evaluation. In addition, any discussions held during the CAMHD Credentialing Committee must remain confidential except when otherwise provided by law.

6. The right of practitioner's right to review submitted information in support of their credentialing applications:

The applicant has the right to request and review primary source verifications obtained on their behalf. A written request must be sent to the CAMHD Credentialing Specialist, CAMHD Credentialing Department, 3627 Kilauea Avenue, Room 101, Honolulu, HI 96816. The CAMHD Credentialing Department has 30 days to forward copies of primary source documents to the applicant via regular mail. In the event that the primary source verification function has been delegated to the CAMHD Contracted Provider Agency, the written request must be sent to the attention of the CAMHD Contracted Provider Agency Credentialing Specialist. The CAMHD Contracted Provider Agency Credentialing Specialist has 30 days to forward the copies of the primary source documents to the applicant via regular mail.

Peer-review protected information, references, and letters or recommendations may not be reviewed by applicants.

7. The practitioner's right to correct erroneous information:

In the event that credentialing information obtained from other sources varies substantially from that provided by the practitioner, CAMHD must notify the applicant in writing within 10 business days from date of discovery. Notification may be sent directly to the applicant or through the CAMHD Contracted Provider Agency Credentialing Specialist.

The applicant has the right to correct erroneous information by sending a letter directly to the CAMHD Credentialing Committee to the following address: CAMHD Credentialing Specialist, CAMHD Credentialing Department, 3627 Kilauea Avenue, Room 101, Honolulu, HI 96816 or through the CAMHD Contracted Provider Agency in writing within 10 business days from date of receipt of the notification letter from CAMHD. Additional documents may be submitted to CAMHD and or the CAMHD Contracted Provider agency to substantiate or explain the erroneous information. CAMHD has 30 days from the date of receipt of the letter of explanation to review documents and render a decision. The decision letter includes the reconsideration and appeal process stated in the "Request for Reconsideration & Appeal Process" section of the CAMHD Credentialing policy.

## 8. The right of practitioners, upon request, to be informed of the status of their credentialing or re-credentialing application.

The applicant has the right to request, in writing or through telephone, the status of their credentialing or re-credentialing application. CAMHD must respond to such inquiry within 10 business days either in writing or through telephone. In the event that the primary source verification function has been delegated to a CAMHD Contracted Provider Agency, the request must be directed to the CAMHD Contracted Provider Agency Credentialing Specialist. The CAMHD Contracted Provider Agency Credentialing Specialist should then contact the CAMHD Credentialing Specialist if unable to answer regarding the status of the applicant's application.

	I	NITIA	L					RE-CREDENTIAL
	PRO	VIDER	NAME:					
	PRO	VIDER	AGENC	Y NAME:				
	DDA	WIDED	ID					
	PKO	VIDER	1.υ.			<del></del>		
	SPEC	CIFIC J	OB FUN	CTION:				
	PRO	VIDER	NPI NUN	MBER:		·		
	LEVI	ELS OF	CARE (	list all):				
	LEVI	LLS OI	· CIRE (	nst an).		_		
Г	1	ATTI	ESTATIO	)N				
	_				Credentialing Sp	ecialist that originals	of pr	imary source
			verifica	tions are kept in	the Agency Cre	edentialing File	•	
			Date: _	1 1	a	nd must be within 180	day	s of CAMHD
-	2	BACI		and approval ND VERIFICA	TION APPLIC	CATION		
	_				nature:		be wi	ithin 180 days of
				D review and ap				
			Restrict	ive Action Ques	stions answered			
			_		er of explanation	attached.		
				Status Question				
			•		er of explanation	attached.		
			,	) of support atta els of Care liste				
				r received "Prov				
	3	RESU			dated by the pr	actitioner)		
			Date Pr			and must be withi	n 180	) days of
		_		D review and ap	proval.			
-	4	EDIA	If there CATION		6 months in em	ployment, letter of exp	lanat	tion attached
	4			Verification:		and must be wit	hin 1	80 days of
					proval if using	Board Verification as a		
			Receive	ed directly from	the University o	r telephone verificatio	n – n	o time limit
			Highest	Applicable Deg	gree obtained: _			
			Date co		ar represe	- TON		
	5				ISE VERIFICA		41	100 dans of
		_		Verification: D review and ap	proval	and must be wi	ının	100 days of
				ion date:	=			
			-			nducting the query		
Ī	6	CON	<b>FROLLI</b>	ED SUBSTANC	CE – STATE (F	or M.D.'s only)		

	_	
		Copy of current certificate attached
		Expiration Date:
7		ROLLED SUBSTANCE – DEA (For M.D.'s only)
		Copy of current certificate attached
		Expiration Date:
8	RESI	ENCY, INTERNSHIP, FELLOWSHIP – Query Highest Completed
	_	(if applicable)
		Date of Verification: and must be within 180 days of
		CAMHD review and approval if using Board Verification as method of verification.
		Received directly from the program - no time limit
		Using Board Certification in lieu of primary verification with program
9	ECFN	G (If M.D., foreign graduate and licensed after 1986)
		Date of Verification: and must be within 180 days of
		CAMHD review and approval.
		Received directly from ECFMG
10		DELIGIBILITY / CERTIFICATION
		EADY BOARD CERTIFIED:
	ABPN	Boards: Child / Adolescent Psychiatry
		Date of Certification:
		Psychiatry  Date of Contiffications
		Date of Certification:
		Other: Date of Certification:
	_	Date of Verification: and must be within 180 days of CAMHD approval.
		Received directly from ABPN or
		·
		Tion in hybridan master inc
		AMA Physician Master File
		ABMS Official Directory of Board Certified Medical Specialists
		through the ABMS CertifACTS Online, the AMBS Certifax service
	IF DE	and the online subscription service, <u>www.boardcertifieddocs.com</u> ENTLY COMPLETED ACGME TRAINING
11		Copy of Certification from ACGME ENT MALPRACTICE INSURANCE COVERAGE
11	Insura	
		!:
		Date of Verification: and must be within 180 days of
	_	CAMHD review and approval.
		Expiration Date:
		Verification issued to agency
	ŏ	
		Received directly from the insurer
		Provider name stated on letter
		l mil / 3 mil aggregate coverage

12	MAL	PRACTICE NO CLAIMS VERIFICATION
		ry ALL insurances within the past 7 years)
	Policy	Current Insurance:
		Date of Verification: and must be within 180 days of
	_	CAMHD review and approval.
		Verification issued to agency
		Received directly from the insurer
		Provider name stated on letter
		NO CLAIMS verified
		Insurance:
	Policy	<del>-</del>
		Date of Verification: and must be within 180 days of CAMHD review and approval.
		Verification issued to agency
		5 7
		Received directly from the insurer Provider name stated on letter
		NO CLAIMS verified
13		nal Practitioner Data Bank (NPDB) (only for MDs. PHDs, PSYDs, DOs, APRNs)
		Date of Verification: and must be within 180 days of
		CAMHD review and approval.
		Received directly NPDB or verified with NPDB by a third party verification service such as HCVS
		Queried as a designated agent of CAMHD
		If record found, letters of explanation from employee and supervisor are present.
14	STAT	TE OF HAWAII LICENSE SANCTIONS AND COMPLAINTS HISTORY
		Date of Verification:and must be within 180 days of
		CAMHD review and approval.
		Prior complaints verified, printout present
		All pages contain name and dated signature of person conducting the query
15		ICARE / MEDICAID SANCTION
		Date of Verification: and must be within 180 days of CAMHD review approval.
		No records found.
		Name and dated signature of person conducting the query
16	OTH	ER STATE LICENSES VERIFICATION (if applicable)
		Name of State:
		Date of Verification: and must be within 180 days of
		CAMHD review and approval.  Status: Active Inactive
		Status: Active Inactive

		Expiration date:
		Prior complaints verified, printout present
		All pages contain name and dated signature of person conducting the query
17		TER OF GOOD STANDING FROM HOSPITALS WITH CURRENT (if applicable)
		( 11 /
		Name of Hospital:
	_	Date of Verification: and must be within 180 days months of CAMHD approval.
18	NAT	IONAL PRACTITIONER INDENTIFIER (NPI)
		NPPES Printout
19		VAII JUSTICE CENTER CHECK (Search for all names/aliases)
		Adult Criminal Convictions verification date: and must be within
		180 days of CAMHD review and approval.
		Sex Offender Search verification date:and must be within
		180 days of CAMHD review and approval.
		No records found printout signed & dated by person conducting query.
		If record found, a complete printout is present with each page signed & dated by
		person conducting query.
		Letters of explanation from employee and supervisor are present
20	_	LD ABUSE & NEGLECT CHECKS
		Date of Verification: and must be within 180 days of
		CAMHD approval.
		If record found, letters of explanation from employee and supervisor are present.
		Consent to release information from Child Protective Services submitted
		If Pending, CA/N Disclosure submittal date:
21		IBINED SENTINEL, GRIEVANCE, AND MEDICAID DATABASE CHECK for
		ted incidents, complaints, performance issues, child abuse case, and Medicaid sanction <b>CAMHD to complete</b> )
		Database checked for a name match. Date checked:
		No name match found.
		If name match found, copy of report attached for committee review
en: equ	ındersi sure th	igned credentialing staff has reviewed all of the submitted copies of primary source document they are in accordance to the established CAMHD Licensed Provider Credentialing atts. This file is found to be in compliance with the requirements and is recommended for to the CAMHD Credentialing Committee on
AM	IHD C	REDENTIALING STAFF DATE
BASE DECIS	D ON T SION: PPROV	HE ABOVE PRIMARY SOURCE VERIFICATIONS THE COMMITTEE HAS GRANTED THE FOLLOW  ED FULL CREDENTIAL STATUS from
		ED – see letter requesting additional information. – see letter stating reason for denial.

# CAMHD CREDENTIALING CMTE. CHAIR DATE

CHILD & ADOLESCENT MENTAL HEALTH PERFORMANCE STANDARD 2018 EDITION

#### **USE COMPANY LETTERHEAD**

#### DATE:

CAMHD Credentialing Specialist Credentialing Unit Child and Adolescent Mental Health Division 3627 Kilauea Avenue, Room 101 Honolulu, HI 96816

#### **Re:** NAME OF PROVIDER:

Dear CAMHD Credentialing Specialist:

I attest that the attached is a complete application per *CAMHD P & P 80.308 or 80.308.1*. Attached please find the copies of primary source verifications for the above named provider. By way of this letter, I am attesting that we have the originals of all submitted primary source verifications and that we received this information directly from the primary source or through a primary source verification service contractor. The originals are maintained in a separate credentialing file for the above provider here at the agency.

I further attest that this application meets the [Agency Name] Human Resources and job requirements to fill the position of [list position, such as Intensive In-Home Therapist] and [Agency Name] is in good faith recommending him/her for work with CAMHD youth.

If you have any further questions or concerns, please feel free to call.

Sincerely,

AGENCY REPRESENTATIVE MUST SIGN THIS LETTER. OR THE CREDENTIALING FILE WILL BE CONSIDERED INCOMPLETE AND WILL NOT BE PRESENTED TO THE COMMITTEE UNTIL SIGNATURE IS OBTAINED.

#### **USE COMPANY LETTERHEAD**

#### DATE:

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If you have any further questions or concerns, please feel free to call.

Sincerely,

AGENCY REPRESENTATIVE MUST SIGN THIS LETTER. OR THE CREDENTIALING FILE WILL BE CONSIDERED INCOMPLETE AND WILL NOT BE PRESENTED TO THE COMMITTEE UNTIL SIGNATURE IS OBTAINED.

## CHILD ABUSE/NEGLECT Disclosure Statement

Be sure to c	complete this section com	apletely & legibly.	
	NAME		
Any A	lias(es), Former		
Name(s),	<b>Including Maiden</b>		
& Ma	arried Name(s)		
	DOB		
	SSN		
AGI	ENCY NAME		
Ü	FOR APPLICANT RECORD: I am aw Neglect record conc conducted by the De	To B that you are declaring to large ware, or suspect that there may be erning me and/or my family because epartment of Human Services' Chetailed circumstances in a written, to this document.	ABUSE/NEGLECT a Child Abuse and/or use of an investigation ild Protective Services.
	SIGNATURE		DATE
В.	ABUSE/NEGLECT involved party to an Services' Child Prot	TS ATTESTING THEY DO NOT RECORD: This is to certify the y investigation conducted by the I tective Services. Discovery to the investigation may result in denial of dential status.	at I have not been an Department of Human contrary, of my
	SIGNATURE		DATE

State of Hawaii DEPARTMENT OF HUMAN SERVICES Social Services Division Child Welfare Services Branch

### CONSENT TO RELEASE INFORMATION FROM THE Child Protective Services System Central Registry

I,		give my consent to have the services Child Protective Services	
System Central Registry che	ck on me and to release the inform	nation to:	
Name of Individual or Org	anizations:		
rame of marvidual of Org.	amzations.		
Relationship:			
Address:			
		ure below. I understand that the e purpose of conducting the Child	
My Date of Birth:	My Social Security	y Number:	
Any Alias, Former Name, I	Including Maiden Name:		
The information to be release identified as a perpetrator and	ed shall be limited to the history od as specified below:	of abuse or neglect in which I was	
Child Protective Services S	ystem Central Registry:		
<ul><li>Date of CONFIRME</li><li>Type of abuse for ea</li></ul>			
employment purposes and to	of t his information may be used a comply with the requirements for man Services, which may result it	r various social services programs	
Signature		Date	

Mail the original consent form to: Department of Human Services, Child Welfare Services Branch, Statewide Child Welfare Services Section, 420 Waiakamilo Road, Suite 300A,

Honolulu, Hawaii 96817. Faxes will not be accepted.

Child Protective Services System Central Registry Clearance Form-Experimental (2/06)

	YES	NO	N/A	COMMENTS
COMPLIANCE WITH EXISTING STATE LAW				
HIPAA - Office meets req. (ie, computer, waiting area, meeting room, file storage)				
TOTAL SCORE FOR STATE LAW COMPLIANCE				
RECORD-KEEPING EVALUATION				
Paper or electronic records must contain the following:				
A. Patient Identification: Patient's name or ID number on each page				
B. Personal / biographical data: Birth Date, Sex, Address				
C. Dated Entries: All entries in the medical record are dated.				
D. Identification of provider: All entries are identified as to author.				
E. Legibility: Records must be legible				
F. Allergies: Any adverse drug reactions and / or medication allergies or				
absence of allergies (No known allergies – NKA) are posted in a prominent area in				
the medical record.				
G. Past Medical History: Record contains the patient's past medical				
history (for patients seen more than 3+ times) that is easily identifies and includes				
serious accidents, operations, illnesses. For children, past medical history relates				
to prenatal care and birth				
H. Immunizations: Pediatric (ages 12 and under) medical records include				
a completed immunization record or documentation that immunizations are up-to-				
date.				
I. Diagnostic Information: The medical record contained diagnostic				
information.				
J. Medication Information: The medical record contains medication				
information.				
K. Identification of Current Problems: The medical record contains				
information on current significant illnesses, medical conditions, and health				
maintenance concerns.				

	YES	NO	N/A	COMMENTS
L. Smoking/ETOH/ Substance Abuse: (For patients >12 years old and				
seen 3+ times) there is documentation in the medical records of cigarette and				
alcohol use and substance abuse. Abbreviations/ symbols may be appropriate.				
M. Consultations, Referrals, and Specialist Reports: There is				
documentation in the medical record of any referrals and results thereof.				
N. Emergency Care: Any emergency care rendered is noted in the medical record with physician follow-up noted.				
O. Hospital Discharge Summaries: The record must contain discharge				
summaries for hospital admissions that occur while the patient is seen by the				
provider and prior admissions as necessary.				
Patient Visit Data – Patient visits must include at a minimum adequate				
evidence of:				
A. History to include appropriate subjective and objective information for				
presenting complaints.				
B. Plan of treatment to include objective goals.				
C. Diagnostic tests.				
D. Treatments and other prescribed regimens				
E. Documentation concerning follow up care, call or visit is included in the				
medical record, when indicated. Specific time to return is also noted as weeks,				
days, months, or PRN. There is also documentation that unresolved concerns from				
previous visits are addressed in subsequent visits.				
F. There is documentation in the medical record of any referrals and results				
thereof. There is evidence that the ordering physician has reviewed consultation,				
lab, and x-ray reports files in the medical records, through physician initials or other				
documentation. Consultations, and significantly abnormal lab and imaging study				
results specifically notes physician follow up plans.				
G. All other aspects of patient care, including ancillary services are				
documented.				
TOTAL SCORE FOR RECORD-KEEPING EVALUATION				

	YES	NO	N/A	COMMENTS
TREATMENT OFFICE EVALUATION				
Physical Accessibility – For Ambulatory Care				
Wheelchair accessible				
Physical Appearance				
The office is kept neat, clean, appears properly maintained.				
The office is has adequate lighting				
Adequacy of waiting and examining room				
There is a designated waiting room.				
There is a designated examining room.				
Availability of appointments				
Appointments are available within 24 hours of notification				
TOTAL SCORE FOR TREATMENT OFFICE EVALUATION				
EMERGENCY EQUIPMENT AVAILABILITY				
First Aid Kit				
TOTAL SCORE FOR EMERGENCY EQUIPMENT AVAILABILITY EVALUATION				

# CHILD & ADOLESCENT MENTAL HEALTH PERFORMANCE STANDARD 2018 EDITION

SUMMARY OF FINDINGS:	# OF YES	# OF POSSI BLE YES	THRES HOLD	SCORE
COMPLIANCE WITH EXISTING STATE LAW		1	90%	
RECORD-KEEPING EVALUATION		22	90%	
TREATMENT OFFICE EVALUATION		6	90%	
EMERGENCY EQUIPMENT AVAILABILITY		1	90%	
TOTAL SCORE:		30	90%	

## **PURPOSE**

To establish uniform guidelines for a reporting system that is designed to track and document the occurrence of sentinel events and reportable incidents as reported by contracted provider agencies and the Child and Adolescent Mental Health Division (CAMHD) Family Guidance Centers (hereinafter referred to as "Providers").

### DEFINITIONS

Sentinel Event - an unexpected occurrence involving death or serious physical and/or psychological injury, or the risk thereof, requiring immediate investigation and/or administrative response. Serious injury specifically includes loss of limb or function. The phrase "or the risk thereof" includes any process variation for which a recurrence would carry a significant chance of a serious adverse outcome.

**Reportable Incident** - an unexpected occurrence involving serious challenging behavior or an injury that does not pose a significant risk of harm or death.

Critical Sentinel Event - an event resulting in death.

Root Cause Analysis - A process for identifying the basic or causal factors that underlie variation in performance, including the occurrence or possible occurrence of a sentinel event. A root cause analysis focuses primarily on systems and processes, not individual performance. It progresses from special causes in clinical processes to common causes in organizational processes and identifies potential improvements in processes or systems that would tend to decrease the likelihood of such events in the future, or determines, after analysis, that no such improvement opportunities exist.

The product of the root cause analysis is an *action plan* that identifies strategies the organization will implement to reduce the risk of similar events occurring in the future. The plan should address responsibility for implementation, oversight, pilot testing as appropriate, time lines, and strategies for measuring the effectiveness of the actions.

## **POLICY**

- 1. The Provider shall immediately establish a safe and therapeutic environment following any event in which the safety of youth, family, community members, or staff, is compromised.
- Providers shall document and report all sentinel events and reportable incidents to the CAMHD Performance Management Office as well as the applicable Family Guidance Center where the youth is registered.
- 3. The Provider will review sentinel events to determine:
  - A. Antecedents, triggers, and contributing factors; and
  - B. Potential root causes.

REVISION HISTORY:

March 31, 2003; May 1, 2014

File Ref:

Initial Effective Date: Biannual Review Date: July 1, 2001

A6432

SUBJECT: Sentinel Events and Reportable Incidents	Number:	80.805
	Page:	2 of 3

- 4. Provider agencies are required to track and analyze the occurrence of both sentinel events and reportable incidents as part of their quality improvement program to identify areas of need in general operations, program, staffing, training, and supervision. Results of these analyses shall be reported in the Quarterly Quality Assurance Summary.
- 5. The CAMHD reporting system shall allow for clinical and administrative oversight as well as the provision of data utilized towards preventive interventions.
- 6. The Provider shall complete a written report for all sentinel events and reportable incidents; sentinel event reports will include:
  - A. A detailed assessment and analysis of the sentinel event, including the identification of precipitating and contributing factors;
  - B. Post-event details; and
  - C. Programmatic adjustments when necessary.

## **PROCEDURE**

- Providers must notify appropriate parties of all sentinel events and reportable incidents as follows:
  - A. Sentinel events\* must be verbally reported within twenty-four (24) hours to:
    - 1) the CAMHD Sentinel Event Line (733-9356);
    - 2) the assigned Care Coordinator; and
    - 3) the youth's legal guardian.
    - \*Critical sentinel events must be reported within two (2) hours to the CAMHD Administrator and the CAMHD Medical Director, in addition to the above.
  - B. Reportable incidents must be verbally reported within twenty-four (24) hours to:
    - 1) the assigned Care Coordinator; and
    - 2) the youth's legal guardian.
- Providers shall submit a written account of all sentinel events and reportable incidents as follows:
  - A. Sentinel events must be submitted in writing using CAMHD's Sentinel Event Form (See Attachment A) within three (3) business days.
  - B. Reportable incidents shall be submitted in writing using CAMHD's Reportable Incident Form (See Attachment B) within five (5) business days.
  - C. Forms must be transmitted via an approved secure web server or confidential fax to:
    - 1) the Performance Management Office; and
    - 2) the assigned Care Coordinator.
- 3. The Performance Management Office will request or conduct an investigation of events involving:
  - A. Death;
  - B. Allegations of abuse; and
  - C. Other occurrences deemed concerning.

<sup>1</sup> Secure web server such as HHIE must be mutually agreed upon by the agency and the CAMHD.

REVISION HISTORY:

March 31, 2003; May 1, 2014

File Ref:

Initial Effective Date: Biannual Review Date: July 1, 2001

A6432

<sup>&</sup>lt;sup>2</sup> Fax transmissions containing protected health information must follow protocol pursuant to CAMHD P&P 80.402, "Confidentiality, FAX Transmission"

SUBJECT: Sentinel Events and Reportable Incidents	Number:	80.805
	Page:	3 of 3

- 4. A Root Cause Analysis (RCA) will be conducted for all critical sentinel events.
  - A. The CAMHD Performance Manager and Medical Director shall assemble a team of CAMHD professionals and others to conduct the RCA. Members of the team may include:
    - 1) a licensed clinical mental health professional;
    - 2) Performance Management staff; and
    - 3) Other staff experienced in or having special knowledge of compliance with CAMHD, federal, and state guidelines and laws.
  - B. Providers shall participate in the RCA and provide all relevant information requested by the team as appropriate.
  - C. The Performance Manager will prepare a written report of the investigation and its findings, including the RCA and the Provider's Action Plan, for review by CAMHD leadership and the CAMHD Safety and Risk Management (SARM) Committee.
  - D. The Performance Manager will prepare a final written report of the findings and recommendations that will be distributed to all applicable CAMHD sections.
  - E. Performance Management staff will monitor agency follow-through as well as the adequacy and effectiveness of implemented corrective actions.
- 5. Provider agencies shall maintain a database of sentinel events and reportable incidents in order to generate reports and track trends.
  - A. Aggregate data, analyses, and planned or implemented adjustments shall be reported in the *Quarterly Quality Assurance Summary*.
  - B. The Performance Management Office may inspect a Providers' database and tracking system during special investigations and/or annual licensing and program reviews.
- 6. The Performance Management Office will maintain a call-log of all sentinel events to determine whether further information is necessary in instances where immediate action by the Provider and/or CAMHD is warranted.
- 7. The Performance Management Office will track the timeliness and adequacy of all submitted forms and will consult with the Performance Manager and/or Provider as necessary.
- 8. The Performance Management Office will maintain an electronic database of all sentinel events and reportable incidents. Reports will be generated quarterly and reviewed by the Performance Manager as well as Quality Assurance Specialists at each Family Guidance Center.

## **ATTACHMENTS**

- A. CAMHD Sentinel Event Form
- B. CAMHD Reportable Incident Form
- C. Sentinel Event and Reportable Incident Category Definitions

REVISION HISTORY:

March 31, 2003; May 1, 2014

File Ref: A6432

Initial Effective Date: Biannual Review Date: July 1, 2001

## CHILD & ADOLESCENT MENTAL HEALTH PERFORMANCE STANDARD 2018 EDITION

Sentine	el Event Categories & Qualifiers
SE01	Abuse of Client
	Any act upon youth that results in a CPS/CWS report (made by the service provider)
SE02	Death of Client
	Result of an accident or natural events; occurs while youth is receiving services from
SE03	your agency Elopement (high-risk for harm to self or others)
0200	Youth away from home/program without permission; whereabouts unknown; gone
	overnight
SE04	Homicide
CEOE	A deliberate & unlawful death; youth either perpetrator or victim
SE05	Injury  Result of an accident or intentional act; requires medical attention (emergency dept. or
	hospital visit)
SE06	Medication Error/Substance Intoxication
	Accidental misuse of medication; intentional abuse of medication/substance seeking
	intoxication; requires medical attention (emergency dept. or hospital visit)  **NOT SUICIDE ATTEMPT**
SE07	Physical Assault
	Youth is either the perpetrator or victim of physical attack that results in an injury
	requiring medical attention (emergency dept. or hospital visit)
SE08	Psychiatric Hospitalization
SE09	<ul> <li>Unplanned admission to either the acute or inpatient psych unit</li> <li>Refusal of Life-Preserving Medical Treatment</li> </ul>
0200	Refusal of recommended or necessary life-saving treatment
SE10	Restraint or Seclusion (longer than 5 minutes)
	Impeding or restricting movement by physical or mechanical force as a safety
SE11	measure; performed by staff Self-Inflicted Potentially Lethal Injury
SEII	Non-fatal, deliberate self-injury; with or without suicidal intent; requires medical
	attention
SE12	Sexual Assault
	Engaging in a non-consensual sex act through coercion or force; sexual contact with
SE13	an individual under the age of 14; youth either perpetrator or victim Suicide
OLIO	Intentional, self-inflicted harm/injury resulting in death
SE14	Suicidal Threat
	Expression of intent with a serious plan, and/or means, and/or an act of harm
SE15	Other  > Uncommon but SERIOUS events
	Possession of a weapon; Fire-setting; Homicidal threat
	Potentially life-threatening behaviors
	Several low-moderate level risk factors combined produce a more serious situation

## Reportable Incident Categories & Qualifiers

#### RI01 Elopement

Youth away from TFH or CAMHD residential program without permission; whereabouts unknown; gone overnight \*\*Elopement from Mainland facility considered SE03\*\*

### RI02 Physical Assault

Youth is either the perpetrator or victim of physical attack that <u>results in an injury</u> but does not require medical attention
\*\*Does not apply to IIH, MST, or FFT level of care\*\*

### RI03 Restraint or Seclusion

Impeding or restricting movement by physical or mechanical force as a safety measure; performed by staff; duration does not exceed 5 minutes; not repeated

#### RI04 Self-Harm

 Deliberate, intentional self-injury (cutting, burning, hitting) without suicidal intent

#### RI05 Suicidal Threat

Plausible expression of thoughts or intent without a plan, and/or means, and/or an act of harm

#### RI06 Other

- Significant, warrants follow-up or further assessment
  - Unfounded allegations, Inappropriate sexual behavior
- Disrupts treatment
  - CWS/CPS removal (service provider not involved)
  - · Potentially dangerous behaviors

## Not SE/RI but MHCC Notification Required

While the following circumstances do not qualify as SE/RI, it is still important to notify the MHCC and Treatment Team members of these situations within 24-hours.

- × Runaway/Truancy
- Drug/Alcohol Use
- × Theft
- \* Arrests, Police Called for Assistance
- × Property Damage
- × Minor Injuries
- Fights, Altercations, Arguments w/ Peers & Family
- Consensual, Age-Appropriate Sexual Behavior
- ✗ Frequently Encountered Challenging Behaviors
- ▼ Taken to ER but Not Admitted (Crisis Plan)

All sentinel events must be verbally reported to the CAMHD Sentinel Event Line, Care Coordinator, and legal guardian <u>within 24-hours of the event</u>. This form is to be completed by staff and approved by the program QMHP <u>within 3 business days of the event</u>.

**Sentinel Event -** an unexpected occurrence involving death or serious physical and/or psychological injury, or the risk thereof, requiring immediate investigation and/or administrative response. Serious injury specifically includes loss of limb or function. The phrase "or the risk thereof" includes any process variation for which a recurrence would carry a significant chance of a serious adverse outcome.

Agency:		LOC:	Island:	
Youth:			DOB:	
CR#:	MHCC:		FGC:	
<b>Event Date:</b>	<b>Event Time:</b>		S/R Duration:	
Staff Involved:				
<b>Event Description</b>				
Precipitating & Co	ntributing Factors			
<b>Post-Event Details</b>				

Progran	nmatic Adjustments	
Addition	nal Information	
Event C	otogory	
SE01	Abuse of Client	
SE02	Death of Client	
SE03	Elopement (high-risk for harm to self or others)	
SE04	Homicide	
SE05	Injury (requiring emergency dept. or hospital visit)	
SE06	Medication Error/Substance Intoxication (requiring emerge	nov dont, or hospital visit)
SE07	Physical Assault (requiring emergency dept. or hospital visit)	nicy dept. of nospital visit)
SE07	Psychiatric Hospitalization	
SE09		
SE10	Refusal of Life Preserving Medical Treatment	
SE10 SE11	Restraint or Seclusion (lasting longer than 5 minutes)  Solf Inflicted Potentially Lethal Injury	
SE11	Self-Inflicted Potentially Lethal Injury Sexual Assault	
SE12 SE13	Suicide Suicide	
SE13		
	Suicidal Threat (serious – with a plan to harm or act of harm)	
SE15	Other (serious event not described above)	
Comple	ted by:	Date:
	•	
Approv	ed by:	Date:

Care Coordinators must be verbally notified of all reportable incidents <u>within 24-hours</u>. This form is to be completed by staff and approved by the program QMHP <u>within 5 business days</u>. Reportable incidents should also be documented with a clinical note in the treatment record.

**Reportable Incident -** an unexpected occurrence involving serious challenging behavior or an injury that does not pose a significant risk of harm or death.

Agency	<b>/:</b>	LOC:	Island:	
Youth:			DOB:	
CR#:	MHCO	C:	FGC:	
Event l	Date:	<b>Event Time:</b>	S/R Duration:	
Staff Ir	nvolved:			
Incide	nt Description			
Incide	nt Category			
RI01		AMHD out-of-home placeme	nt)	
RI02	-	not requiring emergency dept.		
RI03	•		ot repeated, performed by program staff)	
RI04	Self-Harm (parasui			
RI05	Suicidal Threat (v	vithout a plan to harm or act o	f harm)	
RI06		cident not described above tha		
Com	lated by		Dotos	
Comp	leted by:		Date:	
Appr	oved by:		Date:	

**REFERENCE:** Hawaii Administrative Rule§11-175-34; Title 45 C.F.R.§164.502(b), 164.530; 42 C.F.R.§\$438.210(d)(2)(i), 438.406(a)(1), 438.408(c)(2); HRS §334; HRS 622 (Part V), Medical Records; HRS [Chapter 92F] **APPROVED:**\*\*Signature of the content of the con

AFFROVED.	
Signature on File	25 Aug 2011
Administrator	Eff Date

# **PURPOSE**

To manage a systematic process for registering, tracking, resolving, and reporting grievances and grievance appeals filed by youth, families, providers, Child and Adolescent Mental Health Division (CAMHD) personnel, or other concerned parties.

## **DEFINITION**

- Aggrieved Party The person who is filing a grievance or on whose behalf the grievance or grievance appeal is being filed.
- Third Party Representative ("TPR") A person who, in a representative capacity and with written consent, files a grievance on behalf of the aggrieved party.
- BRANCH A CAMHD Family Guidance Center or Family Court Liaison Branch.
- Youth Youth with emotional and/or behavioral challenges receiving intensive mental health services from CAMHD. For the purposes of this policy the definition of "consumer" may include the youth's parent(s), legal guardian or designated third party representative.
- Default Determination An alternative determination made by the GO is cases where a party to a grievance fails to respond to an inquiry by the GO or fails to produce requested documents by the given response date, or within a reasonable time thereafter.
- HIPAA Complaint Any assertion, whether written or oral, that an unauthorized disclosure of protected health information was made in violation of HIPAA regulations by CAMHD.
- Grievance Any oral or written communication, made by or on the behalf of a consumer, provider, and others that expresses dissatisfaction with any aspect of the CAMHD operations, activities, behavior, or providers and its sub-contractor(s), except in matters regarding the termination of a contract or a non-extension of a contract that is eligible for extension. Such appeals are addressed in another policy.
- Grievance Review —A Med-Quest review process of a denied, unresolved, or unfavorable findings and conclusions, made on behalf of a Med-Quest youth at the CAMHD grievance level. The Grievance Review process is not open to grievances that merely involve a Med-Quest youth (e.g., provider reimbursement for services to a Med-Quest youth, etc.).
- Grievance Appeal A written request made by, or on behalf of a non-Med-QUEST consumer or provider for review by the Grievance and Appeals Committee of an adverse

grievance grievance decision; or for review by the Appeals Board of an adverse Grievance and Appeals Committee decision.

Grievance Management System (GMS) - The designated system that has the responsibility to address and resolve a grievance or an appeal of an action. The Grievance Office (GO), the CAMHD Privacy Coordinator, Claims Review Section, and the Branch's Quality Assurance Specialist are the primary GMS. As a grievance may actually be an appeal of an action, the CAMHD Clinical Services Office (CSO) is also considered a GMS.

## **POLICY**

- CAMHD shall insure that all consumers and providers are informed of, understand, and
  make effective use of the grievance and appeal processes outlined in this document. The
  CAMHD shall inform all consumers and providers of the two portals through which they
  can access the CAMHD's grievance system and how he/she/they can receive assistance in
  communicating the grievance.
- 2. The GMS shall make provisions to allow the aggrieved party to be represented by another person a Third Party Representative ("TPR").
- 3. All concerns brought to the CAMHD's attention by anyone shall be addressed, investigated, and resolved in timely fashion as can reasonably be expected, by all parties with a vested interest in the issues at hand. Where there is the possibility that the thirty (30) day timeline (along with the fifteen (15) day extension) will not be met because of a party's inaction or inability (e.g., a pending court proceeding, due process hearing, etc.), a default determination will be made against the party that does not reply or provide requested documents to the GO by the stated response date. A default determination does not resolve any substantive issue where the fact(s) remain in dispute. However, if a grievance involves a particular staff's conduct (e.g. abuse, assault, questionable billing, etc.) the staff's name will be forwarded to the CAMHD's Credentialing Committee for review and possible restriction on providing services for their current, or any future provider, until the issue is resolved.
- 4. All CAMHD personnel shall cooperate fully with any investigation and resolution of grievances.
- 5. All corrective measures, deemed warranted, shall be executed in a timely manner.
- 6. When using or disclosing protected health information or when requesting protected health information from another covered entity, CAMHD must make reasonable efforts to limit protected health information to the minimum necessary to accomplish the intended purpose of the use, disclosure, or request. 45 C.F.R. §164.502(b). To determine minimum necessary, refer to P&P 80.407, "Release of and Access to Confidential Information about Consumers."

7. Pursuant to HRS §92F(1) and (3), the CAMHD shall recognize an aggrieved party's request to keep their identity anonymous

## **PROCEDURE**

### 1. **GENERAL**

- A. Upon receipt of a call from a consumer, provider or subcontractor, the Branch or GO staff will interview the person making the call, while at the same time, using the "CAMHD Discernment Tool," (See Attachment A) assess the type of call, e.g., inquiry, grievance, grievance appeal, or HIPAA complaint.
- B. The BRANCH or GO staff shall also determine if the person at issue is a Med-QUEST enrollee (through monthly Med-Quest log to be provided by CAMHD's Quest Plan Coordinator).
  - 1) If the issue is determined to be a grievance, the grievance must be filed with CAMHD within thirty (30) calendar days of the date of the occurrence.
  - 2) Grievances may be filed with CAMHD in the event of dissatisfaction or disagreement with:
    - a. Availability of mental health services (may be discerned as an action);
    - b. Delivery of services;
    - c. Quality of services;
    - d. Individual staff;
    - e. Provider agency and its sub-contractors;
    - f. Payment/Billing;
    - g. Any aspect of the performance of Branch staff; or
    - h. Performance of CAMHD Central Administration Offices or staff.
- C. All referrals to the CAMHD shall include the name, address and phone number of the aggrieved party, the nature of the grievance, and documentation of actions taken prior to the referral.
- D. All expressions of dissatisfaction, regardless of the degree of perceived seriousness, relating to quality of care, availability and delivery of mental health or support services performed by the CAMHD personnel or the CAMHD contracted providers, shall be investigated and responded to by either the BRANCH's Quality Assurance Specialists ("QAS") or the Grievance Office ("GO").

- E. Grievances concerning billing, nonpayment or delay in reimbursement will be referred to, investigated and responded to by the CAMHD Claims Review Section.
- F. Should the aggrieved party wish to be represented by a TPR, the GO or the QAS must first obtain the aggrieved party's signed written consent [See Attachment B], or, in the alternative, a signed and dated written consent drafted by the aggrieved party identifying the TPR stating that they are allowing the TPR to represent them. If possible, consent should be obtained directly from the aggrieved party through a face-to-face meeting. However, if this is not possible, the consent must be mailed to the aggrieved party with a return date. A selfaddressed envelope and postage should be included with the consent. Once the written consent is obtained, the designated TPR will represent the aggrieved party throughout the grievance process (including all subsequent appeals), unless the consent is withdrawn. The 30-day timeline does not begin until the GMS has received the written consent form. If a TPR also has a grievance against the same adverse party [independent of that of the aggrieved party and consolidated into one (1) grievance ], should the aggrieved party withdraw the consent, the GMS is still obligated to resolve the TPR's issue(s)/grievance.
- G. HIPAA Complaints, whether from a consumer, provider, or BRANCH, concerning unauthorized disclosure of protected health information (PHI) in violation of HIPAA regulations, will be initially processed through the GO (e.g., logged into database as a complaint, etc.). The complaint will then be forwarded to the CAMHD Privacy Coordinator for acknowledgement and resolution within HIPAA established Timelines. See P&P 80.603.1, "Individual Right to File Complaints About Compliance with Privacy Policy and Procedures."
- H. If the call is determined to be an inquiry, the BRANCH staff will address the inquiry and forward the information the GO via the CAMHD Monthly Grievance Information Log.
- I. If an inquiry is later determined to be a grievance, the GO will contact the caller to confirm if the caller wants to pursue the inquiry as a grievance. If the caller chooses to pursue a grievance, the thirty (30) day grievance resolution timeline begins as of the day that the GO contacted the caller.

## 2. GRIEVANCE MANAGEMENT

There are two (2) portals through which a consumer, provider, or its sub-contractor can access the CAMHD's grievance system. The aggrieved party can either call a BRANCH or call the GO directly. Once staff has determined the type of call, the call will be forwarded to the appropriate GMS. With the exception of grievances that involve QAS

investigation of sensitive issues, the QAS has the option to resolve or forward a grievance to the GO (i.e., grievance about administration, etc.). The grievance should be resolved by the GMS that received the call. (*See Attachment C*)

- J. <u>BRANCH Portal:</u> Upon the BRANCH receipt of a call by the consumer or provider, the BRANCH GMS will:
  - 1) Register the call.
    - a. The BRANCH staff taking the call will record caller's name (if different from the aggrieved party, and the aggrieved person's name) and the phone number and address of the aggrieved.
    - b. The BRANCH staff will document the name of the assigned Mental Health Care Coordinator (MHCC) and the date of the call.
  - 2) Document substance of the call.
    - a. Give consumers any reasonable assistance in completing forms, framing the issues, and taking other procedural steps. This includes, but is not limited to, providing interpreter services and toll-free numbers that have adequate TTY/TTD and interpreter capabilities.
    - b. The BRANCH staff taking the call will attempt to obtain the general nature of the call. The staff taking the call will note what they perceive as the issue and forward that information to the appropriate GMS.
  - 3) Complete weekly "CAMHD Grievance Intake Form" (See Attachment D), and submit to the GO. Discern whether the call is an inquiry, grievance, or an appeal of an action, and link to that GMS.
    - a. Using the "CAMHD Discerning Tool," the BRANCH staff will ask the caller a series of questions that will give a preliminary determination of whether the call is an inquiry, an appeal, or a grievance. Once the nature of the call is determined, the BRANCH staff will:
      - i. Forward the call to the QAS (if it is a grievance); and
      - ii. Upon receipt of a grievance, BRANCH personnel will complete the "Grievances Intake Form."
      - iii. Resolve the call (if the call is a simple inquiry); or
      - iv. Forward the call to CSO (if the call is an appeal of an action).
      - v. If the BRANCH QAS determines that a grievance involves an administrator of the BRANCH, the QAS has the option

to forward the grievance directly to the GO. Should the QAS choose to forward the grievance to the GO, this must be accomplished immediately (within twenty-four (24) hours of receipt of the grievance), in order for the GO to meet the prescribed timelines. If the QAS chooses to retain the grievance, the timelines listed in the "Timelines" section applies and must be adhered to.

vi. Should a grievance be retained by the QAS, the QAS must send a "Letter of Acknowledgement" acknowledging the receipt of the grievance and reiterating the grievance issues to the aggrieved party within five (5) days from receipt of the grievance. (See Attachment E).

A letter of acknowledgement must also be sent to the TPR, if necessary.

- 4) If the call is determined to be a grievance, investigate the substance including all necessary facts to support the reasons for the grievance along with the specific date(s) and time(s). In all investigations of grievances, the BRANCH staff will fully assist and cooperate with the GO and provide all requested documentation and information.
  - a. Clinical issues:
    - i. Obtain issues from the aggrieved party;
    - ii. Ask the caller what they expect the outcome to be, e.g., just to inform CAMHD, investigate, etc.; and
    - iii. Interview MHCC and provider.
  - b. All pertinent documentation:
    - i. Request all necessary documents in CAMHD's possession from MHCC or QAS (i.e., IEP, CSP, MHTP);
    - ii. Request other necessary documents not in CAMHD's possession (written statements, impressions, etc.), from providers, teachers, etc.; and
    - iii. Consult the CAMHD CASSP Principles and IPSPG.
    - iv. Clinical, administrative, or other consultation:
      - 1. BRANCH Clinical Director;
      - 2. Mental Health Supervisor and Branch Chief; and/or
      - 3. CAMHD Medical Director (CSO).
- 5) Make a determination based upon the information obtained from the investigation, within thirty (30) calendar days from receipt of the call, conclude the investigation and make a determination on the issue.

- 6) Manage clinically urgent grievances.
  - a. All clinically urgent grievances, such as abuse, must be addressed by the staff that makes the discovery. That staff is obligated to make all appropriate referral(s), e.g., sentinel events, police, CPS, etc.
  - b. Should misconduct, attributed to a provider, be determined as the result of a grievance investigation, the investigating body will also report this information to CAMHD's Credentialing Unit.
- 7) Follow timelines. Pursuant to 42 CFR §438.406 and 45 CFR §160.306(b)(3), it is necessary to follow the timelines for each step of a grievance:
  - a. HIPAA Timelines:
    - i. One hundred eighty (180) days for aggrieved party to file from the day they knew, or should have known of the breach; and
    - ii. Thirty (30) days to address and mitigate.
  - b. Expedited Appeals:
    - i. Immediate verbal acknowledgement;
    - ii. Two (2) days written acknowledgement; and
    - iii. Three (3) Business days resolution. If denied, timeframe shifts to regular appeals process.
  - c. Med-Quest Grievances:
    - i. Five (5) days to acknowledge;
    - ii. Thirty (30) days to investigate and make a determination, Fourteen (14) days extension for cause;
    - iii. Thirty (30) days to file for a Grievance Review (from day of receipt of determination); and
    - iv. Thirty (30) days for Med-Quest to conclude the Grievance Review.
  - d. Non-Med-Quest Grievances:
    - i. Five (5) days to acknowledge;
    - ii. Thirty (30) days to investigate and make determination, Fourteen (14) days extension for cause; and
    - iii. Thirty (30) days for Grievance Appeals.
  - e. All timeframe references to days are "calendar" days, except where business days are mentioned. The aggrieved party or CAMHD can request an extension (if CAMHD can show how the delay is in the recipient's interest).

- 8) Notify consumers of disposition and appeal rights (emphasize importance/clarity of response). On, or before the thirty (30) day investigation period ends and a determination has been made by the QAS, a letter of determination shall be drafted. The content of the letter should:
  - a. Summarize the issue(s) of the grievance;
  - b. Explain the decision, the decision making process and logic; and
  - c. Conclude with a paragraph stating the Aggrieved Party's right to file for a Med-Quest Grievance Review.
- 9) The QAS will then forward copies of the determination letters accordingly:
  - a. The original to the Aggrieved Party;
  - b. The TPR, if necessary;
  - c. One copy to the GO; and
  - d. One copy to file.
- 10) Data tracking/Reporting. The QAS will:
  - i. Complete the grievance intake form and log the grievance;
  - ii. Forward the log and intake form (each Monday of the following week) to the GO. The GO will enter the grievance into the database.
  - iii. Report all negative grievances in the log and fax to the GO, regardless if the form contains no data.
  - iv. Fax the "CAMHD Weekly Information Log" (See Attachment F) for grievances, grievance appeals, and HIPAA complaints, generated the previous week to the GO by 4:00 p.m. each Monday. If the Weekly Information Log contains a consumer's protected health information (PHI), proper faxing protocol must be followed pursuant to P&P 80.402, "Confidentiality, FAX Transmission."

v.

- B. <u>Grievance Office (GO) Portal:</u> Grievances concerning fiscal matters by the GO are forwarded to the designated Claims Review personnel for investigation and response. The Claims Reviews staff is responsible for inputting case information in the Grievance Tracking Database System, and for following the procedures in this manual to initiate and complete the investigation.
  - 1) For cases that are referred to the GO for investigation, the GO will assist the aggrieved party in determining the substantive issue(s) of the case and provide the aggrieved party with a written acknowledgement within five (5) workdays from receipt of the grievance. All information will be

- recorded in the Grievance Tracking Database System. Investigations will begin within seven (7) workdays from the date the complaint is filed.
- 2) The investigative and resolution portion of the complaint process will not exceed thirty (30) calendar days. It will begin with a discussion with the Mental Health Care Coordinator regarding the child's history if the nature of the complaint is specific to a child.
- 3) Extensions are permitted only if exceptional circumstances exist with respect to a particular grievance. Any extension cannot exceed 15 calendar days. The investigating party will maintain documentation on extensions, including the rationale for the extension and the new date for issuance of findings. Exceptional circumstances may include but are not limited to:
  - a. The need to review documents or information that will not be available until after the thirty (30) day time limit;
  - Unusually complex issues or extraordinarily high volume of documents:
  - c. Extensive number of issues; or
  - d. Temporary unavailability of individuals with information critical to the complaint.

In the event a fourteen (14) day extension is needed, a notice will be mailed to the aggrieved party three (3) days prior to the expiration of the thirty (30) day timeframe and will set forth the reason for the requested extension along with the revised deadline date.

- 4) In resolving grievances, the investigating party will follow the CAMHD "Interagency Performance Standards and Practice Guidelines" and all applicable laws. Other Central Administration or BRANCH staff may be consulted or asked to assist in this fact-finding process. On-site reviews by Clinical Services and Performance Management may be requested as necessary.
- 5) Response: The investigating party (BRANCH, GO, or Claims Review Section) will respond to the aggrieved party in writing. The "Letter of Resolution" (See Attachment G) must include the following information:
  - a. Name and address of the aggrieved party;
  - Date of notification and date when grievance was originally filed with the GO;
  - c. Name of the staff investigator;
  - d. Findings;
  - e. Corrective action plan, if needed; and

- f. A concluding paragraph (for Med-QUEST consumers only) that states: "This letter is the CAMHD GO's decision. If you do not agree, you may ask for a Grievance Review. Submit a written request for a Grievance Review with the Med-QUEST Office within thirty (30) calendar days of this notice. If you choose not to pursue a Grievance Review with the Med-QUEST Division, the GO's decision is the final resolution of your grievance. You can write in care of: Med-QUEST Division, Health Coverage Management Branch, 601 Kamokila Blvd., #506, Kapolei, Hawaii, 96707." or
- g. For non-Med-QUEST consumers, the concluding paragraph must state: "This letter represents the CAMHD GO's decision. If you do not agree, you may file an appeal within thirty (30) calendar days of this notice. Please call or write the CAMHD Grievance Office to file the appeal. If you choose not to appeal, this is the final resolution of your grievance. The CAMHD Grievance Committee will hear your appeal. Please send your written request together with any supporting documentation to the Grievance Office, 3627 Kilauea Ave., Room 101, Honolulu, Hawaii 96816. Should you have any questions you can contact the GO at (808) 733-9352;" and
- h. In grievances involving direct service providers and delegated activities contractors, a copy of the Resolution letter should be provided to the Credentialing Unit or other CAMHD administrative section as applicable (i.e., performance monitoring unit).
- 6) Calls To The GO: Upon the GO receipt of a call by the consumer, third party representative, or provider, the GO GMS will:
  - a. Register the call.
  - b. Record:
    - Callers name (if different from the aggrieved party, and the aggrieved person's name), phone number and address of the aggrieved party;
    - ii. The consumer's client record (CR) number and/or Med-Quest ID number;
    - iii. The assigned MHCC; and
    - iv. The date of the call.
  - c. Log call into the GO Database.

- d. Document substance of the call.
  - The GO staff taking the call will attempt to obtain the general nature of the call and note what they perceive as the issue and either resolve the grievance within prescribed timelines, or forward that information to the appropriate GMS.
- e. Discern whether the call is an inquiry, grievance, or an appeal of an action, and link to that GMS. Using the Discerning Tool, the GO staff will ask the caller a series of questions that will give a preliminary determination of whether the call is an inquiry, a grievance, or an appeal of an action. Once the nature of the call is determined, the GO will:
  - i. Resolve the call (if the call is a simple inquiry);
  - ii. Address the grievance as noted above;
  - iii. Should a grievance be retained by the GO, the GO must send a letter of acknowledgement to her aggrieved party (and TPR, if necessary) within five (5) days from receipt of the grievance.
  - iv. Forward the call to CSO if: 1) the call is an appeal of an action, or 2) notwithstanding the timeframes set fourth in *P&P 80.604*, "Denial of Services, Appeals, & Med-Quest Hearing Process," the action had been implemented without (i) the consumer receiving proper notice, and/or (ii) appeal rights (unless such a procedural error results in a grievance); or
  - v. Forward the complaint to the CAMHD Privacy Coordinator (if the call is a HIPAA issue).
- f. If the call is determined to be a grievance, investigate the substance of the grievance including:
  - i. Obtain clinical issues from the aggrieved party;
  - ii. Ask the caller what they expect the outcome to be, e.g., just to inform CAMHD, investigate, etc.; and
    - Interview MHCC and provider.
  - iii. Obtain all pertinent documentation:
    - Request all necessary documents in CAMHD's possession from MHCC or QAS (i.e., IEP, CSP, MHTP, etc.);

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- Request other necessary documents not in CAMHD's possession (written statements, impressions, etc.), from providers, teachers, etc.; and
- Consult the CAMHD CASSP Principles and IPSPG.
- iv. Seek clinical, administrative, or other consultation from:
  - BRANCH Clinical Director;
  - MHS and Branch Chief; and/or
  - CAMHD Medical Director (CSO).
- g. Make a determination based upon the information obtained from the investigation, within thirty (30) calendar days from receipt of the call, the GO will conclude the investigation and make a determination on the issue(s).
- h. Managing clinically urgent grievances.
  - i. The staff that makes the discovery must address all clinically urgent grievances, such as abuse. That staff is obligated to make all appropriate referral(s), e.g., sentinel events, police, CPS, etc.
  - ii. Should misconduct, attributed to a provider, be determined as the result of a grievance investigation, the investigating body will also report this information to CAMHD's Credentialing Unit.
- 1) Pursuant to 42 CFR §438.406 and 45 CFR §160.306(b)(3), it is necessary to follow the timelines for each step of a grievance:
  - a. HIPAA Timelines:
    - i. One hundred and eighty (180) days for aggrieved party to file from the day they knew, or should have known of the breach; and
    - ii. Thirty (30) days to address and mitigate.
  - b. Expedited Appeals:
    - i. Immediate verbal acknowledgement;
    - ii. Two (2)-day written acknowledgement; and
    - iii. Three (3) Business Day resolution. If denied, timeframe shifts to regular appeals process.
  - c. Med-Quest Grievances:
    - i. Five (5) days to acknowledge;

- ii. Thirty (30) days to investigate and make a determination, fourteen (14) days extension for cause;
- iii. Thirty (30) days to file for a Grievance Review (from day of receipt of determination); and
- iv. Thirty (30) days for Med-Quest to conclude the Grievance Review.
- d. Non-Med-Quest Grievances:
  - i. Five (5) days to acknowledge;
  - ii. Thirty (30) days to investigate and make determination, Fourteen (14) days extension for cause; and
  - iii. Thirty (30) days for Grievance Appeals.

All timeframe references to days are "calendar" days, except where business days are mentioned. The aggrieved party or CAMHD can request an extension (if CAMHD can show how the delay is in the recipient's interest).

2) Notify consumers of disposition and appeal rights (emphasize importance/clarity of response).

Once the GO staff has made a determination, a letter of determination shall be drafted. The content of the letter should: 1) Summarize the issue(s) of the grievance; 2) Explain the decision, the decision making process and logic; and 3) Conclude with a paragraph stating the Aggrieved Party's right to file for a Med-Quest Grievance Review (Med-QUEST case), or to file for a first-level appeal (Non-Med-QUEST cases). The GO will then forward copies of the determination letters accordingly:

- a. The original to the Aggrieved Party;
- b. The TPR, if necessary;
- c. One copy to the Supervisor of Performance Management;
- d. One copy to the Med-QUEST plan liaison (Med-Quest case);
- e. One copy to file.
- 3) Data tracking/Reporting.
  - a. The GO staff will receive and track the intake form from the QAS and log and enter the data into the GO database;
  - b. The GO staff will enter the grievance and its resolution into the Grievance database; and
  - The GO will generate all tracking and trending reports/analysis and submits the reports to the appropriate committees, i.e.,
     Performance Information Steering Committee Report and Med-Quest Division Report.

## 3. ACTIONS

- A. If the BRANCH staff determines that the nature of the call is regarding an action, the call is immediately referred to the QAS.
- B. The QAS will (within twenty-four (24) hours of receipt of call) forward the Aggrieved Party to the Clinical Services Office (CSO).
- C. Appeals, along with applicable Timelines, are addressed pursuant to P&P 80.604, "Denial of Services, Appeals, and the State Fair Hearing Process."
- D. If the GO determines that the nature of the call is in regard to an action, the GO will immediately forward the call, along with all pertinent information the GO receives, to CSO for resolution.
- E. If the GO or QAS receives a written grievance (from a parent or 3<sup>rd</sup> party representative) that is determined to be an action, the GO will immediately forward all necessary information to CSO and the appropriate BRANCH's MHCC and CD. The thirty (30) day resolution timeline begins when the GO has made the determination that the grievance is an action.

## 4. OTHER CENTRAL ADMINISTRATION OFFICE (CAO) DUTIES

- A. DOE: The GO may assist the Complaints Resolution Office of the Department of Education to investigate mental health related complaints about youth filed with the DOE. The investigation will follow DOE complaint procedures.
- B. Files: All grievances files will be maintained in a secured file marked with the grievance case number and the name of the aggrieved party.
- C. QAS Training on the Grievances Process: The CAO will train all QAS on the grievance process in order to assure consistent application of the process and procedures at the BRANCH level. The training will occur annually, at new employee orientation for the QAS, and when changes in the grievances process warrants re-training. The training will also explain the function and procedural process of grievances and appeals at the GO level. Training will include, but is not limited to:
  - 1) Logging all grievances received at the BRANCH level, whether resolved by the QAS or referred to the GO;
  - 2) The completion and submission of weekly reports to the GO for the purpose of tracking and trending;
  - 3) The role of the BRANCHs and the GO in the grievance process; and
  - 4) The exchange of critical case information between the GO and QAS.

## 5. GRIEVANCE REVIEW (Med-QUEST)

- A. Consumers, families or providers who disagree with the findings and decisions at the grievance level may file for a "Grievance Review" with the Med-QUEST Division. Grievances reviews must be filed within thirty (30) calendar days of the date stated on the GO's findings and decisions letter.
- B. All requests for a grievance review must be submitted to the Med-QUEST Division. Aggrieved parties who wish to pursue a grievance review must submit a written request to:
  - 1) Med-QUEST Division
    Health Coverage Management Branch
    601 Kamokila Blvd., #506
    Kapolei, Hawaii 96707
    (808) 692-8093 or 692-8096
  - 2) The Med-QUEST Plan Liaison must review the grievance and contact the recipient with a determination within thirty (30) calendar days from the day he/she received the request for a grievance review.
- C. The grievance review determination made by the Med-QUEST staff is final.

# 6. **GRIEVANCE (Non-Med-QUEST)**

The procedure and applicable Timelines for non-Med-QUEST grievances will be the same as Med-QUEST grievances. However, the appeal rights for non-Med-QUEST consumers will be handled according to internal CAMHD appeals protocol exclusive of Med-QUEST Division. Non-Med-Quest grievances must be filed with the GO within thirty (30) days of its occurrence or thirty (30) days from the time the aggrieved party knew, or should have known, of the grievance.

- A. Investigation of the grievance will be initiated within seven (7) workdays from the date the grievance is filed. The grievance process will not exceed thirty (30) calendar days. Extensions are permitted only if exceptional circumstances exist with respect to a particular grievance. Any extension will be for a specified duration of time, not to exceed fourteen (14) days. The investigating party will maintain documentation on extensions, including the rationale for the extension and the new date for issuance of findings. Exceptional circumstances may include but are not limited to:
  - 1) The need to review documents or information that will not be available until after the thirty (30) calendar day time limit;
  - 2) Unusually complex issues or extraordinarily high volumes of documents;
  - 3) Extensive number of issues;

- 4) Temporary unavailability of individuals with information critical to the grievance; and
- 5) Scheduling conflicts of the Grievance and Appeals Committee.
- B. Investigation Process (Non-Med-QUEST)
  - 1) The GO will receive written grievances, forwarding those that are fiscally related to the CAMHD Fiscal Section. Information related to all grievances shall be reviewed to insure all areas of the complaint processes have been exhausted prior to opening the grievance. Further fact-finding shall be conducted of any significant new information brought forth by the written grievance.
  - 2) The GO or the CAMHD Fiscal Section, as applicable, will notify the grieving party in writing of the receipt of the grievance. Either the GO or the CAMHD Fiscal Section as applicable shall enter case information into the shared Grievance Tracking Database System.
  - 3) The GO shall prepare non-fiscal grievance reports for the Grievance and Appeals Committee's review, including any applicable new fact-finding information; the Claims Review Section will do the same for fiscal-related grievances.
  - 4) All grievances pursuant to 42 CFR §438.400(b) (6), shall be addressed by the GO following the established guidelines and timelines defined by Med-Quest.
- C. The Grievance and Appeals Committee (Non-Med-QUEST)
  - 1) Grievance appeals are presented to the CAMHD Grievance and Appeals Committee at the next regularly scheduled meeting following the conclusion of the investigation. The committee will consist of a quorum of the following CAMHD staff: Clinical Director, Performance Management Supervisor, Provider Relations Specialist, BRANCH Representative, and Fiscal Representative. The committee membership will also include a family resource representative.
  - 2) The committee will render a decision upon hearing and reviewing the grievance report. This determination will be reported in writing to the grieving party within ten (10) working days of the decision. The party responsible for presenting the grievance at the committee meeting will prepare the response. The written response to the grieving party must include the following information:
    - a. Name and address of the aggrieved party;

- b. Findings of the Grievance and Appeals Committee;
- c. Corrective action plan;
- d. Agreement (as to monetary disputes), if applicable; and
- e. For all adverse decisions to a grievance, a concluding paragraph that notifies the grieving party of their right to file a second-level appeal to the CAMHD Appeals Board, how to file the appeal, the timeline to filing, and the address of the GO.
- f. In the matter of fiscal grievances, CAMHD reserves the exclusive right to determine whether or not to engage in a settlement process.
- g. The grievance files will be maintained in a file marked with the grievance case number and the name of the grieving party. These files will be controlled as sensitive material and will be maintained on premises by the GO Office in a secure file cabinet.
- D. Settlement Process (Non-Med-QUEST)
  - 1) The Grievance and Appeals Committee will consider the following factors in determining whether a settlement shall be offered based on the following factors:
    - a. Whether denial of the grievance will have a significant impact on the agency's ability to continue providing services to CAMHD identified youth. The existence of a significant impact will be determined by looking at the following:
      - i. The amount requested/being appealed.
      - ii. The percentage of the appealed amount to the total amount the grieving party has billed CAMHD encompassing the preceding year to date.
    - b. Acceptable alternative documentation as proof of the provision of services consisting of:
      - i. Clear evidence that the services in question were provided. The seriousness of the billing deficiency in relation to the compliance with the contractual documentation requirements, per level of care at issue.
    - c. The lack of evidence of a pattern of fraud and/or abuse.
    - d. The impact on CAMHD's ability to provide services to CAMHD youth.
  - 2) Following a compilation of documentation related to all of the above factors, the Claims Review Section will present a written summary

- 3) accompanied with a recommendation for offer of settlement for the Grievance and Appeals Committee's consideration and decision.
- 4) It is within the CAMHD's sole discretion to determine the amount offered to a grieving party.
- 5) The Grievance and Appeals Committee's decision stands in the event a settlement is not offered.
- 6) Following a decision to offer a settlement, the Claims Review Section will send a written response to the grieving party that includes the following information:
  - a. Name and address of the grieving party;
  - b. Findings of the Grievance and Appeals Committee;
  - c. Corrective action plan, if needed; and
  - d. Agreement (as to monetary disputes), if needed.

## E. APPEALS (Non-Med-QUEST)

- The aggrieved party may file a written appeal (2<sup>nd</sup> level appeal) with the GO if they disagree with the determination of the Grievance and Appeals Committee. The appeal of the Grievance and Appeals Committee's decision must be filed within thirty (30) calendar days of the date stated on the determination letter. It must include:
  - a. The reasons the complainant believes the Grievance and Appeals Committee's decision was in error;
  - b. All necessary facts and documents to support the reasons for appeal;
  - Any new information that was previously unavailable together with the reasons why the new information was not previously available; and
  - d. If applicable, a description of any extenuating circumstances.
- 2) The Grievance Office may dismiss a request for appeal if the request for appeal does not meet the foregoing requirements, for good cause, or where the request for appeal is frivolous and without merit. Any dismissal of a request for appeal shall be in writing and state the reasons for dismissal.
- 3) The GO or the Claims Review Section as applicable, upon receipt of the written appeal, will review the information to ensure all areas of the grievance process have been exhausted prior to opening the appeal. The applicable office will enter all pertinent information into the Grievance Tracking Database system and the appealing party notified in writing of the receipt of the appeal.

- 4) The appealing party has the right to submit documentation in support of the appeal or appear in person before the CAMHD Appeals Board. The GO or the Fiscal Section as applicable will inform the appealing party of the appeal date as soon as one can be scheduled.
- 5) A synopsis of the case on appeal will be prepared by the GO (non-fiscal cases), or the Claims Review Section (fiscal cases). The GO will coordinate the forwarding of the synopsis to the CAMHD Appeals Board for briefing purposes.
- 6) Pursuant to HAR §11-175-34(c), the appeals process will not exceed thirty (30) calendar days from receipt of the appeal. Extensions are permitted only if exceptional circumstances exist with respect to a particular appeal. Any extension will be for a specific amount of time. The GO or the Claims Review Section, as applicable, will maintain documentation on the extension, including the rationale for the extension and the new date for issuance of findings. Exceptional circumstances may include but are not limited to:
  - a. The need to review documents or information that will not be available until after the thirty (30) day time limit.
  - Unusually complex issues or extraordinarily high volume of documents:
  - c. Extensive number of issues; or
  - d. Temporary unavailability of individuals with information critical to the appeal; and
  - e. Scheduling conflicts of the CAMHD Appeals Board.
- 7) If CAMHD extends the timelines, it must for any extension not requested by the consumer, give the consumer written notice of the reason for the delay.
  - a. The CAMHD Appeals Board consists of the Deputy Director for Behavioral Health, the CAMHD Chief and the Medical Director.
  - b. After the consumer files an appeal and before the CAMHD Appeals Board hears the case, the GO and the Claims Review Section may engage in efforts at settlement with the appealing party. The procedures for settlement outlined in the "Settlement Process Section," will be followed.
  - c. The CAMHD Appeals Board, after hearing and reviewing the appeal, will render a decision. This decision will be reported in writing to the appealing party within ten (10) working days of the

2) The CAMHD will maintain records of all grievances and appeals for two years on site (current and last calendar year), with the remaining years being maintained in secure storage.

## K. REQUEST FOR GRIEVANCE RECORDS

- 1) Should the GO/QAS receive a request for access to any grievance documents, the GO/QAS will inform the requesting party any information contained in a CAMHD record may be subject to access by the public at the conclusion of the investigation and upon a requesting party's completion of a "Request to Access a Government Record" Form through OIP (See Attachment H). HRS §92F-12(b) (2).
- 2) The GO/QAS must complete and attach a "<u>Notice to Requestor</u>" Form (See Attachment I) to GO's written response to anyone requesting access to information regarding the filed grievance. The response, if requested by the aggrieved party, will bar any identifying references to the aggrieved party and the *Notice to Requestor* will set forth, inter alia:
  - a. Timeframe of the response;
  - b. Any costs for the production of documents;
  - c. Exceptions that would either (i) deny the request in its entirety, (ii) grant the request in full, or (iii) only as to certain parts; and
  - d. Citation(s) to the appropriate statute and a brief explanation.
- 3) Should an aggrieved party request anonymity, the GO/QAS will:
  - a. Advise the aggrieved party that the release of any identifying information contained in a government record under HRS §92F-12(b) (2) may be an exception under §92F-13(1), (3). Identifying information of a complainant in an individual's own personal record under HRS § 92F-21 may be an exception under HRS § 92F-22(2), where the source who furnished information did so under "[A]n express or implied promise of confidentiality;
  - b. Advise the aggrieved party that to ensure his/her anonymity he/she should not disclose his/her name, address, phone number or other identifying information to the GO or QAS;
  - c. Assign a "Doe" name to the aggrieved party along with the five (5) digit grievance sequence number assigned by the GO database (i.e., "Mr./Ms. Doe 00335") for reference; and
  - d. Advise the aggrieved party to do the following to allow for sharing of information necessary to address the grievance filed. The aggrieved party should be instructed to do the following:

- decision. The decision of the CAMHD Appeals Board will be the final response from the CAMHD.
- d. Appeal files will be maintained in a file marked with the appeal case number and name of the appealing party. These files will be controlled as sensitive material and will be maintained on premises in a secure file cabinet.

## F. **DISMISSAL** (Non-Med-QUEST)

The CAMHD has the discretion to dismiss a grievance or appeal at any time upon written request from the initiating party or when the aggrieved party has failed to pursue or present their case, after reasonable notice by the CAMHD, after one (1) year of the initiation of the grievance or appeal. Upon a showing of good cause, the aggrieved party can request a reinstatement of their case.

## **G.** REQUEST FOR PRODUCTION (Response and Documents)

Should the party upon whom the request is served (non-moving party) fail to respond to the GO's inquiry within the stated time, or fail to produce any requested documents, the GO will find against that party. Prior to the resolution deadline, and upon a showing of good cause, the non-moving party can request to have their response and/or documents admitted.

# H. CREDENTIALING (Provider Misconduct)

Pursuant to an investigation, and upon a final determination, the GO will notify the Credentialing Section of any acts of misconduct of a CAMHD contracted provider. The GO will also notify the Credentialing Section of any ongoing investigation(s) regarding an allegation of provider misconduct. This information will consist of the provider's name, affiliation, the nature of the allegation, along with the GO's determination. The GO will also respond to requests for information for the purpose of Credentialing clearance reviews and for provider/staff in the process of re-credentialing.

# I. CONFIDENTIALITY/HANDLING

Access to records will be limited to those staff members directly involved in the investigation of the grievance or appeal as well as managerial staff on a need to know basis. When not in use, records will be stored in a locked drawer or cabinet. Records will not be left unattended or unsecured in the workplace or in a position or location easily accessible to non-staff members.

# J. RECORD RETENTION

All records of persons served by CAMHD will be maintained in a protected and confidential manner for time periods consistent with applicable laws.

1) Records pertinent to minors shall be maintained for a period of twenty-five (25) years from the date of majority.

- Pick-up CAMHD's acknowledgement letter, indicating the receipt of the grievance, within three (3) days of the aggrieved party's initial call at the GO or QAS. The letter may be picked up from the CAMHD;
- ii. Contact the GO ten (10) days after the initial contact [in the event that the GO requires additional information from the aggrieved party];
- iii. Contact the GO three (3) days prior to end of the thirty (30) day resolution timeline in order for the GO to notify aggrieved party of any resolution or need to do an extension of fourteen (14)-days; and
- iv. Arrange to pick-up the CAMHD's final determination letter at the CAMHD.

## **ATTACHMENTS:**

- A. CAMHD Discernment Tool
- B. CAMHD Grievance Flow Chart
- C. CAMHD Grievance Intake Form
- D. CAMHD Sample Letter of Acknowledgement
- E. CAMHD Weekly Grievance Information Log
- F. CAMHD Letter of Resolution
- G. Request to Access a Government Record (OIP)
- H. Notice to Requestor (OIP)

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<b>REFERENCE:</b> Child Health Act, Public Law No. 106-310; 42 CFR Parts 441 and 483; CMS; American Academy of Child and Adolescent Psychiatry Policy Statement; AHA, "Guiding	APPROVED	:	
Principles on Restraint and Seclusion for Behavioral Health	Signature	e on File	03/13/07
Services," Feb.'99; CAMHD Sentinel Event Policy.	Chief		Eff. Date

## **PURPOSE**

To provide a uniform set of standards and guidelines, conducive with Centers for Medicare and Medicaid Services (CMS) requirements, for the use of restraint or seclusion for youth in out-of-home placements in Child and Adolescent Mental Health Division (CAMHD)-contracted programs.

## **DEFINITIONS**

- **Emergency safety situation:** when unanticipated youth behavior places the youth or others at serious threat of violence or injury if no intervention occurs and calls for an emergency safety intervention as defined in this section.
- *Emergency safety intervention*: Intervention or action performed in a manner that is safe, proportionate, appropriate to the severity of the behavior, and the youth's chronological and developmental age, size, gender, physical, medical, psychiatric condition and personal history (including any history of physical or sexual abuse) to ensure the safety of the youth and others.
- **Seclusion:** The **involuntary** confinement of a youth in a locked and/or secure room to ensure the safety of the youth or others. Any such isolation in a secure environment from which the youth is not potentially free to leave is considered seclusion (**e.g.**, having a staff member block the exit from the unlocked seclusion room).
- Serious occurrence: A youth's death, serious injury or suicide attempt.
- **Restraint**: The restriction of freedom of movement through personal, drug or mechanical means in order to protect the individual from injury to self or to others. There are no distinguishing time limits among any form of restraint.
- **Mechanical Restraint:** Any device attached or adjacent to the youth's body (**e.g.**, four-point bed restraint) that restricts a youth's movement.
- **Personal (Physical))Restraint:** Involves any use of physical force to restrict a youth's freedom of movement. Personal escorts where the youth is willfully cooperating with the escort is not considered a restraint until such time as the youth no longer intends to follow or be escorted (e.g., youth struggles with staff).

Drug (Chemical) Restraint: Any drug that:

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- 1. Is administered to manage a youth's behavior in a way that reduces the safety risk to the youth or others;
- Has the temporary effect of restricting the youth's freedom of movement; and
- Is not a standard treatment for the youth's medical or psychiatric condition.

*Time Out:* The removal of youth from peers or rewarding situations that does not involve seclusion. Time Out is not used as a primary purpose to confine the youth, only to separate the youth from others. Such a restriction requires constant monitoring by staff. The individual is not physically prevented from leaving the designated time-out area.

*Serious Injury:* Any significant impairment of the physical condition of the youth as determined by qualified medical personnel, including, but not limited to, burns, lacerations, bone fractures, substantial hematoma, and injuries to internal organs, whether self-inflicted or inflicted by someone else.

**Sentinel Event:** An occurrence involving serious physical or psychological harm to anyone or the risk thereof, as defined under the categories of sentinel event codes and definitions. A sentinel event includes:

- any inappropriate sexual contact between youth, or credible allegation thereof;
- any inappropriate, intentional physical contact between youth that could reasonably be expected to result in bodily harm, or credible allegation thereof;
- any physical mistreatment of a youth by staff, or credible allegation thereof;
- any accidental injury to the youth or medical condition requiring attention by a medical professional or transfer to a medical facility for emergency treatment or admission;
- medication errors and drug reactions;
- any fire, spill of hazardous materials, or other environmental emergency requiring the removal of youth from a facility; or
- any incident of elopement by a youth.

### **POLICY**

1. Each client has the right to be free from restraint or seclusion of any form that is used as a means of coercion, discipline, convenience, or retaliation. For CAMHD-contracted providers providing intensive home and community-based intervention services, the CAMHD recognizes that seclusion and restraint are not available or practicable at these

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levels of care and therefore, are not generally used in such settings. Mental health professionals providing intensive home and community-based intervention services who might encounter potentially dangerous or otherwise unsafe situations in the community should be knowledgeable about resources and be sufficiently trained to recognize when police, mobile outreach, or emergency services are needed and then be able to assist in accessing the appropriate intervention.

- 2. Non-aversive interventions and positive behavioral supports shall be the *absolute first course of action* to ensure the safety of the youth and others. These strategies must be part of a programmatic plan to anticipate and manage a youth's unsafe behavior and must be clearly documented that such non-aversive strategies were the first course of action.
- 3. Evidence of the use of non-aversive interventions and positive behavior supports is the expectation of all levels of care.
- 4. Uses of restraint or seclusion are safety interventions of last resort and only in situations where risk of danger to the youth or others is reasonably imminent. Restraint or seclusion:
  - A. Is not used as a treatment intervention.
  - B. Must terminate when the emergency safety situation has ended and the safety of all can be ensured, even if the order has not expired.
  - C. Is prohibited from the simultaneous use.
  - D. May not exceed four (4) hours for 18-21 year olds, two (2) hours for 9-17 year olds, and one (1) hour for children under 9 years of age.
  - E. Must not involve the use of mouth coverings.
  - F. Must not result in harm or injury to the youth.
  - G. Standing orders and as-needed (PRN) orders are prohibited.

## **PROCEDURE**

- CAMHD shall contractually require that each contracted provider agency must have policies and procedures regarding the use of restraint or seclusion. The policies and procedures must include, but are not limited to, the following:
  - A. The training that staff must receive prior to using restraint or seclusion with an emphasis on the serious potential for restraint or seclusion to cause injury or death;
  - Reviewing and updating restraint and seclusion policies and procedures regularly based on clinical outcomes;

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- C. Agency-wide priority to use restraint or seclusion appropriately, safely and in accordance the agency's restraint and seclusion policies and procedures;
- D. Adequate allocation of resources to prevent the frequent use of restraint or seclusion; and
- Appropriate decision-making guidelines for when the use of restraint or seclusion is necessary.
- 2. Restraint or Seclusion Orders
  - A. Drug restraints must be preceded by a written order by a qualified physician. That physician must be available to staff for consultation, at least by telephone, throughout the period of the emergency safety intervention.
  - B. Only a board-certified psychiatrist, licensed psychologist, or physician licensed to practice medicine with specialized training and experience in the diagnosis and treatment of mental diseases, may order the use of restraint or seclusion.
    - 1. Such orders utilize the least restrictive emergency safety intervention that is most likely to be effective in resolving the emergency safety situation based on consultation with staff.
    - 2. Each order must include:
      - a. The name and signature of the staff issuing the order;
      - b. The date and time the order was issued; and
      - c. The type of emergency safety intervention order, including the length of time authorized.
    - 3. For Hospital-Based Facilities: A board-certified psychiatrist, licensed psychologist, or physician licensed to practice medicine with specialized training and experience in the diagnosis and treatment of mental diseases who issued the order must conduct a *face-to-face assessment* of the youth's well being *within one* (1) hour of the initiation of the emergency safety intervention.
    - 4. For Non-Hospital-Based Programs: If the authorized individual who issued the order is not available, Centers for Medicare and Medicaid Services (CMS) regulations require a clinically qualified registered nurse trained in the use of emergency safety interventions must conduct a *face-to-face assessment* of the youth's well being within one (1) hour of the initiation of the emergency safety intervention.
    - 5. All assessments will include, but are not limited to:

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- a. The youth's physical and psychological status;
- b. The youth's behavior;
- c. The appropriateness of the intervention measures; and
- d. Any complications resulting from the intervention.
- 6. The board-certified psychiatrist, licensed psychologist, or physician licensed to practice medicine with specialized training and experience in the diagnosis and treatment of mental diseases issuing the order must be available to staff for consultation, at least by telephone, throughout the period of the emergency safety intervention.
- 7. If the emergency safety situation continues beyond the time limit of the order for the use of restraint or seclusion, a registered nurse or other licensed staff, such as a licensed practical nurse, must immediately contact the person who issued the order to receive further instructions.
- 8. In the absence of a board-certified psychiatrist, licensed psychologist, or physician licensed to practice medicine with specialized training and experience in the diagnosis and treatment of mental diseases, verbal orders must be received by a registered nurse at the time the emergency safety intervention is initiated by staff and the physician must be available to staff for consultation, at least by telephone, throughout the period of the emergency safety intervention.

## Each order must include:

- a. The name of the staff issuing the order;
- b. The date and time the order was obtained;
- c. The type of emergency safety intervention ordered, including the length of time authorized; and
- d. The signature of the staff issuing the order that verifies the verbal order within *twenty-four* (24) *hours of the order*.
- C. If the youth's treatment team psychiatrist is available, only he or she can order restraint or seclusion.
- D. If the treatment team psychiatrist is not the person issuing the order, he or she must be consulted as soon as possible and informed of the situation that required the restraint or seclusion. The date and time of this action must be documented. The program must document attempts to establish contact within 24 hours.
- E. Written orders are never issued as standing orders or *as-needed* basis.

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## 3. Monitoring of the Youth:

- A. Clinical staff, trained in the use of emergency safety interventions, must be physically present, continually assessing and monitoring the physical and psychological well-being of the youth and the safe use of restraint throughout the duration of the emergency safety intervention.
- B. Clinical staff, trained in the use of emergency safety interventions, must be physically present in or immediately outside of the seclusion room, continually assessing, monitoring, and evaluating the physical and psychological well-being of the youth in seclusion. Video monitoring does not meet this requirement. The seclusion room must:
  - 1. Allow staff full view of the youth in all areas of the room; and
  - Be free of potentially hazardous conditions such as unprotected light fixtures and electrical outlets.

### 4. Parental Notification

- A. At admission, parents or legal guardians and youths are informed of the program's policy regarding the use of restraint or seclusion during an emergency safety situation that may occur. The policy is communicated in a language understood by the youth and his/her parents or legal guardians.
- B. Each youth and/or his legal guardian shall be provided with a copy of the program's policy. The policy will inform them of the grievance procedure if they feel that this right has been violated.
- C. The youth and/or parents/legal guardian (if the youth is a minor) will acknowledge in writing that they have been informed of and understand the facility's policy. This written acknowledgement will be filed in the youth's record.
- D. The program must notify the parent(s) or legal guardian(s) that the youth has been restrained or placed in seclusion as soon as possible after the initiation of each emergency safety intervention. Documentation of this notification, including the date and time of notification and the name of the staff person providing the notification, will be placed in the youth's file. The program must document attempts to establish contact within twenty-four (24) hours.

## 5. Post-Intervention Debriefings

A. Within twenty-four (24) hours after the use of restraint or seclusion, the youth and all staff (except when the presence of a particular staff person may jeopardize the well-being of the resident) involved in the emergency safety intervention must have a face-to-face discussion.

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- B. Other staff and the parents or legal guardians may participate when it is deemed appropriate by the facility. If this occurs the program must conduct such a discussion in a language that is understood by the parents or legal guardians. The discussion must provide both the youth and staff the opportunity to discuss the circumstances resulting in the use of restraint or seclusion and strategies to be used by the staff, the youth, or others that could prevent the future use of restraint or seclusion.
- C. Within twenty-four (24) hours after the use of restraint or seclusion, all staff involved in the emergency safety intervention, and appropriate supervisory and administrative staff, must conduct a debriefing session that includes, at a minimum, a review and discussion of:
  - 1. The emergency safety situation that required the intervention, including a discussion of the *precipitating factors* that led up to the intervention;
  - 2. Alternative techniques that might have prevented the use of the restraint or seclusion;
  - 3. The procedures, if any, that staff are to implement to prevent any recurrence of the use of restraint or seclusion; and
  - 4. The outcome of the intervention, including any injuries that may have resulted from the use of restraint or seclusion.
- D. The agency must document in the youth's record that **both** debriefing sessions took place and must include the names of staff who were present for the debriefing, names of staff who were excused, and any changes to the youth's treatment plan that resulted from the debriefings.

#### 6. Medical Treatment

- Staff must immediately obtain medical treatment from qualified medical A. personnel for a youth injured as a result of an emergency safety intervention.
- B. The program must have affiliations or written transfer agreements with one or more hospitals approved for participation under the Medicaid program that reasonably ensure that:
  - 1. A youth will be transferred to a hospital and admitted in a timely manner when a transfer is medically necessary for medical care or acute psychiatric care;
  - 2. Medical and other information needed for care of the youth will be exchanged between the institutions in accordance with State medical privacy law, including any information needed to determine whether the appropriate care can be provided in a less restrictive setting; and

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- 3. Services are available to each youth twenty-four (24) hours a day, seven (7) days a week.
- C. Staff must document in the youth's record, all injuries that occur as a result of an emergency safety intervention, including injuries to staff resulting from that intervention. Staff must also document any indications or allegations of injury or misconduct made by the youth along with the program's determination of appropriate follow-up.
- D. Staff involved in an emergency safety intervention that results in an injury to a resident or staff must meet with supervisory staff and evaluate the circumstances that caused the injury and develop a plan to prevent future injuries.
- 7. Facility/Program Reporting
  - A. Each agency must record, maintain, and track, any use of seclusion and restraint following the use of the most recent and current Centers for Medicare and Medicaid Services accreditation requirements. At a minimum, reporting information shall include:
    - 1. The type of restraint or seclusion used;
    - 2. Staff involved:
    - 3. Documentation of the verbal and/or written order;
    - 4. Witnesses to the restraint/seclusion;
    - 5. The time frame and duration of use;
    - 6. The rationale for restraint or seclusion;
    - 7. The types of less restrictive alternatives that were tried or considered; and
    - 8. An assessment of the youth's adjustment during the episode and reintegration to the daily program.
  - B. A sentinel event telephone call is made to CAMHD within twenty-four (24) hours of the occurrence of the restraint or seclusion. A complete documentation of the episode will follow in the CAMHD seventy-two (72) hour Sentinel Event Report, including (1) a review of the less restrictive alternatives that were considered, and (2) a reference to the debriefing with all staff involved in the event.
  - C. Psychiatric residential treatment facilities must report each serious occurrence to both the state Medicaid agency and the state protection and advocacy system no later than close of business the next business day after a serious occurrence.
    - 1. Serious occurrences include: Youth's death; serious injury (refer to definition, page 2 of this policy), and youth's suicide attempt.

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- 2. Staff must document in the youth's record that the serious occurrence was reported and the name of the person to whom it was reported. A copy of this report must be maintained in the incident and accident report logs kept by the facility.
- 3. The report must include the name of the resident, description of the occurrence, and the name, street address, and telephone number of the facility.
- 4. The facility must notify the youth's parent or legal guardian as soon as possible, but no later then twenty-four (24) hours after the serious occurrence.

#### **Education and Training** 8.

- The facility must require staff to have ongoing education, training, and A. demonstrated knowledge of:
  - 1. Techniques to identify staff and resident behaviors, events, and environmental factors that may trigger emergency safety situations;
  - 2. The use of nonphysical intervention skills, such as de-escalation, mediation conflict resolution, active listening, and verbal and observational methods, to present emergency safety situations; and
  - 3. The safe use of restraint and the safe use of seclusion, including the ability to recognize and respond to signs of physical distress in youths that are restrained or in seclusion.
- В. The facility must require or adhere to:
  - 1. Staff certification in the use of cardiopulmonary resuscitation, including annual re-certification;
  - 2. Individuals who are qualified by education, training, and experience must provide staff training;
  - 3. Staff training must include training exercises in which staff successfully demonstrates in practice the techniques they have learned for managing emergency safety situations;
  - 4. Trained staff who have demonstrated competency before participating in an emergency safety intervention;
  - 5. Documentation in individual personnel records certifying successful training and demonstration of competency. Documentation must include the date training was completed and the name of the persons certifying the completion of training;

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- 6. Initial training must be a minimum of eight (8) hours in duration. Staff must receive at least eight (8) hours of training in crisis intervention annually. At least two (2) times a year, a staff person must safely demonstrate the safe use of restraint or seclusion techniques; and
- 7. The availability of all training programs and materials for review by CMS, State Medicaid agency, and CAMHD.

**ATTACHMENT: None** 

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#### **Agency Name:**

State Training Proportion of Total Trng. Cost [ %]

#### **CONTRACTED AGENCY QUARTERLY TRAINING REPORT (TRAINER & TRAINEE COSTS)**

Staff Name (Last, First)	Positi	Position Title		Professional Degree (Ph.D., MSW, etc)		Social Security or Position ID#					
Training Title/Topic and a Brief Description:	Trng. Purpose Categ****	Training Dates	Training Modality*	Training Hours	Hourly Trng Cost**	Salary Cost***		Other Costs****	Total Cost	Trng.	
•						\$	-		\$	-	
						\$	-		\$	-	
						\$	-		\$	-	
						\$	-		\$	-	
						\$	-		\$	-	
Total Training Hours/Cost for Staff				(	)	\$	-	\$ -	\$	-	

Staff Name (Last, First)	Professional Degree (Ph.D., MSW, etc.)				on ID#					
Training Title/Topic and a Brief Description:	Trng. Purpose Categ****	Training Dates	Training Modality*	Training Hours	Hourly Trng Cost**	Salary Cost***		Other Costs****	Total Cost	Trng.
						\$	-		\$	-
						\$	-		\$	-
						\$	-		\$	-
						\$	-		\$	-
						\$	-		\$	-
Total Training Hours/Cost for Staff				(		\$	-	\$ -	\$	-

INSTRUCTION: 1) Read Attachment before filling out form;

#### **Service Principles**

The following is a summary of the CAMHD Service System Principles. A complete version can be found in the *Child & Adolescent Mental Health Performance Standards* (pg. 202). http://health.hawaii.gov/camhd/files/2013/07/Orange-Book.pdf

- 1. Services will be child and family centered and will respect the culture of the family.
- Services will address all needs such as health, feelings, behaviors, school, community, and each stage of growing up.
- 3. The main goal is to help the family get stronger and healthier, and stay together.
- Services may take place in the home or where the child and family feel most comfortable and will match the child and family needs.
- Sometimes a child needs to receive services away from home. All other choices will be considered before a child is placed out of the home. Services will short-term and focused on reuniting the family or finding a permanent placement.
- Services will be helpful and should match the child's individual needs, even if their needs change.
- 7. Families and caregivers will be included in making treatment decisions and plans.
- As children get older, they can take part in planning and making decisions about the services they receive.
- Helping a child as soon as possible is important. Problems at home and school or with friends and family should be addressed early on to reduce the need for more serious services later.
- 10. It is important to protect and speak up for the rights of children.

#### **How to File a Grievance**

A grievance is a formal complaint about a person or service. If you are not happy with the services you have received or feel your rights or your child's rights have been violated, you can file a grievance.

There are two (2) ways to file a grievance:

- Contact your Care Coordinator or the Quality Assurance Specialist at your Family Guidance Center; or
- 2. Call the CAMHD Grievance Office at: (808) 733-9352



The Hawaii
Department of Health
Child & Adolescent Mental Health Division

# Service Principles and Consumer Rights & Responsibilities

#### **Your Responsibilities**

Parent participation makes a difference; your child is more likely to succeed if you are involved in the treatment. Here are some ways you can show your commitment to helping your child:

- Keep scheduled appointments. If you are going to miss an appointment, please call the person you are supposed to meet as soon as possible and ask them for a new appointment.
- Answer questions openly so we can provide the best care.
- Take an active role in the treatment.
- Attend and participate in the Coordinated Service Plan meetings
- Ask questions if something is unclear or confusing.

#### Confidentiality

Information about your child is private. If someone needs your child's information they have to get your permission first. However, the CAMHD may share information about your child without your permission in the following situations:

- If there is a very serious emergency (like a car accident).
- If we believe that your child will hurt themselves or someone else.
- If the court orders us to provide information.
- If there are signs of child abuse or neglect.
- If there is a Med-QUEST audit.

Your child's information may be shared with service providers (doctors, teachers, social workers). These people will not give the information to anyone who is not involved in helping your child.

The CAMHD obeys the following State and Federal Laws:

- The Civil Rights Act, 1964
- The Age Discrimination Act, 1975
- The Vocational Rehabilitation Act, 1973
- The Americans with Disabilities Act
- The Health Insurance Portability and Accountability Act (HIPAA)
- 42 CFR Confidentiality of Substance Abuse Patient Records
- The Individuals with Disabilities Education Act (IDEA)

#### Your Rights

People who receive services and other supports have certain rights and legal protections Understanding these rights can help you make decisions about your child's treatment, solve problems, and stand up for yourself, child, and family.

- 1. You have the right to be treated with respect.
- You and your child have the right to privacy.
- 3. You have the right to treatment regardless of your:

 Race Religion Disability Ethnicity Nationality Primary Language Sex

- Sexual Orientation Gender Identity
- 4. You have the right to know about the CAMHD, the services you can receive and who will provide the services. You also have the right to know your treatment and service choices.
- 5. You have the right to know all your rights and your responsibilities. You have the right to get help from the CAMHD in understanding your services.
- 6. You are free to use your rights. You will not be treated differently and your services will not be changed because you use your rights.
- 7. You have the right to receive information and services in a timely manner.
- 8. You have the right to be part of all choices about your treatment. You have the right to have your treatment plan in writing. You have the right to disagree with your treatment or to ask for changes in your treatment plan.
- 9. You have the right to ask for a different provider. If you want a different provider, we will try to find another one to work with you.
- 10. You have the right to refuse treatment.
- 11. You have the right to get services in a way that respects your culture and beliefs.
- 12. You have the right to request and receive special accommodations such as interpretive services and assistance for the visually impaired.
- 13. You have the right to look at your records and add your opinion when you disagree. You can ask for and get a copy of your records. You have the right to expect that your information will be kept private within the law.
- 14. You have the right to complain about your services and expect that no one will try to get back at you. If you complain, your services will not stop unless you want them to. See "How to File a Grievance" on the back page for more information.
- 15. You have the right to be free from being restrained or secluded unless an allowed doctor or psychologist approves. If that happens, it will only be to protect you or others from harm. Seclusion and restraint can never be used to punish you or keep you quiet. They can never be used to make you do something you don't want to do. They can never be used to get back at you for something you have done

# **Transitional Family Home Profile Form**

1.	Agency Name:	
2.	Agency Contact Name & Number:	Date:
3.	Foster Family Name:	
4.	Transitional Family geographic location:	
5.	Transitional Family preference or exclusions for youth (if any inc diagnosis, etc):	luding age, gender,
6.	Transitional Family length of experience as TFH:	
7.	Transitional Family current number, age and sex of foster youth:	
8.	Transitional Family current number, age and sex of biological yo	uth:
9.	Transitional Family, maximum number of foster youth willing to t	ake:
10	. Transitional Family strengths:	
11	. Transitional Family weaknesses:	
Cc	omments:	



# Ohio Mental Health Consumer Outcomes System Ohio Youth Problem, Functioning, and Satisfaction Scales Youth Rating – Short Form (Ages 12-18)



Name:	Date:	Grade:	ID#:Completed by Agency
Date of Birth:	Sex: D Male	D Female	Race:

	Instructions: Please rate the degree to which you have experienced the following problems in the past 30 days.	Not at All	Once or Twice	Several Times	Often	Most of the Time	All of the Time
1.	Arguing with others	0	1	2	3	4	5
2.	Getting into fights	0	1	2	3	4	5
3.	Yelling, swearing, or screaming at others	0	1	2	3	4	5
4.	Fits of anger	0	1	2	3	4	5
5.	Refusing to do things teachers or parents ask	0	1	2	3	4	5
6.	Causing trouble for no reason	0	1	2	3	4	5
7.	Using drugs or alcohol	0	1	2	3	4	5
8.	Breaking rules or breaking the law (out past curfew, stealing)	0	1	2	3	4	5
9.	Skipping school or classes	0	1	2	3	4	5
10.	Lying	0	1	2	3	4	5
11.	Can't seem to sit still, having too much energy	0	1	2	3	4	5
12.	Hurting self (cutting or scratching self, taking pills)	0	1	2	3	4	5
13.	Talking or thinking about death	0	1	2	3	4	5
14.	Feeling worthless or useless	0	1	2	3	4	5
15.	Feeling lonely and having no friends	0	1	2	3	4	5
16.	Feeling anxious or fearful	0	1	2	3	4	5
17.	Worrying that something bad is going to happen	0	1	2	3	4	5
18.	Feeling sad or depressed	0	1	2	3	4	5
19.	Nightmares	0	1	2	3	4	5
20.	Eating problems	0	1	2	3	4	5

(Add ratings together) Total \_\_\_\_\_

Instructions:	Please circle	your response	to each question.
---------------	---------------	---------------	-------------------

- 1. Overall, how satisfied are you with your life right now?
  - 1. Extremely satisfied
  - 2. Moderately satisfied
  - 3. Somewhat satisfied
  - 4. Somewhat dissatisfied
  - 5. Moderately dissatisfied
  - Extremely dissatisfied
- 2. How energetic and healthy do you feel right now?
  - 1. Extremely healthy
  - 2. Moderately healthy
  - 3. Somewhat healthy
  - 4. Somewhat unhealthy
  - 5. Moderately unhealthy
  - 6. Extremely unhealthy
- 3. How much stress or pressure is in your life right now?
  - 1. Very little stress
  - 2. Some stress
  - 3. Quite a bit of stress
  - 4. A moderate amount of stress
  - 5. A great deal of stress
  - 6. Unbearable amounts of stress
- 4. How optimistic are you about the future?
  - 1. The future looks very bright
  - 2. The future looks somewhat bright
  - 3. The future looks OK
  - 4. The future looks both good and bad
  - 5. The future looks bad
  - 6. The future looks very bad

Total:		
TOTAL:		



20. Eating problems

# Ohio Mental Health Consumer Outcomes System Ohio Youth Problem, Functioning, and Satisfaction Scales Parent Rating – Short Form



Chi	ild's N	lame: Child's Grade:	ID#	#: <u> </u>	omplete	d by Age	ency	
Chi	ild's [	Date of Birth: Child's Sex:  Male Female C	hild's l		•			
Foi	rm Co	ompleted By:   Mother   Father   Step-mother   Step-father	☐ Ot	her: _				
		Instructions: Please rate the degree to which your child has experienced the following problems in the past 30 days.	Not at All	Once or Twice	Several Times	Often	Most of the Time	All of the Time
	1.	Arguing with others	0	1	2	3	4	5
	2.	Getting into fights	0	1	2	3	4	5
	3.	Yelling, swearing, or screaming at others	0	1	2	3	4	5
	4.	Fits of anger	0	1	2	3	4	5
	5.	Refusing to do things teachers or parents ask	0	1	2	3	4	5
	6.	Causing trouble for no reason	0	1	2	3	4	5
	7.	Using drugs or alcohol	0	1	2	3	4	5
	8.	Breaking rules or breaking the law (out past curfew, stealing)	0	1	2	3	4	5
	9.	Skipping school or classes	0	1	2	3	4	5
	10.	Lying	0	1	2	3	4	5
	11.	Can't seem to sit still, having too much energy	0	1	2	3	4	5
	12.	Hurting self (cutting or scratching self, taking pills)	0	1	2	3	4	5
	13.	Talking or thinking about death	0	1	2	3	4	5
	14.	Feeling worthless or useless	0	1	2	3	4	5
	15.	Feeling lonely and having no friends	0	1	2	3	4	5
	16.	Feeling anxious or fearful	0	1	2	3	4	5
	17.	Worrying that something bad is going to happen	0	1	2	3	4	5
	18.	Feeling sad or depressed	0	1	2	3	4	5
	19.	Nightmares	0	1	2	3	4	5

(Add ratings together) Total	
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**Instructions:** Please circle your response to each question.

- 1. Overall, how satisfied are you with your relationship with your child right now?
  - 1. Extremely satisfied
  - 2. Moderately satisfied
  - 3. Somewhat satisfied
  - 4. Somewhat dissatisfied
  - Moderately dissatisfied
  - 6. Extremely dissatisfied
- 2. How capable of dealing with your child's problems do you feel right now?
  - 1. Extremely capable
  - 2. Moderately capable
  - 3. Somewhat capable
  - 4. Somewhat incapable
  - 5. Moderately incapable
  - 6. Extremely incapable
- 3. How much stress or pressure is in your life right now?
  - Very little
  - 2. Some
  - 3. Quite a bit
  - 4. A moderate amount
  - 5. A great deal
  - 6. Unbearable amounts
- 4. How optimistic are you about your child's future right now?
  - 1. The future looks very bright
  - 2. The future looks somewhat bright
  - 3. The future looks OK
  - 4. The future looks both good and bad
  - 5. The future looks bad
  - 6. The future looks very bad

Total:		

# **Mental Status Checklist:**

no current delusions   persecutory   grandiose   somatic   horizontal   horizonsistent	Delusions:	Judgment:
persecutory     fair     fair       proor       proor	no current delusions	
grandiose grandi	persecutory	
Somatic		□ inconsistent
over-valued ideas		poor
unable to assess		
Intelligence:		l =
goal directed   above average   above averale average   above average   above average   above average   abov	<del></del>	
concrete     above average   borderline   below average   borderline   below average   borderline   below average   borderline   below average   unable to assess   other:   Comments:		
logical     borderline     borderline     comments:     mments:     comments:     comments:     comments:     comments:		
obsessive	l = =	
unusual fears   dilight of ideas   diffight of ideas   diffight of ideas   dillogical   unable to assess   dillogical   difficulty comprehending   difficu		l =
flight of ideas	_	
blocking   paucity of ideas   lilogical   unable to assess   other:   displayment		
paucity of ideas   lilogical   communication:   speech:   clear   displications   clear   displications   clear   displications   clear   displications   clear   displications   clear   displications   clear   displications   displications   clear   displications   displications   clear   displications   clear   displications   clear   displications   clear   displications   clear   displications   clear   displications   clear   cl		
illogical   clear		Comments.
unable to assess   other:		Communication:
other:   Associations:		
atypically slow rate   atypically slow rate   atypically fast rate   loud   l		l · · —
intact   loose		l = =
loud	_ · · · · · · · · · · · · · · · · · · ·	
circumstantial   soft   poor articulation		
tangential   poor articulation   slurred   s		l =
unable to assess   disfluent		
other:   Fund of Knowledge:		
Fund of Knowledge:    age appropriate   paucity   paucit		l =
age appropriate		
limited		_
impaired		
unable to assess		
other:  Memory-Short Term:		
Memory-Short Term: Receptive Language:     intact   follows directions easily     unable to assess   difficulty comprehending     other:   unable to assess     weap of the companies   unable to assess     intact   unable to assess     impaired   age appropriate use of speech     unable to assess   immature use of language     other:   primarily uses gestures     unable to assess   other:     good   other:     fair   unable to assess     inconsistent   other:     poor   unable to assess		l =
intact   follows directions easily   difficulty comprehending   non-responsive   non-resp		
□ impaired □ difficulty comprehending   □ unable to assess □ non-responsive   □ other: □ unable to assess   □ intact Expressive Language:   □ impaired □ age appropriate use of speech   □ unable to assess □ immature use of language   □ primarily uses gestures   □ unable to assess   □ other:   Comments:    Comments		
□ unable to assess □ non-responsive   □ other: □ unable to assess   ■ infact □ age appropriate use of speech   □ unable to assess □ immature use of language   □ other: □ primarily uses gestures   Insight: □ unable to assess   □ good □ other:   □ fair Comments:   □ inconsistent □ poor   □ unable to assess		
□ other: □ unable to assess   Memory-Long Term: □ other:   □ intact Expressive Language:   □ unable to assess □ age appropriate use of speech   □ unable to assess □ immature use of language   □ other: □ primarily uses gestures   □ unable to assess □ other:   Comments: Comments:	impaired impaired	
Memory-Long Term:		
intact impaired unable to assess other:  good fair inconsistent poor unable to assess  impaired age appropriate use of speech immature use of language primarily uses gestures unable to assess Comments:  Comments:	other:	unable to assess
□ impaired □ age appropriate use of speech   □ unable to assess □ immature use of language   □ primarily uses gestures □ unable to assess   □ good □ other:   □ fair Comments:   □ inconsistent □ poor   □ unable to assess		
□ unable to assess □ other: □ primarily uses gestures □ unable to assess □ unable to assess □ other: □ fair □ inconsistent □ poor □ unable to assess	☐ intact	
□ other:  Insight: □ good □ fair □ inconsistent □ poor □ unable to assess □ primarily uses gestures □ unable to assess □ other:  Comments: □ comments: □ poor □ unable to assess	impaired impaired	age appropriate use of speech
Insight:	unable to assess	immature use of language
Insight:	other:	primarily uses gestures
☐ good ☐ other: ☐ fair ☐ inconsistent ☐ poor ☐ unable to assess ☐ other:	Insight:	
☐ fair ☐ inconsistent ☐ poor ☐ unable to assess  Comments:  Comments:	good	other:
poor unable to assess		Comments:
poor unable to assess	☐ inconsistent	
unable to assess		
	_	

Client: 5 Examiner:

General Appearance:	Alertness:
Body Type:	normal range
age appropriate	hyper alert
appears younger than stated age	hypo alert
appears older than stated age	confused
unable to assess	stuporous
other	unable to assess
Weight:	orlable to assess
within normal limits	Transitions:
underweight	☐ normal response
overweight	
unable to assess	disorganized
other:	uncooperative
Hygiene:	unable to assess
well-groomed	☐ other:
∐ fair	Affect:
disheveled	normal range
	☐ constricted
unable to assess	□ blunted
other:	☐ flat
Eye Contact:	☐ labile
good	☐ inappropriate
☐ fair	unable to assess
poor	other:
unable to assess	Mood:
other:	neutral
Comments:	happy
Comments.	
Motor:	☐ sad
Fine Motor:	
	hostile,
normal range	
mild delays	silly
significant delays	☐ euphoric
unable to assess	dysphoric
other:	irritable
Gross Motor:	☐ crying
advanced	unable to assess
normal range	☐ other:
mild delays	Comments:
significant delays	Oriented to:
unable to assess	☐ person
☐ other:	<u> </u>
Comments:	☐ time
	unable to assess
Regulation:	Comments:
Attention:	
☐intact	Cognition/Thought Processes:
☐ limited	Hallucinations:
severely impaired	no current hallucinations
unable to assess	auditory
other:	□ visual
Activity Level:	☐ tactile
normal range	olfactory
overactive	reacting to internal stimuli
impulsive	unable to assess
gitated	
☐ lethargic	
unable to assess	
other:	

Client: 6 Examiner:

#### SAFETY PLAN - CRISIS PREVENTION PLAN

Youth's name:			Date:	
PROBLEM BEHAVIORS: These are b  Losing control  Injuring myself  Other (please describe)	behaviors I sometimes show, especially when I Assaulting people Attempting suicide	'm stressed:  Feeling suicidal Threatening others	Running away Using alcohol	☐ Using other drugs☐ Feeling unsafe
TRIGGERS: When these things happen Not being listened to Loud noises Darkness Contact with family	, I am more likely to feel unsafe and upset:  Feeling pressured Feeling lonely Being stared at Particular person:	☐ Being touched ☐ Arguments ☐ Being teased ☐ Other (please describe)	☐ Lack of privacy ☐ Not having control ☐ Particular time of day:	People yelling Being isolated Particular time of year
WARNING SIGNS: These are things of Sweating Red faced Acting hyper Being Rude Eating more Singing inappropriately	ther people may notice me doing if I begin to le Breathing hard Wringing hands Swearing Pacing Eating less Other (please describe)	ose control:  Racing heart  Loud voice  Bouncing legs  Crying  Not taking care of myself	☐ Clenching teeth ☐ Sleeping a lot ☐ Rocking ☐ Squatting ☐ Isolating/avoiding people	☐ Clenching fists ☐ Sleeping less ☐ Can't sit still ☐ Hurting things ☐ Laughing loudly/giddy
	at might help me calm down and keep myself it; star things you might like to try in to Listening to music Talking with an adult A cold cloth on face Taking a cold shower Screaming into pillow Male staff support Being read a story Doing chores/jobs Other (please describe):		Sitting with staff Molding clay Punching a pillow Video Games Getting a hug Deep breathing Crying Drinking hot herb tea	Pacing Humor Hugging a stuffed animal Lying down Using the gym Speaking w/ my therapist Snapping bubble wrap Using a rocking chair

HINGS THAT MAKE IT WORSE: The Being alone Being disrespected Being reminded of the rules	Being around people Loud tone of voice Being touched	own or stay sate:  Humor Being ignored Other (please describe)	☐ Not being listened to☐ Having staff support	☐ Peers teasing ☐ Talking to an adult
CRISIS PLAN:				
1) I will try to notice the following w	varning signs and triggers:			
2) I'd like staff/my family to notice t	the following warning signs:			
When I notice these triggers or was	arning signs, I will take action to prevent	a crisis from developing by doing the following:		
4) When staff/my family notice that	I'm getting upset, I'd like them to help m	e prevent a crisis by doing the following:		
Youth signature:			Date:	
Parent signature:			Date:	

# Life Skill Shopping List

# Building Relationships Skills

 $f W \ D \ f W \ D$ 

• •		• •	
	Knowing when I can trust someone		Accepting help
	Getting close and staying close		Difficulty sharing about myself "letting people in"
	Helping/supporting others		Supporting yourself
	Expressing gratitude		Giving compliments
	Making new friends or contacts		Able to talk story
	Understanding how others feel		Identifying a non-parent adult support (i.e. Uncle/Aunty, coach, kumu, clergy etc.)
	Accepting "no" as an answer		Accepting compliments
	Handling rejection		Being anxious or nervousness around people
	Knowing when someone is taking advantage of you		managing romantic or sexual feelings
	Other:		

# Managing Joint Decisions & Managing Interpersonal Conflict

W D W D

Dealing someone else's different opinion	Accepting disappointment
Deciding on how much to self-sacrifice	Thinking out-of-the-box for interpersonal problems
Recognizing and choosing reasonable solutions	Problem solving
Negotiating	Asserting yourself
Picking your battles	Forgiving others
Other:	

W=want to learn

D=Did it!

# Dealing with frustration and unfavorable events

W	D		W	D	
		Handling frustration			Handling one's own mistakes and failures
		Feeling appropriate fear in a dangerous situation			Telling whether a situation is dangerous
		Feeling appropriate guilt when you've done wrong			Tolerating one's own feelings or thoughts
		Handling thoughts or impulses that I shouldn't do			Dealing with second person's getting something that one wants for oneself
		Suicidal thoughts			Thoughts of self-harm
		Dealing with being apart from a loved one			Other:

# Celebrating good things, feeling pleasure, leisure time

W	D		W	D	
		Accepting approval, compliments and positive attention			Enjoying exploration, discovery and the unknown
		Feeling pleasure from doing kind, loving acts			Feeling gratitude
		Celebrating and feeling the blessing of luck			Playing, being silly, carefree
		Rewarding oneself for one's own accomplishments			Finding constructive use of time
		Relaxing			Enjoying humor
		Other:			

W=want to learn

D=Did it!

# Developing the capacity for delayed gratification

W	D		W	D	
		Denying myself something I want right now			Following rules, obeying
		Persisting on tasks even when discouraged			Maintaining healthy habits (smoking, drugs etc.)
		Being honest and dependable			Developing skills that bring approval from people (work, school, recreation)
		Saving instead of spending			Concentration and attending
		Working towards a long-term goal			Understanding "deliberate" practice
		Tracking your own progress and hard work			Scheduling and prioritizing meaningful activities and healthy habits
		Other:			

# Cognitive processing through words, symbols and images

W	D		W	D	
		Using words to understand the world			Recognizing and talking about your feelings
		Correctly seeing how other people feel			Deciding how much control you have over different events
		Decision making; defining a problem, gathering info, generating options, predicting and evaluating consequences, making choices			Thinking before acting
		Organizing and planning			Realistically looking at your own skills and abilities
		Seeing the skills and character of others			Being able to use imagination as a tool
		Identifying problem thoughts			Changing problem thoughts
		Re-thinking the meaning of past events			Other:

W=want to learn

D=Did it!

# Parent Skills Menu

#### Caregiver name:

W D

• •	_		• •	
		Praise		Incentives
		Rewards		Expectations and monitoring
		Limit setting and consequences		Active listening
		Teach problem solving		Effective communication skills
		Anger management (for self)		Depression management (for self)
		Managing your own stress		Identifying what is already working
		Diffusing anger (of youth)		Responding to depression (of youth)
		Developing routines (meals,		Supporting the anxious youth
		homework etc.)		
		Practicing and supporting		Using family meetings to maintain
		therapeutic interventions given to		order, consistency and clear
		youth		expectations
		Supporting school		Conflict resolution
		Learning about the thinking-		Learning about parenting
		feeling-doing triangle		organizations and resources
		Learning about youth		How to promote family members
		organizations and resources		supporting each other
		When my child runs away		When my child threatens suicide
		When my child threatens me or a		Understanding my child's crisis
		family members		plan
		Developing family goals		Find a non-caregiver reliable adult
				support for youth
		Other:		

W=want to learn D=Did it!

# **Transition Shopping List**

#### Education

W D		W	' D		
		Obtain High School Diploma			Complete Personal Statement
		Apply for College			Search For Scholarship
		Complete Financial Aid Forms			Complete/Submit Scholarship App.
		Enter Another Educational/Cert. Program			Go On A Campus Tour
		Other:			

# Employment w D

$W\ D$		W	D	
	Find A Job			Learn Basic Computer Skills
	Write A Resume; Complete Job Appl.			Learn How To Read A Paycheck Stub
	Learn To Read A Job Ad			Get A Social Security Card
	Get A State Of Hawaii ID			Get An Official Birth Certificate
	Open a Checking/Savings Account			Learn About Building Credit & Savings

# **Living Situation**

W D		W	D	
	Learn About Tenant And Landlord Rights			Learn How To Cook Five Good Meals
	Understand A Lease Agreement			Learn About Nutrition and Diet
	Learn How To Do Your Own Laundry			Learn How To Use A Stove, Oven, etc.
	Learn How To Clean A Kitchen/Bathroom			Find An Affordable Safe Place To Live
	Other:			

# Life skills:

W D		W	D	
	Get A Driver's Permit			Get Medical Insurance
	Get A Driver's License			Get Auto Insurance
	Balance My Checkbook			Understand My Medications
	Learn How To Shop For The Best Deals			Learn How To Protect Myself From ID Theft
	Learn The Local Bus System			Find 5 New Ways To Have Fun
	Learn How To Manage Stress			Find A Workout System That I Enjoy
	Understand Birth Control And STDs			Gain or Lose lbs.
	Make New Friends			Volunteer In The Community
	Find A Good Doctor You Can Visit			Learn How To file Taxes
	Find A Good Counselor You Can Visit			Find A Good Dentist You can Visit

W=Want to Do It D=Did it!